MAUI: HIKING

KAPALUA TRAILS
Walk along the coast or ascend into a wet rainforest on trails that crisscross the grounds of the Kapalua Resort.

WAHE'E RIDGE TRAIL
This lush trail has it all: tropical foliage, a heart-pumping climb and sweeping views of the coast. Hike in the lunarlike crater of the Haleakalā Volcano to see cinder cones and silverswords. On the slopes, explore a non-native forest.

LAHAINA PALI TRAIL
This exposed hike follows the route of the old King's Hwy. During whale season, from the West Maui trailhead climb a short distance for great views of the frollicking humpback whales.

KAHAKAPAO LOOP TRAIL
A loop trail on the slopes of the volcano swoops through thick groves of non-native trees. The multi-use trail is popular with dog-walkers and mountain bikers.

POLPOLI SPRING STATE RECREATION AREA
Thick forests, darting mists and a remote location – yep, there's a distinct touch of spookiness while hiking the network of trails on the southwest slopes of Haleakalā.

HOAPILI TRAIL
From La Perouse Bay, the trail unfurls past lava rock ruins then follows the coast. The path turns inland to join the ancient King's Hwy through a vast plain of lava. The scenery is amazing, but the sun is hot! Start early.

HALEAKALĀ NATIONAL PARK (SUMMIT)
Hike into the lunarlike crater of the volcano to see cinder cones and silverswords. On the slopes, explore a non-native forest.

HALEAKALĀ NATIONAL PARK (KIPAHULU)
Trails climb past waterfalls and terraced pools, with a swing through a towering bamboo forest.

KALAUPAPA TRAIL
You'll tackle 26 switchbacks on this steep cliffside path that ends at a beach near a former Hansen's disease (leprosy) settlement. Mules carrying visitors also use this 3-mile trail.