



Central Coast & Elba

Includes ➔

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Best Places to Eat

- ➔ La Barrocciaia (p192)
- ➔ del Cacini (p199)
- ➔ Ristorante Capo Nord (p210)
- ➔ Il Castagnacciaio (p206)
- ➔ Enoteca Tognoni (p196)

Best Places to Stay

- ➔ Castello di Bolgheri (p196)
- ➔ Belvedere di Suvereto (p199)
- ➔ Podere dell'Orso (p195)
- ➔ Tenuta La Chiusa (p209)
- ➔ La Cerreta (p198)

Why Go?

Despite possessing landscapes dreams are made of, much of this part of Tuscany is free from well-known destinations and feels far away from the tourist trails. Here you can revel in the hustle of port-city Livorno, where a gritty harbour borders enchanting canals and restaurants overflowing with fish. Then drive the Strada del Vino e dell'Olio Costa degli Etruschi, whose tiny roads and blind switchbacks wind amid vineyards, olive groves and medieval villages packed with perfect places to sample food and wine.

Flop on the sun-drenched sands of the southern Etruscan Coast then lunch beside the shore, especially around the bijou Golfo di Baratti. And then there's Elba: ripe for alfresco frolics, a Mediterranean island with orange trees, palms and not a single high-rise fronting its beach-laced bays. Tramp its rugged interior, explore by mountain bike, or hop on a sea kayak and discover your very own hidden coves.

Road Distances (km)

Livorno	79			
Piombino	24	86		
Bolgheri	39	50	38	
Portoferrario	24+1hr	86+1hr	1hr	38+1hr
	Suvereto	Livorno	Piombino	Bolgheri

Central Coast & Elba Highlights

1 Delighting in superb seafood in bustling **Livorno** (p190), promenading along the port's 1920s Terrazza Mascagni, then taking a dip in its 19th-century seaside baths.

2 Tasting some of Italy's best wines and marvelling at Tuscany's longest **Cypress Alley** (p196) on the Strada del Vino e dell'Olio at Bolgheri.

3 Picnicking between Etruscan tombs and enjoying majestic sea views in the **Parco Archeologico di Baratti e Populonia** (p202).

4 Setting sail to Napoleon's **Elba** (p202); haggling with fishermen, lunching

