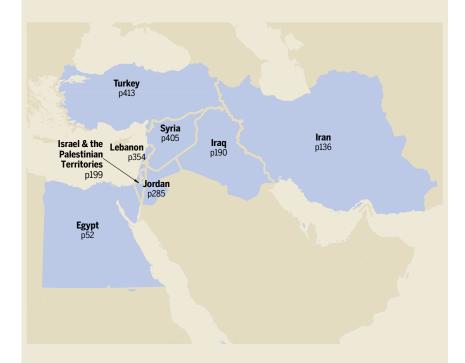


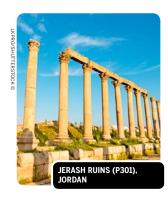
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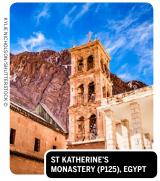


Anthony Ham, Paul Clammer, Orlando Crowcroft, Mark Elliott, Anita Isalska, Jessica Lee, Virginia Maxwell, Simon Richmond, Daniel Robinson, Anthony Sattin, Dan Savery Raz, Andy Symington, Jenny Walker, Steve Waters

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Itineraries





This journey represents a shorter version of the old İstanbul-to-Cairo traveller favourite (no longer possible because of the war in Syria) and includes some of the Middle East's premier attractions.

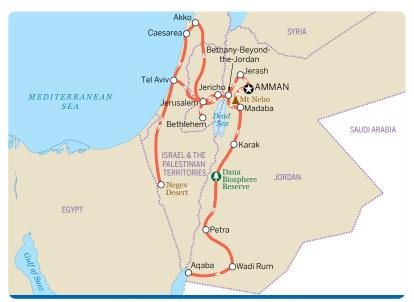
Your journey starts in **Amman**, a cosmopolitan city with Roman ruins and brilliant restaurants. After visit to the **Dead Sea** (an easy day trip from the capital), detour to **Jerusalem**, the Middle East's spiritual heart. Returning to Jordan, spend some time exploring fabulous **Petra**, the Middle East's most beguiling ancient city. Further south, Petra's rival to the title of Jordan's most spectacular site is **Wadi Rum**, a soulful redhued desert landscape that rewards those who spend a couple of days exploring. From here, leave Jordan behind and cross the Red Sea at **Aqaba** to **Nuweiba** in Egypt. Where you go from here depends on the prevailing security situation, with much of the Sinai Peninsula considered risky at the time of research. Assuming all is well, continue on from Nuweiba to **Dahab**, for Red Sea snorkelling and an excursion to catch sunrise from atop **Mt Sinai**. From Dahab (or from Nuweiba if security is uncertain) make for clamorous, attraction-rich **Cairo**.





Above: Bronze sculpture at Memorial Viewpoint (p316), Mt Nebo, Jordan

Left: Grotto of the Nativity (p261), Bethlehem, Israel & the Palestinian Territories





The Middle East's Heartland

Welcome to the Middle Eastern heartland for a trip through the best that Jordan and Israel and the Palestinian Territories have to offer. Although distances can be small, there's a lot to pack in. Most of this trip is best accomplished using public transport.

Amman may lack the cachet of other Middle Eastern cities, but most travellers end up staying longer than planned. From here, it's easy to make side trips to many of Jordan's must-see destinations; the echoes of Moses at **Mt Nebo** and the mosaics of **Madaba** deserve your time. When you're ready to move on, head to **Jerash**, a quiet yet rewarding ancient site with a wonderful colonnaded way running through its heart. Travelling south, **Bethany-Beyond-the-Jordan**, the place where Christ was baptised, resonates strongly with pilgrims, while floating in the buoyant waters of the **Dead Sea** is a signature Middle Eastern experience.

Across the Jordan River, roiling **Jerusalem** is the starting point of so much Middle Eastern history. From Jerusalem, make for the biblical towns of **Bethlehem** and **Jericho**. In Israel's north, timeless **Akko** and the world-class ruins of **Caesarea** are worth as much time as you can give them. On your way back, don't miss **Tel Aviv**, a lively place to let your hair down and discover the hedonistic side of Israeli life. Its antithesis, the **Negev desert**, is a wilderness area that you simply don't expect to find in this ever-crowded corner of the earth.

