



Vancouver & Victoria

**“All you’ve got to do is decide to go
and the hardest part is over.**

So go!”

TONY WHEELER, COFOUNDER – LONELY PLANET

Contents

Plan Your Trip

4

Welcome to Vancouver & Victoria	4	If You Like.....	18	Drinking & Nightlife	32
Vancouver's Top 10	6	Month By Month.....	20	Entertainment.....	35
What's New	13	With Kids	24	Shopping.....	37
Need to Know	14	Like a Local	26	Sports & Activities ...	40
Top Itineraries	16	For Free	27	LGBT+.....	42
		Eating	28		

Explore Vancouver & Victoria

44

Neighborhoods at a Glance.....	46	Yaletown & Granville Island.....	96	Kitsilano & University of British Columbia	160
Downtown & West End	48	Commercial Drive	116	North Shore	178
Gastown & Chinatown.....	78	Main Street	129	Day Trips from Vancouver	188
		Fairview & South Granville	146	Sleeping	201
				Victoria.....	211

Understand Vancouver 227

Vancouver Today	228	Green Vancouver	236
History.....	230	Arts & Culture.....	239

Survival Guide

243

Transportation	244	Index	255
Directory A-Z	249		

Vancouver Maps

264



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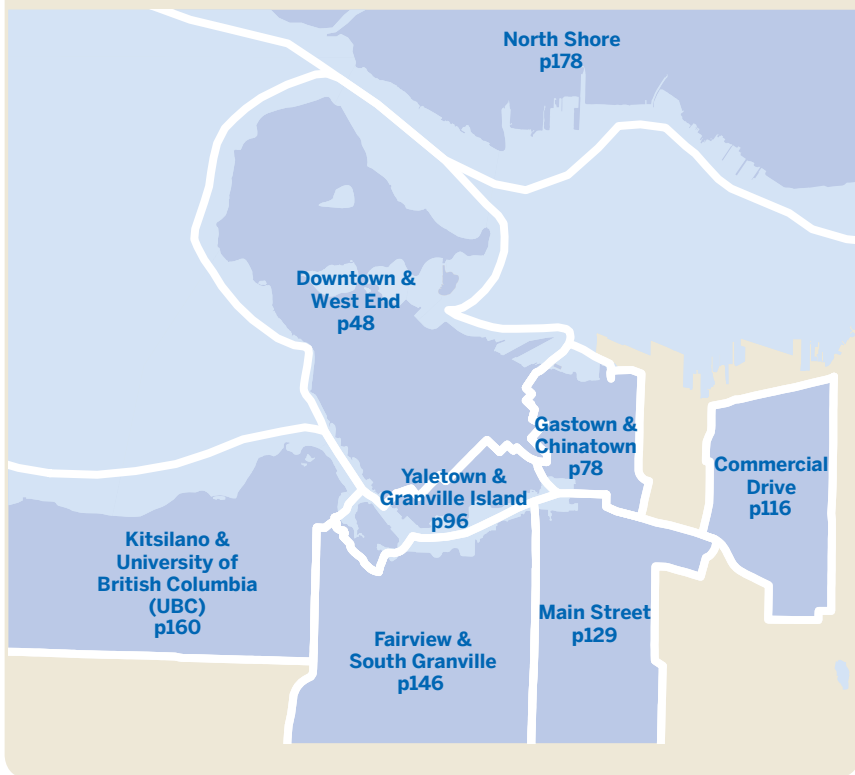
(left) **Vancouver Harbour** Catch water and city views from here.

(above) **Granville Island Public Market p98** One of North America's finest public markets.

(right) **Grouse Mountain p180** The self-proclaimed 'Peak of Vancouver.'



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Top Itineraries

Day One


Gastown (p80)

 Start your wander around old town Gastown in **Maple Tree Square**. Admire the ‘**Gassy Jack**’ statue of John Deighton and reflect on the fact that Vancouver might not be around today if it wasn’t for the pub he built here. Since it’s a little too early for a drink, peruse the cool shops along Water St, including **Herschel Supply** and **John Fluevog Shoes**.



Lunch Ever-popular Tacofino (p83) is one of the city’s finest taco joints.


Chinatown (p80)

 Your lunch spot is just a few steps from Chinatown, another top historic ‘hood. Spend some time winding around the kaleidoscopically hued streets. Don’t miss the **Chinatown Millennium Gate** on Pender and the aromatic grocery and apothecary stores on Keefer St. Use your magnifying glass to sleuth out the **Vancouver Police Museum** before ending your afternoon at the delightfully tranquil **Dr Sun Yat-Sen Classical Chinese Garden**.




Dinner Combine old and new at the retro-feel Chinatown BBQ (p86).

Main Street (p129)

 Hop on bus 3 and head south on Main St. Within a few minutes, you’ll be at **Brassneck**, Vancouver’s favorite microbrewery. Drink deeply, and don’t miss the Passive Aggressive pale ale.

Day Two

Main Street (p129)

 Have a lazy late start then get moving with a hearty breakfast at **Fable Diner**. Next, explore the many shops radiating around the Main St and Broadway intersection, including vintage-fave **Mintage Mall** and arts and craft purveyors **Bird on a Wire**. Then hop on bus 3 southwards to the 18th Ave intersection.



Lunch Join the locals for Vietnamese specialties at Anh & Chi (p134).


Main Street (p129)

 Across the street, snap a few shots of the **Main Street Poodle** statue then wander southwards on Main. Check out Vancouver’s best indie stores, from vinyl-loving **Neptoon Records** to the delightfully quirky **Regional Assembly of Text** stationery store. Back on the bus, backtrack north to the intersection with Broadway and transfer to the 99B Line express, heading east; you’ll be at Commercial Dr in 10 minutes.




Dinner Head to Tangent Cafe (p118) for curry bowls and craft beer.

Commercial Drive (p116)

 Spend the evening bar- (or coffee-house-) hopping along the Drive. Whatever you do, don’t miss **Storm Crow Tavern**, Vancouver’s original nerd pub; release your inner Vulcan at the bar.

Day Three


Stanley Park (p50)

 Get here before the crowds to stroll the **seawall**, photograph the **totem poles** and nip into the **Vancouver Aquarium** to commune with the aquatic critters. Consider exploring the park by bike if you have time. You'll find some beady-eyed blue herons hanging out at **Lost Lagoon** – duck into the **Stanley Park Nature House** to find out more about them.



Lunch Visit Prospect Point Bar & Grill (p68) for fish, chips and forest views.

West End (p59)

 Fully explore the tree-lined West End neighborhood just outside the park, including Davie and Denman Sts. Save time for **English Bay Beach** and, a few blocks away, **Roedde House Museum**. There are also plenty of coffee and shopping spots to lure your attention.




Dinner Dive into some Indian street-food dishes at Mumbai Local (p67).

West End (p59)

 Davie St is the center of Vancouver's gay nightlife scene, and the area has plenty of cool options for folks of all persuasions to hang with the locals. Consider a sunset-viewing cocktail at **Sylvia's Bar & Lounge** in the neighborhood's ivy-covered heritage hotel.

Day Four


University of British Columbia (UBC; p165)

 Start your day at the biggest university in British Columbia (BC), exploring a surprising wealth of attractions. The **Museum of Anthropology** and **Beaty Biodiversity Museum** are must-sees, while the green-thumbed should also check out the **UBC Botanical Garden** and the **Nitobe Memorial Garden**. Stick around and explore the waterfront campus: it's dotted with intriguing public artworks.



Lunch Dine with the students at ever-welcoming Koerner's Pub (p171).


Kitsilano (p164)

 Hop on bus 4 from UBC and you'll soon be on boutique-lined 4th Ave. You'll find plenty of cool independent shops and places to eat here. Don't miss **Silk Road Tea**, **Zulu Records** and the travel-themed store, **Wanderlust**. Add coffee at **49th Parallel Coffee** or an ice cream at **Rain or Shine**.



Dinner Tuck into vegetarian comfort food at local legend Naam (p169).

Granville Island (p101)

 Continue on to Granville Island for drinks at **Granville Island Brewing Taproom** before catching a raucous improv show at **Vancouver Theatresports League** (just remember: if you sit in the front, they'll likely pick on you).

Behind the Scenes

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Index

See also separate subindexes for:



EATING P259



DRINKING & NIGHTLIFE P260



ENTERTAINMENT P261



SHOPPING P262



SPORTS & ACTIVITIES P262



SLEEPING P263

A

accessible travel 249
 accommodations 15, 201-10, *see also* *Sleeping subindex*
 activities 40-1, 115, *see also* *Sports & Activities subindex, individual neighborhoods*
 Vancouver Island 224-5
 adventure sports 193, *see also individual sports*
 air travel 245
 airports 244
 A-maze-ing Laughter 61
 aquariums 51
 Arbutus Greenway 153, 164, 236, **26**
 arenas, *see* *sporting stadiums & arenas*
 art galleries, *see* *museums & galleries*
 Art Gallery of Greater Victoria (Victoria) 217
 arts 89, 239-42
 arts & crafts 37-8
 Asian dining 11, 13, 29, 31, **11, 28**
 Richmond 195-6, 197
 ATMs 251
 Audain Art Museum (Whistler) 189

B

Bard on the Beach 21, 171, 173
 baseball 156, 158
 Bateman, Robert 217
 bathrooms 253
 BC Lions 100, 109
 BC Place Stadium 100

Sights **000**

Map Pages **000**

Photo Pages **000**

BC Sports Hall of Fame & Museum 100
 beaches 115
 English Bay Beach 61
 Kitsilano Beach 164
 Long Beach **224-5**
 Second Beach 51
 Spanish Banks **115**
 Third Beach 51, **56**
 Wreck Beach 167
 Beacon Hill Park (Victoria) 215
 bears 114, 155, **114**
 Beaty Biodiversity Museum 165-6
 beer, *see* *breweries, craft beer*
 bicycle travel, *see* *cycling*
 Bill Reid Gallery of Northwest Coast Art 55
 bird-watching 77, 97, 155
 Bloedel Conservatory 148
 boat tours 187, 248
 boat travel 175, 245, 246
 books 228, 230, 242
 bookstores 94
 breweries 26, 34, 124, 138, **8**
 33 Acres Brewing Company 139
 Andina Brewing Company 124
 Artisan Sake Maker 108
 Bomber Brewing 124
 Brassneck Brewery 136-7
 Callister Brewing 124
 East Van Brewing Company 123
 Granville Island Brewing 113
 Main Street Brewing 139
 Off the Rail 124
 Parallel 49 Brewing Company 124, **32**
 Powell Brewery 124
 R&B Brewing 138
 Yaletown Brewing Company 107

bridges 99
 Capilano Suspension Bridge 10, 180, **10**
 Cloudraker Skybridge (Whistler) 191
 Johnson St Bridge (Victoria) 217
 Lynn Canyon Park Suspension Bridge 181
 Britannia Shipyard (Steveston) 195-6
 bus tours 248
 bus travel 245, 246
 business hours 29, 33, 38, 251

C

Cambie Village
 drinking & nightlife 154-5
 entertainment 157
 food 150-1
 shopping 157-9
 Canada Place 55
 Capilano Suspension Bridge 10, 180, **10**
 Captain George Vancouver 231
 Captain James Cook 231
 car travel 245, 246-7
 Carnegie Community Centre 84
 Carr, Emily 53, 189, 217
 cell phones 14, 252
 changing money 251
 children, travel with 24-5, 52
 Chinatown 10, 46-7, 78-95, **145, 78, 273, 11, 145**
 drinking & nightlife 79, 90-1
 entertainment 91, 93
 food 79, 85-8
 highlights 78
 shopping 79, 93-5
 sights 80-1
 sports & activities 95
 transportation 79
 walks 82, **82**
 Chinatown Millennium Gate 81
 Chinatown (Victoria) 216
 Chinese New Year 19, **145-5**
 Christ Church Cathedral 55
 Christmas 25, 151
 Chung Collection 166
 cinemas 36, 242
 City Hall 148, 149
 climate 15, 20-3
 climbing 187
 Cloudraker Skybridge (Whistler) 191
 clubbing 33
 Coal Harbour Seawall 61
 comedy 36
 Commercial Drive 47, 116-28, 145, **116, 276, 144**
 drinking & nightlife 117, 123-5
 entertainment 125-7
 food 117, 118-20, 122-3
 highlights 116
 history 126
 shopping 117, 127-8
 sights 118
 transportation 117
 walks 121, **121**
 Compass Cards 26
 Contemporary Art Gallery 58
 costs 14, 27, 29, 33, 36, 252
 coyotes 155
 craft beer 9, 32, 34, *see also* *breweries*
 Craigdarroch Castle (Victoria) 213, **213**
 credit cards 251
 cricket pavilion 50
 cross-country skiing 192
 culture 4, 145, 228-9, 239-42
 Cumberland 215, **226**
 Cumberland museum 215
 currency 14
 cycling 40, 41, 77, 113, 246, **26, 226**

cycling *cont'd*
 tours 76-7
 Vancouver Island 224
 Victoria 222, 223

D

dance 35
 dangers, *see* safety
David Lam Park 101
 Deighton, John 232
 Denman Street 145
 disabilities, travelers
 with 249
 discount cards 249-50
 distilleries 108, 194, *see*
 also breweries
 diving 175
Dominion Building 80
 Downtown 46, 48-77, **48**,
266-7
 drinking & nightlife 49,
 69-70
 entertainment 72-4
 food 49, 61-5
 highlights 48, 53-4
 shopping 49, 74-6
 sights 53-4, 55-9
 sports & activities 76-7
 transportation 49
 walks 60, **60**
 Downtown Eastside 79, 84
Dr Sun Yat-Sen Classical
Chinese Garden &
Park 81
 drinking & nightlife 13, 32-4
 costs 33
 opening hours 33

