

lonely planet

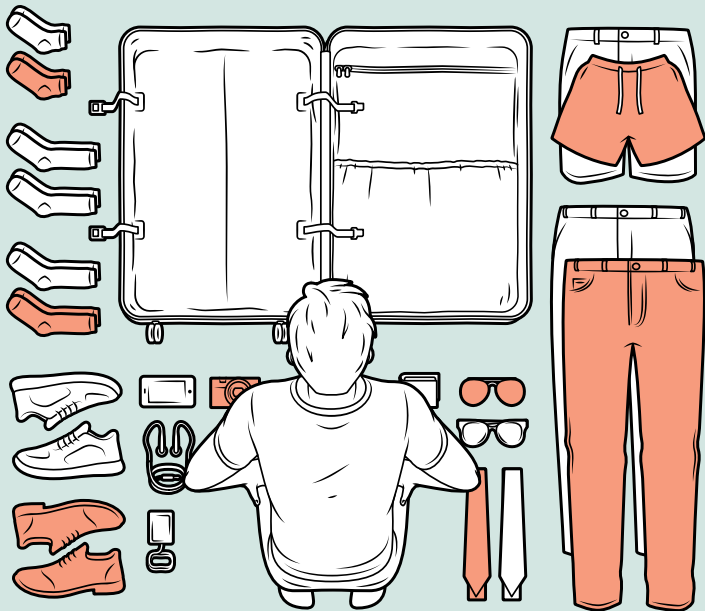
HOW TO PACK

FOR ANY TRIP

- How to pack for any trip -

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Introduction

An art, a science, a necessary evil: packing is a task all travellers must tackle before their journey even begins. Not many of us, however, do it well, and even fewer of us approach it with any sense of pleasure. Let us fix that. Step away from that mountainous pile of clothing, get up off that suitcase you're trying to squash shut, and allow this book to unclutter your path to luggage liberation.

Do you tip the scales into

excess charges every time the family holidays, or are you a frugal carry-on-only business traveller looking for even smarter ways to minimise? Do you need savvy kit suggestions for your next foray into the wilderness or are you a luxury island hopper wanting the best couture on the move?

Whatever your style, we hope this neatly arranged book will help you keep your luggage equally on message and well organised. Take

the pain out of packing by using our cut-out-and-keep lists. Teach the kids to pack and learn how to edit your own capsule wardrobe. Take comfort and inspiration in stories of packing mishaps and luggage pioneers from days gone by. Or simply drool over the latest must-have hard-shell, hi-tech spinner or re-imagined retro steamer case.

Packing light is once again à la mode. As the author Antoine de

Saint-Exupéry once said: 'He who would travel happily, must travel light.' When it comes to your suitcase, less really is more, leaving you light on your feet and free to immerse yourself in local culture and nature without being weighed down by masses of kit.

However, packing light also takes more time, more strategy and potentially a lot more faffing around. Happily, it is a skill that can be learned. And when less is not

necessarily more (we're looking at you, yoghurt-coated, rice-crinkle-splattered 'holidaying' parents), we can help you decide what, how and when to pack for tantrum-free travels.

Whatever type of traveller you are, we can up your packing game. Learn how to make your tech work harder and choose apps that will pack for you. Are you a weekender, a business traveller or an adrenaline junkie? Our aim is to

matchmake your luggage to your travel type, and find a suitcase (backpack, wheelie or duffel) that's a true soulmate, in it for the long haul. It matters not if you're going round the world for a year or taking a cheeky city break, we have definitive packing lists, tailor-made tips and life hacks for all.

As organisational guru Marie Kondo says: 'A messy room equals a messy mind.' The same goes for your suitcase. Happy packing!

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