**Lima** Get over your jet lag in Lima's sedate Miraflores neighborhood, a great place to sample progressive *cocina novoandina* (New Andean cuisine). 🚌 3½ hrs to Paracas

**Islas Ballestas** Enjoy day two with a boat trip to these wildlife-rich, guano-covered islands. 🛥️ or 🚗 into the Península de Paracas

**Reserva Nacional de Paracás** Spend day three traversing this arid reserve, exploring its beaches and coastal geology. 🚌 2 hrs to Nazca

**Nazca** Make an overflight of the Nazca Lines and reserve an extra day for South America's biggest sand dune.