# **Behind the Scenes**

### SEND US YOUR FEEDBACK

We love to hear from travelers – your comments keep us on our toes and help make our books better. Our well-traveled team reads every word on what you loved or loathed about this book. Although we cannot reply individually to postal submissions, we always guarantee that your feedback goes straight to the appropriate authors, in time for the next edition. Each person who sends us information is thanked in the next edition – the most useful submissions are rewarded with a selection of digital PDF chapters.

Visit **lonelyplanet.com/contact** to submit your updates and suggestions or to ask for help. Our award-winning website also features inspirational travel stories, news and discussions.

Note: We may edit, reproduce and incorporate your comments in Lonely Planet products such as guidebooks, websites and digital products, so let us know if you don't want your comments reproduced or your name acknowledged. For a copy of our privacy policy visit lonelyplanet.com/privacy.

### **AUTHOR THANKS**

### **Greg Benchwick**

Thanks to the team of amazing rangers at the national parks. Jennifer at the BLM offered great insights on backcountry life, while Stacey at Poison Spider gave me all the beta I'd ever need to mountain-bike Moab. Michele Hill at the Moab Travel Council was instrumental in identifying new businesses. A lot of people have shared life-changing experiences with me in the Utah backcountry. Thanks for not letting me fall Ryan Taylor, Rob Ickes, Julian Tonsmeire, Dave Elsner, James Klapps, The Squirrel, Reba The Dog, Mom and George, Daddio, Tia Boo, Kesslove and Violeta.

### Carolyn McCarthy

Many thanks go to those who helped me in my travels, especially the rangers of GSENM. Appreciation goes out to Meg Simone for her fine company on the trail, Jessica Haynie, for joining in, and my co-authors Chris and Greg for their collaboration. Lastly, thanks to the ancient ones who once lived here for continuing to intrigue and inspire us.

#### **Christopher Pitts**

Huge thanks to all of Zion's rangers and especially the helpful folks at the Wilderness Desk. Alv Baltrus provided stats and facts and put me in touch with ranger Carolyn Finnerty, who answered more than her fair share of questions and provided super-useful feedback on errors and omissions. Ben Rhinesmith was a font of area knowledge, a great canyoneering guide and even took some memorable photos to boot. Thanks are also due to co-authors Carolyn and Greg for insider tips and all-around sage words of advice on our second book together. Here's to another project! Back at home, big hugs to the Scotts and Trampedachs for hosting an extended sleepover while certain irresponsible parents lost money in Vegas. Or did we win? Finally love to my dearest partners. in crime: Perrine Céleste and Elliot

### **ACKNOWLEDGMENTS**

Climate map data adapted from Peel MC, Finlayson BL & McMahon TA (2007) 'Updated World Map of the Köppen-Geiger Climate Classification', Hydrology and Earth System Sciences, 11, 163344.

Cover photograph: Zion Canyon from Angel's Landing, Michele Falzone/AWL

### THIS BOOK

This 3rd edition of Lonely Planet's Zion & Bryce Canyon National Parks guidebook was researched and written by Christopher Pitts, Greg Benchwick and Carolyn McCarthy. This guidebook was produced by the following:

#### **Destination Editor**

Alexander Howard **Product Editors** Kate James, Kate Mathews

### **Assisting Editors**

Carolyn Bain, Helen Koehne, Kirsten Rawlings, Erin Richards, Simon Williamson

#### **Senior Cartographer** Alison Lyall

### **Book Designer**

Katherine Marsh **Cover Researcher** 

Marika Mercer

Thanks to Brent Anderson. Melanie Dankel, Katie O'Connell, Luna Soo, Angela Tinson, Lauren Wellicome, Clifton Wilkinson

