

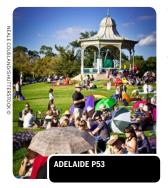
# South Australia & Northern Territory



# PLAN YOUR TRIP

Welcome to SA & NT 4
SA & NT Map6
SA & NT's Top 128
Need to Know
First Time18
If You Like 20
Month by Month 24
Itineraries 28
South Australian Wine & Food 33
Your Outback Trip 38
Travel with Children 47
Regions at a Glance 49





# ON THE ROAD

**ADELAIDE &** 

AROUND 52	Loxton
Adelaide53	Berri
Adelaide Hills 76	Renmark & Paringa 113
Hahndorf	Limestone Coast114
Stirling Area78	Robe
Gumeracha, Birdwood & Lobethal80	Meningie & Coorong National Park 116
Mt Barker	Mount Gambier117
Fleurieu Peninsula 81	Penola & the Coonawarra
McLaren Vale 81	Wine Region 119
Willunga83	WECTERN
Gulf St Vincent Beaches84	WESTERN SOUTH AUSTRALIA 120
Victor Harbor 86	
Port Elliot87	Yorke Peninsula121
Goolwa88	West Coast
Kangaroo Island 89	East Coast
Penneshaw & Dudley Peninsula 92	South Coast & Innes National Park 122
American River93	Eyre Peninsula
Kingscote94	& the West Coast 124
North Coast Road95	Port Augusta124
South Coast Road96	Port Lincoln125
Flindore Chaco	Coffin Bay
National Park 97	Streaky Bay & Around 127
BAROSSA VALLEY &	Ceduna128
SOUTHEASTERN	Ceduna to the Western Australia Border 128
SOUTH AUSTRALIA 99	Australia Doruei 120
Barossa Valley102	OUTBACK
Tanunda	SOUTH AUSTRALIA 129
Nuriootpa105	Flinders Ranges 132
Angaston	Southern Ranges 133
Clare Valley 106	Ouorn
Auburn106	Hawker134
Mintaro 107	Flinders Ranges
Clare107	National Park 135
Murray River 109	Blinman & Parachilna 136
Murray Bridge109	Leigh Creek & Copley 136
Mannum110	The Outback 137
Waikerie	Woomera & Around 138

Barmera & Around......111

# **Contents**

per Pedy	Mataranka	South Australi Northern Terri Today
elecki Tracks 141	& Gulf Country 191	History
	Roper Highway 191	Aboriginal Aus
WIN & 142	Tablelands Highways193	Indigenous Visual Art
vin 143		The Outback
nd Darwin 157		Environment .
	Daly Waters194	
	Tennant Creek 195	
	Devil's Marbles	SURVIV
		GUIDE
field National 163		
		Deadly & Dang
		Directory A-Z
ndu		Transport
onal Park 166	West MacDonnell	•
* & Around 167	Ranges 209	Index
u170	Northern Territory's	Map Legend
· ·		
	Conservation Reserve 215	
r 172	Ernest Giles Road 215	Aboriginal and
hwestern Kakadu 172	Lasseter Highway 215	Islander people
em Land 173	Watarrka National Park	aware that this
oalanya (Oenpelli) 176	• •	contain images
ourg Peninsula 177		ences to decea
ern Arnhem Land 178		
	Yulara 218	
	Yulara	SPECIAL FE
RU & OUTBACK	Uluru (Ayers Rock)222	SPECIAL FE
		SPECIAL FE South Austra Wine & Food
RU & OUTBACK	Uluru (Ayers Rock)222	South Austra
RU & OUTBACK RTHERN RITORY179 erine181 und Katherine184	Uluru (Ayers Rock)222	South Austra Wine & Food Your Outback Indigenous A
RU & OUTBACK RTHERN RITORY	Uluru (Ayers Rock)222	South Austra Wine & Food Your Outback
RU & OUTBACK RTHERN RITORY179 lerine181 und Katherine184 iluk	Uluru (Ayers Rock)222	South Austra Wine & Food Your Outback Indigenous A & Culture
	radatta Track	Beswick (Wugularr)   191

# **UNDERSTAND**

South Australia & Northern Territory	
Today	226
History	228
Aboriginal Australia	235
ndigenous /isual Art	240
The Outback Environment	247

# AL

eadly & Dangerous	254
irectory A–Z	256
ansport	265
dex	.277
ap Legend	286

Torres Strait e should be book may s of or refersed people.