E

Eastside Culture Crawl
 23, 89
 eco-initiatives 236
 economy 228-9
 eco-tourism 236-8
 electricity 250
 emergencies 250
Emily Carr House
(Victoria) 217
Engine 374 Pavilion 100
English Bay Beach 61
 entertainment 35-6, *see*
 also Entertainment
subindex, individual
neighborhoods
 costs 36

Sights 000

Map Pages 000

Photo Pages 000

environment 236-8
 events, *see* festivals &
 events

F

Fairview 47, 146-59, **146**,
280-1
 drinking & nightlife
 147, 154
 entertainment 156-7
 food 147, 149-50
 highlights 146
 shopping 147, 157-9
 sights 148-9
 transportation 147
 False Creek Seawall 102,
 115, **102**, **114-15**
 farm to table eating 28
 farmers markets 26, 29,
see also markets
 Downtown Farmers
 Market 76
 Granville Island 99
 Kitsilano Farmers
 Market 173
 West End Farmers
 Market 75
 ferries 246
Ferry Building Art
Gallery 182
 festivals & events 19, 20-3,
 25, 119, 145
 Apple Festival 170
 Bard on the Beach 21,
 171, 173
 Bare Buns Fun Run 167
 Canada Day 222
 Car Free Day 119, 140
 Caribbean Days
 Festival 182
 Celebration of Light 61
 Chinese New Year 19,
144-5
 Christmas 25, 151
 Columbia StrEAT Food
 Truck Fest 64
 Dyke March 42
 Eastside Culture
 Crawl 23, 89
 Italian Day 119
 Khatsahlano Street
 Party 166
 Pacific National
 Exhibition 23, 122
 Parade of Lost Souls 119
 Polar Bear Swim 61
 Pride Week 42, 43,
22, 43
 Rifflandia 222
 Vancouver Biennale 73

Vancouver Fringe
 Festival 108
 Vancouver Mural
 Festival 13, 132
 Victoria Day 222
 Victoria Fringe Theatre
 Festival 222
 Vancouver International
 Film Festival 23, 35
 Vancouver International
 Jazz Festival 21, 241,
22, 241
 Victoria International
 JazzFest 222
 films 35, 36, 228
 First Nations
 art 19, 58, 240
 history 166, 230-1
 nature tours 238
Fisherman's Wharf
(Victoria) 215
Flack Block 81
 floatplanes 245
FlyOver Canada 55-8
 food 13, 28-31, **11, 28**, *see*
 also Eating *subindex*,
 Asian dining, farmers
 markets, *individual*
neighborhoods
 costs 29
 food trucks 64
 opening hours 29
 tours 76, 113, 248
 football 109
 Fort Langley 198
Fort Langley National
Historic Site 198
 Fortes, Joe 71
 Fox, Terry 100
 free attractions 19, 27

G

Galiano Island 199
 galleries, *see* museums &
 galleries
 gardens, *see* parks &
 gardens
 Gassy Jack 232
Gassy Jack Statue 80
 Gastown 7, 46, 78-95, **78**,
272, 6-7
 drinking & nightlife 79,
 88-90
 entertainment 91, 93
 food 79, 83-5
 highlights 78
 history 232
 shopping 79, 93-5
 sights 80

transportation 79
 walks 92, **92**
 gay travelers 42-3
 gentrification 229, 234-5
Grandview Park 118
 Granville Island 47, 96-113,
96, 275
 drinking & nightlife
 97, 108
 entertainment 109
 food 97, 98-9, 104-5, 107
 highlights 96, 98-9
 history 105
 shopping 97, 110, 112-13
 sights 98-9, 101
 sports & activities 113
 transportation 97
 walks 111, **111**
Granville Island Public
Market 9, 98-9, 3, 8
 green initiatives 236-8
Greenheart TreeWalk 167
 grizzly bears 114, **114**
Grouse Grind 180, 187
Grouse Mountain 9, 115,
180, 3, 9, 114, 176
Gulf of Georgia Cannery
(Steveston) 195

H

happy hours 27, 29, 34
 health 250
 hiking 40, 41, 181
 Vancouver Island 224-5,
225
 historic buildings 84, 126
 history 18-19, 230-5
 British Columbia 198
 Canadian Pacific Railway
 232-3
 European settlement 231
 Expo '86 233
 First Nations 166, 230-1
 Gastown 232
 gentrification 229, 234-5
 gold rush 231-2
 Great Depression 233
 Great Fire 232
 high-cost living 235
 logging 231-2
 multiculturalism 233-4
 Olympic Games 234
 WWII 233
HMCS Discovery 50
 hockey 59, 68, 73
 holidays 251-2
Hollow Tree, The 51

Horseshoe Bay Ferry
Terminal 245

HR MacMillan Space
Centre 164

I

internet access 250
internet resources 14, 15,
27, 31, 41, 43, 202, 241
itineraries 16-17

J

Jack Chow Building 81

Jack Poole Plaza 58

Joffre Lakes (Pemberton)
194

Johnson, Pauline 51

Johnson St Bridge
(Victoria) 217

Juan de Fuca Trail **225**

K

kayaking 113, 187

Southern Gulf Islands
200

Vancouver Island 225,
225

Kids Market 101

Kitsilano 47, 160-75, **160**,
282-3

drinking & nightlife
161, 171

entertainment 171, 173

food 161, 167, 169-70

highlights 160

history 166

shopping 161, 173-5

sights 164-5

sports & activities 175

transportation 161

walks 172, **172**

Kitsilano Beach 164

Kitsilano Pool 164

L

language 14

LGBT+ travelers 42-3

Lighthouse Park 182

Lions Gate Bridge **176**

literature 228, 242, *see*
also books

live music 35

local life 26

Long Beach **224-5**

longhouses **144**

Lost Lagoon 51

Lumberman's Arch 51

Lynn Canyon Park 181, **27**

Lynn Canyon Park Ecology
Centre 181

Lynn Canyon Park
Suspension Bridge 181

M

Main Street 12, 47, 129-43,
129, 278, 12

drinking & nightlife 130,
136-8

entertainment 139-40

food 130, 132-4, 136

highlights 129, 131

shopping 130, 140-3

sights 131, 132

transportation 130

walks 135, **135**

Maple Tree Square 80

Maplewood Farm 180-1

Maplewood Flats
Conservation Area 181

maps 252

marijuana 174

Marine Building 55

markets 142, *see also*
farmers markets

Eastside Flea 13, 93

Granville Island Public

Market 9, 98-9, **3, 8**

Kids Market 101

Lonsdale Quay

Market 184

Main Street Mixed Bag 94

Net Loft 112

Pacific Arts Market 13

Portobello West 142

Richmond Night
Market 195

Saturday Market (Salt
Spring Island) 198

Shipyards Night

Market 184

Vancouver Christmas
Market 75

Victoria Public Market
(Victoria) 222

Marpole Museum 164

martial arts 77

Mayne Island 199

medical services 250

microbreweries, *see*
breweries

Miniature World
(Victoria) 215

MOA, *see* Museum of
Anthropology

Mobi 26, 246

mobile phones 14, 252

money 14, 27, 29, 33, 36,
250-1

Morris & Helen Belkin Art
Gallery 167

motorcycle travel 246-7

mountain biking 40,
181, 187

Cumberland (Vancouver
Island) 215, **226**

Vancouver Island 224

Whistler 193

Mt Seymour Provincial
Park 181

multiculturalism 145, 233-4
murals 117, 132

museums & galleries

Art Gallery of Greater
Victoria (Victoria) 217

Audain Art Museum

(Whistler) 189

BC Sports Hall of Fame
& Museum 100

Beaty Biodiversity
Museum 165-6

Bill Reid Gallery of
Northwest Coast

Art 55

Britannia Shipyard
(Steveston) 195

Chung Collection 166

Contemporary Art
Gallery 58

Cumberland museum 215

Emily Carr House
(Victoria) 217

Engine 374 Pavilion 100

Ferry Building Art
Gallery 182

Gulf of Georgia Cannery
(Steveston) 195

HR MacMillan Space
Centre 164

Marpole Museum 164

Miniature World
(Victoria) 215

Morris & Helen Belkin
Art Gallery 167

Museum of Anthropology
162-3, **144, 162**

Museum of
Vancouver 164

Offsite 54

Old Hastings Mill Store
Museum 165

Or Gallery 58

Pacific Museum of
Earth 166

Pemberton Museum 194

Pender Islands Museum
198-9

Pendulum Gallery 59

Polygon Gallery 180

Robert Bateman Centre
(Victoria) 217

Roedde House
Museum 59

Royal BC Museum
(Victoria) 212, **212**

Science World 131,
24, 131

Squamish Lil'wat
Cultural Centre

(Whistler) 189

Vancouver Art Gallery 12,
53-4, **12, 53**

Vancouver Maritime
Museum 165

Vancouver Police
Museum & Archives
80-1

Whistler Museum &
Archives 189-90

music 35, 241

N

newspapers 252

nightlife, *see* drinking &
nightlife

Nine O'Clock Gun 51

Nitobe Memorial
Garden 167

North Pender Island 198-9,
199-200

North Shore 47, 178-87,
178, 284-5

drinking & nightlife
179, 184

food 179, 182-4

highlights 178

shopping 179, 184, 186

sights 180-2

sports & activities 186-7

transportation 179, 181

walks 185, **185**

North Vancouver 179

drinking & nightlife 184

food 182-4

shopping 184, 186

sights 180-1

sports & activities 186-7

walks 185, **185**

O

Offsite 54

Old Hastings Mill Store
Museum 165

Olympic Village 132

opening hours 29, 33,
38, 251

Or Gallery 58

outdoor activities 26, 115,
224-6, **224-6**

- P**
 Pacific Central Station 245
 Pacific Museum of Earth 166
 Pacific National Exhibition 23, 122
 Pacific Spirit Regional Park 166
 parks & gardens 19
 Arbutus Greenway 153, 164, 236, **26**
 Beacon Hill Park (Victoria) 215
 Bloedel Conservatory 148
 Capilano Suspension Bridge Park 10, 180, **10**
 David Lam Park 101
 Dr Sun Yat-Sen Classical Chinese Garden & Park 81
 Grandview Park 118
 Grouse Mountain 9, 115, 180, **3, 9, 114, 176**
 Lighthouse Park 182
 Lynn Canyon Park 181, **27**
 Mt Seymour Provincial Park 181
 Nitobe Memorial Garden 167
 Pacific Spirit Regional Park 166
 Queen Elizabeth Park 115, 148-9, **114**
 Stanley Park 50-2, **56-7, 18, 50, 56-7**
 UBC Botanical Garden 165
 UBC Gardens 115
 Vancouver Public Library Rooftop Garden 58
 VanDusen Botanical Garden 148
 Vanier Park 164
 Whytecliff Park 182
 Parliament Buildings (Victoria) 214-15
 Peak 2 Peak Gondola (Whistler) 190
 Pemberton 194
 Pemberton Distillery 194
 Pemberton Museum 194
 Pender Islands Museum 198-9
- Pendulum Gallery** 59
 performance arts 240-1
 pharmacies 250
 phonecards 252
 planning
 budgeting 14, 27, 29, 33, 36
 children, travel with 24-5, 52
 festivals & events 20-3
 itineraries 16-17
 local life 26
 repeat visitors 13
 travel seasons 15, 20-3
 Vancouver & Victoria basics 14-15
 Vancouver's neighborhoods 46-7, **46-7**
 websites 14, 15, 27, 31, 41, 43, 202, 241
- police 250
 politics 228-9
Polygon Gallery 180
 population 229
 postal services 251
 Pride Week 42, 43, **22, 43**
 public art 52, 61, 73, 80, 239-40
 public holidays 251-2
- Q**
 Queen Elizabeth Park 115, 148-9, **114**
- R**
 raccoons 155
 radio 251, 252
Railspur Alley 101, **38**
 Railtown 87
 Rattenbury, Francis 54
RBC Royal Bank 58
 Reid, Bill 55
 religions 229
 Richmond 188, 194-7, **196**
 drinking & nightlife 197
 food 195-7
 sights 195
 tourist information 195
 transportation 195
Richmond Night Market 195
 riots 68, 148
Robert Bateman Centre (Victoria) 217
Robson Street 61
Roedde House Museum 59
Rogers Arena 59
- Roundhouse Community Arts & Recreation Centre** 101
Royal BC Museum (Victoria) 212, **212**
 running 21, 40
- S**
 safety 79, 249
 Salt Spring Island 198, 199
Salt Spring Island Cheese 198
Saturday Market (Salt Spring Island) 198
Science World 131, **24, 131**
Sea Star Vineyards (North Pender Island) 198
 SeaBus 181
 seafood 28
Second Beach 51
 shopping 13, 26, 37-9,
 see also Shopping subindex, individual neighborhoods
 skiing 40, 41
 Vancouver Island 225, **226**
 skunks 155
 smoking 249
 snow sports 186
 Whistler 192, 193
 snowboarding 40
 soccer 109
 South Granville 47, 146-59, **146**
 drinking & nightlife 147, 155-6
 entertainment 156-7
 food 147, 151, 153
 highlights 146
 shopping 147, 157-9
 sights 148-9
 transportation 147
 walks 152, **152**
 Southern Gulf Islands 188, 197-200
 accommodations 200
 food 199-200
 sights 198
 sports & activities 200
 tourist information 198
 transportation 197
 souvenirs 38
Spanish Banks **115**
 arenas
 BC Place Stadium 100
 Nat Bailey Stadium 158
Rogers Arena 59
 sporting teams 41
- BC Lions 100, 109
 Vancouver Canadians 156, 158
 Vancouver Canucks 73
 Vancouver Whitecaps 100, 109
 sports 40-1, see also Sports & Activities subindex, individual neighborhoods
Squamish Lil'wat Cultural Centre (Whistler) 189
 squirrels 155
 Stanley, Lord 52
Stanley Park 50-2, **56-7, 18, 50, 56-7**
Stanley Park Nature House 59-61, **56**
Stanley Park Seawall 7, 50-1, **5, 7**
Stanley Park Train 52
 statues, see public art
Steam Clock 80, **177**
Steveston 188, 194-7, **196**
 food 195-7
 sights 195
 tourist information 195
 transportation 195
 street food 29
 surfing 224, **224-5**
 sustainability 236-8
 swimming 20, 77
- T**
 taxes 29, 201, 252
 taxis 245, 247
 telephone services 14, 252
 television 242
 theater 35, 36
 Third Beach 51, **56**
 time 14, 252
 tipping 29, 33, 202, 251
 Tofino 224, **224-5**
 toilets 253
 totem poles 50, **18, 57, 144**
 tourist information 14, 253
 tours 248
 boat 187, 248
 bus 248
 cycling 76-7
 First Nations 238
 food 76, 113, 248
 walking 13, 95, 248
 train travel 244-5, 247
 transit tickets & passes 247
 travel to Vancouver 15, 244-5