Crossing back into Jordan, the Crusader castle of **Karak** and the spectacular scenery of **Dana Biosphere Reserve** shouldn't be missed, while **Petra** is an astonishing place, where reality outstrips even the most lofty expectations. If time allows, spend at least a couple of days here, so you can savour the main tombs as well as visit the site's more outlying areas. The same applies to **Wadi Rum** – you could get a taste of this soulful place in a day, but you'll gain a deeper understanding of its gravitas if you sleep out under the stars for at least one night. The laid-back Red Sea port of **Aqaba**, with world-class diving and snorkelling, provides the perfect place to rest at journey's end.



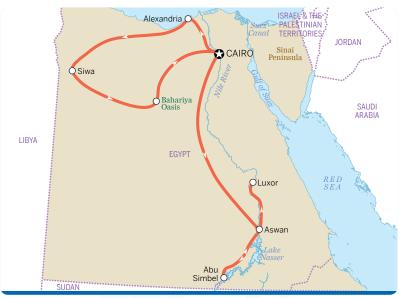


Modern Turkey, Ancient Persia

From marvellous İstanbul to the fascinating cities of central Iran, this itinerary takes you from the Middle East's most Western-oriented corner to its least. Neither, however, conforms to stereotypes and the journey between the two is like traversing the region's complicated soul. Allow two weeks for each country.

İstanbul is at once a destination in its own right and the starting point of so many Turkish journeys. After a few days, make for **Ankara**, the country's underrated capital and then take a detour to conservative but welcoming **Konya**, the spiritual home of the Sufis. Perhaps returning via Ankara, make for the otherworldly landscapes of **Cappadocia** that seem to have sprung from a wonderfully childlike imagination. Linger as long as you can here – it's a landscape that really gets under your skin the longer you stay. When you can finally tear yourself away, begin the long journey east to the brooding statues of **Nemrut Dağı**, surely one of Turkey's most thought-provoking sights. By the time you reach **Erzurum**, you'll have left the last remnants of tourist Turkey, and your reward in this eastern city is a fine open-air gallery of Seljuk and Mongol-era monuments. Consider climbing **Mt Ararat** (although you need to plan well in advance to do so), before crossing the border into Iran.

Your first stop in Iran should be **Tabriz**, not least because its bazaar is one of the finest, most evocative of all Middle Eastern markets. Spend a day or two in **Tehran**, itself home to an overwhelming market as well as fine museums. But after a couple of days, stop resisting the temptation and head on to **Esfahan**, one of the Middle East's most beautiful, most bejewelled cities (at least in the centre), with its utterly exquisite gardens, arched bridges and tiled mosques. **Shiraz** is a cultured, appealing city, not to mention the gateway to **Persepolis**, that towering monument to all that was good about Ancient Persia. Continue to **Yazd** and check into an atmospheric traditional hotel in the old town. Spend two days exploring the old city, visit the Zoroastrian Towers of Silence and perhaps take a trek into the desert. Finish up in **Kerman**, from where you can take a tour to the remarkable 'sand castles' of the Kaluts.





There's so much to see in Egypt that it deserves its own itinerary. Count on a week for Cairo and Alexandria, a week for the Western Oases, and another week for the country's south.

So many Egyptian journeys revolve around **Cairo**, and you'll return here again and again. Apart from being the Middle East's largest and most clamorous metropolis, Cairo is also home to the iconic Pyramids of Giza, the Egyptian Museum and a wonderful coffeehouse culture. After Cairo, head north to **Alexandria**, Egypt's sophisticated and quintessentially Mediterranean city. It feels like nowhere else in the country, and a combination of terrific museums and great food gives you further reason to visit. A *really* long journey west is worth it for your first sight of **Siwa**, one of the Sahara's great oasis outposts and home to an ancient temple in the sands. It's the sort of place where you can stand on the outskirts of the village, just as Alexander the Great did, and contemplate eternity. Dusty desert trails lead to the **Bahariya Oasis**; you'll need to rent a private 4WD to reach Bahariya, but why not make it part of a deep desert expedition from Bahariya into the White and Black Deserts.

