



# ITALY

TOP SIGHTS, AUTHENTIC EXPERIENCES



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## Welcome to Italy

*Home to some of the world's greatest artworks, architecture and gastronomy, Italy elates, inspires and moves like no other. The country's 20 regions feel like independent states, each with their own traditions, and glorious food.*

Epicentre of the Roman Empire and birthplace of the Renaissance, this sun-kissed virtuoso groans under the weight of its cultural heritage: here you'll stand in the presence of Michelangelo's *David* and Sistine Chapel frescoes, Botticelli's *Birth of Venus* and da Vinci's *The Last Supper*. In fact, Italy has more Unesco World Heritage cultural sites than any other country. Yet in few places do art and life intermingle so effortlessly. This may be the land of Dante, Titian and Verdi, but it's also the home of Prada, chef Gualtiero Marchesi and architect Renzo Piano. Beauty, style and flair furnish every aspect of life, from those immaculately knotted ties and perfect espressos to the flirtatious smiles of strangers. At the root of Italian psychology is a dedication to living life well and, effortless as it may seem, driving that dedication is a reverence for the finer things. So slow down, take note and indulge in a little *bella vita*.

Italy's fortes extend beyond its galleries, plates and wardrobes. The country is one of Mother Nature's masterpieces, its geography offering extraordinary natural diversity. From the north's snowy Alps to the south's volcanic craters, this is a place for doing as well as seeing.

*“this sun-kissed virtuoso groans under the weight of its cultural heritage”*



# Contents

## Plan Your Trip

Italy's Top 12 .....	4	Local Life.....	20	Itineraries .....	26
Need to Know .....	16	Month by Month.....	22	Family Travel .....	32
Hot Spots For.....	18	Get Inspired.....	25		

<b>Rome</b> .....	<b>34</b>
...at a Glance .....	36

<b>Colosseum</b> .....	<b>38</b>
<b>Pantheon</b> .....	<b>42</b>
<b>St Peter's Basilica</b> .....	<b>44</b>
<b>Vatican Museums</b> .....	<b>48</b>
<b>Roman Forum</b> .....	<b>54</b>
<b>Museo e Galleria Borghese</b> .....	<b>60</b>
<b>Walking Tour: Emperors' Footsteps</b> .....	<b>62</b>
<b>Walking Tour: Centro Storico Piazze</b> .....	<b>64</b>
Sights .....	66
Tours .....	80
Shopping .....	81
Eating .....	82
Drinking & Nightlife.....	88
Entertainment .....	91
Where to Stay .....	93

<b>Florence</b> .....	<b>94</b>
...at a Glance .....	96

<b>Galleria degli Uffizi</b> .....	<b>98</b>
<b>Duomo</b> .....	<b>102</b>
<b>Galleria dell'Accademia</b> .....	<b>106</b>
<b>Walking Tour: Heart of the City</b> .....	<b>108</b>
Sights .....	110

Tours .....	117
Shopping .....	117
Eating .....	120
Drinking & Nightlife.....	123
Entertainment .....	124
Where to Stay .....	125

<b>Tuscany</b> .....	<b>126</b>
...at a Glance .....	128

<b>Towers of San Gimignano</b> .....	<b>130</b>
<b>Pisa's Piazza dei Miracoli</b> .....	<b>132</b>
<b>Driving Tour: Driving Tuscany</b> .....	<b>134</b>
Siena .....	136
Lucca .....	140
Montalcino .....	142
Montepulciano .....	143
Arezzo .....	146

<b>Cinque Terre</b> .....	<b>148</b>
...at a Glance .....	150

<b>Walking in Cinque Terre</b> .....	<b>152</b>
Monterosso .....	156
Vernazza .....	157
Corniglia .....	157
Manarola.....	157
Riomaggiore .....	158

<b>Venice</b> .....	<b>160</b>
...at a Glance .....	162

<b>Grand Canal</b> .....	<b>164</b>
<b>Basilica di San Marco</b> .....	<b>166</b>
<b>Palazzo Ducale</b> .....	<b>168</b>
<b>Gallerie dell'Accademia</b> .....	<b>170</b>
<b>Venetian Islands</b> .....	<b>172</b>
Sights .....	174
Tours .....	180
Shopping .....	181
Eating .....	183
Drinking & Nightlife.....	186
Entertainment .....	188
Where to Stay .....	191

