



False Creek Seawall Stroll

Vancouver's shimmering waterfront has a spectacular seawall trail linking more than 20km of coastline. Don't miss this False Creek stretch; it's crammed with public art and water-to-city views.

Start David Lam Park
Distance 6km
Duration 3 hours

7 Enter **Granville Island** from the hidden back route few visitors know about. Look out for the totem pole as you step onto the island. It was carved by hundreds of people and was erected in 1999, recalling the First Nations residents who once fished and lived in this area.

6 Passing through the neighborhood and alongside Charleson Park, you'll arrive at **Spruce Harbour Marina**, a live-aboard boat community. Within a few minutes, Granville Island will appear on the shoreline ahead.

5 Continuing on, pass under the Cambie Bridge again before reaching **Leg-in-Boot Sq.** The cozy waterfront neighborhood here is worth a quick poke around. Built in the 1980s, the low-rise homes and condos are a stark contrast to the high-as-possible residential towers on the opposite shoreline.

Classic Photo

The view of Science World from Habitat Island.



2 Continue on your weave and you'll pass into the area that once housed Expo '86, the giant world exposition that put the city on the international map. Several reminders of the big event remain including **Science World** and, in the distance, the Sky Train line.

Take a Break

Bag a 'dirty burger' for lunch at Italian-tinged **Campagnolo**.



3 Follow the seawall trail past Science World to the **Olympic Village**, the high-rise housing development on the southeast corner of False Creek. Home to athletes during the 2010 Olympic and Paralympic Winter Games, it's now a slick city neighborhood containing bars, restaurants and two huge bird sculptures.

4 From here, continue west along the seawall, passing over a steel pedestrian bridge shaped like a canoe, and you'll soon come to an unlikely urban attraction. **Habitat Island** – an artificially constructed tree-and-shrub-lined creation – is a pit stop for cormorants and blue herons (plus the occasional falcon).