**Off the Beaten Track: Devon & Cornwall**

- **CLAY TRAILS**
  Cycle through an otherworldly landscape of turquoise mica pools and china clay remains.

- **DOZMARY POOL**
  This windswept lake on Bodmin Moor is awash with legends: it’s said by some to be where King Arthur received Excalibur from the Lady of the Lake.

- **GOLITHA FALLS**
  Trek to a gorgeous wooded waterfall near St Neot on the southern edge of Bodmin Moor: perfect picnic territory.

- **ST NECTAN’S GLEN**
  Take a bracing dip in this secret pool on the north Cornish coast, shaded by trees and said to be frequented by fairies.

- **BOSSINEY HAVEN**
  Find some coastal solitude on this remote north-coast beach, sheltered under sheer granite cliffs.

- **MORTEHOE**
  If you’ve always had a soft spot for One Man & His Dog, head for the Exmoor village of Mortehoe, where you can learn to round up sheep under the guidance of a working shepherd.

- **NORTHAM BURROWS**
  Spot butterflies and birdlife in this wildlife reserve of sand dunes and salt-marshes hidden behind Westward Ho! beach.

- **WISTMAN’S WOOD**
  Wander amongst the moss-covered trunks of this mysterious oak woodland, the last remainder of the great forest that once covered Dartmoor.

- **GRAND WESTERN CANAL**
  Cycle along the towpaths or catch a horse-drawn barge along this 11.5-mile canal that winds through classic Devon countryside.

- **ST NECTAN’S GLEN**
  Drink in the drama from this out-of-the-way headland that most visitors never take time to explore.

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- **ST NECTAN’S GLEN**
  Leave the crowds far behind on these hard-to-reach beaches on the south Cornish coast, or just explore the spectacular stretch of coast path.

- **LANTIC & LANSALLOS**
  Follow in the wake of the smugglers and rivermen of old as you pilot a kayak down this beautiful, peaceful waterway.

- **START POINT**
  Admire the wraparound view from this dramatic 19th-century lighthouse on the south Devon coast.