#### **EATURES**

South Australian Wine & Food	33
Your Outback Trip	38
Indigenous Art & Culture1	74
Ultimate Outback1	89
Indigenous Visual Art2	40

# **Itineraries**

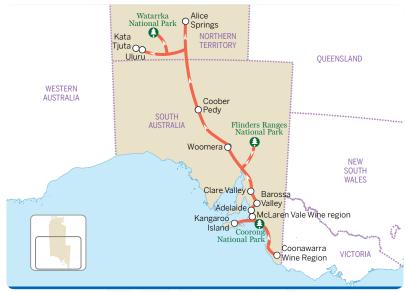




## The Best of SA & NT

To cover such vast terrain in two weeks might be bordering on insanity, but if you've only got two weeks to spare and a passion to explore the Australian outback, this is the way to do it. To make it work, you'll need to take an internal flight.

Begin in **Adelaide** (p53), one of Australia's coolest and most culturally rich cities, and spend two nights here. Pick up a car and head north, pausing overnight in **Port Augusta** (p124) – long enough to visit the Wadlata Outback Centre and Australian Arid Lands Botanic Garden. The next morning drive on to **Coober Pedy** (p138), precisely the sort of disconcerting remote outpost you'd expect to find at the end of a long outback drive. The next morning, buckle up for the longest drive of your trip, a nine-hour paved-road desert traverse to **Yulara** (p218), your base for exploring Uluru-Kata Tjuta National Park (p217). After three nights, drive to **Watarrka National Park** (p216) for a night, then on to **Alice Springs** (p198) the following day. From Alice, fly to **Darwin** (p143) from where you could take a whirlwind three- or (better) four-day tour that takes in **Kakadu National Park** (p166) and **Litchfield National Park** (p163). Return to Darwin for a great meal, art galleries and your flight home.





# **Southeastern SA to Alice Springs**

This month-long epic is like traversing the soul of a continent, from the verdant green vineyards of South Australia's wine regions to the searing red heart of the outback. You'll need your own wheels to take this one on.

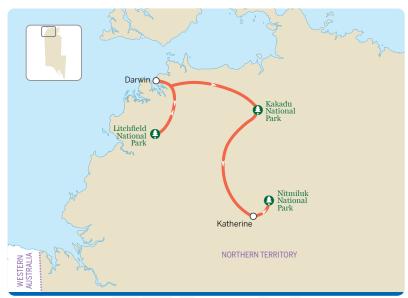
Begin your journey in the **Coonawarra wine region** (p119). From here explore the dunes and lagoons of **Coorong National Park** (p116), sip your way through **McLaren Vale wine region** (p81), hop over to **Kangaroo Island** (p89) for a few days of wildlife watching, then roll into festival-frenzied **Adelaide** (p53). Don't miss a trip to Adelaide Central Market for lunch, and a night eating and drinking on Rundle St.

More wine! About an hour north of Adelaide is the old-school **Barossa Valley** (p102) (big reds); and about two hours north is the boutiquey **Clare Valley** (p106) with its world-class riesling, cottagey B&Bs and old stone mining towns.

You're a couple of weeks in already – time to put some serious kilometres under your belt. Continuing north, raggedy **Flinders Ranges National Park** (p135) jags up from the semi-desert like a rust-coloured mirage. Rich in Indigenous culture, the Flinders – the heart of which is the amazing Ikara (Wilpena Pound) – will sear itself into your memory. Hit the Stuart Hwy and journey north to the mildly spooky rocket-testing town **Woomera** (p138) and the opal-tinged dugouts of **Coober Pedy** (p138).