## Index

also individual locations Arches National Park 202 Bryce Canyon National Park 123-6 Canyonlands National

accommodations 260-1, see

Park 192-3 Capitol Reef National Park

172 - 3Grand Staircase-Escalante

National Monument 149-50 Zion National Park 74-6

activities 29-39, 261, see also individual activities air travel 267, see also

scenic flights alcohol 263

altitude sickness 273 Ancestral Puebloans 154. 226-8

Angels Landing hike 11, 54. 53. 11. 19

animals, see wildlife, individual species

antelope 248, 248 Arches National Park

children 202

194-203. 196-7 accommodations 202

> driving 202-3, 203 driving distances 194

> geology 242 highlights 195, 196-7

hiking 194, 198-201 internet resources 195

ranger programs 202 regulations 195 rock climbing 201

tourist information 202 transportation 202

Map Pages 000 Photo Pages 000 Arches Scenic Drive 202-3. 203

art galleries 88, 98 ATMs 263

Aztec Butte Trail 180-1. 182

backcountry hiking 31, see also individual locations safety 184

backpacking 30-1 backpacks 258

Balanced Rock hike 201,

beavers 244 bicycle travel, see cycling Big Water 159

bighorn sheep 243, 248,

248 birds 245-6, 248

bird-watching 21, 73, 209, 245

Bluff 210

books 224 archaeology 234

environment 253

geology 236

health & safety 272 history 228, 229, 230, 231, 232, 233

Native Americans 228. 232

natural history 241, 243.