Sights 000

Map Pages 000

Photo Pages 000

travel within Vancouver 15, 26, 246-7
trees 237-8
Tsawwassen Ferry Terminal 245
tulips **114**

U

UBC Botanical Garden 165
University of British Columbia (UBC) 47, 160-75, **160**
drinking & nightlife 161, 171
food 161, 170
highlights 160, 162-3
shopping 161
sights 162-3, 165-7
transportation 161
walks 168, **168**

V

Vancouver Aquarium 51, 25, 57
Vancouver Art Gallery 12, 53-4, 12, 53
Vancouver Folk Music Festival 241
Vancouver Fringe Festival 108
Vancouver Harbour **3**
Vancouver International Airport 244
Vancouver International Film Festival 23, 35
Vancouver International Jazz Festival 21, 241, **22, 241**
Vancouver Island 224-5
Vancouver Lookout 59
Vancouver Maritime Museum 165
Vancouver Police Museum & Archives 80-1
Vancouver Public Library 58
Vancouver Public Library Rooftop Garden 58
VanDusen Botanical Garden 148
Vanier Park 164
vegans 63, 83, 84, 103
vegetarians 13, 29, 31, 119, 134, 153, 169, 220
Victoria 211-23, **211, 218-19**
accommodations 223
drinking & nightlife 220-1
entertainment 221
food 217, 220

highlights 211, 212-13
shopping 221-2
sights 212-13, 214-15, 217
sports & activities 222-3
tourist information 214
transportation 214
walks 216, **216**
Victoria Bug Zoo 215
views 18, 51-2
visas 253
visual arts 239-40

W

walking tours 13, 95, 248
walks
Chinatown 82, **82**
Commercial Drive 121, **121**
Downtown 60, **60**
False Creek Seawall 102, **102**
Gastown 92, **92**
Granville Island 111, **111**
Kitsilano 172, **172**
Main Street 135, **135**
North Shore 185, **185**
North Vancouver 185, **185**
South Granville 152, **152**
University of British Columbia (UBC) 168, **168**
Victoria 216, **216**
West End 66, **66**
Yaletown 106, **106**

waterpark 52
water sports 40, 175
weather 15, 20-3
websites 14, 15, 27, 31, 41, 43, 202, 241

West 4th Avenue 165
West End 46, 48-77, **48, 270-1**
drinking & nightlife 49, 70-2
entertainment 72, 73
food 49, 65, 67-8
highlights 48, 50-2
shopping 49, 75
sights 50-2, 59, 61
sports & activities 76-7
transportation 49
walks 66, **66**
West Vancouver 179
food 182-4
shopping 186
sights 182
sports & activities 186-7

West Vancouver Seawall 182
whale-watching 223
Whistler 188, 189-94, **190-1**
accommodations 193-4
drinking & nightlife 191-2
food 191-2
sights 189-91
sports & activities 192-3
tourist information 189
transportation 189
Whistler Museum & Archives 189-90
Whytecliff Park 182
wi-fi 250
wildlife-watching 51, 155
wine 32-3
women travelers 253
Woodward's 80
Wreck Beach 167

Y

Yaletown 47, 96-113, **96, 274**
drinking & nightlife 97, 107-8
entertainment 109
food 97, 101, 103-4
highlights 96
history 104
shopping 97, 110
sights 100-1
sports & activities 113
transportation 97
walks 106, **106**

EATING**A**

A Bread Affair 104
Acorn 134
Anh & Chi 134
Arbor 133
Artisan Bake Shoppe 183
Ask for Luigi 85
Atravida Restaurant (Galiano Island) 199

B

Baghdad Cafe 62
Bake49 103
Bao Bei 88
Beaucoup Bakery & Cafe 151-3
Bella Gelateria 63
Bench Bakehouse 118
Bennett Bay Bistro (Mayne Island) 199

Benton Brothers Fine Cheese 98
Bestie 86
Billy Button Dessert Bar 134
Birds & the Beets 83
Bishop's 169-70
Bistro 101 105
Blackbird Bakery (Pemberton) 194
Blue Water Cafe 103
Bob Likes Thai Food 136
Brasserie L'École (Victoria) 220
Breka Bakery & Cafe 67
Budgie's Burritos 133
Burgoo Bistro (Main Street) 136
Burgoo Bistro (North Vancouver) 183
Buzzy's Luncheonette (Salt Spring Island) 199

C

Cafe Lokal 167-9
Cafe Medina 64
Caffè La Tana 118
Campagnolo 87
Cannibal Cafe 120
Cartems Donuterie 62
Carthage Café 120-2
Chambar 65
Chancho Tortilleria 61
Chinatown BBQ 86
Crust Bakery (Victoria) 217

D

Davie Dosa Company 68
DD Mau 101
Dirty Apron Delicatessen 62-3
Dock Lunch 134
Downlow Chicken Shack 118
Dutch Wooden Shoe Cafe 150-1

E

Earnest Ice Cream (Main Street) 133-4
Earnest Ice Cream (North Shore) 183
Edible Canada 105
Elephant Garden Creamery 119
España 67

F

Fable Diner 136

Fable Kitchen 169
Federal Store 132
Field & Social 63
Finch's 62
Fish Counter 134
Fishhook (Victoria) 217
Flying Pig 103
Forage 67
Fratelli Baking 120

G

Go Fish 104
Greek Gastown 84-5
Greenhorn Cafe 65-7
Guu with Garlic 67
Gyoza Bar 64

H

Havana 123
Hawkers Delight 132
Hawthorn 65
Heirloom Vegetarian 153
Heritage Asian Eatery
(Downtown) 62
Heritage Asian Eatery
(Fairview) 150
Hey, Dumplings! 86
Holy Trinity Ukrainian
Orthodox Cathedral 133
Hotel Zed diner
(Victoria) 223
Hummingbird Pub
(Galiano Island) 199
Hunter Gather
(Whistler) 192

I

Il Terrazzo (Victoria) 220
Indigo Age Cafe 63
Iwana Taco 170

J

Jam Cafe (Downtown) 64
Jam Cafe (Victoria) 217
Jamjar 119
Jamjar Canteen 170
Japadog 63
Jo's Place (North Pender
Island) 200
Juke Fried Chicken 87-8

K

K Cafe 149
Kin Kao 120
Kintaro Ramen Noodle 65
Kishimoto Japanese
Restaurant 120
Kulinarya 120

L

La Casa Gelato 120
La Cigale French Bistro 169
La Mezcaleria 122
La Taquería Pinche Taco
Shop 149
Landmark Hot Pot
House 151
L'Abattoir 85
Le Crocodile 65
Lee's Donuts 98
Legislative Dining Room
(Victoria) 217
L'Épicerie Rotisserie &
Gourmet Shop 98
Lift Breakfast Bakery 183
Linh Cafe 169
Little Juke 65

M

Maenam 169
Marulilu Cafe 149
Meat & Bread 83-4
Meat at O'Neill's 182
Meet 103
Meet in Gastown 84
Mighty Oak 150
Molli Cafe 65
Mumbai Local 67
Musette Caffé 63

N

Naam 169
Nelson the Seagull 83
Nuba 85

O

Ouisi Bistro 153
Ovaltine Cafe 85-6
Oyama Sausage
Company 98

P

Pajo's (Steveston) 197
Palki Restaurant 183
Paul's Omelettery 151
Pazzo Chow 86
Peaked Pies (Whistler)
191-2
Phnom Penh 87

Pidgin 85
Pie Shoppe 118-19
Poke Guy 62
Pony (Pemberton) 194
Popina 107
President Plaza Food
Court (Richmond) 197

Prospect Point Bar &
Grill 68
Provence Marinaside
103-4
Public Market Food
Court 105
Purebread (Gastown) 83
Purebread (Main Street)
133
Purebread (Whistler) 191

R

Rain or Shine (Cambie
Village) 150
Rain or Shine (UBC) 170
Ramen Butcher 86
Rangoli 153, **30**
Red Door Bistro
(Whistler) 192
Red Fish Blue Fish
(Victoria) 217
Rodney's Oyster
House 103
Rumpus Room 133

S

Sai Woo 87
Salmon House on the
Hill 183-4
Salmon n' Bannock
149-50
Salsa & Agave Mexican
Grill 103
Save On Meats 84
Say Hey Cafe 86
Shanghai River
Restaurant
(Richmond) 197
Siegel's Bagels 98
Simply Thai 101-3
Slickity Jim's Chat 'N'
Chew 134
Small Victory 153
Sophie's Cosmic Cafe 169
Spade 119
St Lawrence
Restaurant 85
Stable House 153
Stuart's Baked Goods 98
Suika 150
Sun Sui Wah 136
Sunny Mayne Bakery Cafe
(Mayne Island) 199
Sura Korean Cuisine 67-8
Sweet Cherubim 119

T

Tacofino Oasis 65
Tacofino Taco Bar 83
Tangent Cafe 118

Tap & Barrel 136
Templeton 63
Timber 68
Tojo's 150
Tony's Fish & Oyster
Cafe 105
Toshi Sushi 133
Tractor (Downtown) 62
Tractor (Fairview) 149
Trafiq 132-3
Tree House Cafe (Salt
Spring Island) 199
Twisted Fork Bistro 64

U

Umaluma 87
Uno Gelato 167

V

Vanilla Leaf Bakery Cafe
(North Pender Island)
199
Vegan Cave 83
Vegan Pudding & Co 62
Venus Sophia (Victoria)
220
Via Tevere 122-3
Vij's 151

W

Wakwak Burger 63
West 153
Wooden Fish 183

 **DRINKING & NIGHTLIFE**

33 Acres Brewing
Company 139
49th Parallel Coffee 171
1181 71

A

Alibi Room 88
Andina Brewing
Company 124
Aperture Coffee Bar 154
Artisan Sake Maker 108

B

Back & Forth Bar 90
BierCraft Bistro 154-5
BierCraft Tap & Tapas 125
Bomber Brewing 124
Brassneck Brewery 136-7
Brewhall 139
Brickhouse 90-1

Buddha-Full 184
 Bump n Grind (Commerical Drive) 124
 Bump n Grind (South Granville) 156

C

Cafe Calabria 124-5
 Cafe Deux Soleils 123-4, **176**
 Caffe Artigiano 107-8
 Caffè Cittadella 154
 Callister Brewing 124
 Cardero's Marine Pub 70-1
 Cascade Room 138
 Celebrities 72
 Charlatan 125
 Clive's Classic Lounge (Victoria) 221
 Corduroy 171