It's back to Cairo to enjoy the pleasures of civilisation for a day or two before jumping on a train south to **Aswan**, one of Africa's loveliest riverside spots. There's a monastery and museum to anchor your explorations of the city, but its real charm is its proximity to the Nile. Take the detour south into Nubia to **Abu Simbel**, one of Egypt's most extraordinary temples, then from Aswan sail slowly up the Nile aboard a felucca, savouring the slow rhythms of life along this, the world's longest river, all the way to **Luxor**, home to the richest collection of Pharaonic sites in the country. Here you'll find so much of what drew you to Egypt in the first place, including the Temples of Karnak, the Valley of the Kings and the Valley of the Queens.





Above: Tyre (p385), Lebanon Left: Armenian church, Van, Turkey







Mediterranean Loop

For this Mediterranean sojourn, count on a week to 10 days in Lebanon and two weeks in Turkey.

Begin in **Beirut**, a glamorous metropolis, the Middle East in complicated microcosm and filled with Mediterranean joie de vivre. If it's safe, head south to the Phoenician heartland - Saida, the Temple of **Echmoun** and **Tyre**. Next, head north to the pretty fishing port of **Byblos** and then finish up with some hiking through the Qadisha Valley, finally putting on your skis at the Cedars.

From Beirut, fly to **İstanbul** for a few days in that most glorious of cities. Three days should give you a taste before you move on to visit Gallipoli, with its poignant echoes of WWI, and Troy, where altogether more ancient battles took place. Work your way around the coast, pausing at the mighty ruins of **Ephesus**, which rank among the Middle East's most imposing, and lingering in the delightful Mediterranean villages of Kaş or Olympos where you'll wonder why life can't always be like this.



Residence Among the Kurds

The Kurdish homeland spans Turkey, Syria, Iran and Iraq, although Syria and Iraq are off limits, and expressions of Kurdish identity are rare in Iran. Fortunately, journeving through Turkev's east and southeast provides numerous opportunities for experiencing Kurdish culture. Count on three weeks, although you could do it in two.

Begin in **Ankara**, where you'll find a splendid museum and a fine citadel. On your way southeast into the Kurdish heartland, stop in **Cappadocia** and **Nemrut** Dağı before exploring the rarely visited but always fascinating cities of Gaziantep and **Şanlıurfa**. Nearby **Mardin** combines a beautiful setting with equally beautiful architecture and a fascinating cultural mix. By the time you reach **Divarbakir**, with its intriguing architecture, you're deep in Kurdish territory. Head for **Doğubayazıt**, one of eastern Turkev's most extraordinary sights, with a legendary castle and stunning views of Mt Ararat; the mountain could not be climbed at time of research, although most travellers content themselves with not-so-distant views from the town anyway. Further south. **Van** is home to the lovely Armenian church on Akdamar Island.

Behind the Scenes

SEND US YOUR FEEDBACK

We love to hear from travellers – your comments keep us on our toes and help make our books better. Our well-travelled team reads every word on what you loved or loathed about this book. Although we cannot reply individually to your submissions, we always guarantee that your feedback goes straight to the appropriate authors, in time for the next edition. Each person who sends us information is thanked in the next edition – the most useful submissions are rewarded with a selection of digital PDF chapters.

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OUR READERS

Many thanks to the travellers who used the last edition and wrote to us with helpful hints, useful advice and interesting anecdotes: Alberto Fernandez, Charles Cox, Christian, Enass Isaksson, Harry Machin, James Dahringer, Justin Atcho, Marketa, Mizio Matteucci, Raffaela Brignoni, Stine Kærgaard Nissen

WRITER THANKS

Anthony Ham

Thanks to my editors Helen Elfer and Lauren Keith for the privilege of writing about such an extraordinary corner of the world. Huge thanks to my coauthors who brought such wisdom and expertise to the project; a special mention to Jenny Walker, Andy Symington and Virginia Maxwell for their combined insights over many years. Thanks to Sarah Bailey and Andrea Dobbin for such careful editing.