247 252 rock art 226, 227

Boulder 154-6

Boulder Mail Trail 144-5, 144

Bryce Canyon National Park 108-29, **110-11**, **10**, **128-9** 

accommodations 108, 123-6

children 122 cycling 122

driving 120-1

driving distances 108

festivals & events 123 food 126-7

geology 240-1 highlights 109, 110-11 hiking 108, 112-19

horseback riding 122 internet resources 109

itineraries 28

ranger programs 122 regulations 109 tourist information 127

transportation 127 wildlife 122

Bryce Canyon Scenic Drive 120-1 121

Buckskin Gulch to White House hike 159

budget 17

Burr Trail drive 145 bus travel 267, 268 business hours 264

C

Cable Mountain Trail 61. 60

Calf Creek Falls, see Lower Calf Creek Falls hike, Upper Calf Creek Falls hike

camping 260

Arches National Park 218-9

Bryce Canyon National Park & around 124-5

Canvonlands National Park 218-9

Capitol Reef National Park & around 172-3

Grand Staircase-Escalante National Monument & around 148-9

Moab & around 218-9 Zion National Park &

around 74-5 canoeing 38, 211-14

Canvon Overlook hike 60-1. **60** 

Canvon Rims drive 211 canyoneering 9, 18, 31-2, see

also rock climbing equipment 258

Goblin Valley State Park 175

Moah 214-15

Zion National Park 68, 71

Canvonlands Field Institute 209

Canyonlands National Park 13, 176-93,

178-9, 13

accommodations 192-3

children 189, 190-1

driving 187-9

driving distances 176

geology 242

highlights 177, 178-9 hiking 176, 180-7

internet resources 177

ranger programs 189-90, 191

regulations 177

safety 184 tourist information 193

transportation 193

Capitol Gorge hike 163-4, 163

Capitol Reef National Park 160-75, **162-3** 

accommodations 172-3 cycling 168

driving 170-1

driving distances 160 geology 241

highlights 161, 162-3

hiking 163-8, 169 horseback riding 168

internet resources 161 ranger programs 170

regulations 161 swimming 168, 170

tourist information 173

tours 168 transportation 173

car travel 16, 267, 268-70,
see also drives
automobile associations 268-9
insurance 269
rental 269
road rules 270
Cassidy Arch 166, 34
Cassidy, Butch 132,
133, 231
Castle Valley 214
Cataract Canyon 213
Cave Spring Trail 185,
187, <b>185</b>
Cedar Breaks National
Monument 97-8
Cedar City 94-6, <b>95</b>
cell phones 265
Chesler Park Loop & Joint
Trail 186, <b>186</b>
children, travel with 40-2
Arches National Park
202 Bryce Canyon National
Park 122
Island in the Sky 189
Needles, the 190-1
Zion National Park 73
chipmunks 243-4
Circleville 133
climate 16, 21-3, 261
climate change 254, 267
climbing 12, 18, see also
canyoneering, rock
climbing
clothing 256, 259
Cohab Canyon hike 165-6,
163
Colorado Plateau 236
Colorado River Scenic
Byway 210
compasses 257
condors 73, 246
conservation 253-4
Coral Pink Sand Dunes State Park 158
Corona Arch Trail 207
costs 17
Cottonwood Canyon Road
147, <b>147</b>
courses 71, 149, 261
Coyote Buttes 159
credit cards 263
cycling 10, 18-19, 33-5, 268
Bryce Canyon National
Park 122
Capitol Reef National
Park 168
children 41
equipment 258

```
Grand Staircase-
                                Navajo Loop-Queen's
    Escalante National
                                   Garden Combination
                                   113-14, 113
    Monument 149
  Island in the Sky 189
                                Navajo Loop Trail 114-15,
                                  113
  Moab 205, 207
                                Neck Spring 181. 182
  Needles, the 190
  Red Canyon 132
                                Negro Bill Canvon Trail
                                   208-9
  safety 277
                                Northgate Peaks Trail
  Springdale 83
                                   62-3. 62
  7ion National Park 71
                                Observation Point
                                   56-7, 53
                                Pa'rus Trail 52
dangers, see safety
                                Peekaboo Loop Trail
day hikes, see also hiking.
                                   116-17, 113
   overnight hikes
                                Pothole Point Trail 187,
  Angels Landing 54, 53
                                  185
  Aztec Butte Trail 180-1.
                                Queen's Garden Trail
    182
                                   112-13 113
  Balanced Rock 201, 200
                                Rim Overlook & Navaio
  Cable Mountain Trail
                                   Knobs 166-8. 163
    61. 60
                                Rim Trail 115-16 113
  Canvon Overlook 60-1.
                                Riverside Walk 57
    60
                                Sand Dune & Broken
  Capitol Gorge 163-4, 163
                                   Arches 199-200.
  Cave Spring Trail 185,
                                   200 2
    187. 185
                                Slickrock Trail 183-5. 185
  Cohab Canvon 165-6.
                                Slot Canvons of Dry
    163
                                   Fork/Covote Gulch
  Corona Arch Trail 207
                                   142-3. 142
  Coyote Buttes 159
                                Subway 63-4, 62
  Delicate Arch 200-1.
                                Taylor Creek Middle Fork
    200, 239
                                   64-7. 64
  East Mesa Trail 61, 60
                                Timber Creek Overlook
  Emerald Pools 52-3.
                                   67-8. 64
    53.81
                                Trans-Park Connector
  Escalante River Natural
                                   66. 66
    Bridge 140. 142
                                Upheaval Dome Overlook
  Fairvland Loop Trail 10.
                                   Trail 183. 182
    112. 113
                                Upper Calf Creek Falls
  Fisher Towers Trail 207
                                   140-1. 142
  Grand View Point Trail
                                Watchman Trail 52. 53
    183, 182, 238
                                Weeping Rock Trail 54-6
  Grand Wash 163, 163
                                Willis Creek 143. 142
  Grotto Trail 53-4, 53
                                Windows, the 201, 200
  Hickman Bridge 164-5,
                                Wire Pass 159
    163
                              Dead Horse Point State
  Hidden Canvon Trail
                                 Park 190
    56. 53
                              deer 243, 248, 248
  La Sal Mountains 207
                              Delicate Arch hike 200-1.
  Landscape Arch 198-9,
                                 200. 239
    200. 238
                              dinosaur tracks 63. 90.
  Lathrop Canyon 181-2,
                                 158, 159, 211
    182
                              disabilities, travelers
  Lower Calf Creek Falls
                                 with 266
    141. 142
                              discount cards 261-2
  Lower Hackberry Canyon
                              Dixie National Forest 154
    143, 142
                              Dixie Roundup 22, 91
  Mesa Arch 182-3, 182
                              dogs, travel with 43-4
  Moonflower Canyon 208
                              Domínguez-Escalante
  Narrows: Bottom Up
```

