

index

100 Crater Park 93
 101 Reykjavík 316, 318
 4WD tours 227, 236, 242, 282

A

accommodation 20, 332-5, *see also individual locations*
 activities 22, 24, 32-8, *see also individual activities*
 Aðalból 247
 Age of Settlement 301
 air travel 344, 345
 Akranes 135, 138
 Akureyri 203-15, **204-5**
 accommodation 209-11
 activities 207-9
 drinking 212-13
 emergency services 213
 entertainment 213
 festivals 209
 food 211-12
 history 203
 internet access 213
 medical services 213
 shopping 213
 sights 203, 206-7
 tourist offices 213-14
 tours 209
 travel to/from 214
 travel within 214

Aldeyjarfoss 291

Álfaborg 248

Álftavatn 123

Almannagjá 96-7

Alþing 96, 301-3

Alþingi 49

animals 18, 35, 37, 38, 183, 311-12,
182-3, *see also individual species*
 books 309

Árbæjarlaug 53

Árbæjarsafn 51

architecture 19, 316
 Arctic Fox Center 171
 Arctic Fox Research Station 171
 Arctic foxes 35, 37, 171, 276, 311, **36**
 Arctic Henge 234-5
 Arctic terns 312
 Ari the Learned 303, 323
 Arnarson, Ingólfur 46
 Arnarstapi 153-4
 Arnarvatnsheiði 142
 Árnes (Norðurfjörður) 178
 Árnes (Þjórsárdalur) 101-2
 Árskógsströnd 201
 arts 315-20
 Ásátrú 324-5
 Ásbyrgi 232-3
 Áshöfði 233
 Askja 217, 294-5, **293**
 Askja Way 292-5
 Ásmundarsafn 50
 ATMs 339
 aurora borealis 9, 25, 37, 59, **9, 179**
 Austurengjar 94
 Austurvöllur 49

B

Badstofa 153
 Bakkagerði 247-50
 Bárðarlaug 153
 Bäsendar 93
 beaches
 Breiðavík 162
 Hvalláttur 162
 Ingjaldsandur 165
 Nauthólsvík Geothermal Beach 53
 Rauðasandur 162
 Reynisfjara 118
 Snæfellsjökull National Park 152
 Vöðlavík 257
 beer 21, 201, 328-9
 Beer Day 21, 329
 Bergþórshvöll 111
 Bersekjahraunsvegur 148
 berserkers 150
 Berserkjahraun 148
 Berufjörður 261
 bicycle travel, *see cycling*
 Bíldudalur 163-4
 birds 37, 183, 270, 312, **182-3**, *see also individual species*
 museums 223
 birdwatching 37
 Borgarfjörður Eystri 248
 Dalvík 201
 Drangey 196
 Eldey 93
 Flói Nature Reserve 105
 Garðskagi headland 92

Grimsey 202
 Heimaey
 Hrísey 201
 Ingólfshöfði 276
 Krýsuvíkurberg 94
 Látrabjarg 162
 Mývatn region 222-3
 Papey 261
 Reykjavík 52
 Sandgerði 93
 Skálanes 255
 Skrúður 259
 Snæfellsjökull National Park 152
 Stykkishólmur 143
 Viðey 80

Bjarkalundur 159

Bjarnarfjörður 177

Bjarnarflag 223-4

Bjarnarhöfn 148-9

Björk 317

Bláa Kirkjan 251

Bláfjöll 57

Blue Lagoon 6, 58, 88-9, **6-7**

Blönduós 191-2

boat tours, *see also kayaking*

 Heimaey 131-2

 Hvítárvatn 288-9

 Ísafjörður 167-8

 Jökulsárlón 277

 Stykkishólmur 144-5

boat travel 345, 346

boating 32-3

Bolungarvík 170

books 298, 315-17

 history 300, 303, 304, 305, 306
 plants & animals 309, 313

Borg á Mýrum 139

Borgarbyggð 135-42

Borgarfjörður 140-2

Borgarfjörður Eystri 11, 183, 247-50

Borgarnes 138-40, **138**

Breiðafjörður 143

Breiðamerkurfjall 277

Breiðamerkursandur 276-7

Breiðarlón 277

Breiðavík 154-5, 162

Breiðdalsvík 260

Breiðdalur 261

Brennisteinsalda 121-2

brennivín 329

breweries 201

Bridge Between Two Continents 93

Brjánslækur 159

Bruggsmiðjan 201

Brunnar 162

Brunnhorn 284

Bræðslan 24, 249

Búdáklettur 154

000 Map pages

000 Photo pages

Búðardalur 156
 Búðavík 154-5
 budget 16, 17
 Búlandstindur 261
 Búrfell hydroelectricity plant 102
 bus travel 346-7, 351
 Ring Road 31
 tours 59
 business hours 335
 Byggðasafn 190
 Bæjarstaðarskógur 273

C

campervan hire 348-9
 canyons
 Ásbyrgi 232-3
 Drekagil 294
 Fjarðrárgljúfur 268
 Kolgúlgjúfur 191
 car & motorcycle travel 17, 347-50
 driving licences 347
 F roads 31, 348, 350
 Fjallabak route 125
 hire 348-9
 insurance 349
 internet resources 347
 parking 349
 Ring Road 11, 30-1, 306, **10, 307**
 river crossings 350
 road distances 44, 85, 134, 158,
 187, 238, 263
 road rules 349
 Rte 85 235
 Rte 590 155
 Rte 870 235
 Rte 917 237
 safety 340, 349-50
 Sprengisandur Route 290-2
 caves
 Kverkfjöll 295
 Lofthellir 217
 Loftsalahellir 117-18
 Raufarhólshellir 104
 Sönghellir 154
 caving 57-9, 98
 cell phones 341
 children, travel with 335-6
 Christianity 325
 churches
 Akureyrarkirkja 203, 206
 Bakkagerðskirkja 249
 Dómkirkja 49
 Hallgrímskirkja 46, **23**
 Hólar í Hjaltadalur 197
 Húsavíkirkirkja 225
 Papey 261
 Stykkishólmskirkja 143
 Þingeyrar 191

cinema 298, 318-19
 climate 16, 21-5, 336, 340
 Columbus, Christopher 153
 consulates 337
 costs 16, 17, 333
 courses 63
 craters, see volcanoes & craters
 credit cards 339-40
 culture 299, 321-5
 currency 340
 customs regulations 336
 cycling 31, 33, 252-3, 272, 345-6, 351
 tours 52, 216-17