Paul Clammer

Thanks to Hakim al-Tamimi and Mahmoud Freihat at the Jordan Tourism Board. In Amman, thanks to Muna Haddad, Nabil Tarzi, Daniel Robards, Jon Killpack and Ayman Abd Alkareem. Thanks of course also to Susan Andrew and Soda. Thanks to Odeh Sawalhah and Ammar al-Damseh in Madaba, and to Atallah Dakhilallah in Wadi Rum. Hugs to the brilliant 'Team Feynan' – Kirsten Alana,

Jill Robinson, Theresa Jackson, Daniella Van Haltren, Rajesh Oja, Bradley Moss and Tim Neville. Finally, thanks and love above all to Robyn, for everything as always.

Orlando Crowcroft

I would like to thank my friends Nigel Wilson and Mary Pelletier in Ramallah, MC in Jerusalem and Heidi Levine in Tel Aviv. A big shout out to all the staff at Area D Hostel, Ayman at the Cinema Guesthouse in Jenin, Canaan Khoury and family in Taybeh and all those who made me feel welcome during my stay in the Palestinian Territories. I'd also like to thank my editor Lauren Keith and fellow authors Anita Isalska, Daniel Robinson and Dan Savery Raz. And my wife, Helen, for everything.

Mark Elliott

Many, many thanks to gallant guides Shahram and Mojtaba, to Helen, Dylan and Megan for making things possible and to Sally Kingsbury and my unbeatable parents for so much love and support. Thank you also to countless kind Iranians and travellers who were so generous with their time, hospitality and information, notably Vali, Reza and family, Rino, Ahmad, Amir, Jalal, Mohammad and Akbar.

Anita Isalska

Countless chance encounters and conversations enriched my research; thank you to

everyone who knowingly or unknowingly guided my travels. I'm especially grateful for the suggestions and insights from Noga Tarnopolsky, Riman Barakat, Linda Gradstein, the Educational Bookshop & Cafe crew, and for Slavica and Einav, who pointed me to some excellent tips. Deep thanks to Anna Heijblok, whose stories of her Jerusalem will stay with me. And, as ever, heartfelt gratitude to Normal Matt for cheerleading from the wings.

Jessica Lee

Among the vast number of people who gave me handy tips, helped with information and dealt with weird and obscure queries, these folk especially deserve a huge shukran: Salama Abd Rabbo, Sameh Tawfek, Salah, Asmail, Hisham, Wadia, Ben, Aisha and Mohammed. Also, a big thanks to fellow writer Anthony and to fellow Egypt travellers Chris, Lou and Nat. In Turkey, a big thank you to Celil Ersözoğlu for hilarious stories, Ozan Balkan for wrangling that bit of extra information I needed. Erzurum tourist information office for being Turkey's most astoundingly helpful tourist office, Jodie Redding for cross-checking information updates, Fatih and Faruk Salva for an unexpected southeast Anatolia reunion in Marmaris, and Okba Aldaher for looking after my place while I was on the road.

Virginia Maxwell

Many thanks to Pat Yale, Mehmet Umur, Emel Güntaş, Faruk Boyacı, Tahir Karabaş, Jen Hartin, Eveline Zoutendijk, George Grundy, Ramazan Altuntas, Jess Lee and the many others who assisted me with this update.

Simon Richmond

Many thanks to the following for their assistance in preparation for and during my research in Iran: Andrew Burke, Gabe Kaminski, Laili Sadr, Mathew Scott, Yi-Juan Koh, William Lodder, Navid, Sogand, Matin, Shirin, Ali, Farah, Ramin, Armin, Masoud, Jalal and Berzhad.