D

Delany's Coffee House 71
 Devil's Elbow Ale & Smoke House 69
 Diamond 88
 Dockside Brewing Company 108-9
 Drake (Victoria) 221

E

East Van Brewing Company 123
 East Van Roasters 90
 Elysian Coffee 154
 Emerald 90

F

Fortune Sound Club 91
 Fountainhead Pub 71

G

Galley Patio & Grill 171
 Garibaldi Lift Company (Whistler) 192
 Garrick's Head Pub (Victoria) 221
 Gene Cafe 138
 Granville Island Brewing Taproom 108
 Granville Island Tea Company 98
 Grapes & Soda 156
 Guilt & Co 88
 Gull Bar & Kitchen 184

H

Habit Coffee (Victoria) 221

I

Iktsuarpok Coffee Stand 89
 Irish Heather 89-90

J

Johnnie Fox's Irish Snug 70
 Juice Truck 138-9

K

Kafka's 137
 Keefer Bar 91
 Key Party 137
 Koerner's Pub 171

L

Laurence & Chico Cafe 71-2
 Leisure Tea & Coffee (Richmond) 197
 Liberty Distillery 108
 Local Public Eatery 90

M

Main Street Brewing 139
 Mario's Coffee Express 69
 Marquis Grill, The 156
 Matchstick 107

N

Narrow Lounge 137
 Nemesis Coffee 70

O

Off the Rail 124
 One Under 69-70

P

Parallel 49 Brewing Company 124, **32**
 Powell Brewery 124
 Prado 125
 Prohibition 69
 Pub 340 91
 Pumpjack Pub 72

Q

Quantum Coffee 69

R

Railway Stage & Beer Cafe 69
 R&B Brewing 138
 Red Racer Taphouse 107
 Republica Coffee Roasters 70
 Revel Room 89

Revolver 88
 Rogue Kitchen & Wet Bar 154
 Roxy 70

S

Salt Tasting Room 89
 Shameful Tiki Room 137
 Sing Sing Beer Bar 138
 Six Acres 88-9
 Small Victory 107
 St Augustine's 125
 Stanley's Bar & Grill 71
 Steamworks Brew Pub 90
 Storm Crow Alehouse 155-6
 Storm Crow Tavern 123
 Sylvia's Bar & Lounge 70

U

Uva Wine & Cocktail Bar 69

V

Vancouver Urban Winery 91

W

West of Java 184
 Whip 137
 Wilder Juice 125
 Wolf & Hound 171

X

Xing Fu Tang 154

Y

Yaletown Brewing Company 107

★ ENTERTAINMENT**A**

ANZA Club 140

B

Bard on the Beach 171-3
 BC Lions 109
 Belfry Theatre (Victoria) 221
 Biltmore Cabaret 139
 BMO Theatre Centre 139-40

C

Carousel Theatre 109
 Celluloid Social Club 140

Cinematheque 72
 Cineplex Fifth Avenue Cinemas 173
 Cineplex Odeon International Village Cinemas 93

Cineplex Park Theatre 157
 Commodore Ballroom 72
 Culch 126

D

Dance Centre 73

F

Firehall Arts Centre 91
 Fox Cabaret 139
 Fresh Air Cinema 51
 FUSE 73

G

Grandview Lanes Bowling Centre 127
 Granville Island Stage 109

I

IMAX Theatre (Victoria) 221

J

Jericho Folk Club 173

K

Kino 157
 Kitsilano Showboat 173

L

Logan's Pub (Victoria) 221

M

Malkin Bowl 73-4

N

Nat Bailey Stadium 158

O

Orpheum Theatre 72

P

Pacific Theatre 157
 Pat's Pub 93

R

Rickshaw Theatre 93
 Rio Theatre 125-6

S

Scotiabank Theatre 74
Stanley Theatre 156

T

Theatre Under the
Stars 72

V

Vancity Theatre 73
Vancouver Canadians 156
Vancouver Canucks 73
Vancouver Poetry Slam
126
Vancouver Theatresports
109
Vancouver Whitecaps 109
Vic Theatre (Victoria) 221
Vogue Theatre 73

W

Wise Hall 126-7

Y

Yuk Yuk's Comedy Club
157

🛒 SHOPPING

8th & Main 143

A

Ainsworth Custom
Design 110
Arc'teryx 175
Attic Treasures 127
Audiophile 128

B

Bacci's 157-8
Basement 94-5
Bau-Xi Gallery 159
Bird on a Wire
Creations 141
Birks 76
Blim 95
Blue Heron Creamery 142
Book Warehouse 158
Brewery Creek Liquor
Store 143
Brooklyn Clothing 110

C

Canterbury Tales 127-8
Circle Craft 112

Coastal Peoples Fine Arts
Gallery 95

Community Thrift &
Vintage Frock
Shoppe 94
Craffthouse 112

D

Downtown Farmers
Market 76
Duchesse Vintage 94

E

Eastside Flea 93
Erin Templeton 94

F

Front & Company 141

G

Gandharva Loka World
Music Store 113
Giving Gifts & Company
143
Golden Age
Collectables 74
Goorin Bros Hat Shop 110
Granville Island Broom
Company 112
Granville Island Licorice
Parlour 112
Gravity Pope 174

H

Herschel Supply Co 94
Hill's Native Art 143, **37**
Holt Renfrew 76
Hunter & Hare 75

I

Ian Tan Gallery 158

J

John Fluevog Shoes 93

K

Kalena's Shoes 128
Kali 128
Karameller Candy Shop
110
Karen Cooper Gallery 110
Kidsbooks 173
Kitsilano Farmers
Market 173
Konbiniya Japan
Centre 75

L

La Grotta del
Formaggio 127
Licorice Parlour 127
Little Miss Vintage 128
Little Sister's Book & Art
Emporium 75-6
Lonsdale Quay Market 184
Lucky's Books &
Comics 142
Lululemon Athletica 76

M

Macleod's Books 74
Main Street Mixed Bag 94
Main Street Station
Farmers Market 143
Make 112
Massy Books 93, 94
Meinhardt Fine Foods 159
Mink Chocolates 74
Mintage 127
Mintage Mall 141
Mo's General Store 184-6
Mountain Equipment
Co-Op (Main Street)
140-1
Mountain Equipment
Co-op (North
Vancouver) 186
Munro's Books (Victoria)
221-2

N

Nepton Records 141
Net Loft 112
Noise To Go 93-4

P

Pacific Arts Market 157
Pacific Centre 76
Paper Hound 74
Paper-Ya 110-12
Park Royal 186
Portobello West 142
Pulpfiction Books 142
Pulpfiction Books
East 128
Purdy's Chocolates 158-9

R

Red Cat Records 140
Regional Assembly of Text
(Main Street) 140
Regional Assembly of Text
(Victoria) 222
Restoration Hardware 159

Rogers' Chocolates
(Victoria) 222
Roots 75

S

Search & Rescue Denim
Company 112
Shipyards Night
Market 184
Signature BC Liquor
Store 75
Silk Road Tea 174
Silk Road (Victoria) 222
Silk Weaving Studio 113
Smoking Lily 141
Sports Junkies 143
Starlit Citadel 142
Stepback 174

T

Turnabout 159

U

Urban Source 141

V

Vancouver Christmas
Market 75
Vancouver Pen Shop 76
Vancouver Studio Glass
113
Victoria Public Market
(Victoria) 222

W

Walrus 158
Wanderlust 174
West End Farmers
Market 75
Wildlife Thrift Store 74-5
Woo To See You 110

Y

Y's Books 142-3

Z

Zulu Records 174

🏃 SPORTS & ACTIVITIES

A Wok Around
Chinatown 95
Academie Duello 77
Bee's Knees eBike Tours
& Rentals 77
Cycle City Tours 76-7

Cypress Mountain 186
 Deep Cove Kayak Centre 187
 Diving Locker 175
 Dodge City Cycles (Cumberland) 215
 Eagle Wing Tours 223
 Ecomarine Paddlesport Centres 113
 Edge Climbing Centre 187
 Endless Biking 187
 Galiano Kayaks 200
 Galloping Goose Trail 222
 Granville Island Brewing 113
 Granville Island Water Park 113
 Grouse Mountain 186
 Jericho Sailing Centre 175
 Lost Lake (Whistler) 193
 Mac Sailing 175
 Mt Seymour 186-7
 Pedaler 222
 Pender Island Kayak Adventures 200
 Reckless Bike Stores 113
 Salt Spring Adventure Co 200
 Second Beach Pool 77
 Sewell's Marina 187
 Sins of the City Walking Tour 95
 Spokes Bicycle Rentals 77
 Summit Sport (Whistler) 193
 Vancouver Foodie Tours 76, 113, 248
 Whistler-Blackcomb 192
 Whistler Mountain Bike Park 193
 Whistler Olympic Park 193
 Windsure Adventure Watersports 175
 Ziptrek Ecotours (Whistler) 193

 **SLEEPING**

A
 Abbeymoore Manor B&B Inn (Victoria) 223
 Abigail's Hotel (Victoria) 223
 Adara Hotel (Whistler) 194

B
 Buchan Hotel 206-7
 Burrard Hotel 204

C
 Corkscrew Inn 210

D
 Douglas Guest House 209

E
 English Bay Inn 207
 EXchange Hotel 205

F
 Fairmont Empress Hotel (Victoria) 223
 Fairmont Hotel Vancouver 205
 Fairmont Pacific Rim 205-6

G
 Galiano Inn (Galiano Island) 200
 Georgian Court Hotel 208-9
 Granville Island Hotel 209

H
 HI Vancouver Central 204
 HI Vancouver Downtown 206

HI Vancouver Jericho Beach 209-10
 HI Whistler Hostel 193-4
 Hotel BLU 209
 Hotel Zed (Victoria) 223

L
 L'Hermitage Hotel 205
 Listel Hotel 207
 Loden Hotel 207
 Lonsdale Quay Hotel 210

M
 Mayne Island Resort 200

N
 Nita Lake Lodge (Whistler) 194

O
 Ocean Island Inn (Victoria) 223
 Opus Hotel 208

P
 Pangea Pod Hotel (Whistler) 194
 Pinnacle Hotel at the Pier 210

R
 Riding Fool Hostel (Cumberland) 215
 Rosewood Hotel Georgia 205

S
 Salt Spring Inn (Ganges) 200
 Samesun Backpackers Lodge 204
 Shangri-La Hotel 207-8

Skwachàys Lodge 208
 St Regis Hotel 204-5
 Sunset Inn & Suites 206
 Sylvia Hotel 206

T
 Thistle-down House 210
 Times Square Suites Hotel 207

U
 University of British Columbia Accommodation 210

V
 Victorian Hotel 204

W
 Wedgewood Hotel & Spa 205
 Windsor Guest House 209
 Woods on Pender (North Pender Island) 200

Y
 YWCA Hotel 208

Vancouver Maps

Sights

- Beach
- Bird Sanctuary
- Buddhist
- Castle/Palace
- Christian
- Confucian
- Hindu
- Islamic
- Jain
- Jewish
- Monument
- Museum/Gallery/Historic Building
- Ruin
- Shinto
- Sikh
- Taoist
- Winery/Vineyard
- Zoo/Wildlife Sanctuary
- Other Sight

Activities, Courses & Tours

- Bodysurfing
- Diving
- Canoeing/Kayaking
- Course/Tour
- Sento Hot Baths/Onsen
- Skiing
- Snorkeling
- Surfing
- Swimming/Pool
- Walking
- Windsurfing
- Other Activity

Sleeping

- Sleeping
- Camping
- Hut/Shelter

Eating

- Eating

Drinking & Nightlife

- Drinking & Nightlife
- Cafe

Entertainment

- Entertainment

Shopping

- Shopping

Information

- Bank
- Embassy/Consulate
- Hospital/Medical
- Internet
- Police
- Post Office
- Telephone
- Toilet
- Tourist Information
- Other Information

Geographic

- Beach
- Gate
- Hut/Shelter
- Lighthouse
- Lookout
- Mountain/Volcano
- Oasis
- Park
- Pass
- Picnic Area
- Waterfall

Population

- Capital (National)
- Capital (State/Province)
- City/Large Town
- Town/Village

Transport

- Airport
- BART station
- Border crossing
- Boston T station
- Bus
- Cable car/Funicular
- Cycling
- Ferry
- Metro/Muni station
- Monorail
- Parking
- Petrol station
- Subway/SkyTrain station
- Taxi
- Train station/Railway
- Tram
- Underground station
- Other Transport

Routes

- Tollway
- Freeway
- Primary
- Secondary Tour
- Tertiary
- Lane
- Unsealed road
- Road under construction
- Plaza/Mall
- Steps
- Tunnel
- Pedestrian overpass
- Walking Tour
- Walking Tour detour
- Path/Walking Trail

Boundaries

- International
- State/Province
- Disputed
- Regional/Suburb
- Marine Park
- Cliff
- Wall

Hydrography

- River, Creek
- Intermittent River
- Canal
- Water
- Dry/Salt/Intermittent Lake
- Reef

Areas

- Airport/Runway
- Beach/Desert
- Cemetery (Christian)
- Cemetery (Other)
- Glacier
- Mudflat
- Park/Forest
- Sight (Building)
- Sportsground
- Swamp/Mangrove

