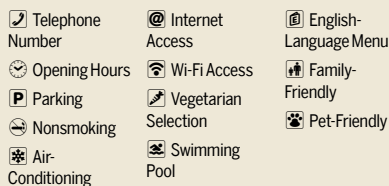




**Simon Richmond, Kate Armstrong, Carolyn Bain, Amy C Balfour, Ray Bartlett, Loren Bell, Sara Benson, Celeste Brash, Gregor Clark, Michael Grosberg, Ashley Harrell, Mark Johanson, Adam Karlin, Brian Kluepfel, Stephen Lioy, Carolyn McCarthy, Hugh McNaughtan, Becky Ohlsen, Christopher Pitts, Kevin Raub, Brendan Sainsbury, Regis St Louis, Ryan Ver Berkmoes, Mara Vorhees, Benedict Walker, Karla Zimmerman**

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### Boundaries



### Hydrography



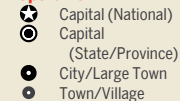
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### Trips



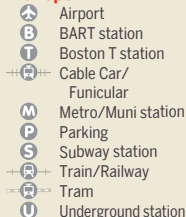
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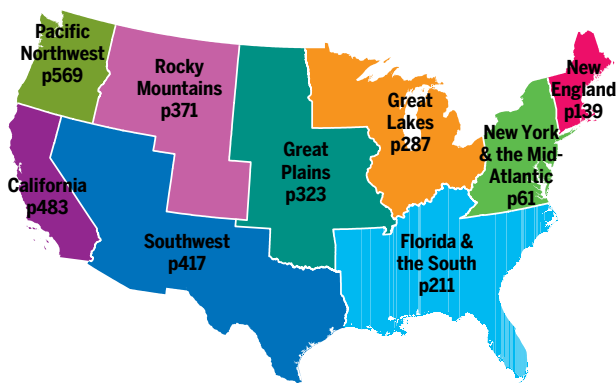
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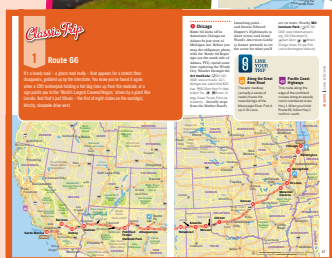
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### BRENDAN SAINSBURY

Originally from Hampshire (the 'old' one in England), Brendan has been covering Seattle and the Pacific Northwest for Lonely Planet for over a decade. He is currently based in White Rock, BC, 45 minutes south of Vancouver and just 2km from the US border. Researching for this book, he enjoyed trying copious new beers, getting drunk on coffee and doughnuts, and taking his son (yet again!) to Seattle's legendary pinball museum.



### REGIS ST LOUIS

Regis grew up in a small town in the American Midwest – the kind of place that fuels big dreams of travel – and he developed an early fascination with foreign dialects and world cultures. He spent his formative years learning Russian and a handful of Romance languages, which served him well on journeys across much of the globe. Regis has contributed to more than 50 Lonely Planet titles, covering destinations across six continents. Follow him on [www.instagram.com/registstlouis](http://www.instagram.com/registstlouis).



### RYAN VER BERKMOES

Ryan has written more than 110 guidebooks for Lonely Planet. He grew up in Santa Cruz, California, which he left at age 17 for college in the Midwest, where he first discovered snow. All joy of this novelty soon wore off. Since then he has been traveling the world, both for pleasure and for work – which are often indistinguishable. Read more at [ryanverberkmoes.com](http://ryanverberkmoes.com) and at @ryanvb.



### MARA VORHEES

Born and raised in St Clair Shores, Michigan, Mara traveled the world (if not the universe) before settling in the Hub. The pen-wielding traveler covers destinations as diverse as Belize and Russia, as well as her home of New England. She lives in a pink house in Somerville, Massachusetts with her husband, two kiddies and two kitties.



### BENEDICT WALKER

Ben was born in Newcastle, Australia, and grew up in the 'burbs, spending weekends and long summers by the beach whenever possible. Japan was the first gig he got for Lonely Planet, in 2008, and he's been blessed to have been asked back often since then. He really is someone who is living his dreams, though life on the road can have its ups and downs. He's also written and directed a play, toured Australia managing the travel logistics for music festivals and is playing around with photography and film-making. Join him on his journeys on Instagram: @wordsandjourneys.



### KARLA ZIMMERMAN

Karla lives in Chicago where she eat doughnuts, yells at the Cubs and writes stuff for books, magazines, and websites when she's not doing the first two things. She has contributed to 40-plus guidebooks and travel anthologies covering destinations in Europe, Asia, Africa, North America and the Caribbean – all of which are a long way from the early days, when she wrote about gravel for a construction magazine and got to trek to places like Fredonia, Kansas. To learn more, follow her on Instagram and Twitter (@karlazimmerman).



