Distance 50km

Duration Two days

5 Head on to Ataco to check out some brightly colored murals. colonial buildings and a spring-fed pool.

> Take a Break: Stop for a cup of joe at the delightful **El Jardin de** Celeste.

> > 4 Continue to El Salvador's second-highest town, Apaneca, and hop on a canopy or dirty buggy tour.

6 Finish in the prosperous, provincial capital of Ahuachapán, and

visit the area's steaming mud pits.

3 Roll on to Salcoatitán, with its cobblestone streets and tiny art galleries.

Vahuizalco

START

Cordillera Apanea

2 In Juayúa, attend a weekend food festival and hike to waterfalls and springs. Spend the night.

Parque Nacional Los Volcanes

1 Begin your drive or catch the chicken bus in Sonsonate, and head directly to Juayúa.