Note: Not all symbols displayed above appear on the maps in this book



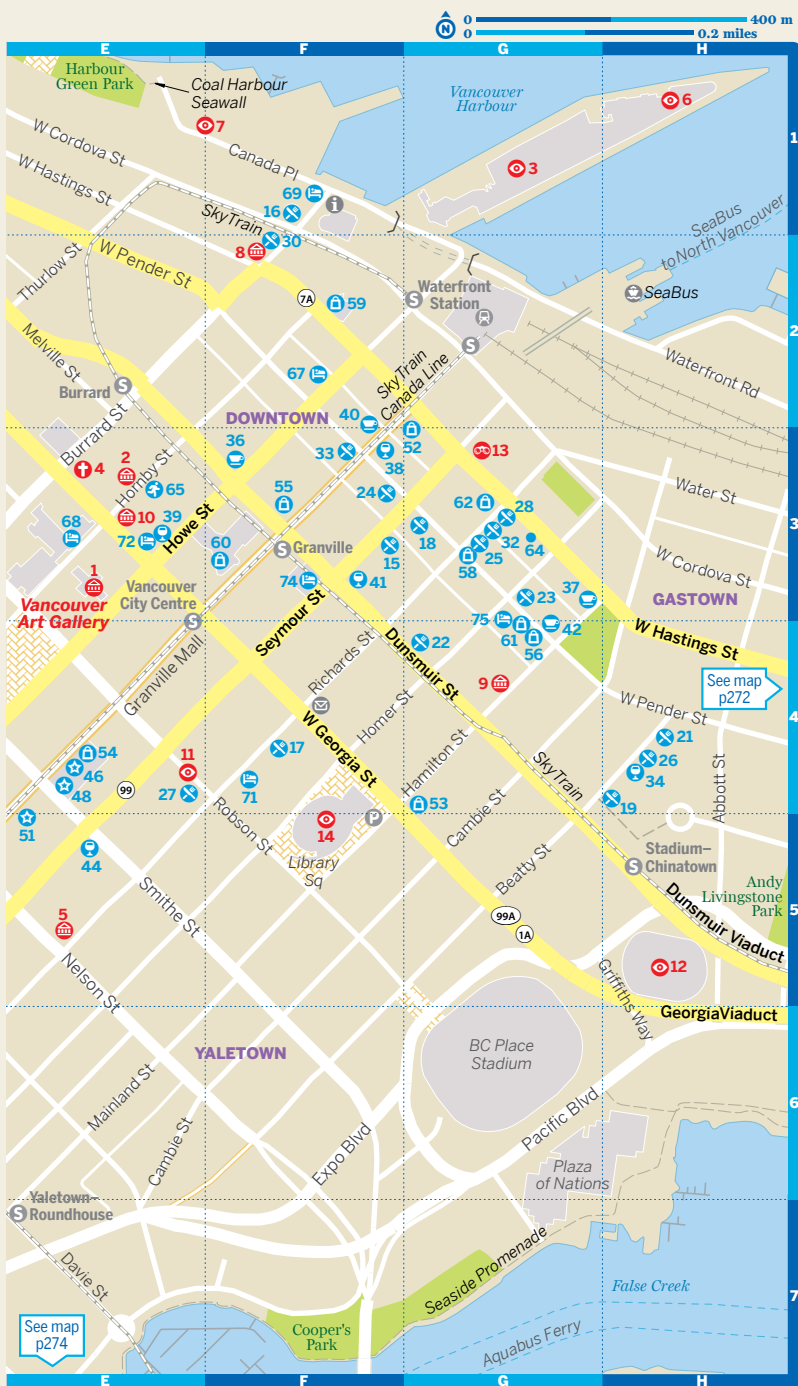
MAP INDEX

- 1** Downtown (p266)
- 2** West End (p270)
- 3** Gastown (p272)
- 4** Chinatown (p273)
- 5** Yaletown (p274)
- 6** Granville Island (p275)
- 7** Commercial Drive (p276)
- 8** Main Street (p278)
- 9** Fairview & South Granville (p280)
- 10** Kitsilano (p282)
- 11** North Shore (p284)
- 12** University of British Columbia (UBC; p286)
- 13** Stanley Park (p287)

Key on p268

DOWNTOWN





DOWNTOWN *Map on p266***📍 Top Sights****(p53)**

- 1 Vancouver Art Gallery E3

📍 Sights**(p55)**

- 2 Bill Reid Gallery of Northwest Coast Art E3
- 3 Canada Place..... G1
- 4 Christ Church Cathedral..... E3
- 5 Contemporary Art Gallery E5
- 6 FlyOver Canada..... H1
- 7 Jack Poole Plaza F1
- 8 Marine Building F2
- 9 Or Gallery G4
- 10 Pendulum Gallery E3
- 11 Robson Street E4
- 12 Rogers Arena..... H5
- 13 Vancouver Lookout..... G3
- 14 Vancouver Public Library F5

🍴 Eating**(p61)**

- 15 Baghdad Cafe..... F3
- 16 Bella Gelateria F1
- 17 Cafe Medina..... F4
- 18 Cartems Donuterie..... G3
- 19 Chambar H4
- 20 Chancho Tortilleria..... D6
- 21 Dirty Apron Delicatessen..... H4
- 22 Field & Social..... G4
- 23 Finch's G3
- 24 Gyoza Bar F3
- Hawthorn..... (see 72)
- 25 Indigo Age Cafe..... G3
- 26 Jam Cafe..... H4
- 27 Japadog..... E4
- 28 Poke Guy..... G3
- 29 Templeton D5
- 30 Tractor F2
- 31 Twisted Fork Bistro D5
- 32 Vegan Pudding & Co..... G3
- 33 Wakwak Burger..... F3

🍷 Drinking & Nightlife**(p69)**

- 34 Devil's Elbow Ale & Smoke House..... H4
- 35 Johnnie Fox's Irish Snug..... D5
- 36 Mario's Coffee Express..... F3
- 37 Nemesis Coffee..... G3
- 38 One Under..... F3
- 39 Prohibition E3

- 40 Quantum Coffee..... F2
- 41 Railway Stage & Beer Cafe F3
- 42 Republica Coffee Roasters G4
- 43 Roxy D5
- 44 Uva Wine & Cocktail Bar..... E5

🎭 Entertainment**(p72)**

- 45 Cinematheque C5
- 46 Commodore Ballroom..... E4
- 47 Dance Centre D6
- FUSE..... (see 1)
- 48 Orpheum Theatre..... E4
- 49 Scotiabank Theatre..... D4
- 50 Vancity Theatre D6
- Vancouver Canucks..... (see 12)
- 51 Vogue Theatre E5

🛍 Shopping**(p74)**

- 52 Birks G3
- 53 Downtown Farmers Market..... G4
- 54 Golden Age Collectables E4
- 55 Holt Renfrew F3
- 56 Hunter & Hare..... G4
- 57 Lululemon Athletica..... D3
- 58 Macleod's Books G3
- 59 Mink Chocolates..... F2
- 60 Pacific Centre F3
- 61 Paper Hound..... G4
- 62 Vancouver Pen Shop G3
- 63 Wildlife Thrift Store C6

🏊 Sports & Activities**(p76)**

- 64 Academie Duello G3
- 65 Cycle City Tours E3

🏨 Sleeping**(p204)**

- 66 Burrard Hotel C4
- 67 EXchange Hotel F2
- 68 Fairmont Hotel Vancouver..... E3
- 69 Fairmont Pacific Rim F1
- 70 HI Vancouver Central..... D5
- 71 L'Hermitage Hotel..... F4
- 72 Rosewood Hotel Georgia..... E3
- 73 Samesun Backpackers Lodge..... D5
- 74 St Regis Hotel F3
- 75 Victorian Hotel..... G3
- 76 Wedgewood Hotel & Spa..... D4

WEST END *Map on p270***Sights**

- (p59)**
- 1 A-maze-ing LaughterB3
- 2 Coal Harbour Seawall.....G3
- 3 English Bay Beach.....A4
- 4 Nelson ParkD5
- 5 Offsite.....F4
- 6 RBC Royal Bank.....F4
- 7 Roedde House Museum.....D4

Eating

- (p65)**
- 8 Breka Bakery & CafeE4
- 9 Davie Dosa CompanyC5
- 10 Espana.....B3
- Forage(see 42)
- 11 Greenhorn Cafe.....C4
- 12 Guu with Garlic.....C2
- 13 Heritage Asian EateryF3
- 14 Kintaro Ramen Noodle.....C2
- 15 Le Crocodile.....E5
- 16 Little Juke.....D6
- 17 Molli CafeD6
- 18 Mumbai Local.....D6
- 19 Musette Caff e.....D7
- 20 Sura Korean Cuisine.....D3
- 21 Tacofino Oasis.....G4
- 22 TimberE4

Drinking & Nightlife

- (p70)**
- 23 1181D5
- 24 Cardero's Marine PubE2

- 25 CelebritiesD6
- 26 Delany's Coffee HouseB3
- 27 Fountainhead PubE6
- 28 Laurence & Chico Cafe.....E4
- 29 Pumpjack Pub.....D6
- Sylvia's Bar & Lounge.....(see 46)

Shopping

- (p74)**
- 30 Konbiniya Japan CentreE4
- 31 Little Sister's Book & Art Emporium.....C5
- 32 Roots.....F5
- 33 Signature BC Liquor Store.....E4
- 34 Vancouver Christmas Market.....G3
- 35 West End Farmers MarketD5

Sports & Activities

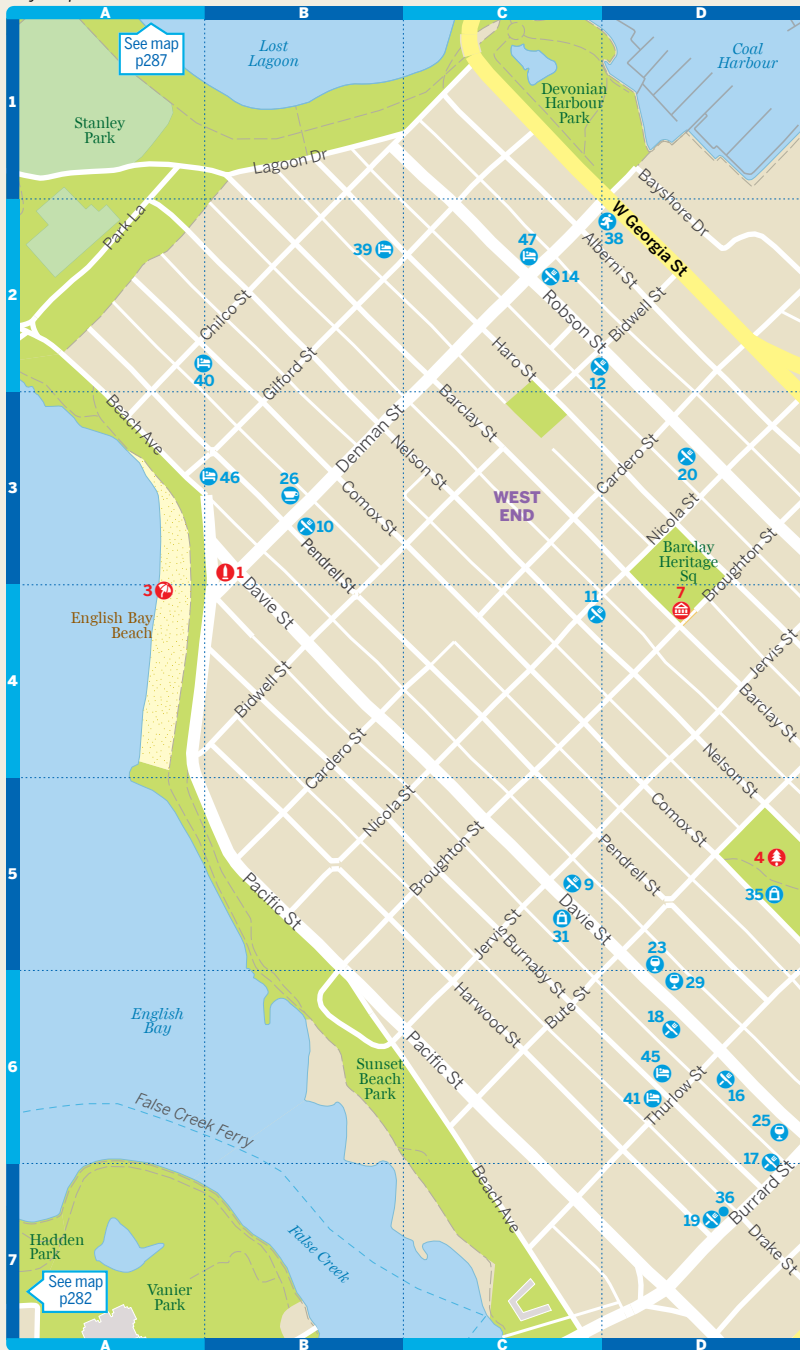
- (p76)**
- 36 Bee's Knees eBike Tours & Rentals.....D7
- 37 Harbour Air.....G3
- 38 Spokes Bicycle RentalsD2