Arches Scenic Drive 202-3. 203 Bryce Canyon Scenic Drive 120-1, 121 Burr Trail 145 Canyon Rims 211 Colorado River Scenic Byway 210 Cottonwood Canvon Road 147 147 Grand View Point Scenic Drive 187-8, 188, 238 Highway 9 70. 70 Highway 12 Scenic Byway 12, 153, 12 Highway 14 97 Highway 24 170-1, 171 Highway 128 210 Hole-in-the-Rock Road 145-6, 146 Hurrah Pass 211 Kolob Terrace Road 72 La Sal Mountain Loop Road 210 Potash Road 210-11 Skutumpah & Johnson Canyon Roads 146-9 Upheaval Dome Scenic Drive 188. 188 Zion Canyon Scenic Drive 68-9, 69 Zion-Mt Carmel Highway 70, 70 Dry Fork 142-3 eagles 246 East Mesa Trail 61. 60 electricity 262 Emerald Pools hike 52-3, 53. 81 emergencies 17, 272, see also safety environmental issues 30, 234-5, see also land use equipment 258-9 Escalante 152-4 **Escalante Petrified Forest** State Park 152

drives, see also car travel

F Fairyland Loop Trail 10, 112, **113** falcons 246

Escalante River Natural

events 21-3

expedition 228-9

57-8

exchange rates 17

Bridge hike 140. 142

festivals 21-3 Fiery Furnace 10, 198, 199 2 11 film locations 20, 83, 156 films 224 fish 247 Fisher Towers Trail 207 fishing Capitol Reef National Park 170 Highway 14 area 97 floods 31, 71, 239, 276 flowers 252 food 262, see also individual locations four-wheel driving 37-8 Capitol Reef National Park 168 Escalante area 154 Island in the Sky 189 Moah 214 Needles, the 190 frogs 246 Frontier Movie Town & Trading Post 156

### galleries 88, 98 gardens 15, 52 Garfield County Fair 22, 133 geology 236-42 Glendale 98 Goblin Valley State Park 175, 239 **GPS 257** Grafton Ghost Town 83 Grand Canvon 157 Grand Staircase-Escalante National Monument 136-50. **138-9** accommodations 149-50 cycling 149 driving 136, 145-9 driving distances 136 geology 241 highlights 137, 138-9 hiking 136, 140-5 internet resources 137 regulations 137 safety 150 tourist information 150 transportation 150 Grand View Point Scenic

Map Pages 000 Photo Pages 000

Drive 187-8, 188, 238

Grand View Point Trail 183, 182, 238 Grand Wash hike 163, 163 Great Gallery 192 Grotto Trail 53-4, 53 н Hackberry Canyon 143 Hamblin, Jacob 231 hanging gardens 15, 52, 15 health 272-7 hooks 272 insurance 262 Hickman Bridge hike 164-5. Hidden Canvon Trail 56. 53 Hidden Valley Trail 209 Highway 9 70, 70 Highway 12 Scenic Byway 12, 153, 12, Highway 14 97 Highway 24 scenic drive 170-1, **171** Highway 128 210 hiking 18, 30-1, see also backcountry hiking, day hikes, overnight hikes Arches National Park 198-201 Bryce Canyon National Park 112-19 Canyonlands National Park 176, 180-7 Capitol Reef National Park 163-8 children 41, 42 East Zion 60-1 Grand Staircase-Escalante National Monument 140-5 Island in the Sky 180-3 Kolob Canyons 64-8 Kolob Terrace Road 62-4 Moab 207-9 Needles, the 183-7 Paria Canvon-Vermilion Cliffs Wilderness Area 159 permits 67 Red Canyon 132 safety 275-7 Snow Canyon State Park 94 Zion Canyon 52-8 history 226-35 hitchhiking 271 Hole-in-the-Rock Road

145-6. **146** 

holidavs 265

horseback riding 14, 36-7 Boulder 155 Bryce Canyon National Park 122 Capitol Reef National Park 168 children 41 Moab 214 Zion National Park 71-2 horses, travel with 44 Horseshoe Canvon 192 hot-air balloons 133 Hurrah Pass 211 hypothermia 273 Indian Creek 214 insurance car 269 travel 262 international visitors 264 internet access 263 internet resources 17 Arches National Park 195 bird-watching 245 Bryce Canyon National Park 109 Canvonlands National Park 177 Capitol Reef National Park 161 geology 242 Grand Staircase-Escalante National Monument 137 Moab 222 natural history 252 Zion National Park 47 Island in the Sky 180-3, 187-91 itineraries 24-8 Zion National Park 73