Trucking north, you'll enter the Simpson Desert and cross into the Northern Territory. The Lasseter Hwy turn-off takes you to peerless **Uluru** (p222) and the mesmerising **Kata Tjuta** (p224) rock formations. No matter how many times you've seen a photo, there's nothing quite like seeing an Uluru sunset firsthand.

About 300km north of Uluru, the spectacular, vertigo-inducing **Kings Canyon**, in **Watarrka National Park** (p216), rewards intrepid travellers with scenic walks into and around the rim of the gaping desert chasm. Finish up in the desert oasis of **Alice Springs** (p198), in the heart of the steep-sided MacDonnell Ranges. Alice has plenty to keep you busy for a few days: the excellent Alice Springs Desert Park, some classy restaurants or just a soak in a swimming pool as you gear up for the next leg of your journey.





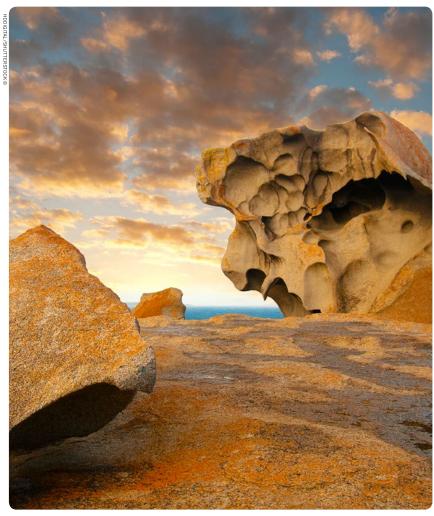
## Darwin, Kakadu & Nitmiluk

This route gets you to the heart of the Top End, from multicultural Darwin to the great national parks of the north – visit some of these and you've seen some of Australia's most beautiful wild places.

Gone are the days when **Darwin** (p143) was a brawling frontier town full of fishermen, miners and truck drivers blowing off steam. These days it's all about outstanding museums, galleries of Indigenous art and great food.

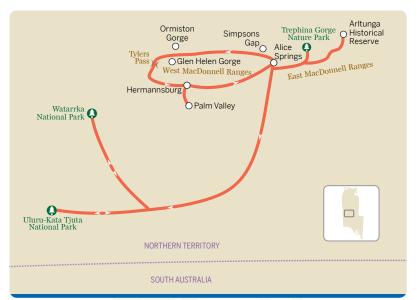
A few hours south on the Stuart Hwy you'll run into some superb national parks. **Litchfield National Park** (p163) is famous for its plummeting waterfalls, bushwalks and cooling swimming holes, and is worthy of at least two days. From here, backtrack 50km north then head east into World Heritage–listed **Kakadu National Park** (p166), a wetland of international significance with amazing rock outcrops adorned with equally amazing, millennia-old Aboriginal rock art as well as a full suite of native Australian wildlife. Spend four days here and make sure you pop across the croc-rich East Alligator River to Gunbalanya (Oenpelli; p176) for great Aboriginal art.

Further south, spend a day in **Katherine** (p181), the regional 'big smoke' (make sure you have a meal at Marksies Camp Tucker; p183) before ending up in **Nitmiluk (Katherine Gorge) National Park** (p184), where the Katherine River cuts its way through 13 jagged ravines.



Top: Kangaroo Island rocks (p89) Bottom: Red collared lorikeet at Litchfield National Park (p163)







Exploring Australia's Red Centre is the essence of the outback: rocky outcrops, remote and red; fascinating wildlife; and a horizon seemingly without end. It's a journey you'll never forget. You'll need your own wheels (preferably a 4WD) to make this journey.

**Alice Springs** (p196; 'Alice' to her friends), at once frontier town in the middle of nowhere and a place to enjoy the trappings of civilisation, is the ideal starting point. Once you've sampled her charms, plan on two trips, one a day trip, the other an overnight loop from Alice.