D

Dagar Myrkurs 25, 243
 Dalir 155-7
 Dalvík 200-1
 dangers 340-1, 349-51
 Days of Darkness 25, 243
 Deildartunguhver 141
 Dettifoss 234, **10, 186**
 Dimmuborgir 221
 disabilities, travellers with 342
 diving & snorkelling 35
 Eyjafjörður 207
 Grimsey 207
 Reykjavík 56-7
 Þingvellir 97
djammið 74
 Djúpadalur 159
 Djúpalón 152
 Djúpalónssandur 152
 Djúpvík 177
 Djúpvogur 261-2
 dolphins 38, 257, 312
 Drangey 196
 Drangsnæs 176-7
 Drekagil 294
 drinks 328-9
 Dritvík 152
 driving, see car & motorcycle travel
 DVDs 338
 Dynjandi 164
 Dyrarfjörður 165
 Dyrfjöll 250
 Dyrhólaey 117-18

E

earthquakes 94, 103, 229, 234
 east Iceland 41, 238-62, **240-1**
 accommodation 238
 food 238
 highlights 240
 eastern Húnaflói 190-2
 eastern Mývatn 221-2
 Eastfjords 247-62

economy 298, 299, 307-8
Egil's Saga 139, 141, 316
 Egilsstaðir 239, 242-5, **242**
 Einar Jónsson Museum 50
 Eiríksstaðir 155-6
 Eistnaflug 23-4
 Eldey 93
 Eldfell 130, 131
 Eldfellsbraun 131
 Eldfjallasafn 143
 Eldhraun 223
 electricity 337
 Eliasson, Olafur 320
 embassies 337
 emergencies 341, 353
 Ernstur 123
 environmental issues 314
 Erik the Red 156, 302
 Erpsstaðir 156
 Erró 320
 Esja 135
 Eskifjörður 256-8
 etiquette 299, 325
 events, see festivals & events
 exchange rates 17
 Eyjafjallajökull 114, 180, 298-9,
 308, **181**
 Eyjafjörður 207, 215
 Eyjan (Ásbyrgi) 232
 Eyjan (Vesturdalur) 233
 Eyraþakki 105
Eyrbyggja Saga 150, 316
 Eyrstrahorn 284

F

F roads 31, 348, 350
 Faeroe Islands 78
 Fagfirssandur 269
 Fálki 152
 Fáskrúdsfjörður 259-60
 ferry travel 345, 346
 festivals & events 21-5, see also
 individual festivals & locations
 films 298, 318-19
 Fimmvörðuháls 12, 116, 186, **12**
 financial crisis 298, 307, 308
 fishing 53, 149, 166, 201, 222, 227,
 260, 261
 industry 306-8
 Fjallabak route 125
 Fjallsárlón 277
 Fjarðrárgljúfur 268
 Flatey 148
 Flateyri 165-6
 Fljótsdalsheiði 246
 Fljótshlíð 113
 Flói Nature Reserve 105
 Flókalundur 159

Flúðir 101
 Fólksvangur Neskaupstaðar 258
 Fontana 97-8
 Fontur 236
 food 20, 326-30, *see also individual locations*
 books 330
 costs 328
 customs & celebrations 329
 fish & seafood 326
 hákarl 148-9, 327
 hot dogs 330
 language 353
 meat 327
 self-catering 330
 skyr 327
 sweets & desserts 327-8
 vegetarians & vegans 330
 football 323-4
 Foss á Síðu 268
 Fremrihnaukur 273
 Frostastaðavatn 122
 frostbite 338
 Fræðasetrið nature centre 93
 fumaroles 311
 fungi 313

G

galleries, *see* museums & galleries
 gardens, *see* parks & gardens
 Garðskagi headland 92
 Garður 92-3
 Gauksmýri 191
 Gay Pride festival 24
 gay travellers 24, 73, 337
 genetic research 323
 geography 309-11
 geology 309-11
 geothermal areas, *see also* lagoons;
 pools, spas & hot-pots
 Austurengjar 94
 Bjarnarflag 223-4
 Djúpadalur 159
 Hveragerði 102-3
 Hveravellir 289
 Hverir 224
 Krafla 224-5
 Kverkfjöll 295
 Landmannaaukar 58, 121-2
 Reykhólar 159
 Reykjadalur 103
 Reykjavík 53
 safety 341
 Seltún 94

000 Map pages

000 Photo pages

geothermal power 223, 224, 314
 geysers 98-9, 310-11
 Geysir 98-9
 Gjúastykki 225
 Gjógv 78
 glaciers & ice caps 311
 hikes & walks 33, 57
 Kvíárjökull 276
 Mýrdalsjökull 117
 safety 341
 Skaffatellsjökull 273
 Snæfellsjökull 151-2, **180**
 Sólheimajökull 57, 117
 Svínafellsjökull 275, **180**
 Vatnajökull 180, 266, 282, 311, **180**
 Öræfajökull 275
 Glaumbær 194
 glíma 324
 Gljúfrasteinn Laxness Museum 80
 Gljúfurárbúi 113
 Glymur 135
 Goðaborg 258
 Goðafoss 215
 Goðaland 116, 126
 Golden Circle 39, 58, 95-102
 golf 198, 200, 209
 graphic design 319
 Greenland 77
 Grenivík 215
 Grettir's Saga 196, 316
 Grettislaug 196
 Grímsey 176, 202
 Grímsvötn 271, 308
 Grindavík 93-4
 Grjótagjá 221
 Gróttá 52
 Grundarfjörður 149-50, **13**
 Grænalón 271
 Grænavatn 94
 Guðmundsson, Guðmundur 320
 Gullfoss 99
 Gunnarsson, Gunnar 245-6
 Gunnuhver 93