Jeep Safari 21, 215 iunior ranger programs 40-1 Arches National Park 202 Bryce Canyon National Park 122 Canyonlands National Park 189, 190

Kanab 156-8 Keyhole Canyon 71 Kodachrome Basin State Park 152 Kolob Terrace Road 72

L La Sal Mountain Loop Road 210 La Sal Mountains 207 La Verkin Creek Trail to Kolob Arch hike 65. 65 land use 224-5, 234-5. 253-4 Landscape Arch hike 198-9, 200, 238 Las Vegas 13, 98-107, 100.13 accommodations 103-4 activities 102 drinking & nightlife 106-7 entertainment 107 food 104-5 internet resouces 107 medical services 107 sights 98-102 tourist information 107 transportation 107 Lathrop Canyon hike 181-2, 182 liquor laws 263

lizards 246-7 Lower Calf Creek Falls hike 141. 142 Lower Hackberry Canyon hike 143, 142 Lower Muley Twist Canyon

hike 169. 169

M maps 256-7, 263 Matrimony Springs 222 Maze, the 191-2 Meander Canyon 213 Mesa Arch hike 182-3, 182.34

Moab 204-22, 206, 208 accommodations 204, 215-20 activities 205-15 drinking & nightlife 221 driving 209-11 entertainment 222 festivals & events 215 food 220-1 internet resources 222 itineraries 25 sights 205 tourist information 222 transportation 222 Moab Folk Festival 23, 215 Moab Music Festival 22, 215

mobile phones 265

Moccasin Mountain
Dinosaur Track Site 158
money 16, 17, 263-4
moneychangers 263
Monument Valley 210
Monument Valley Navajo
Tribal Park 210
Monoflower Canyon
hike 208
Mormonism 225
history 229-31
motorcycle travel 268-70

motorcycle travel 268-70 mountain lions 243 mountain-biking, see cycling

movies 224, see also film locations

mule deer 243, 248

Muley Twist Canyon, see Lower Muley Twist Canyon hike, Upper Muley Twist Canyon hike

museums 41-2

Anasazi State Park Museum 154 Brigham Young Winter Home 90

Bryce Museum 132 Children's Museum 90 Daughters of Utah Pioneers Museum 90

Dinosaur Discovery Site 90

Frontier Homestead State Park Museum 94 Jacob Hamblin Home 90 Maynard Dixon Home & Studio 98

Moab Museum of Film & Western Heritage 205 Mob Museum 101-2

Mob Museum 101-2 Museum of Moab 205 National Atomic Testing Museum 102

Mystery Canyon 71

N

Narrows, the 9, 57-59, **59**, **2**, **9**, **32**, **81** 

national monuments Cedar Breaks National Monument 97-8 Grand Staircase-

Escalante National Monument 136-50 Natural Bridges National

Monument 210

Arches National Park 194-203, **196-7**  Bryce Canyon National Park 108-29, **110-11**, **10**. **128-9** 

Canyonlands National Park 13, 176-93, **178-9**, **13** 

Capitol Reef National Park 160-175, **162-3** Zion National Park 46-81, **48-9**, **80-1** 

Native American sites 20 Anasazi State Park Museum 154 Calf Creek 141

Calf Creek 141 Highway 24 171 Horseshoe Canyon 192 Newspaper Rock 191 Parowan Gap 97

Potash Road 211 Sacrifice Rock 78 Navajo Loop-Queen's Garden Combination hike 113-14. **113** 

Navajo Loop Trail 114-15, 113, 26

navigation equipment 257 Neck Spring hike 181, **182** Needles, the 183-7, 189, 191 Negro Bill Canyon Trail

208-9 Newspaper Rock Recreation Area 191 Northgate Peaks Trail

62-3. **62** 

0

Observation Point hike 56-7, **53** opening hours 264 Orderville Canyon 71, **29** outfitters 32 Boulder 155 Capitol Reef National Park 168 Escalante 152-3 Moab 214-15 Springdale 83-5 St George 91