Daniel Robinson

Special thanks to (from south to north): Chini Da-Silva, Gili Bat-Sara, Eran Hejams, Jody Sirota and Michael Chen (Eilat); Yair Sela (Samar): Alex Cicelsky, Doria Pinkas and Maya Galimidi (Lotan); Anat Sha'ul (Ne'ot Smadar); David and Ofra Faiman (Sde Boker); Gil Shkedi (Ne'ot HaKikar); David Lew (Masada); Lee, Meitar and Shani (Ein Gedi Field School); Sliman (Ein Gedi Nature Reserve); Eldad Hazan (Ein Feshkha/Einot Tzukim); Nisim Bados (Beit She'an); Nati and Ofer (Banias); Rachel Eshkol (Tzipori); Ido Itai and Amir Aviram (Gamla); Gregory and Hanoch (Yehudiya); Alon Malichi (Katzrin); Omer Feldman and Ya'akov Leiter (Tsfat); Ron

Tsvi, Amihai and Tehila (Rosh Pina); HaKupa'it Vera (Tel Hatzor); Mordechai Kohelet Israel (Dalton); Tony (Jish); Inbar Rubin (Agamon HaHuleh); Anat Nissim (Galil Nature Museum); Shadi (Tel Dan); Talal (Mt Hermon); and, most especially, my wife Rachel and my sons Yair and Sasson for their support, understanding and patience.

Anthony Sattin

Many people have helped create this book by providing assistance, information, tips for things to see and even directions when I took a wrong turn. Among them are: H.E. Khaled El-Enani and the staff at the Ministry of Antiquities; Mrs Rasha Azaizi and staff at the Ministry of Tourism; Bahaa Gaber, Cecilia Udden, Mounir Neamatalla, Amr Khalil, Ghada Shahbender, Ahmed Shandawili, Selim Shawer, Wael Abed, Abdallah Baghi, Peter Wirth, Badr Abdalmoghny, Mohsen Abdelmonem, Galal, Zeina Aboukheir, Eleonore Kamir, Enrique Cansino and Mamdouh Sayed Khalifa.

Dan Savery Raz

Thanks to destination editor Lauren Keith for kicking off this project and making it run so smoothly. Also thank you to Maoz Inon (travel entrepreneur and peace warrior), Yoram Hai (for vegan tips) and Bea Hemming (for recommending Bicicletta). Biggest thanks goes to my wife, Shiri, for looking after the kids while I tapped away on my laptop, and my two girls, Hila and Maya, for always making me smile.

Andy Symington

During my trip to Lebanon, I got a big welcome and great advice from so many people that it would be impossible to list them all. But particular thanks for going out of their way to help are to Dana Nasr, Saskia Nout, Joseph Abou Kheir, Pierre Abi Saad, Craig Barker, Walid and Ghayem. Thanks too go to Lauren Keith and the Lonely Planet team for the opportunity to update in this fabulous country.

Jenny Walker

Returning to Jordan is always a pleasure, thanks to the strength of welcome unfailingly received. Over many years of writing and updating the Lonely Planet Jordan guide, I have inevitably become indebted to friends in Jordan who have helped shape the information in the general sections of this edition. Alas, there isn't space to do justice to individuals here, but I acknowledge their collective help with gratitude. In Iran, general thanks to all who helped contribute information. Specific thanks to Bijan Nabavi for setting the scene, to Mostafa Ramezanpoor for attention to detail and most especially to Mojtaba Heidari for his extreme efforts in

extreme circumstances – not forgetting his signature coffee stops! My biggest thanks, however, are reserved, as ever, to my beloved Sam (Owen) – husband, co-researcher and fellow traveller.

Steve Waters

Thanks to all the beautiful Iranian people who smoothed my way, picked me up when I was miles from nowhere, bought me tea and chocolates, or *chelo kabab*, who taught me lessons in humility, patience and honesty, who told me subversive jokes, made me laugh, shared their food and persevered with my mangled Farsi. And thanks to Rahel, Kaz, Hamish, Megan and Roz for being yourselves.