H

Háafjall 194
 Haarde, Geir 308
 Hafnaberg 93
 Hafnarfjörður 81-4, **82**
 Hafnarfjörður Viking Festival 22
 Hafnarhólmi 248
 Hafnarhús 50-1
 Hafnir 93
 Hafursey 121
 Háifoss 102
 hákarl 148-9, 327
 Hallgrímskirkja 46, **23**
 Hallmundarhraun 142
 Hallormsstaðaskógur 245
 handball 324
 Harðráði, Harald 302
 Hárfagre, Harald 302
 Harpa 48, 319
 Hauganes 201
 Haukadalur 165
 health 337-8
 Héðinsfjörður 198
 Heimaey 14, 128-33, **129, 14**
 Heitulækir 273
 Hekla 109, 180, **181, 302**
 Helgafell (near Heimaey) 131
 Helgafell (Stykkishólmur) 147-8, 149
 Helgustaðanáma 257
 Hella 109-11
 Hellisgerði 81
 Hellisheiði 237
 Hellissandur 151
 Hellnar 153
 Hengifoss 245
 Héraðssandur 237
 Herðubreið 294, **293**
 Herðubreiðarlindir 293-4
 Herjólfssalur 131
 Herring Era Museum 198
 Herring Festival 24, 198
 Hestir 78
 hidden people 20, 81, 324
 highlands, the 41, 285-96, **286-7**
 highlights 286-7
 travel within 288
 hiking & walking 18, 33-4, 186
 Akureyri 208-9
 Ásbyrgi 233
 Ásbyrgi to Dettifoss 186, 232
 Askja Trail 292
 Borgarfjörður to Seyðisfjörður 249
 Bæjarstaðarskógur 273
 Dettifoss 234
 Dimmuborgir 221
 Dyrfjöll 250
 Fimmvörðuháls 12, 116, 186, **12**
 Goðaborg 258
 Grænalón 271
 Hekla 109
 Hellnar to Arnarstapi 154
 Herðubreið 294
 Hlíðarfjall 223
 Hljóðaklettur 233
 Hólmanes Peninsula 257
 Hólmatungur 233
 Hornstrandir Peninsula 173, 174, **7**
 Hringbrautin 290
 Hvannadalshnúkur 275-6
 Hvannagil 283
 Hveragerði 103

Kerlingarfjöll Loop 186, 290
 Krafla 224
 Kverkfjöll route 295
 Landmannalaugar 121-2
 Langanes 236
 Laugavegurinn (Landmannalaugar to Þórsmörk) 123-6, 186, **124, 186**
 Lónsöræfi 283, 284
 Mjölfjörður 255
 Morsárdalur 273
 Mývatn region 216-17
 Neskaupstaður 258
 Núpstaðarskógur 271
 Nýdalur 291
 Old Kjalvegur route 290
 Rauðanes 235
 Rauðhólar 233
 Reykjanesfölkvangur 94
 Reykjavík 52, 57
 river crossings 340
 Royal Horn 174, 186
 safety 340-1
 Seyðisfjörður 251-2
 Siglufjörður 198, **12**
 Skaftafell (Vatnajökull National Park – South) 272-3
 Snæfell 247
 Stafafell 283
 Stóruð 250
 Valahnúkur Circle 127
 Vesturdalur 233-4
 Þingeyri Peninsula 165
 Þingvellir 96
 Þórsmörk 126-7
 Hindisvík 191
 history 19, 300-8
 2008 financial crisis 298, 307, 308
 Alþing 96, 301-3
 books 300, 303, 304, 305, 306
 Danish rule 304
 independence 305-6
 Sturlung Age 304
 US military presence 92
 Vikings 301, 302
 WWII 305-6
 hitching 350-1
 Hjálparfoss 102
 Hjarðarholt 156
 Hjörleifshöfði 121
 Hlíðarendi 113
 Hlíðarfjall 223
 Hljóðaklettur 233
 Hnjótur 162
 HNLÍ Health Clinic & Spa 203
 Hof 276
 Hofsó 197
 Hólar í Hjaltadalur 196-7
 holidays 340

Hólmáfosar 233
 Hólmanes Peninsula 257
 Hólmaturungur 233-4
 Hólmavík 175-6
 Hornbjarg 171
 Hornstrandir Peninsula 173-5, **172-3, 7**
 horse riding 35, **36**
 Akureyri 208
 Hella 110
 Húsvík 227
 Hvammstangi 191
 Landmannalaugar 121
 Mývatn region 217
 Neskaupstaður 258
 Pólar Hestar 215
 Reykjavík 55-6
 Varmahlíð 193
 horse shows 193
 horses 311
 hot-pots, see pools, spas & hot-pots
 hot springs 310-11, see also geothermal areas
Hrafnkell's Saga 247, 248
 Hrafnkeldalur 247
 Hrafnseyri 165
 Hrafninnusker 123
 Hraundrangi 194
 Hrauneyjar 291
 Hrísey 201-3
 Hrossaborg 292
 Hrutafjörður 190
 Hróutey 191
huldufólk 324
 Humarhátíð 22, 280
 Húnaflói 190-2
 Húsafell 141-2
 Húsvík 183, 225-30, **226**
 Húsey 244
 Húsið á Eyrarbakka 105
 Hvalfjörður 135
 Hvallátur 162
 Hvalsnes 93
 Hvammstangi 190
 Hvammur 156-7
 Hvannadalshnúkur 275-6
 Hvannagil 283
 Hveragerði 102-4, **103**
 Hverasvæðið 103
 Hveravellir 289
 Hverfell 216, 221
 Hverir 224
 Hvítarvatn 288-9
 Hvítserkur 191
 Hvolsvöllur 111-13
 hydroelectricity 102, 246, 314
 hypothermia 338
 Höfði 221-2