Begin with a half- or full-day excursion along the East MacDonnell Ranges to **Trephina Gorge Nature Park** (p208) and **Arltunga Historical Reserve** (p208). Next head in the opposite direction from Alice to explore the West MacDonnells, visiting Simpsons Gap, **Ormiston Gorge** (p211) and **Glen Helen Gorge** (p212; overnight here). The next morning, get an early start and make for **Tylers Pass** (p212) for vast views, then continue on a loop back to Alice Springs, detouring to **Hermannsburg** (p213) and **Palm Valley** (p213) along the way.

Track south down the Stuart Hwy then west on the Lasseter to oasis-like **Watarrka National Park** (p216) to see **Kings Canyon**. Saving the best until last, make your pilgrimage to **Uluru-Kata Tjuta National Park** (p217).

# **Map Legend**

#### Sights

- Beach
- Bird Sanctuary
- Buddhist Castle/Palace
- Christian
- Confucian
- Hindu
- Islamic
- Ŏ lain
- Ō lewish Monument
- Museum/Gallery/Historic Building
- Sento Hot Baths Shinto
- Ø Sikh
- Õ Taoist
- Winery/Vineyard
- Zoo/Wildlife Sanctuary
- Other Sight

#### Activities. Courses & Tours

- Bodysurfing
- Diving/Snorkelling
- Canoeing/Kayaking
- Course/Tour
- Skiing
- Snorkelling
- Surfing
- Swimming/Pool Walking
- Windsurfing
- Other Activity

#### Sleeping

- Sleeping
- Camping

#### Eating

Eating

#### Drinking & Nightlife

- Drinking & Nightlife
  - Cafe

#### Entertainment

Entertainment

#### Shopping

Shopping

## Information

- Bank
- Embassy/Consulate ♠ Hospital/Medical
- @ Internet
- Police
- $\Box$ Post Office
- Telephone 1 Toilet
- A. Tourist Information
  - Other Information

#### Geographic

- Beach
- Hut/Shelter
- Lighthouse Lookout
- Mountain/Volcano
- Oasis
- Park
- ) ( Pass
- Picnic Area Waterfall

#### **Population**

- Capital (National)
- Capital (State/Province)
- City/Large Town
- Town/Village

#### Transport

- Airport
- Border crossing
- ++⊕++ Cable car/Funicular
- Ferry
- Metro station
- Monorail
- Parking
- Petrol station
- Subway station
- Taxi
- - Underground station
  - Other Transport

Note: Not all symbols displayed above appear on the maps in this book

#### Routes

Tollway Freeway Primary

Tertiary

Secondary

Unsealed road Road under construction

Plaza/Mall Steps

Tunnel

Pedestrian overpass Walking Tour

Walking Tour detour

#### Path/Walking Trail Boundaries

-- International

- State/Province Disputed
  - Regional/Suburb Marine Park
  - Cliff - Wall

#### **Hydrography**

River, Creek Intermittent River Canal

Water

Dry/Salt/Intermittent Lake

Reef

#### Areas

Airport/Runway

Beach/Desert Cemetery (Christian)

Cemetery (Other)

Glacier

Mudflat

Park/Forest

Sight (Building)

Sportsground

Swamp/Mangrove

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Professor Irene Watson wrote the section headed The Land & Indigenous Peoples in the Outback Environment chapter, first published in Lonely Planet's *Aboriginal Australia* & the Torres Strait Islands: Guide to Indigenous Australia. Professor Watson is now working with the University of South Australia. Professor Watson writes: 'I am a Tanganekald and Meintangk woman; my ancestors are the sovereign peoples of the Coorong and the southeast region of South Australia.'



#### **OUR STORY**

A beat-up old car, a few dollars in the pocket and a sense of adventure. In 1972 that's all Tony and Maureen Wheeler needed for the trip of a lifetime – across Europe and Asia overland to Australia. It took several months, and at the end – broke but inspired – they sat at their kitchen table writing and stapling together their first travel guide, Across Asia on the Cheap. Within a week they'd sold 1500 copies. Lonely Planet was born. Today. Lonely Planet has offices in Franklin, London,

Melbourne, Oakland, Dublin, Beijing and Delhi, with more than 600 staff and writers. We share Tony's belief that 'a great guidebook should do three things: inform, educate and amuse'.

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