ACKNOWLEDGEMENTS

Climate map data adapted from Peel MC, Finlayson BL & McMahon TA (2007) 'Updated World Map of the Köppen-Geiger Climate Classification', *Hydrology and Earth System Sciences*, 11, 163344.

Illustrations pp62–3, pp92–3, pp126–7, pp210–11, pp424–5 and pp418–19 by Javier Zarracina; pp322–3 by Michael Weldon.

Cover photograph: Masjed-e Nasir Al Molk, Iran; Alexander Mazurkevich/Shutterstock ©.

THIS BOOK

This 9th edition of Lonely Planet's Middle East guide-book was researched and written by Anthony Ham, Paul Clammer, Orlando Crowcroft, Mark Elliott, Anita Isalska, Jessica Lee, Virginia Maxwell, Simon Richmond, Daniel Robinson, Anthony Sattin, Dan Savery Raz, Andy Symington, Jenny Walker and Steve Waters. This guidebook was produced by the following:

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Cover Researcher Naomi Parker

Thanks to Stephanie d'Arc Taylor, Kate Chapman, Barbara Delissen, Grace Dobell, Helen Elfer, Sunny Fitzgerald, Shona Gray, Karima Hassan Ragab, Kate James, Andi Jones, Anne Mason, Claire Naylor, Karyn Noble, Jacqui Saunders, Shadi Salehian

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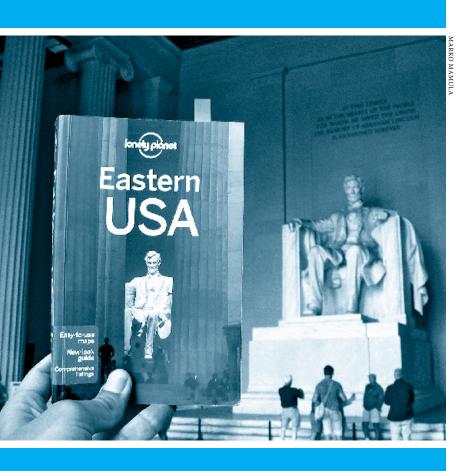
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LONELY PLANET INTHE WILD

Send your 'Lonely Planet in the Wild' photos to social@lonelyplanet.com We share the best on our Facebook page every week!

Map Legend

Sights

- Beach
- Bird Sanctuary
- Buddhist
- Castle/Palace
- ♠ Christian
- ★ Confucian
- Hindu Islamic
- Jain
- Jewish
- Monument
- Museum/Gallery/Historic Building
- Shinto Sikh
- C Taoist
- Winery/Vineyard
- Zoo/Wildlife Sanctuary Other Sight

Activities, Courses & Tours

- Bodysurfing
- Diving Canoeing/Kavaking
- Course/Tour
- Sento Hot Baths/Onsen
- Skiing Snorkelling
- Surfing
- Swimming/Pool
- Walking **(a)** Windsurfing
- Other Activity

Sleeping

- Sleeping Camping

Eating

Eating

Drinking & Nightlife

- Drinking & Nightlife Cafe

Entertainment



Shopping

Shopping

Information

- Bank
- Embassy/Consulate
- Hospital/Medical
- @ Internet Police
- Post Office
- Telephone
- (II) Toilet
- Tourist Information
- Other Information

Geographic

- Beach Gate
- Hut/Shelter
- Lighthouse Lookout
- ▲ Mountain/Volcano Oasis
- Park) (Pass
- Picnic Area
- Waterfall

Population

- Capital (National)
- Capital (State/Province)
- Citv/Large Town
- Town/Village

Transport

- Airport
- Border crossing
- Bus
- ++⊕++ Cable car/Funicular
- -- 650 − Cycling
- -Ø− Ferry
- Metro station
- - Parking
 - Petrol station
 - Subway station
- Taxi
- +-- Train station/Railway
- --- Tram
- Underground station
- Other Transport

