

# Flower garland

A Hawaiian lei is a garland of tropical flowers. It's worn on special occasions and is given by one person to another to symbolise peace, respect, love and honour. Here's how to make your own flower garland from tissue paper. Who will you give it to?

Only wear a lei given to you. If you wear someone else's it's bad luck!

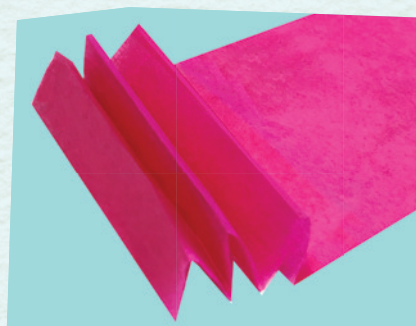


## To make a flower garland you will need:

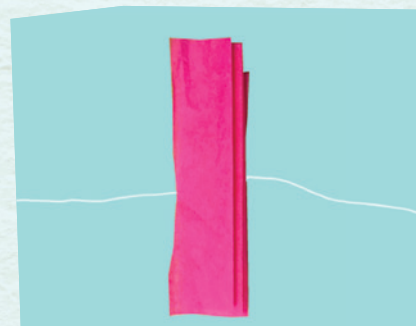
- 2m of sewing thread
- Scissors
- 4 sheets of different coloured tissue paper



1 Cut the tissue paper into strips approximately 7 x 25cm. You will need about 40 strips in total.



2 Fold along the short edge of one strip of tissue paper to create a concertina about 1.5cm wide.



3 Lay the folded tissue about 5cm from one end of the length of thread.

## Design notes:

Lei can be made from shells, nuts, seeds, seaweed, vines and leaves as well as flowers!



Don't hang a lei round your neck, drape it loosely over your shoulders.



4 Wrap the thread as tightly as you can 3 or 4 times around the middle of the tissue paper.



5 Hold onto the middle of the tissue paper to keep the wrapped thread in place. Then gently unfold the concertina, scrunching and twisting as you go, to create a flower.



6 Lay another piece of folded tissue paper next to the first flower. Then follow steps 4 and 5 to create another flower.












7 Continue until you have a string long enough to make into a garland, then tie the two ends of cotton together. Then decide who to give it to!

HAWAII



# Lovespoons

To show their love, some people give chocolate. Others give flowers. Others give... spoons! People have been carving "lovespoons" out of wood for hundreds of years in Wales to show other people their affection. Today they are still given on special occasions or to say thank you.

Name	Symbol	Common meaning
Chain links		Loyalty
Diamond		Wealth
Leaves		Growing love
Horseshoe		Good luck
Heart		True love
Flowers		Affection
Dragon		Protection
Bell		Wedding or anniversary
Stork		New baby

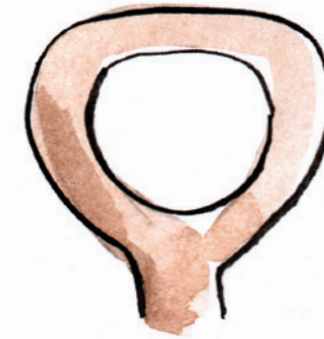


Carving different symbols means different things.



Without having to say a word, the giver can tell someone how they feel.

Design a carved spoon you could give to a family member or friend.



Some spoons today also include traditional Welsh symbols such as daffodil flowers.



A hammer and chisel are essential wood carving tools.

WALES



# Hamsa

A hamsa is a hand-shaped amulet. It's common in Algeria and throughout North Africa and the Middle East. People from the Islamic, Jewish and Christian faiths all believe it can ward off the evil eye.

The evil eye is a curse sent by someone glaring at you.

## Crafting note:

Hamsas are worn as jewellery and hung over doors or in cars.



The hamsa is so important it's at the centre of the national symbol of Algeria!



The Arabic words say, "The People's Democratic Republic of Algeria"

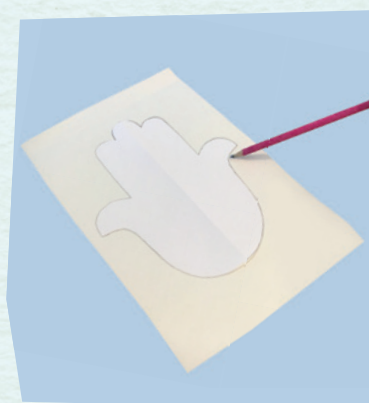
Colour in this hamsa.

