Cape Town & the Garden Route: Off the Beaten Track

**INTAKA ISLAND**
This 16-hectare wetland reserve in the middle of the Century City development is home to over 200 species of indigenous plants and 120 bird species.

**IKHWA TTU**
The San are the original people of the Western Cape – learn about them at this education and culture centre, where you can take guided walks and nature drives.

**OUEKRAAL**
A postcard-perfect view of Lion's Head and the Twelve Apostles is framed from this secluded beach, protected by giant boulders, off the road between Camps Bay and Hout Bay.

**SILVERMINE NATURE RESERVE**
Threaded through with hiking and mountain biking trails, this southern section of Table Mountain National Park harbours a reservoir with tannin-stained waters, around which is a wheelchair-accessible boardwalk.

**LYNEDOCH ECO VILLAGE**
Near Stellenbosch, drop by this tiny village that challenges the notion that sustainable development and ecological building is too expensive. There’s a cafe and simple accommodation here too.

**DE HOOP NATURE RESERVE**
Covering areas of both sea and fynbos-blanketed land, you’ll find this reserve is both a breeding ground for southern right whales as well as a haven for endangered Cape mountain zebras and bonteboks.

**McGregor**
Kick back in this peaceful town, which is the base for one end of the 14km hike along the Boesmanskloof Trail, a gorgeous route leading to the twee village of Greyton.

**Knysna’s Rastafarians**
Judah Square is a Rastafari community situated in a small valley in Khayalethu South, a suburb of Knysna. To understand more about this group's culture, take a tour here with Brother Zebulon.