<b>Milan</b> .....	<b>192</b>
...at a Glance .....	194

<b>Shopping &amp; Design Hot Spots</b> .....	<b>196</b>
<b>Duomo</b> .....	<b>198</b>
<b>The Last Supper</b> .....	<b>200</b>
Sights .....	202
Tours .....	206
Shopping .....	206
Eating .....	207
Drinking & Nightlife... ..	208
Entertainment .....	210





## Italian Lakes 212

...at a Glance 214

<b>Explore Bellagio.....</b>	<b>216</b>
<b>Isole Borromeo .....</b>	<b>218</b>
Lago Maggiore .....	220
Lago di Como .....	222

## Naples 228

...at a Glance 228

<b>Museo Archeologico Nazionale .....</b>	<b>230</b>
<b>Subterranean Naples.....</b>	<b>234</b>
Sights.....	236
Tours .....	241
Shopping .....	241
Eating.....	242

Drinking & Nightlife....	244
Entertainment .....	245

## Pompeii 248

...at a Glance 250

<b>Ruins of Pompeii ....</b>	<b>252</b>
Pompeii .....	258
Around Pompeii .....	258

## Amalfi Coast 260

...at a Glance 262

<b>A Day in Positano .....</b>	<b>264</b>
<b>Capri .....</b>	<b>266</b>
Amalfi.....	270
Ravello .....	272

## Sicily 274

...at a Glance 276

<b>Mt Etna .....</b>	<b>278</b>
<b>Valley of the Temples.....</b>	<b>280</b>
Palermo .....	282
Catania .....	290
Syracuse.....	292

## Sardinia 296

...at a Glance 298

<b>Alghero .....</b>	<b>300</b>
Cagliari.....	302
Valle dei Nuraghi .....	304



## In Focus

Italy Today .....	308
History .....	310
Art & Architecture .....	319
The Italian Table .....	323
Lifestyle .....	327
Fashion & Design .....	330

## Survival Guide

Directory A–Z .....	334
Transport .....	341
Language .....	347
Index .....	350
Symbols & Map Key .....	354

# Plan Your Trip

## Italy's Top 12

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## Rome

### *Italy's hot-blooded capital is an inspiring city*

Once capital of the world, Rome was legendarily spawned by a wolf-suckled boy, grew to be Europe's first superpower, became the spiritual centrepiece of the Christian world and is now the repository of over two millennia of art and architecture. From the Pantheon and the Colosseum (pictured above; p38) to Michelangelo's Sistine Chapel (pictured right; p52) and countless works by Caravaggio, there's simply too much to see in one visit. So toss a coin in the Trevi Fountain and promise to return.

1



SISTINE CHAPEL CEILING AND JUNETTES, 1508-12 (FRESCO), (POST RESTORATION), BUONARROTI, MICHELANGELO (1495-1564)/VATICAN MUSEUMS AND GALLERIES, VATICAN CITY/BRIDGEMAN IMAGES ©



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## Milan

### *Italy's financial and fashion capital*

The de facto capital of northern Italy wows with its cosmopolitan, can-do atmosphere, vibrant cultural scene and sophisticated shopping options. The city's legendary boutiques, contemporary galleries and dedication to cutting-edge design make for a stylish, forward-looking city. But Milan is not all about models and money; see historic sights including Leonardo da Vinci's *The Last Supper*, the immense Duomo (pictured above) and La Scala opera house.

11



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## Sardinia

### *Wild island of peaks and beaches*

Words fail to accurately describe the varied blue-green hues of the sea surrounding Sardinia. While models, ministers and permatanned celebrities wine, dine and sail along the glossy Costa Smeralda, much of Sardinia remains a wild, raw playground. Slather on that sunscreen and explore the island's rugged coastal beauty, from the hilltop citadel in Cagliari to the haunting caves of Grotta di Nettuno and out-of-this-world beaches.

12