Höfn 279-83, **280**
 Höskuldsstaðir 156

ice caps, see glaciers & ice caps
 ice skating 57
 Iceland Airwaves 25
 Iceland Design Centre 319
 Iceland Phallogical Museum 50
 Icelandic Horse History Centre 197
 Icelandic language 352-4
 Icelandic names 322
 Illugastaðir 191
 Imagine Peace Tower 80
 immigration 344
 Indriðason, Arnaldur 317
 Ingjaldsundur 165
 Ingjaldshóll 151
 Ingólfrshöfði 276
 insurance 338, 349
 internet access 338
 internet resources 17, 299, 342, 347
 Ísafjarðardjúp 170-3
 Ísafjörður 166-70, **168**
Íslendingabók 303, 323
 itineraries 26-9, 47, 184, **26, 27, 29**

J
 Jaðarsvöllur 209
 Jónsson, Ásgrímur 319
 Jónsson, Einar 50
 Jónsson, Rikarður 262
 Jökulfell ridge 272
Jökulhlaup 271
 Jökulsá á Dal 247
 Jökulsá á Fjöllum 230
 Jökulsárgljúfur 230-4, **231**
 Jökulsárlón 9, 58, 277-8, **8**

K
 Kaldalón 172-3
 Kaldbaksvík 177
 Kaldbakur 165
 Kaldidalur Corridor 142
 Kálfaströnd 222
 Kántrý Dagar 24, 193
 Kántrýbær 193
 Kárahjúkur 246
 Karl og Kerling 233
 Katla 119, 180
 Katla Geopark 119
 kayaking 32-3, see also boat tours
 Ísafjarðardjúp 171-2
 Ísafjörður 167, 168
 Seyðisfjörður 252-3, **11**
 Stokkseyri 106
 Keflavík 89-92, **90**

Keldur 111
 Keríð 101
 Kerlingarfjöll 14, 289, **15**
 Kerlingarfjöll Loop 186, 290
 Ketildalur 164
 Ketildyngja 216
 Kirkjubæjarklaustur 266-8
 Kirkjufell 149
 Kistan 178
 Kjalvegur 288-90
 Kjarnaskógur 207
 Kjarval, Jóhannes Sveinsson 249, 319-20
 Kjarvalsstaðir 51
 Kjölur route 288-90
 Klappir 233
 Klaustursel 247
 Kleifarvatn 94
 Kolugljúfur 191
 Kópasker 234
 Kópavogur 81
 Krafla 224-5, **218-19**
 Kristínartindar 273
 Krossneslaug 178, **185**
 Krýsuvík 94
 Krýsuvíkurborg 94, 95
 Kverkfjöll route 295-6
 Kvíárjökull glacier 276

L

Lagarfljót 245-6
 Lagarfljótsormur 245
 lagoons, see also geothermal areas;
 pools, spas & hot-pots
 Blue Lagoon 6, 58, 88-9, **6-7**
 Jökulsárlón 9, 58, 277-8, **8**
 Lakagigar 269
 lakes
 Frostastaðavatn 122
 Grænalón 271
 Grænavatn 94
 Hvítárvatn 288-9
 Keríð 101
 Kleifarvatn 94
 Lagarfljót 245
 Laugarvatn 97-8
 Mývatn 215
 Systurváttn 266
 Þingvallavatn 97
 Þórisvatn 291
 Öskjuvatn 295
 Laki 267, 269
 Landeyjahöfn 113

Landmannalaugar 58, 121-2, **2-3, 184**
Landnámabók 303, 323
 Langanes 235-6
 language 352-4
 Látrabjarg bird cliffs 162
 Látrabjarg Peninsula 162-3
 Laufás 215, **19**
 Laugafell 291
 Laugar 156-7
 Laugar Spa 53
 Laugarás 100
 Laugardalslaug 53
 Laugardalur 51, **184**
 Laugarvatn 97-8
 Laugavegurinn (Landmannalaugar
 to Þórsörk) hike 123-6, 186,
124, 186
 lava fields
 Berserkjahraun 148
 Dimmuborgir 221
 Eldhraun 223
 Hallmundarhraun 142
 Krafla 224-5
 Lakagigar 269
 Ódáðahraun 292
 Raufarhólshellir 104
 lava tunnel tours 57-9
 Laxá river 222
Laxdæla Saga 155, 316
 Laxness, Halldór 80, 317
 legal matters 338-9
 Leif the Lucky 302
 Leirhnjúkur 218-19, 224
 lesbian travellers 24, 73, 337
 Lindarbakki 248
 Listahátíð í Reykjavík 22
 Listasafn Árnesinga 103
 Listasumar at Akureyri 23
 literature 315-17, see also books
 Litlanesfoss 245
 Litlibær 171
 Litlihöfði 131
 Ljótípollur 121
 Lofthellir 217
 Loftsalahellir 117-18
 Lón 284
 Lóndrangar 152
 longhouses 316
 Lónkot 197
 Lónsöræfi 283-4
lopapeysur 80, 213
 Lystigarðurinn 207
 Lögberg 96

M

magazines 338
 Magni 180
 maps 339

marimo balls 223
 measures 338
 Meðallandssundur 270
 medical services 337-8
 Melanes 162
 Melrakkaslétta 235
 Menningarmiðstöð Kópavogs 81
 Menningarnott 24, **23**
 midges 216
 midnight sun 22
 military bases 92
 Mjólfjörður (east Iceland) 255
 Mjólfjörður (Westfjords) 172
 mobile phones 341
 Móði 180
 money 16, 17, 339-40
 Morsárdalur 273
 Mosfellsbær 80
 motorcycle travel, see car &
 motorcycle travel
 mountain biking 252-3, 272
 museums & galleries
 Akureyri Museum 206
 Árbæjarsafn 51
 ASÍ Art Museum 51
 Birdland Exhibition 201
 Bustarféll 236
 Byggðasafnið Hvoll 200
 Centre for Visual Arts 206
 Culture House 225
 Einar Jónsson Museum 50
 Eldfjallasafn 143
 Fransmenn á Íslandi 259
 Galleri Fold 51
 Galleri Snærós 260
 Gerðarsafn Art Museum 81
 Gjúfhrasteinn Laxness Museum 80
 Hafnarfjörður Museum 81-2
 Herring Era Museum 198
 Húsavík Whale Museum 225
 Húsið á Eyrarbakka 105
 i8 51
 Iceland Phallological Museum 50
 Icelandic Aviation Museum 206-7
 Icelandic Emigration Center 197
 Icelandic Folk & Outsider Art
 Museum 215
 Icelandic Folk Music Centre 198
 Icelandic Horse History Centre
 197
 Íslenska Stríðsárasafnið 256
 Kjarvalsstofa 249
 Kling & Bang 51
 Listasafn Árnesinga 103
 Mánarbakki Museum 230
 Menningarmiðstöð Kópavogs 81
 Minjasafn Austurlands 239
 Museum of Icelandic Sorcery &
 Witchcraft 175-6