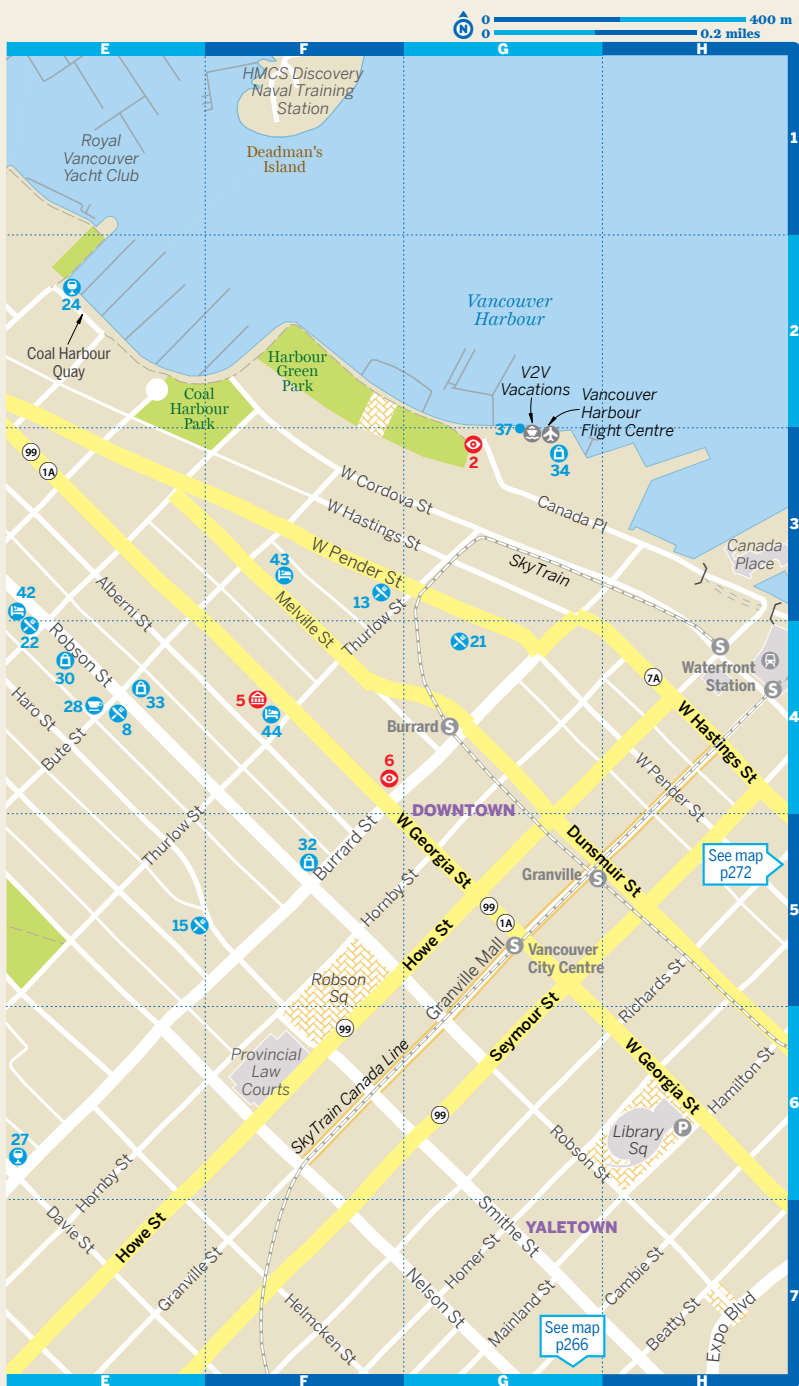
Sleeping

- (p206)**
- 39 Buchan HotelB2
- 40 English Bay InnA2
- 41 HI Vancouver Downtown.....D6
- 42 Listel HotelE3
- 43 Loden Hotel.....F3
- 44 Shangri-La HotelF4
- 45 Sunset Inn & Suites.....D6
- 46 Sylvia HotelB3
- 47 Times Square Suites HotelC2

Key on p269

WEST END







- Sights (p80)**
- 1 Dominion Building A3
 - 2 Flack Block A3
 - Gassy Jack Statue (see 3)
 - 3 Maple Tree Square D1
 - 4 Steam Clock A2
 - 5 Vancouver Police Museum & Archives D3
 - 6 Woodward's B3
- Eating (p83)**
- 7 Ask for Luigi D2
 - 8 Birds & the Beets D1
 - 9 Greek Gastown D2
 - 10 L'Abattoir D1
 - 11 Meat & Bread A3
 - 12 MeeT in Gastown D1
 - 13 Nelson the Seagull B3
 - Nuba (see 1)
- Drinking & Nightlife (p88)**
- 14 Ovaltine Cafe D4
 - 15 Pidgin C3
 - 16 Purebread A3
 - 17 Save On Meats B3
 - 18 St Lawrence Restaurant D3
 - 19 Tacofino Taco Bar B3
- Shopping (p93)**
- 34 Basement A3
 - 35 Coastal Peoples Fine Arts Gallery A2
 - 36 Community Thrift & Vintage Frock Shoppe B3
 - 37 Herschel Supply Co A2
 - 38 John Fluevog Shoes C1
- Entertainment (p91)**
- 33 Firehall Arts Centre D3
- Sports & Activities (p95)**
- 39 Sins of the City Walking Tour D3
- Other Points of Interest:**
- 7 X
 - 8 X
 - 9 X
 - 10 X
 - 11 X
 - 12 X
 - 13 X
 - 14 X
 - 15 X
 - 16 X
 - 17 X
 - 18 X
 - 19 X
 - 20 X
 - 21 X
 - 22 X
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 - 27 X
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 - 29 X
 - 30 X
 - 31 X
 - 32 X
 - 33 X
 - 36 X
 - 37 X
 - 38 X
 - 39 X



- Sights (p80)**
- 1 Carnegie Community Centre.....C1
- 2 Chinatown Millennium GateB1
- 3 Dr Sun Yat-Sen Classical Chinese Garden & Park.....B2
- 4 Jack Chow BuildingB1
- Eating (p85)**
- 5 Bao Bei.....C2
- 6 Bestie.....C1
- 7 CampagnoloC3
- 8 Chinatown BBQ.....B1
- 9 Hey, Dumplings!.....C2
- 10 Juke Fried ChickenC2
- 11 Pazzo ChowB2
- 12 Phnom Penh.....C2
- 13 Ramen Butcher.....C2
- 14 Sai WooB1
- 15 Say Hey CafeC1
- 16 Umaluma.....C1
- 17 Vegan Cave.....A1
- Drinking & Nightlife (p90)**
- 18 Brickhouse.....C2
- 19 Emerald.....C2
- 20 Fortune Sound ClubC1
- 21 Iktsuarpok Coffee Stand.....B1
- 22 Keefer BarB2
- Entertainment (p91)**
- 23 Cineplex Odeon International Village Cinemas.....A1
- 24 Pat's Pub.....D1
- 25 Rickshaw Theatre.....C1
- Shopping (p93)**
- 26 Blim.....B1
- 27 Duchesse Vintage.....B1
- 28 Eastside Flea.....D3
- 29 Erin Templeton.....B2
- 30 Main Street Mixed Bag.....C3
- 31 Massy BooksC2
- 32 Noize To GoC2
- Sleeping (p208)**
- 33 Skwachàys Lodge.....A1

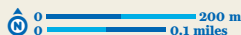


- | | |
|---|---|
| Sights (p100) | 17 Small Victory.....B2 |
| 1 BC Place Stadium.....D2 | 18 Yaletown Brewing Company.....B2 |
| 2 BC Sports Hall of Fame & Museum.....D2 | |
| 3 David Lam Park.....A4 | ✳ Entertainment (p109) |
| Engine 374 Pavilion.....(see 4) | BC Lions.....(see 1) |
| 4 Roundhouse Community Arts & Recreation Centre.....B3 | Vancouver Whitecaps.....(see 1) |
| ✕ Eating (p101) | 🛒 Shopping (p110) |
| 5 Bake49.....B2 | 19 Brooklyn Clothing.....A3 |
| 6 Blue Water Cafe.....B2 | 20 Goorin Bros Hat Shop.....B3 |
| 7 DD Mau.....A3 | 21 Karameller Candy Shop.....B2 |
| 8 Flying Pig.....B3 | 22 Portobello West.....B3 |
| 9 MeeT.....B3 | 23 Woo To See You.....B2 |
| 10 Provence Marinaside.....B3 | 🏃 Sports & Activities (p113) |
| 11 Rodney's Oyster House.....A3 | 24 Reckless Bike Stores.....B3 |
| 12 Salsa & Agave Mexican Grill.....B3 | 🛌 Sleeping (p208) |
| 13 Simply Thai.....A3 | 25 Georgian Court Hotel.....D2 |
| 🍷 Drinking & Nightlife (p107) | 26 Hotel BLU.....C2 |
| 14 Caffe Artigiano.....B3 | 27 Opus Hotel.....A3 |
| 15 Matchstick.....A3 | 28 YWCA Hotel.....D1 |
| 16 Red Racer Taphouse.....C2 | |

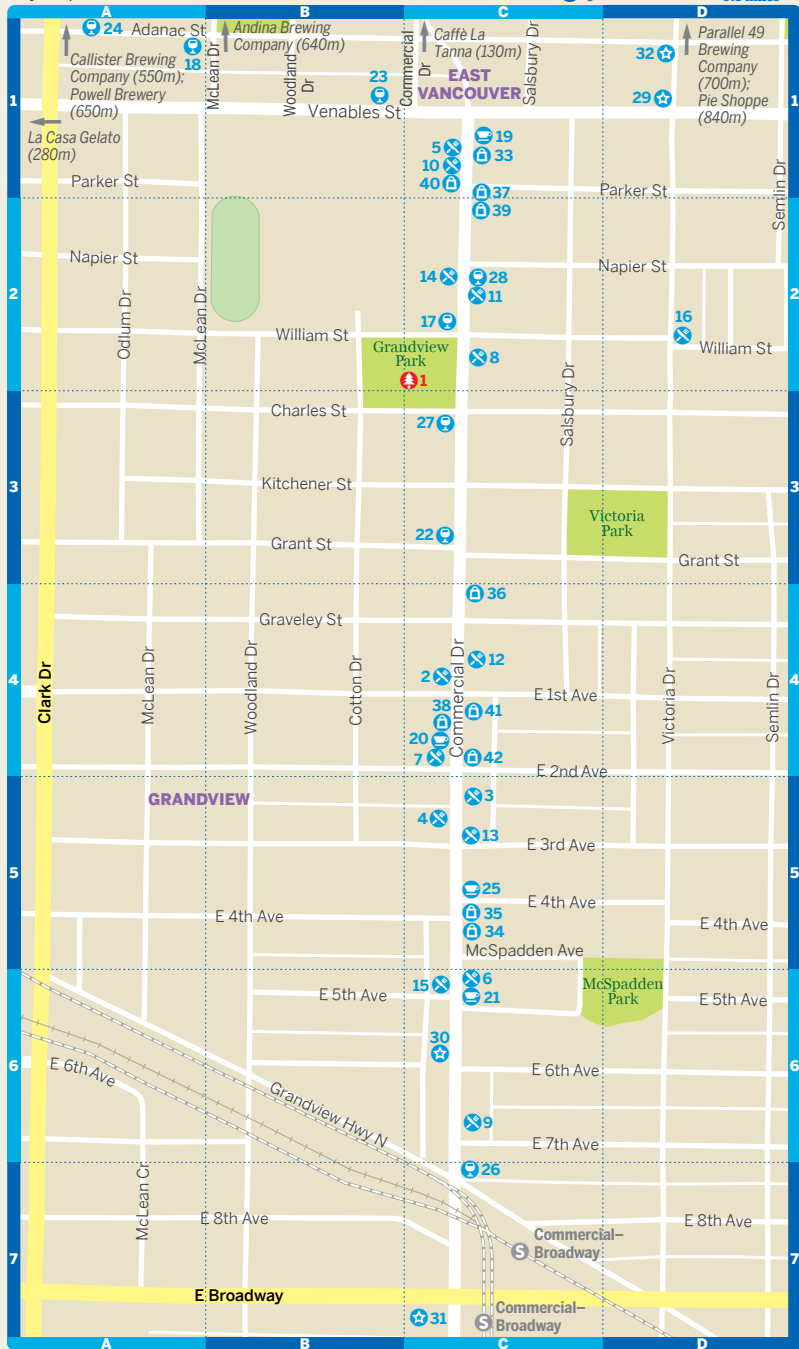


- 📍 Top Sights (p98)**
- 1** Granville Island Public Market C1
- 📍 Sights (p101)**
- 2** Kids Market B2
3 Railspur Alley C3
4 Totem Pole C3
- 🍴 Eating (p104)**
- 5** A Bread Affair B1
6 Bistro 101 A3
7 Edible Canada B1
8 Go Fish A2
9 Popina C1
10 Public Market Food Court C1
11 Tony's Fish & Oyster Cafe B2
- 🍷 Drinking & Nightlife (p108)**
- 12** Artisan Sake Maker C3
- 🍷 Entertainment (p109)**
- 13** Dockside Brewing Company D3
14 Liberty Distillery C2
15 Carousel Theatre B3
16 Granville Island Stage C1
17 Vancouver Theatresports B2
- 🛍 Shopping (p110)**
- 18** Ainsworth Custom Design D3
19 Circle Craft B1
20 Craffhouse C3
21 Gandharva Loka World Music Store C2
22 Granville Island Broom Company C2
- 📍 Entertainment (p109)**
- 23** Granville Island Licorice Parlour B2
24 Karen Cooper Gallery B2
25 Make B2
26 Net Loft B1
27 Paper-Ya B2
28 Search & Rescue Denim Company C2
29 Silk Weaving Studio C2
30 Vancouver Studio Glass C2
- 🏃 Sports & Activities (p113)**
- 31** Ecomarine Paddlesport Centres B1
32 Granville Island Brewing B2
33 Granville Island Water Park B3
- 🛏 Sleeping (p208)**
- 34** Granville Island Hotel D3

