

Hong Kong Island: Aberdeen & the South

ABERDEEN | POK FU LAM | DEEP WATER BAY | REPULSE BAY | STANLEY | SHEK O

Neighbourhood Top Five

1 Aberdeen Promenade (p122) Watching the goings-on onboard moored boats then hopping on a sampan to cross the typhoon shelter the way it was done decades ago.

2 Ap Lei Chau Market
Cooked Food Centre (p124) Gorging on seafood without busting a hole in your

pocket in Aberdeen or Ap Lei Chau.

3 Béthanie (p122) Revisiting a time in Hong Kong history when French missionaries crossed paths with dairy cowboys and a fire dragon in Pok Fu Lam.

4 Stanley (p126) Downing a pint or two at the British-style pubs in this seaside

town and taking a dip at one of its beaches.

5 Shek O Beach (p124) Lounging on the shaded sand at this laid-back, cliff-framed beach village



For more detail of this area see Map p312 and p313 →

Explore: Aberdeen & the South

The long coastline along the south of the island means you'll need at least half a day (if not a full day) to explore each of the areas listed below. Beach hopping is doable.

Aberdeen's theme park, Ocean Park, is a store of fun for kids and adults alike. Expect a full day there. More sedentary travellers can opt for a boozy brunch or a hearty seafood lunch in Aberdeen. Treasure hunters can find designer bargains in Ap Lei Chau.

Beach suburb Repulse Bay has Hong Kong's most famous beach and is home to some of its richest residents. People-watch before walking to the less-crowded beaches of Middle Bay and South Bay for a swim.

Stanley, with a lively market, friendly beaches and a fascinating mix of museums and heritage sites, certainly deserves a full day of exploration.

On Hong Kong Island's far southeast, Shek O is a laid-back village that oozes old-world charm. It has one of the best (and quietest) beaches on the island.

Local Life

➔ **Drinking** After dinner in Ap Lei Chau or Aberdeen, grab drinks from a convenience store and head to the seafront promenade for an after-party.

➔ **Shopping** When shopping in the mammoth Horizon Plaza (p127), wear sensible shoes like the locals, and have the number for a **taxi call-centre** (2852 2368 1318) ready.

➔ **Seafood** Buy your own seafood in a wet market and have it cooked in a *dai pai dong* (food stall) of choice for a by-weight cooking fee. Try Ap Lei Chau Market and its associated Cooked Food Centre (p124).

➔ **Swimming** Glowing algae is common in the waters of Stanley, Middle Bay and Repulse Bay during the summer months. They're completely harmless and you can see them sliding off your skin (or your paddle) like fireflies.

Getting There & Away

➔ **Bus for Shek O** Bus 9 from Shau Kei Wan MTR station (exit A3).

➔ **Bus for Stanley** Bus 14 from Shau Kei Wan Rd, near the MTR station. Buses 6, 6A, 6X, 66 and 260 head here via Repulse Bay from Central, below Exchange Sq; buses 6, 6A, 6X, and 260 stop at Stanley Market Bus Terminus.

➔ **Bus for Aberdeen** Buses 73 and 973 from Stanley call at Repulse Bay and Aberdeen Main St. Bus 107 from Kowloon Bay stops at Aberdeen Bus Terminus. Green minibus 40 runs from Tang Lung St (Causeway Bay) to Stanley via Ocean Park.

➔ **Bus for Pok Fu Lam** Buses 40 and 40M leave from Wan Chai Ferry Pier via Admiralty. Buses 7, 90B and 91 link Pok Fu Lam with Aberdeen Praya Rd in Aberdeen.

➔ **Bus for Deep Water Bay** Bus 6A, 6X or 260 from Central, below Exchange Sq.

Best Places to Eat

- ➔ Ap Lei Chau Market Cooked Food Centre (p124)
- ➔ Aberdeen Fish Market Yee Hope Seafood (p124)
- ➔ Chu Kee (p124)
- ➔ Pak Kee (p124)
- ➔ Hoi Kwong Seafood Restaurant (p124)

For reviews, see p124 ➔

Best Places to Drink

- ➔ Young Master Ales (p122)
- ➔ Ben's Back Beach Bar (p126)
- ➔ Smugglers Inn (p126)
- ➔ Delaney's (p126)

For reviews, see p126 ➔

Best Places to Shop

- ➔ G.O.D. (p127)
- ➔ Horizon Plaza (p127)

For reviews, see p127 ➔