000 Map pages

000 Photo pages

National Gallery of Iceland 51
 National Museum 49
 Nonnahús 207
 NYLO 51
 Reykjavík 871 +/- 2 48
 Reykjavík Art Museum 50
 Reykjavík Museum of Photography 50
 Safnahúsið 258
 Saga Museum 49
 Selárdalur 164
 Sigurgeir's Bird Museum 223
 Sigurjón Ólafsson Museum 51
 Sjóminjasafn Austurlands 257
 Skógar Folk Museum 115
 Studio Umbra 51
 Sögusetriðis 111
 Tryggvasafn 258
 turf farms 194
 Tæknimínjasafn Austurlands 251
 Víkin Maritime Museum 50
 Westfjords Folk Museum 167
 Þjóðmenningarhúsið 49
 Þórbergssetur 278
 music 298, 317-18
 festivals 23-4, 25, 193, 242, 249, 258-9
 Mykines 78
 Mýrdalsjökull 117
 Mýrdalssandur 121
 Mývatn Nature Baths 216, **185**
 Mývatn region 215-25, **218-19**
 activities 216
 history & geology 215-16
 tours 216-17
 travel to/from 217
 travel within 217
 Mælifell 120-1
 Möðrudalur 237

N

Námalfjall 224
 National Day 22
 National Gallery of Iceland 51
 National Museum 49
 national parks & nature reserves 314
 Álfaborg 248
 Flói Nature Reserve 105
 Fólksvangur Neskaupstaðar 258
 Herdubreiðarlindir 293-4
 Hólmanes Peninsula 257
 Hrutey 191
 Ingólfshöfði 276
 Lónsöræfi 283-4
 Skálanes 255
 Snæfellsjökull National Park 151-2, 314

Vatnajökull National Park 11, 230-4, 266, 272-5, 314
 Vatnsfjörður Nature Reserve 159
 Þingvellir 96-7, 314
 Nauthólsvík Geothermal Beach 53
 necropants 175
 Neshraun 152
 Neskaupstaður 258-9
 newspapers 338
 Night of Lights 89
Njál's Saga 111, 112, 275, 276, 316
 Njarðvík 89
 Njarðvíkurskriður 250-1
 Norðfjörður 258-9
 Norðurfjörður 178
 Norðurnámur 121
 Norse Eddas 108
 Norse religion 324-5
 north Iceland 40, 187-237, **188-9**
 accommodation 187
 food 187
 highlights 188-9
 northeast circuit 234-7
 Northern Lights 9, 25, 37, 59, **9, 179**
 northern Mývatn 223-4
 Núpsstaðarskógar 271
 Núpsstaður 271
 Nýdalur 291
 Nyrðrihnaukur 273

O

Ódáðahraun 292
 Oddi 108
 Ofanleitishamar 131
 Ólafsfjörður 199-200
 Ólafsson, Sigurjón 51
 Ólafsvík 150-1
 opening hours 335
 outlaws 289
 overgrazing 314

P

painting 319-20
 Papey 261
 parks & gardens, *see also* national parks & nature reserves
 Austurvöllur 49
 Kjarnaskógur 207
 Lystigarðurinn 207
 Reykjavík Botanic Gardens 51
 Skrúður 165
 passports 342
 Patreksfjörður 159, 163
 Perlan 49
 phonecards 341
 planning, *see also individual regions*
 activities 32-8
 budgeting 16, 17

calendar of events 21-5
 children, travel with 335-6
 Iceland basics 16-17
 Iceland's regions 39-41
 internet resources 17
 itineraries 26-9, 184
 Ring Road travel 30-1
 travel seasons 16
 plants 309, 312-13
 poetry 108, 316
 polar bears 312
 politics 298, 308
 Pollurinn 163
 pools, spas & hot-pots 6, 19, 35,
 184-5, *see also* geothermal areas, lagoons
 Akureyri 207-8
 Árbæjarlaug 53
 Blue Lagoon 6, 58, 88-9, **6-7**
 Deildartunguhver 141
 Drangsnæs 176
 Egilsstaðir 239
 etiquette 325
 Fontana 97-8
 Grettislaug 196
 Hafnarfjörður 82-3
 HNLFI Health Clinic & Spa 103
 Húsavík 227
 Hyravelir 289
 itineraries 184, **184**
 Kópavogur 81
 Krossneslaug 178, **185**
 Landmannalaugar 121, **184**
 Laugar Spa 53
 Laugardalslaug 53
 Laugarvatn 97-8
 Lýsuhólslaug 154
 Mývatn Nature Baths 216, **185**
 Pollurinn 163
 Reykjavík 53
 Selárdalslaug 236
 Seljavallalaug 114
 Seyðisfjörður 253
 Stykkishólmur 144
 Sundhöllin 53
 Sundlaugin á Hofsvós 197
 Tálknafjörður 163
 Vesturbæjarlaug 53
 Þjórsárdalslaug 102
 population 298, 299, 321-2
 postal services 340
 pseudocraters 222
 ptarmigan 201
 public holidays 340
 puffins 15, 22, 37, 131, 183, 248, 312, **15**