Key on p277



COMMERCIAL DRIVE



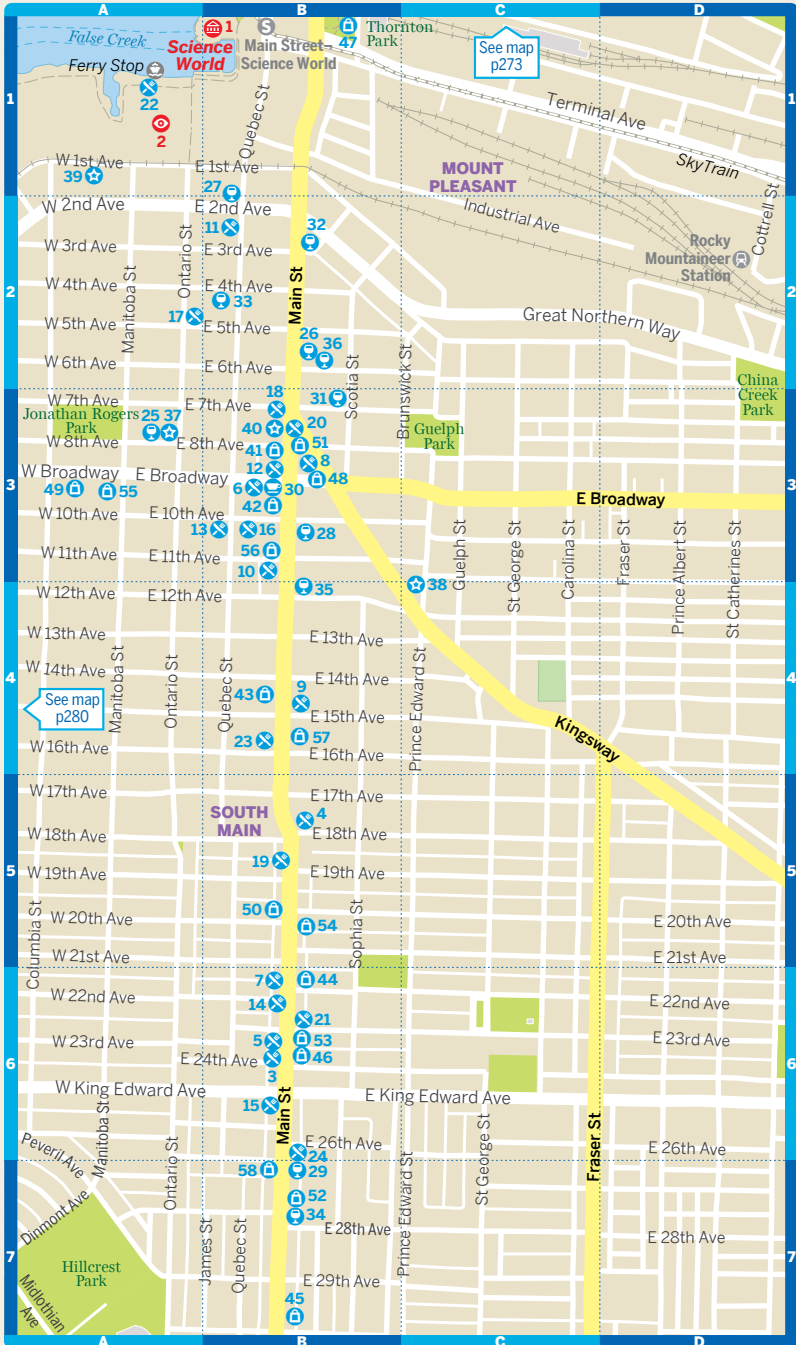
COMMERCIAL DRIVE *Map on p276*

- Sights (p118)**
- 1 Grandview Park.....C2
- Eating (p118)**
- 2 Bench Bakehouse.....C4
- 3 Cannibal Cafe.....C5
- 4 Carthage Café.....C5
- 5 Downlow Chicken Shack.....C1
- 6 Elephant Garden Creamery.....C6
- 7 Fratelli Baking.....C4
- 8 Havana.....C2
- 9 Jamjar.....C6
- 10 Kin Kao.....C1
- Kishimoto Japanese
 Restaurant.....(see 34)
- 11 Kulinarya.....C2
- 12 La Mezcaleria.....C4
- 13 Spade.....C5
- 14 Sweet Cherubim.....C2
- 15 Tangent Cafe.....C6
- 16 Via Tevere.....D2
- Drinking & Nightlife (p123)**
- 17 BierCraft Tap & Tapas.....C2
- 18 Bomber Brewing.....A1
- 19 Bump n Grind.....C1
- 20 Cafe Calabria.....C4
- 21 Cafe Deux Soleils.....C6
- 22 Charlatan.....C3
- 23 East Van Brewing Company.....B1
- 24 Off the Rail.....A1
- 25 Prado.....C5
- 26 St Augustine's.....C7
- 27 Storm Crow Tavern.....C3
- 28 Wilder Juice.....C2
- Entertainment (p125)**
- 29 Cultch.....D1
- 30 Grandview Lanes Bowling Centre.....C6
- 31 Rio Theatre.....C7
- Vancouver Poetry Slam.....(see 21)
- 32 Wise Hall.....D1
- Shopping (p127)**
- 33 Attic Treasures.....C1
- 34 Audiopile.....C5
- 35 Canterbury Tales.....C5
- 36 Kalena's Shoes.....C4
- 37 Kali.....C1
- 38 La Grotta del Formaggio.....C4
- 39 Licorice Parlour.....C2
- 40 Little Miss Vintage.....C1
- 41 Mintage.....C4
- 42 Pulpfiction Books East.....C4

Key on p279



MAIN STREET

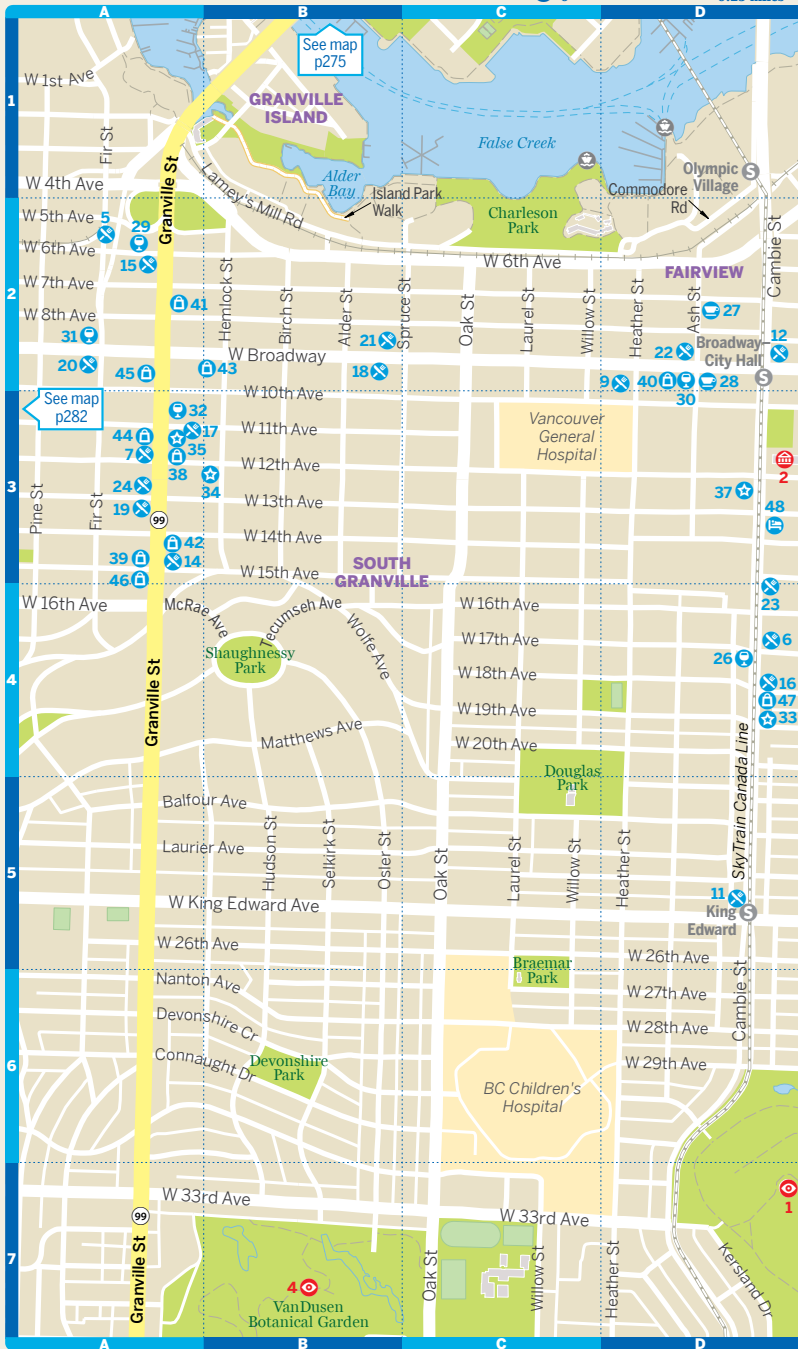


MAIN STREET *Map on p278*

- 📍 Top Sights (p131)**
- 1 Science World B1
- 📍 Sights (p132)**
- 2 Olympic Village A1
- 🍴 Eating (p132)**
- 3 Acorn B6
- 4 Anh & Chi B5
- 5 Arbor B6
- 6 Billy Button Dessert Bar B3
- 7 Bob Likes Thai Food B6
- 8 Budgie's Burritos B3
- 9 Burgoo Bistro B4
- 10 Dock Lunch B3
- 11 Earnest Ice Cream B2
- 12 Fable Diner B3
- 13 Federal Store B3
- 14 Fish Counter B6
- 15 Hawkers Delight B6
- 16 Holy Trinity Ukrainian Orthodox
Cathedral B3
- 17 Purebread A2
- 18 Rumpus Room B3
- 19 Slickity Jim's Chat 'N' Chew B5
- 20 Soil B3
- 21 Sun Sui Wah B6
- 22 Tap & Barrel A1
- 23 Toshi Sushi B4
- 24 Trafiq B6
- 🍷 Drinking & Nightlife (p136)**
- 25 33 Acres Brewing Company A3
- 26 Brassneck Brewery B2
- 27 Brewhall B1
- 28 Cascade Room B3
- Gene Cafe (see 20)
- 29 Juice Truck B7
- 30 Kafka's B3
- Key Party (see 18)
- 31 Main Street Brewing B3
- 32 Narrow Lounge B2
- 33 R&B Brewing B2
- 34 Shameful Tiki Room B7
- 35 Sing Sing Beer Bar B4
- 36 Whip B2
- 🎭 Entertainment (p139)**
- 37 ANZA Club A3
- 38 Biltmore Cabaret C4
- 39 BMO Theatre Centre A1
- Celluloid Social Club (see 37)
- 40 Fox Cabaret B3
- 🛍 Shopping (p140)**
- 41 8th & Main B3
- 42 Bird on a Wire Creations B3
- Blue Heron Creamery (see 20)
- 43 Brewery Creek Liquor Store B4
- 44 Front & Company B6
- 45 Giving Gifts & Company B7
- Hill's Native Art (see 6)
- 46 Lucky's Books & Comics B6
- 47 Main Street Station Farmers
Market B1
- 48 Mintage Mall B3
- 49 Mountain Equipment Co-Op A3
- 50 Nepton Records B5
- 51 Pulpfiction Books B3
- 52 Red Cat Records B7
- 53 Regional Assembly of Text B6
- 54 Smoking Lily B5
- 55 Sports Junkies A3
- 56 Starlit Citadel B3
- 57 Urban Source B4
- 58 Y's Books B7