St George 91
Tropic 131
overnight hikes, see
also day hikes, hiking

Boulder Mail Trail 144-5, 144 Buckskin Gulch to White

House 159 Chesler Park Loop & Joint Trail 186, **186** Hidden Valley Trail 209 La Verkin Creek Trail to

Kolob Arch 65, 65

Lower Muley Twist Canyon 169, **169** Narrows: Top Down 58-9. **59** 

Riggs Spring Loop Trail 119, **119** Under-the-Rim Trail

117-19, **117**Upper Muley Twist
Canyon 166-7, **167**West Pim Trail 55, **58** 

West Rim Trail 55, **55** owls 245-6

)

Panguitch 133-5
Panguitch Valley Balloon
Rally 133

Paria Canyon-Vermilion Cliffs Wilderness Area 158-9

park passes 261 parks, see national parks, state parks

Parowan Gap 97
Pa'rus Trail 52
passports 264

Peekaboo Loop Trail 116-17, **113** permits 67

petroglyphs 78, 97 pets, travel with 43-4 Bryce Canyon National Park 123 Moab 215 Zion National Park 76

photography 35 Pine Creek Canyon 71 Pine Valley Wilderness Area 94

planning

budgeting 17 calendar of events 21-3 children, travel with 40-2 internet resources 17 itineraries 24-8 parks basics 16-17

parks basics 16-17 pets, travel with 43-4 travel seasons 21-3 plants 247-52

politics 224-5 porcupines 244

postal services 265 Potash Road 210-11 Pothole Point Trail 187,

potholes 244 Powell, John Wesley 231 prairie dogs 127, **19**  pronghorn antelope 248, 248 public holidays 265

Q Queen's Garden Trail 112-13 **113** 

Quilt Walk Festival 133, 134

R

rabies 273 rafting 14, 38, 211-14 tours 212-13 ranger programs

Arches National Park 202

Bryce Canyon National Park 122 Canyonlands National

Park 189-90, 191 Capitol Reef National Park 170

Park 170 raptors 245-6, 248 Red Canyon 132-3

Red Rock Canyon National Conservation Area 102 religion, see Mormonism

Riggs Spring Loop Trail 119, **119** 

Rim Overlook & Navajo Knobs hike 166-8, **163** Rim Trail 115-16, **113** 

ringtail cats 244 river running 211-14 Riverside Walk 57 road rules 270

rock art 226, 227 Horseshoe Canyon 192 Sacrifice Rock 78

Salt Creek Canyon 184 rock climbing 12, 18, see also canyoneering

Arches National Park 201 Capitol Reef National Park 170

Moab 214-15 Zion National Park 72-3

RVs 270-1

S

Sacrifice Rock 78 safety 150, 184, 275-7, see also health hitchhiking 271 road 270 Sand Dune & Broken

Sand Dune & Broken Arches hike 199-200, **200**, **2**  scenic drives 18, see also drives scenic flights 215 senior travelers 262 sheep 243, 248, 248 skiing 39 Brian Head 96 Bryce Canyon 21, 123 Cedar Breaks National Monument 98 Moab 215 Skinny Tire Festival 21, 215 Skutumpah & Johnson Canyon Roads 146-9 skydiving 215 Slickrock Trail 183-5, 185 slot canyons, see canyoneering Slot Canvons of Dry Fork/ Covote Gulch hike 142-3. **142** Smith, Joseph 230 Smithsonian Butte 86 snakes 247, 273 Snow Canvon State Park 93-4 snowshoeing 39 Southern Paiutes 228-9 Southwestern Desert 77 Springdale 83-90, **84** accommodations 85-8 activities 83 drinking & nightlife 89 entertainment 89 food 88-9 medical services 89 sights 83 tourist information 89 transportation 90 Springs Preserve 102 sauirrels 243-4 St George 90-3, 92 St George Marathon 23, 91 state parks Coral Pink Sand Dunes State Park 158 Dead Horse Point State Park 190 Escalante Petrified Forest State Park 152