Q

quad biking tours 52

R

radio 338

rafting 57, 100, 192-3, 288

Rauðanes 235

Rauðasandur 162

Rauðfeldsgjá 154

Rauðhólar 233

Raufarhólshellir 104

Raufarhöfn 234-5

reindeer 311-12

religion 299, 324-5

réttir 24

Reyðarfjörður 256

Reykhólar 159

Reykholt (Golden Circle) 100

Reykholt (upper Borgarfjörður) 140-1

Reykir 196

Reykjadalur 103

Reykjahlíð 218-21

Reykjanes Peninsula 88-95, **88**

Reykjanesbær 89-92

Reykjanesfólkvangur 94-5

Reykjarfjörður 172, 177

Reykjavík 39, 44-84, **45, 54-5, 60-1,**

3, 13, 28

accommodation 44, 63-7

activities 52-63

drinking 13, 72-3

entertainment 73-4

festivals & events 21, 22, 24-5, 63

food 44, 68-72

highlights 45

history 46

internet access 76

itineraries 47

medical services 76

shopping 74-80

sights 46-52

tourist offices 76-7

tours 52-63

travel to/from 77

travel within 77-9

Reykjavík 871 +/- 2 48

Reykjavík Art Museum 50

Reykjavík Botanic Gardens 51

Reykjavík International Film Festival 24-5

Reykjavík Jazz Festival 24

Reykjavík Marathon 24

Reykjavík Museum of Photography 50

Reynisdrangur 118-19

Reynisfjara 118

Rif 151

Ring Road 11, 30-1, 306, **10, 307**

river crossings 350

Royal Horn 174, 186

Rte 1, see Ring Road

Rte 85 235

Rte 590 155

Rte 870 235

Rte 917 237

runtur 203

S

safety 340-1, 349-50

Saga Age 303

Saga Museum 49

sagas 315, 316

Egil's Saga 139, 141, 316

Eyrbyggja Saga 150, 316

Grettir's Saga 196, 316

Hrafnell's Saga 247, 248

Njal's Saga 111, 112, 275, 276, 316

Laxdæla Saga 155, 316

Saknussem, Arne 151

salmon fishing 222

Saltverk Reykjanes 172

sandar 270-1

Sandfell 259

Sandgerði 93

sandstorms 340-1

Sauðaneshús 235

Sauðárkrúkur 194-5

Saubær 135

Saxhöll 152

scenic flights

Mývatn region 217

Reykjavík 62-3

Skaffafell 274

sculpture 320

seals 37, 190, 191, 312, **183**

Sel 273

Selárdalur 164

Selfoss 106-8, **107**

Seljalandsfoss 113-14

Seljavallalag 114

Seltjarnarnes 51-2

Seltún 94

senior travellers 338

Seyðisfjörður 11, 251-5, **252-3, 11**

shopping 339, see also *individual locations*

lopapeysur 80, 213

Sigfússon, Sæmundur 108

Siglufjörður 198-9, **12**

Sigur Rós 317

Sigurðardóttir, Jóhanna 308

Sigurgeir's Bird Museum 223

Sigurjón Ólafsson Museum 51

Sjómannaðagurinn 22

Sjónarnipa 273

Sjónarsker 273

Skaffafell 272-5, **273**

Skaffafellsheiði Loop 273

Skaffafellsjökull 273

Skagaströnd 193

Skálanes 255

Skálholt 100

Skallagrímargarður 139

Skallagrímsson, Egill 139

Skansinn 130-1

Skarðsvík 152

Skeiðarársandur 270, 271

skiing

Akureyri 209

Oddsskarð 257

Ólafsfjörður 200

Reykjavík 57

Seyðisfjörður 253-4

Skarðsdalur 198

Skógafoss 115

Skógar 115, 117

Skrúðuklaustur 245-6

Skrúður (east Iceland) 259

Skrúður (Westfjords) 165

skuas 270, 276

Skútustaðagigar 222

Skútustaðir 222

skyr 327

snorkelling, see diving & snorkelling

Snorralaus 141

Snorrastofa 140-1

snowboarding 57, 209

snowmobiling 33, 57, 153-4, 282

Snæfell 246-7

Snæfellsjökull ice cap 151-2, 180, **180**

Snæfellsjökull National Park 151-2, 314

Snæfellsnes Peninsula 13, 58, 142-55, **144-5, 13, 36**

Snæfellsstofa 246

Snæfjallaströnd 172-3

Sólheimajökull 117

southeast Iceland 41, 263-84, **264-5**

accommodation 263

food 263

highlights 264-5

southern Mývatn 222

southwest Iceland 39, 85-133, **86-7**

accommodation 85

food 85

highlights 86-7

spas, see pools, spas & hot-pots

speedboating 57

sport 323-4

Sprengisandur Route 290-2

Staðarskáli 175

Stafafell 283

000 Map pages

000 Photo pages

Stafnsnes 131
 Stakhólstjörn 222
 Stakkatorfa 235
 Stakksholtsgjá 127
 Stapafell 154
 Stefánshellir 142
 Steinasafn Petru 260
 Stokkseyri 106
 Stóragjá 221
 Stóráklif 130
 Stóra-Mörk III 114
 Stórhöfði 131
 Stórihver 122
 Stóruð 250
 Strandir Coast 175-8
 Strokkur 98
 Sturlung Age 304
 Sturluson, Snorri 108, 140, 141
 Stykkishólmur 143-7, **146**
 Stöðvarfjörður 260
 Stöng 102
 Súðavík 171
 Suðureyri 166
 Súgandiseyri 143
 Sumardagurinn Fyrsti 21-2
 Sumartónleikar í Skálholtskirkju 23
 Summer Arts Festival 209
Sun-Craft 49-50
 Sundhöllin 53
 supernatural, the 20, 81, 324
 Surtsey 133
 Surtshellir 142
 Svartifoss 272-3, **28**
 Sveinsson, Ásmundur 50
 Svínafell 275
 Svínafellsjökull 275, **180**
 Svödufoss 151
 Svörtuloft bird cliffs 152
 swimming 35, see also geothermal areas; lagoons; pools, spas & hot-pots
 Systrafoss 266
 Systrastapi 266
 Systravtn 266
 Sögusetriðis 111
 Sönghellir 154

T

Tálknafjörður 163
 tanneries 195
 taxes 333
 taxis 351
 telephone services 341
 time 341
 Tindafjöll 113
 Tindastóll 196
 Tindfjöll Circle 127
 tipping 340