### STEPHEN LIOY

Stephen is a photographer, writer, hiker, and travel blogger. A 'once in a lifetime' Euro trip and post-university move to China set the stage for what would eventually become a semi-nomadic lifestyle, based on sharing his experiences and helping provide that initial push out of comfort zones and into all that the planet has to offer. Follow Stephen's travels at [www.monkboughtlunch.com](http://www.monkboughtlunch.com) or on Instagram, Twitter, Facebook, Pinterest, YouTube, or Google+ for regular photos and occasional witticisms.



### HUGH MCNAUGHTAN

A former English lecturer, Hugh decided visa applications beat grant applications, and turned his love of travel into a full-time thing. Having also done a bit of restaurant reviewing in his home town (Melbourne, Australia), he's now eaten his way across Europe and North America, and found the best way to work up an appetite for the USA's great, gut-busting food is spending all day cycling through its stunning landscapes.



### CHRISTOPHER PITTS

Chris's first expedition in life ended in failure when he tried to dig from Pennsylvania to China at the age of six. Hardened by reality but still infinitely curious about the other side of the world, he went on to study Chinese in university, living for several years in China and Taiwan. A chance encounter in an elevator led to a relocation to Paris, where he lived with his wife and two children for over a decade before the lure of Colorado's sunny skies and outdoor adventure proved too great to resist. His website is [www.christopherpitts.net](http://www.christopherpitts.net).



### CAROLYN MCCARTHY

Carolyn specializes in travel, culture and adventure in the Americas. She has written for *National Geographic*, *Outside*, *BBC Magazine*, *Boston Globe* and other publications. A former Fulbright fellow and Banff Mountain Grant recipient, she has documented life in the most remote corners of Latin America. Carolyn gained her expertise by researching guidebooks in diverse destinations. She has contributed to over 30 guidebooks for Lonely Planet. For more information, visit [www.carolynmccarthy.org](http://www.carolynmccarthy.org) or follow her Instagram travels at @masmerquen.



### BECKY OHLSEN

Becky is a freelance writer, editor and critic based in Portland, Oregon. She writes guidebooks and travel stories about Scandinavia, Portland and elsewhere for Lonely Planet.



### KEVIN RAUB

Atlanta native Kevin Raub started his career as a music journalist in New York, working for *Men's Journal* and *Rolling Stone* magazines. He ditched the rock 'n' roll lifestyle for travel writing and has written nearly 50 Lonely Planet guides, focused mainly on Brazil, Chile, Colombia, USA, India, the Caribbean and Portugal. Kevin also contributes to a variety of travel magazines in both the USA and UK. Follow him on Twitter and Instagram (@RaubOnTheRoad).



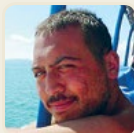
### GREGOR CLARK

Gregor has been exploring New England's back roads since childhood, when he rode bikes through Cape Cod's dunes, skated on frozen ponds in northwestern Connecticut and saw his first shooting star in Vermont's Green Mountains. A lifelong polyglot with an insatiable curiosity for what lies around the next bend, Gregor has contributed to over three dozen Lonely Planet guides, with an emphasis on North America, Latin America and Europe. He lives with his wife and daughters in Middlebury, VT.



### ASHLEY HARRELL

After a brief stint selling day spa coupons door-to-door in South Florida, Ashley decided she'd rather be a writer. She went to journalism grad school, convinced a newspaper to hire her, and started covering wildlife, crime and tourism, sometimes all in the same story. Fueling her zest for storytelling and the unknown, she traveled widely and moved often, from a tiny NYC apartment to a vast California ranch to a jungle cabin in Costa Rica, where she started writing for Lonely Planet.



### ADAM KARLIN

Adam is a Lonely Planet author based out of wherever he happens to be. Born in Washington, DC and raised in the rural Maryland tidewater, he's been exploring the world and writing about it since he was 17. For him, it's a blessedly interesting way to live life. Also, it's good fun. He just read two good quotes, so with thanks to Italy, ancient and modern: *'Tutto il mondo e paese'* and *'Ambulare pro deus'*. If you ever meet Adam on the road, be sure to share a drink and a story.



### MICHAEL GROSBERG

Michael has worked on over 45 Lonely Planet guidebooks. Whether covering Myanmar or New Jersey, each project has added to his rich and complicated psyche and taken years from his (still?) relatively young life. Prior to his freelance writing career, other international work included development on the island of Rota in the western Pacific; South Africa, where he investigated and wrote about political violence and helped train newly elected government representatives; and Quito, Ecuador, as a teacher.



