



**Montezuma** Hike to waterfalls, ride the surf and do sun salutations in open-air studios. This is the good life.

**San José** Devote a day to exploring the neighborhoods, perusing the museums and sampling the dining and drinking scene.

✈️ 1 hr to Quepos

**Manuel Antonio** The national park is prime for hiking, wildlife-watching, swimming and kayaking, followed by sundowners at nearby bars. 🚌 to Jacó, then 🚤 1 hr to Montezuma