Tjörnes Peninsula 230
 Tjörnin 48
 Tófugjá 233
 Tórshavn 78
 tourist information 341-2
 tours 38, see also individual tour types
 4WD tours 227, 236, 242, 282
 Askja 292-3
 boat 131-2, 144-5, 167-8, 277, 288-9
 bus 59
 caving 57-9, 98
 cycling 52, 216-17
 diving 56-7
 Heimaey 131-2
 ice climbing 57
 Kverkfjöll 296
 Laki 269
 Northern Lights 59
 quad biking 52
 Reykjavík 52-63
 scenic flights 62-3, 217, 274
 Skaftafell 273-4
 snowmobiling 57, 153-4, 282
 travel to/from Iceland 344-5
 travel within Iceland 345-51
 trekking, see hiking & walking
 trolls 20, 176
 Tröllahellir 233
 Tröllaskagi Peninsula 12, 196-203, **12**
 Tungustapi 157
 turf houses & farms 19, 196, 215, 247, **19**
 museums 194

U

Urríðafossar 233
 Útstekkur 257

V

vacations 340
 Vaðalfjöll 159
 Valahnúkur 93
 Valahnúkur Circle 127
 Varmahlíð 192-4
 VAT tax 333
 Vatnajökull ice cap 180, 266, 282, 311, **180**
 Vatnajökull National Park 11, 266, 314
 North (Jökulsárgljúfur) 230-4, **231**
 South (Skaftafell) 272-5, **273**
 Vatnsborg 152
 Vatnsfjörður Nature Reserve 159
 Vatnshellir 152
 Vatnsnes Peninsula 190-1
 vegetarians & vegans 330
 Veidivötn 291
 Verslunarmannahelgi 24

Vestmannaeyjar 14, 128-33, 183
 Vestrahorn 284
 Vesturbæjarlaug 53
 Vesturdalur 233-4
 video systems 338
 Viðey 80
 Vigur 167
 Vík 118-20
 Víkin Maritime Museum 50
 Víkingaheimar 90-1
 Víkings 301, 302
 Vindbelgjarfjall 222
 Virkisfell 295
 visas 342
 Viti (Askja) 295
 Viti (Krafla) 224
 volcanoes & craters 309-10
 Askja 294-5
 Búðaklettur 154
 Eldfell 130, 131
 Eyjafjallajökull 114, 180, 298-9, 308, **181**
 Grímsvötn 271, 308
 Heimaey 130
 Hekla 109, 180, **181, 302**
 Helgafell 131
 Hrossaborg 292
 Hverfell 216, 221
 Katla 119, 180
 Ketildyngja 216
 Krafla 224-5
 Lakagigar 269
 Laki 267, 269
 Leirhnjúkur 218-19, 224
 Ljótipollur 121
 Rauðhólar 233
 Snæfell 246-7
 Vatnsborg 152
 volunteering 171, 342-3
 Vopnafjörður 236-7
 Vöðlavík 257

W

walking, see hiking & walking
 walking tours 52, 57
 waterfalls 20
 Aldeyjarfoss 291
 Dettifoss 234, **10, 186**
 Dynjandi 164
 Fagrifoss 269
 Foss á Síðu 268
 Gljúfurárbúi 113
 Glymur 135
 Goðafoss 215
 Gullfoss 99
 Háifoss 102
 Hengifoss 245
 Hjálparfoss 102

waterfalls *continued*
 Hólmáfossar 233
 Lítlanesfoss 245
 Mjóifjörður 255
 Seljalandsfoss 113-14
 Skógafoss 115
 Svartifoss 272-3, **28**
 Svödufoss 151
 Systrafoss 266
 Urriðafossar 233
 weather 16, 21-5, 336, 340
 weights 338
 west Iceland 40, 134-57, **136-7**
 accommodation 134
 food 134
 highlights 136-7
 western Mývatn 222-3
 western Skagafjörður 192-6
 Westfjords 6, 40, 158-78, **160-1, 7**
 accommodation 158
 food 158
 highlights 160-1
 Westfjords Folk Museum 167
 whale watching 22, 38, 183
 Dalvík 201

Hauganes 201
 Húsavík 225-7, 229
 Ólafsfjörður 200
 Reykjavík 53-5
 whales 15, 229, 312, **182**
 museums 225
 whaling 308, 313
 white-water rafting 57, 100, 192-3, 288
 wildlife 18, 35, 37, 38, 183, 311-12, **182-3**, *see also individual animals*
 Winter Lights Festival 21, **23**
 women in Iceland 323
 wrestling 324
 WWII 305-6

P

Þingeyrar 191
 Þingeyri 164-5
 Þingvallavatn 97
 Þingvellir 96-7, 314
 Þjóðhátíð 24, 132
 Þjóðlagahátíð á Siglufirði 23
 Þjóðmenningarhúsið 49
 Þjóðveldisbær 102

Þjórsárdalslaug 102
 Þjórsárdalur 101-2
 Þórbergsetur 278
 Þorbjarnardóttir, Guðrjúður 153
 Þórðarson, Þórbergur 278
 Þorgilsson, Ari 303
 Þórisvatn 291
 Þorlákshöfn 104-5
 Þorrablót 21, 327
 Þórshöfn 235
 Þórsörk 58, 126-8

Æ

Ævintýraland 249

Ö

Ögur 171-2
 Öndverðarnes 152
 Önunardfjörður 165
 Örafajökull 275-6
 Öskjuleið route 292-5
 Öskjuvatn 295
 Öxnadalur 194

Behind the Scenes

SEND US YOUR FEEDBACK

We love to hear from travellers – your comments keep us on our toes and help make our books better. Our well-travelled team reads every word on what you loved or loathed about this book. Although we cannot reply individually to postal submissions, we always guarantee that your feedback goes straight to the appropriate authors, in time for the next edition. Each person who sends us information is thanked in the next edition – the most useful submissions are rewarded with a selection of digital PDF chapters.

Visit lonelyplanet.com/contact to submit your updates and suggestions or to ask for help. Our award-winning website also features inspirational travel stories, news and discussions.