Routes

Tollway Freeway Primary

Secondary Tertiary

Lane

Unsealed road Road under construction

Plaza/Mall

Steps) = Tunnel

Pedestrian overpass Walking Tour

 Walking Tour detour Path/Walking Trail

Boundaries

--- International --- State/Province

- Disputed Regional/Suburb

Marine Park Cliff - Wall

Hydrography

River, Creek Intermittent River

Canal Water

Dry/Salt/Intermittent Lake

Reef

Areas

Airport/Runway Beach/Desert

Cemetery (Christian)

Cemetery (Other)

Glacier

Mudflat

Park/Forest

Sight (Building) Sportsground

Note: Not all symbols displayed above appear on the maps in this book

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Dan Savery Raz

Israel & the Palestinian Territories Dan Savery Raz is a journalist and editor from Essex, England. Since 2008, Dan has lived in Tel Aviv with his wife and has coauthored various editions of Israel & the Palestinian Territories. He has contributed to numerous Lonely Planet books including Best in Travel, Happy, Street Food, Global Beer Tour and Great Escapes, and written for BBC.com, BBC History Magazine, HaAretz, Time Out, EasyJet Traveller and The Jerusalem Report.

Back in the UK, Dan was Deputy Editor for *Flybe* magazine and Senior Staff Writer for *A Place in the Sun* in association with Channel 4. For more, see www.danscribe.com.



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Lebanon Andy has written or worked on over 100 books and other updates for Lonely Planet (mostly in Europe and Latin America) and other publishing companies, and has published articles on numerous subjects for a variety of newspapers, magazines and websites. He part-owns and operates a rock bar, has written a novel and is currently working on several fiction and non-fiction projects. Andy, from Australia, moved to Northern Spain many years ago. When he's not off with

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Iran, Jordan Despite having travelled to over 120 countries, from Mexico to Mongolia and Latvia to Lesotho, Jenny's main interest is in the Middle East, where she has been Associate Dean (PD) of Caledonian College of Engineering in Muscat for the past eight years. Her first involvement with the region was as a student, collecting bugs for her father's book on entomology in Saudi Arabia. She went on to write a dissertation on Doughty and Lawrence (Stirling University),

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Iran Travel and adventure have always been a part of Steve's life, and he couldn't imagine a world without them. Steve has been using Lonely Planet guidebooks for more than 30 years in places as diverse as Iran, Central Asia, Kamchatka, Tuva, the Himalaya, Canada, Patagonia, the Australian Outback, Northeast Asia, Myanmar and the Sahara. Little wonder then that he finally got a gig with the company! Steve has contributed to Iran, Indonesia and the past four editions of

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Egypt Anthony has been travelling around the Middle East for several decades and has lived in Cairo, as well as other cities in the region. His highly acclaimed books include *Lifting the Veil, A Winter on the Nile* and *The Gates of Africa*. His latest, *Young Lawrence*, looks at the five years TE Lawrence spent in the Middle East leading up to 1914. He happily spends several months each year along the Nile and is still looking for a plot where he can tread mud-bricks and build himself

a house. He tweets about Egypt and travel @anthonysattin.



DUR STORY

A beat-up old car, a few dollars in the pocket and a sense of adventure. In 1972 that's all Tony and Maureen Wheeler needed for the trip of a lifetime - across Europe and Asia overland to Australia. It took several months, and at the end - broke but inspired - they sat at their kitchen table writing and stapling together their first travel guide, Across Asia on the Cheap. Within a week they'd sold 1500 copies. Lonely Planet was born. Today, Lonely Planet has offices in Franklin, London,

Melbourne, Oakland, Dublin, Beijing and Delhi, with more than 600 staff and writers. We share Tony's belief that 'a great guidebook should do three things: inform, educate and amuse'.

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Iran Mark had already lived and worked on five continents when, in the pre-Internet dark ages, he started writing travel guides. He has since authored (or co-authored) around 60 books including dozens for Lonely Planet. He also acts as a travel consultant, occasional tour leader, video presenter, speaker, interviewer and blues harmonicist.

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Published by Lonely Planet Global Limited CRN 554153

9th edition - Sep 2018 ISBN 978 1 78657 071 0

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10 9 8 7 6 5 4 3 2 1

Printed in Singapore

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