



Walking Tour: East End Eras

This route offers an insight into the old and new of East London. Wander through and soak up the unique character of its neighbourhoods.

Start 📍 Bethnal Green

Distance 3.6 miles

Duration 2½ hours



3 Just over Regent's Canal lies **Victoria Park**. Take the left path along the lake to the **Dogs of Alcibiades** howling on plinths.

5 Cross Cadogan Tce and pick up the much-graffitied **canal path**; this area is artistic **Hackney Wick**.



6 Cross the canal at the hooped footbridge, follow Roach Rd, then turn left to cross the bridge and enter **Queen Elizabeth Olympic Park**.

Take a Break...

Formans smokes fish on its premises and serves it in a stunning, panoramic dining room.

Classic photo: The ArcelorMittal Orbit at Queen Elizabeth Park



4 Head to the eastern section of the park and see the **Burdett-Coutts Memorial** drinking fountain (1862). Then, pass **East Lake** and exit at the park's eastern tip.

7 Keep the main stadium on your right, cross the River Lea and walk through the playground towards the **ArcelorMittal Orbit** (designed by Anish Kapoor and Cecil Balmond).

2 On beautifully preserved **Cyprus Street** you'll get a taste of what Victorian Bethnal Green would have looked like.

1 The **Old Ford Road** area was bombed during WWII, and tower blocks were subsequently erected on the bomb sites.

0 500 m
0 0.25 miles