Goblin Valley State Park 175, 239 Kodachrome Basin State Park 152 Snow Canyon State Park 93-4 Subway hike 63-4, 62 Sundance Film Festival 21, 23 swimming 37, 38-9 Capitol Reef National Park 168, 170

T Taylor Creek Middle Fork hike 64-7, 64 telephone services 265 tents 258 Timber Creek Overlook hike 67-8, 64 time 265 tipping 263-4 tortoises 79 tourist information 265-6 tours 271 Boulder 154-5 Capitol Reef National Park 168 Escalante 152-3 Kanab 156 Las Vegas 102-3 Moab 209, 214, 215 rafting 212-13 Springdale 83-5 Zion National Park 73-4 train travel 267-8 Trans-Park Connector hike 66, 66 transportation 17, 267-71, see also individual parks

U Under-the-Rim Trail 117-19. **117** 

to/from the parks 267-8

within the parks 268-71

travel seasons 16

trees 251

Tropic 131-2

tubing 38-9, 83

Upheaval Dome Overlook Trail 183, **182**Upheaval Dome Scenic Drive 188, **188**Upper Calf Creek Falls hike 140-1, **142**Upper Muley Twist Canyon hike 166-7, **167**Utah Shakespeare Festival 22, 94-5

vacations 265
viewpoints 19-20
Agua Canyon 120
Arches National
Park 194
Canyonlands National
Park 176
Capitol Reef National
Park 160
Checkerboard Mesa 70
Chesler Park

Viewpoint 186

Delicate Arch

Viewpoint 203
Gooseneck Overlook 170
La Sal Mountains
Viewpoint 202
La Verkin Overlook 83
Paria View 120

Slickrock Trail 185 Whale Rock Viewpoint 188 visas 264

volunteering 266

W
Watchman Trail 52, **53**, **26**, **81**water 274
water sports 38-9
for children 42
weather 16, 21-3, 261
websites, see internet
resources
Weeping Rock Trail 54-6
West Rim Trail 55. **55** 

Western Legends Roundup

22.156

white-water rafting 38, 211-14 wi-fi 263 wildflowers 252 wildlife 20, 243-52 condors 73 frogs 246 lizards 246-7 prairie dogs 127 safety 276 snakes 247, 273 tortoises 79 Willis Creek hike 143. 142 Windows hike 201. 200 winter sports 39 Wire Pass hike 159 wood rats 245 work 266

Young, Brigham 229 Z Zion Canyon 52-8, 53 Zion Canvon Scenic Drive 68-9. 69 Zion-Mt Carmel Highway 70, 70 Zion National Park 46-81, 48-9.80-1 accommodations 74-6 canyoneering 68, 71 children 73 cycling 71 driving distances 46 entrances 47 food 77-8 highlights 47 hiking 46, 50, 52-68 horseback riding 71-2 internet resources 47 itineraries 27 permits 67 rock climbing 72-3 tourist information 78 tours 73-4 transportation 78-9

Zion Nature Center 73





# **Map Legend**

#### **Sights**

- Beach
- Bird Sanctuary
- Buddhist
- Castle/Palace
- Christian
- Confucian
  Hindu
- Islamic
- Jain
- Jewish
  Monument
- Museum/Gallery/Historic Building
- Ruir
- Shinto
- Sikh
- Capital
- Winery/Vineyard
- Zoo/Wildlife SanctuaryOther Sight
- Utiler Signi

#### Activities, Courses & Tours

- Bodysurfing
- Diving
  Canoeing/Kavaking
- Course/Tour
- Sento Hot Baths/Onsen
- Skiing
  Snorkeling
- Surfing
- Swimming/Pool
  Walking
- Windsurfing
- Other Activity

### Sleeping

SleepingCamping

### Eating

S Eating

### Drinking & Nightlife

- Drinking & Nightlife
  - Cafe

#### **Entertainment**

Entertainment

### Shopping

Shopping

### Information

- Bank
- Embassy/Consulate
- Hospital/Medical
- @ Internet
- Police
- Post OfficeTelephone
- Toilet
- Tourist Information
- Other Information

