



**Bay Islands** Kick back on one of these tranquil Honduran islands, swim with whale sharks and learn to dive on the cheap. ✈️ 30/45 mins to San Pedro Sula, then ✈️ 1 hr to Guatemala City, and 🚗 3 hrs to Panajachel

**Lago Atitlán** Boat to authentic villages and climb a volcano for incredible views of Central America's most picturesque lake.

**Panama City** Begin in Central America's most developed city, exploring the nearby rainforest and visiting the famous canal. ✈️ 2 hrs to San Pedro Sula, then ✈️ 30/45 mins to Utila/Roatán