Panama City Finish in Central America’s most developed city, peering up at skyscrapers and dining in hip restaurants.

Ometepe Outdoor adventures await on this twin-volcano island rising out of a sea-sized lake. 1 hr to the mainland, then 5 hrs to Monteverde.

Monteverde Relax into this cool mountain town and journey into its eponymous cloud forest reserve. 4 hrs the scenic way to Arenal.

Arenal Behold the Arenal volcano’s perfect cone, hike its flanks and soothe sore muscles in the nearby natural hot springs. 5 hrs or 30 mins to Manuel Antonio.

Manuel Antonio Spy on dangling sloths and playful monkeys in Costa Rica’s smallest and most popular national park. 5 hrs to Boquete.

Boquete Spend a relaxing day or two in a dreamy mountain town, beloved for its cool air and strong coffee. 8 hrs to Panama City.

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