## Now make your own amulet! You will need:

- A sheet of A4 paper
- A pencil (not too sharp)
- A piece of A4 card
- Scissors
- Tin foil (beware of sharp edges!)
- Permanent felt-tip pens



- 1 Fold the sheet of paper in half lengthways. Draw half of a hamsa shape and cut it out to make a symmetrical template.



- 2 Unfold the template and lay it onto the card. Use a pencil to trace around the outside.



- 3 Cut the card out and lay it onto a piece of tin foil, with the shiny side of the foil face down. Wrap the foil around the edge of the card.



- 4 Turn it over. Using a blunt pencil draw a large eye in the middle, then fill the rest of the space with your own designs.



- 5 Once you've finished drawing your design, colour the eye area with black and blue permanent felt-tip pens. (A blue eye is traditional, but use another colour if you like!)

ALGERIA



# Krathong

Every year, people in Thailand celebrate the end of the rainy season with a festival called *Loy Krathong*, or the Festival of Light. Everyone makes (or buys) a *krathong* and releases it on water to send away any bad luck or sins from the previous year.



A krathong is a small boat, or floating basket, made of carefully folded banana leaves.



Each krathong is filled with flowers, three sticks of incense and a candle in the centre.



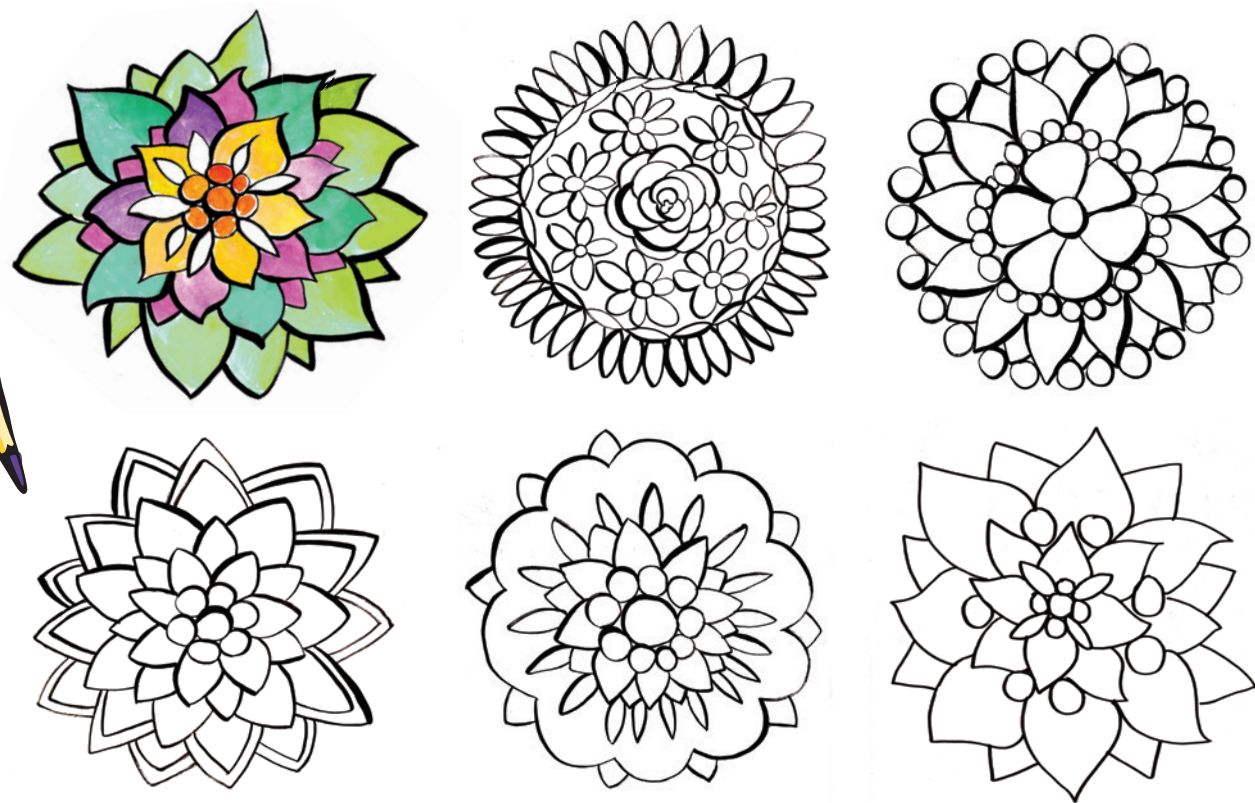
It's said that if the candle burns brightly as it goes out of sight, the wish will come true!



Traditionally, people make a wish or prayer when they set their boat afloat.



THAILAND



Finish colouring this collection of floating baskets.

Folded leaves

Flowers

Design your own floating basket.