Note: We may edit, reproduce and incorporate your comments in Lonely Planet products such as guidebooks, websites and digital products, so let us know if you don't want your comments reproduced or your name acknowledged. For a copy of our privacy policy visit lonelyplanet.com/privacy.

OUR READERS

Many thanks to the travellers who used the last edition and wrote to us with helpful hints, useful advice and interesting anecdotes:

Irisa Albion, Greg Barbutti, Paul Bennett, Amy Billings, Greta Maria Bjornsdottir, Maja Branovacki, Douglas Buck, Benoit Cambron, Ling Chan, Natalie Cherchas, Dan Chiasson, Kit Conn, Lianne Damen, Inge De Kort, Clive Deacon, Paul Dest, Silke Diedenhofen, Anke Dijkhuis, D Drake, Elisabet Engdahl, Val Feathery, Irini Gavrielidou, Mario Giaquinto, Steve Glennie-Smith, Koen Goorman, Maria Gough, Elísa Gyrdisdóttir, Julia Haag, Marije Hettinga, Ben Hosford, Jelly Julia, Trip Kennedy, Stephanie Klempfner, Martin Kooiman, Matthias Kranke, Alastair Learmont, Jenny Littlefield, Janine Luck, Siobhan Madden, Meghan Makielski, Coco Manson, Ilse Marien, Ruben Mooijman, Christian R Musil, Serge Nadeau, Ivo Nemeč, Karvel Ogmundsson, Mary Paul, Dalia Petersil, Laurel Plewes, Juri Rebkowetz, Charles Scheim, Sam Simonds-Gooding, Katarzyna Skawińska, Pétur Snaebjornsson, Marijana Sostarić, Pnina Spector, Rebecca Stephany, Lucy and Stuart Stirland, Ondrej Valina, Pieter Van Der Woude, Matt Vitug, Kristi Weidlein, Ed Weiss, Simon Wickens, Moritz Ziegler, Hrafnhildur Ævarsdóttir

AUTHOR THANKS

Brandon Presser

A huge thank you to three very special people: Manny, Pállí and Nanna Hlín – I couldn't have done it without you. *Takk fyrir* to the inspiring Vilborg Árna, the intrepid Siggí Bjarni, the thoughtful Sigursteinn, and to Ester Rut, Bergþór Karlsson, Rósa Björk, Kristján Pálsson, Gústaf Gústafsson, Addý Ólafsdóttir and Jón Trausti. At Lonely Planet, thanks to everyone on the editorial and production team who helped put this book together, especially Katie, Kristin, Fran, Sasha and James. A massive thank you to Joanne for always being there, and finally to Carolyn Bain, my genius coauthor, for the endless laughs and Pinochet candy.

Carolyn Bain

Huge thanks to Katie O'Connell at Lonely Planet for commissioning me for my dream job, and to Yarcic explorer Jenny Blake for coming to play for a few days in Niceland. I could list half the Icelandic phonebook given the number of friendly, generous and wise locals who helped me out on this trip – instead, I'll say a sincere *takk fyrir* to everyone, but especially to Bergþór Karlsson, Ásbjörn Björgvinsson, Cosima Zewe, Regína Hreinsdóttir, Helga Árnadóttir, Sigrún Lóa Kristjánsdóttir, Arny Bergsdóttir, Egill and Sæmundur Þór Sigurðsson, Kristján

at Glacier Jeeps, Mirjam and Halldóra, Emilia and Juan Carlos, Kiwis Karen and Diane, and Cathy Josephson. Finally, my heartfelt gratitude goes to my coauthor and friend, Brandon Presser. BP, from trip planning in Tallinn to the Djúpavík welcome and the Blue Lagoon debrief, it's been a pleasure working with you. A million thanks for your professional generosity, for sharing your local knowledge and contacts, for support during write-up, and for the many laughs along the way.

Fran Parnell

Thanks to fellow authors Brandon Presser and Carolyn Bain for all their input, and to Lonely Planet's in-house team, particularly

Katie O'Connell and Kristin Odijk for patience in the face of procrastination. Heartfelt thanks to Erpur S Hansen of Náttúrustofa Suðurlands for such an articulate and comprehensive overview of Icelandic bird life.

ACKNOWLEDGMENTS

Climate map data adapted from Peel MC, Finlayson BL & McMahon TA (2007) 'Updated World Map of the Köppen-Geiger Climate Classification', *Hydrology and Earth System Sciences*, 11, 163344.

Cover photograph: Strokkur geyser, Geysir; Richard I'Anson/LPI

THIS BOOK

This 8th edition of Lonely Planet's *Iceland* guidebook was researched and written by Brandon Presser, Carolyn Bain and Fran Parnell. The 7th edition was written by Fran and Brandon, and the 6th edition was written by Fran and Etain O'Carroll. This guidebook was commissioned in Lonely Planet's London office, and produced by the following:

Commissioning Editor
Katie O'Connell

Coordinating Editors
Carolyn Boicos, Kristin Odijk

Coordinating Cartographer James Leversha

Coordinating Layout Designer Mazzy Prinsep

Managing Editor Sasha Baskett

Senior Editors Andi Jones, Catherine Naghten

Managing Cartographers
Anita Banh, Adrian Persoglia

Managing Layout Designer Jane Hart

Assisting Editors Janet

Austin, Pat Kinsella, Rosie Nicholson, Christopher Pitts

Cover Research
Naomi Parker

Internal Image Research
Chris Girdler

Language Content
Branislava Vladislavljevic

Thanks to Joe Bindloss, Bruce Evans, Ryan Evans, Larissa Frost, Trent Paton, Kirsten Rawlings, Raphael Richards, Jessica Rose, Kerri-anne Southway, Gerard Walker, Clifton Wilkinson

© Lonely Planet Publications Pty Ltd. To make it easier for you to use, access to this chapter is not digitally restricted. In return, we think it's fair to ask you to use it for personal, non-commercial purposes only. In other words, please don't upload this chapter to a peer-to-peer site, mass email it to everyone you know, or resell it. See the terms and conditions on our site for a longer way of saying the above - 'Do the right thing with our content.'