Nazaré
Great surf, party spirit and a pretty, whitewashed centre

181 km

Foz do Arelho
Little-developed resort, with soft-sand beaches and great windsurfing

150 km

Peniche
Cracking beaches, charming fortress-topped old town and epic waves

109 km

São Martinho do Porto

Lourinhã

Pedrógão

São Pedro de Moel

Finish

Ericeira
World Surfing Reserve with reliable swells and excellent surf camps

51 km

Praia do Guincho

São Pedro de Moel

Lourinhã

São Martinho do Porto

Pedrógão

Foz do Arelho

Finish

Ericeira
World Surfing Reserve with reliable swells and excellent surf camps

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Praia do Guincho

São Pedro de Moel

Lourinhã

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Finish