### MARK JOHANSON

Mark grew up in Virginia and has called five different countries home over the last decade. His travel-writing career began as something of a quarter-life crisis, and he's happily spent the past eight years circling the globe reporting for Australian travel magazines, British newspapers, American lifestyles and global media outlets. When not on the road, you'll find him gazing at the Andes from his home in Santiago, Chile. Follow the adventure at [www.markjohanson.com](http://www.markjohanson.com).



### BRIAN KLUPEFEL

Brian has worked for Lonely Planet across the Americas since 2006. He's been the editor of the *Bolivian Times* in La Paz, a correspondent for Major League Soccer, and a contributor to Frontier Airlines inflight magazine. His Lonely Planet adventures have taken him to Venezuela, Bolivia and even the pine barrens of New Jersey. His stories on Sleepy Hollow Cemetery and the mines of Potosi, Bolivia, feature in Lonely Planet's *Secret Marvels of the World*.



### CAROLYN BAIN

Australian-born Carolyn worked a glorious season on Nantucket a decade or so back, and fell in love with Cape Cod at first sight. Sand dunes and salt spray, history and wholesomeness, cozy inns and seafood feasts: this was (and still is) the USA at its most charming. On this trip, Maine made an awesome adjunct, and she relished the chance to go beyond lighthouses and lobsters to uncover craft brews, moose trails and road-tripping nirvana.



### AMY C BALFOUR

After a stint as a writer's assistant on *Law & Order*, Amy jumped into freelance writing, focusing on travel, food, and the outdoors. She has hiked, biked, and paddled across Southern California and the Southwest. She recently criss-crossed the Great Plains in search of the region's best burgers and barbecue. Her top picks for US adventure include the cables of Half Dome, the South Kaibab Trail to Phantom Ranch, the road to the Racetrack Playa in Death Valley, and the doorbell at LA's Museum of Jurassic Technology.



### RAY BARTLETT

Ray is a travel writer specializing in Japan, Korea, Mexico and the United States. He has worked on numerous Lonely Planet titles, starting with *Japan* in 2004.



### LOREN BELL

When Loren first backpacked through Europe, he was in the backpack. That memorable experience corrupted his six-month-old brain, ensuring he would never be happy sitting still. His penchant for peregrination has taken him from training dogsled teams in the Tetons to chasing gibbons in the jungles of Borneo – with only brief pauses for silly 'responsible' things like earning degrees. When he's not demystifying destinations for Lonely Planet, Loren writes about science and conservation news.



### SARA BENSON

After graduating from college, Sara jumped on a plane to California with just one suitcase and \$100 in her pocket. She has bounced around the Golden State ever since, including all over the San Francisco Bay Area, Los Angeles and the Sierra Nevada, where she worked as a seasonal national park ranger. Sara is the author of over 70 travel and nonfiction books.



### CELESTE BRASH

The beauty of the Pacific Northwest coaxed Celeste back to the US after 15 years in Tahiti. For the last few years she's revelled in exploring her new back yard, its mountains, coasts, wineries and fantastic restaurants, while getting back in touch with her cowboy and Indian roots. Her award-winning writing has appeared in publications from BBC Travel to *Afar* and *Islands Magazine* and she's contributed to about 60 Lonely Planet titles.

# OUR WRITERS



## OUR STORY

A beat-up old car, a few dollars in the pocket and a sense of adventure. In 1972 that's all Tony and Maureen Wheeler needed for the trip of a lifetime – across Europe and Asia overland to Australia. It took several months, and at the end –

broke but inspired – they sat at their kitchen table writing and stapling together their first travel guide, *Across Asia on the Cheap*. Within a week they'd sold 1500 copies. Lonely Planet was born.

Today, Lonely Planet has offices in Franklin, London, Melbourne, Oakland, Dublin, Beijing, and Delhi, with more than 600 staff and writers. We share Tony's belief that 'a great guidebook should do three things: inform, educate and amuse'.



### SIMON RICHMOND

Journalist and photographer Simon Richmond has specialized as a travel writer since the early 1990s and first worked for Lonely Planet in 1999 on the *Central Asia* guide. He's long since stopped counting the number of guidebooks he's researched and written for the company, but countries covered include Australia, China, India, Iran, Japan, Korea, Malaysia, Mongolia, Myanmar (Burma), Russia, Singapore, South Africa and Turkey. For Lonely Planet's website he's penned features on topics from the world's best swimming pools to the joys of Urban Sketching. Follow him on Instagram to see some of his photos and sketches.



### KATE ARMSTRONG

Kate has spent much of her adult life traveling and living around the world. A full-time freelance travel journalist, she has contributed to around 40 Lonely Planet guides and trade publications and is regularly published in Australian and worldwide publications. She is the author of several books and children's educational titles. You can read more about her on [www.katearmstrongtravelwriter.com](http://www.katearmstrongtravelwriter.com) and @nomaditis.



## MORE WRITERS

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