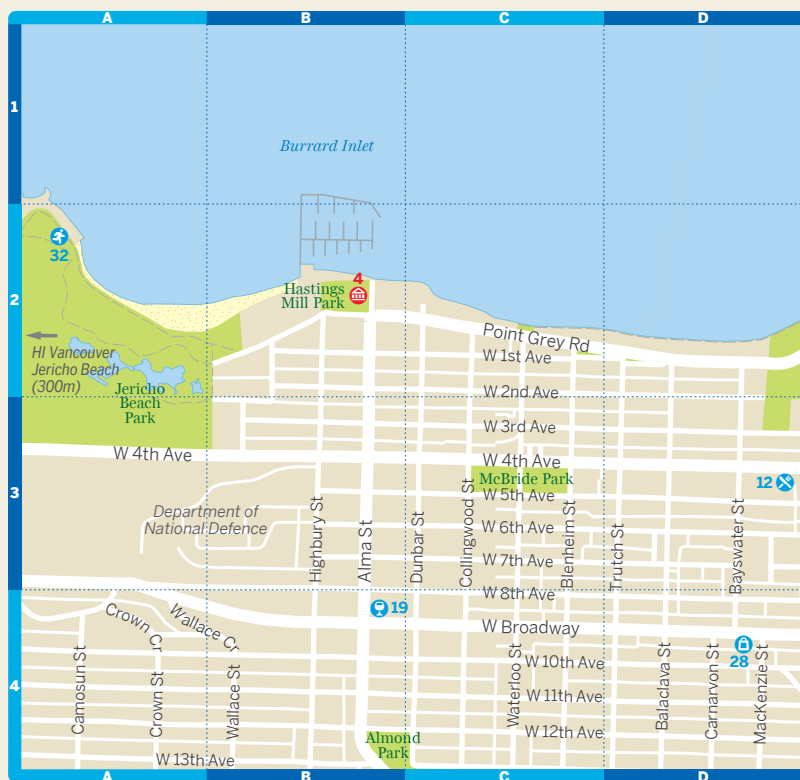


FAIRVIEW & SOUTH GRANVILLE





- Sights (p148)**
- 1 Bloedel Conservatory.....D7
 - 2 City Hall.....D3
 - 3 Queen Elizabeth Park.....E7
 - 4 VanDusen Botanical Garden.....B7
- Eating (p149)**
- 5 Beaucoup Bakery & Cafe....A2
 - 6 Dutch Wooden Shoe Cafe.....D4
 - 7 Heirloom Vegetarian.....A3
 - 8 Heritage Asian Eatery.....E2
 - 9 K Cafe.....D2
 - 10 La Taquería Pinche Taco Shop.....E2
 - 11 Landmark Hot Pot House.....D5
 - 12 Marulilu Cafe.....D2
 - 13 Mighty Oak.....E4
 - 14 Ouisi Bistro.....A3
 - 15 Paul's Omelettery.....A2
 - 16 Rain or Shine.....D4
 - 17 Rangoli.....A3
 - 18 Salmon n' Bannock.....B2
 - Small Victory.....(see 14)
 - 19 Stable House.....A3
 - 20 Suika.....A2
 - 21 Tojo's.....B2
 - 22 Tractor.....D2
 - 23 Vij's.....D4
 - 24 West.....A3
- Entertainment (p156)**
- 33 Cineplex Park Theatre.....D4
 - Kino.....(see 33)
 - 34 Pacific Theatre.....B3
 - 35 Stanley Theatre.....A3
 - 36 Vancouver Canadians.....E6
 - 37 Yuk Yuk's Comedy Club.....D3
- Shopping (p157)**
- 38 Bacci's.....A3
 - 39 Bau-Xi Gallery.....A3
 - 40 Book Warehouse.....D2
 - 41 Ian Tan Gallery.....A2
 - 42 Meinhardt Fine Foods.....A3
 - 43 Pacific Arts Market.....B2
 - 44 Purdy's Chocolates.....A3
 - 45 Restoration Hardware.....A2
 - 46 Turnabout.....A3
 - 47 Walrus.....D4
- Sleeping (p209)**
- 48 Douglas Guest House.....D3
 - 49 Windsor Guest House.....E3
- Drinking & Nightlife (p154)**
- 25 Aperture Coffee Bar.....E2
 - 26 BierCraft Bistro.....D4
 - Bump n Grind.....(see 14)
 - 27 Caffè Cittadella.....D2
 - 28 Elysian Coffee.....D2
 - 29 Grapes & Soda.....A2
 - 30 Rogue Kitchen & Wet Bar.....D2
 - 31 Storm Crow Alehouse.....A2
 - 32 The Marquis Grill.....A3
 - Xing Fu Tang.....(see 33)



- 📍 Sights (p164)**
- 1 Arbutus Greenway..... H3
 - HR MacMillan Space Centre (see 3)
 - 2 Kitsilano Beach F2
 - 3 Museum of Vancouver H1
 - 4 Old Hastings Mill Store Museum B2
 - 5 Vancouver Maritime Museum..... G1
 - 6 Vanier Park H1
 - 7 West 4th Avenue..... F3
 - 11 La Cigale French Bistro G3
 - 12 Linh Cafe..... D3
 - 13 Maenam..... G3
 - 14 Naam..... E3
 - 15 Sophie's Cosmic Cafe..... G3
 - 16 Uno Gelato..... E4
- 🍷 Drinking & Nightlife (p170)**
- 17 49th Parallel Coffee F3
 - 18 Corduroy..... G2
 - Galley Patio & Grill..... (see 32)
 - 19 Wolf & Hound..... B4
- 🍴 Eating (p167)**
- 8 Bishop's..... F3
 - 9 Cafe Lokal E3
 - 10 Fable Kitchen..... G3



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|--|---|
| 🎪 Entertainment (p171) | 30 Zulu Records.....G3 |
| 20 Bard on the Beach.....H1 | |
| 21 Cineplex Fifth Avenue Cinemas.....H3 | 🏊 Sports & Activities (p175) |
| 22 Kitsilano Showboat.....F2 | 31 Diving Locker.....E3 |
| | 32 Jericho Sailing Centre.....A2 |
| | 33 Kitsilano Pool.....F2 |
| | Mac Sailing.....(see 32) |
| | Windsure Adventure |
| | Watersports.....(see 32) |
| 🛒 Shopping (p173) | |
| 23 Arc'teryx.....G3 | 🛏 Sleeping (p209) |
| 24 Gravity Pope.....F3 | 34 Corkscrew Inn.....E2 |
| 25 Kidsbooks.....E4 | |
| 26 Kitsilano Farmers Market.....E4 | |
| 27 Silk Road Tea.....G3 | |
| 28 Stepback.....D4 | |
| 29 Wanderlust.....G3 | |



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|--|---------------|--|---------------|
| Sights | (p180) | 12 Whytecliff Park | A2 |
| 1 Capilano Suspension Bridge Park | E3 | Eating | (p182) |
| 2 Ferry Building Art Gallery | D3 | 13 Artisan Bake Shoppe | G1 |
| 3 Grouse Mountain | E2 | 14 Burgoo Bistro | G2 |
| 4 Lighthouse Park | A3 | 15 Earnest Ice Cream | G1 |
| 5 Lynn Canyon Ecology Centre | G3 | 16 Lift Breakfast Bakery | G1 |
| 6 Lynn Canyon Park | G3 | 17 Meat at O'Neill's | G1 |
| 7 Maplewood Farm | G4 | 18 Palki Restaurant | E4 |
| 8 Maplewood Flats Conservation Area | G4 | 19 Salmon House on the Hill | C3 |
| 9 Mt Seymour Provincial Park | H3 | 20 Wooden Fish | D3 |
| 10 Polygon Gallery | G2 | Drinking & Nightlife | (p184) |
| 11 West Vancouver Seawall | C3 | 21 Buddha-Full | G1 |



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|---|----------|------------------------------------|---------|
| 22 Gull Bar & Kitchen..... | H2 | 31 Edge Climbing Centre..... | E4 |
| 23 West of Java | G1 | 32 Endless Biking..... | G4 |
| 🛒 Shopping (p184) | | 33 Grouse Grind..... | E2 |
| 24 Lonsdale Quay Market..... | F2 | Grouse Mountain..... | (see 3) |
| 25 Mo's General Store..... | G1 | 34 Mt Seymour..... | H2 |
| 26 Mountain Equipment Co-op..... | F4 | 35 Sewell's Marina..... | A2 |
| 27 Park Royal..... | D3 | | |
| 28 Shipyards Night Market..... | G2 | 🛏 Sleeping (p210) | |
| 🏃 Sports & Activities (p186) | | 36 Lonsdale Quay Hotel..... | E4 |
| 29 Cypress Mountain..... | C1 | 37 Pinnacle Hotel at the Pier..... | G2 |
| Cypress Provincial Park..... | (see 29) | 38 Thistledown House..... | E3 |
| 30 Deep Cove Kayak Centre..... | H3 | | |



Top Sights

(p162)

- 1 Museum of Anthropology.....A2

Sights

(p165)

- 2 Beaty Biodiversity Museum.....B2
 3 Chung Collection.....B2
 4 Greenheart TreeWalk.....B4
 5 Morris & Helen Belkin Art Gallery.....A2
 6 Nitobe Memorial Garden.....A2
 7 Pacific Museum of Earth.....B3
 8 Pacific Spirit Regional Park.....C3
 9 UBC Botanical Garden.....B3
 10 Wreck Beach.....A3

Eating

(p170)

- 11 Iwana Taco.....B2
 12 Jamjar Canteen.....B2
 Rain or Shine.....(see 12)

Drinking & Nightlife

(p170)

- 13 Koerner's Pub.....A2

Sleeping

(p209)

- 14 University of British Columbia
 Accommodation.....B2

STANLEY PARK



Top Sights

- 1** Stanley Park **(p50)**
B2

Sights

- 2** Cricket Pavilion **(p50)**
D3

- 3** HMCS Discovery E4

- 4** Lord Stanley Statue C4

- 5** Lost Lagoon C4

- 6** Lumberman's Arch D3

- 7** Nine O'Clock Gun E3

- 8** Stanley Park Nature House C4

- 9** Stanley Park Seawall D4

- 10** Totem Poles E3

- 11** Vancouver Aquarium D3

- 12** Waterpark D3

Eating

- 13** Prospect Point Bar & Grill **(p68)**
C1

Drinking & Nightlife

- 14** Stanley's Bar & Grill **(p71)**
C3

Entertainment

- 15** Theatre Under the Stars **(p72)**
(see 15)
C3

Sports & Activities

- 16** Harbour Cruises **(p76)**
D4

- 17** Second Beach Pool A4

- 18** Stanley Park Train C3



Our Story

A beat-up old car, a few dollars in the pocket and a sense of adventure. In 1972 that's all Tony and Maureen Wheeler needed for the trip of a lifetime – across Europe and Asia overland to Australia. It took several months, and at the end – broke but inspired – they sat at their kitchen table writing and stapling together their first travel guide, *Across Asia on the Cheap*. Within a week they'd sold 1500 copies. Lonely Planet was born.

Today, Lonely Planet has offices in Franklin, London, Melbourne, Oakland, Dublin, Beijing and Delhi, with more than 600 staff and writers. We share Tony's belief that 'a great guidebook should do three things: inform, educate and amuse'.

Our Writers



John Lee

Born and raised in the historic UK city of St Albans, John grew up in the lengthy shadow of London, finding as many opportunities as possible to gorge on the capital's rich diet of museums and galleries. Slowly succumbing to the lure of overseas exotica, he arrived on Canada's West Coast in 1993 to begin an MA in Political Science at the University of Victoria. Regular trips home to Britain ensued, along with stints living in Tokyo and Montreal, before he returned to

British Columbia to become a full-time freelance writer in 1999.

Now living in Vancouver, John specializes in travel writing and has contributed to more than 150 different publications around the world. These include the *Guardian*, *Independent*, *Los Angeles Times*, *Chicago Tribune*, *Sydney Morning Herald*, *National Geographic Traveler* and BBC.com. He also has a travel column in Canada's *Globe and Mail* national newspaper. You can read some of his stories (and see some of his videos) online at <http://www.johnleewriter.com>. John has worked on around 25 Lonely Planet books, including *Canada*, *British Columbia*, *Western Europe*, *Vancouver* and *Europe on a Shoestring*.



Brendan Sainsbury

Born and raised in the UK in a town that never merits a mention in any guidebook (Andover, Hampshire), Brendan spent the holidays of his youth caravanning in the English Lake District and didn't leave Blighty until he was nineteen. Making up for lost time, he's since squeezed 70 countries into a sometimes precarious existence as a writer and professional vagabond. His rocking chair memories will probably include staging a performance of 'A Comedy of Errors'

at a school in war-torn Angola, running 150 miles across the Sahara Desert in the Marathon des Sables, and hitchhiking from Cape Town to Kilimanjaro with an early, dog-eared copy of LP's *Africa on a Shoestring*. In the last eleven years, he has written over 40 books for Lonely Planet from Castro's Cuba to the canyons of Peru. When not scribbling research notes, Brendan likes partaking in ridiculous 'endurance' races, strumming old Clash songs on the guitar, and experiencing the pain and occasional pleasures of following Southampton Football Club.

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