



53°N

52°N

Irish Sea

Liverpool Bay

NORTH SEA

The Wash

Great Ouse

Ouse Trent

River Dea

Severn

Thames

Avon

Severn Estuary

Rhymney

WALES

WORCESTERSHIRE

SHROPSHIRE

NOTTINGHAMSHIRE

CAMBRIDGESHIRE

NORFOLK

SUFFOLK

ESSEX

LONDON

Cardiff

Newport

Bristol

Bath

Newbury

Reading

High Wycombe

Watford

Brentwood

Chelmsford

Southend-on-Sea

Basildon

Maldon

Colchester

Ipswich

Felixstowe

Aldeburgh

Woodbridge

Stowmarket

Bury St Edmunds

Newmarket

Haverhill

Saffron Walden

Long Melford

Lavenham

Sudbury

Wellingborough

Huntingdon

Ely

March

Peterborough

King's Lynn

Wells-next-the-Sea

Burnham Deepdale

How Hill

Great Yarmouth

Lowestoft

Norfolk Broads National Park

Thetford Forest

Stamsted Airport

Baintree

St Albans

Aylesbury

Milton Keynes

Northampton

Rugby

Warwick

Kenilworth

York

Leeds

Halifax

Blackburn

Selby

Hull

Grimby

Spurn Head

Gainsborough

Worksop

Lincoln

Skegness

Boston

Newark-on-Trent

Derby

Nottingham

Wymeswold

Melton Mowbray

Loughborough

Leicester

Coventry

Warwick Castle

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