### Geographic

- Beach
   Gate
   Ga
- Hut/Shelter
- Lighthouse
- Lookout
- ▲ Mountain/Volcano
- Mountain
   Oasis
- (a) Park
- ) ( Pass
- Picnic Area
- Waterfall

#### **Population**

- Capital (National)
- Capital (State/Province)
- City/Large Town
- Town/Village

### Transport

- Airport
- BART station
- Border crossing
- Boston T station
- Bus
- ++⊕++ Cable car/Funicular
- −

  Output

  Cycling
- -Q- Ferry
- Metro/Muni station
- **■** Monorail
- Parking
- Petrol station
- Subway/SkyTrain station
- Taxi

  Train station/Railway
- Tram
  - Underground stationOther Transport

Note: Not all symbols displayed above appear on the maps in this book

### Routes

Tollway Freeway Primary

Secondary Tertiary

Unsealed road

Road under construction

Plaza/Mall
Steps

Tunnel
Pedestrian overpass

Walking Tour
Walking Tour detour
Path/Walking Trail

#### **Boundaries**

International
State/Province
Disputed
Regional/Suburb
Marine Park

Cliff Wall

### Hydrography

River, Creek Intermittent River Canal

Wat

Dry/Salt/Intermittent Lake

Reef

#### Areas

Airport/Runway
Beach/Desert
Cemetery (Christian)

Cemetery (Other)

Glacier

Mudflat

Park/Forest

Sight (Building)

Sportsground

Swamp/Mangrove

#### ©Lonely Planet Publications Pty Ltd



### OUR STORY

A beat-up old car, a few dollars in the pocket and a sense of adventure. In 1972 that's all Tony and Maureen Wheeler needed for the trip of a lifetime - across Europe and Asia overland to Australia. It took several months, and at the end - broke but inspired - they sat at their kitchen table writing and stapling together their first travel guide, Across Asia on the Cheap. Within a week they'd sold 1500 copies. Lonely Planet was born. Today, Lonely Planet has offices in Franklin, London, Melbourne,

Oakland, Beijing and Delhi, with more than 600 staff and writers. We share Tony's belief that 'a great guidebook should do three things: inform, educate and amuse'.

### **OUR WRITERS**



#### Greg Benchwick

Capitol Reef National Park, Canyonlands National Park, Arches National Park, Moab Greg has been drifting across the high plains of the Colorado Plateau for most of his life – he calls it a 'true spiritual home'. As a kid, he canoed desolate river canyons with his family, while in his wilder college days he pushed the limits on classic rock-climbing routes like Castleton Tower and the Moonlight Buttress. He's backpacked lost canyons, hitchhiked to Zion, mountain-biked Moab, and

found solitude and peace in the lost corners of this desert wonderworld. Greg also wrote the Understand section, Clothing & Equipment and Directory A-Z.

> Read more about Greg at: http://auth.lonelyplanet.com/profiles/gbenchwick



#### Carolyn McCarthy

Bryce Canyon National Park, Around Bryce Canyon National Park, Grand Staircase-Escalante National Monument, Around Grand Staircase-Escalante National Monument The red-rock desert of Utah is a favorite destination for Carolyn. She has contributed to more than 30 titles for Lonely Planet, including Panama, Trekking in the Patagonian Andes, Argentina, Chile, Colorado, Southwest USA and national parks guides. She has also written for Outside, BBC Magazine,

National Geographic and other publications. Follow her on Instagram @masmerquen and Twitter @RoamingMcC. For more information, see www.carolynmccarthy.pressfolios.com.



#### Christopher Pitts

Zion National Park, Around Zion National Park Chris first drove West on a family road trip across the country and immediately fell in love with the star-studded nights. Four years at Colorado College gave him plenty of opportunities to hitchhike to Utah and lug around gallons of water during not-always-sunny spring breaks in the Canyonlands. Fifteen years, several continents and two kids later, he's back in Colorado, traveling I-70 with the rest of the family whenever the

opportunity arises. Visit him online at www.christopherpitts.net. Chris also wrote the Plan section. Transportation and Health & Safety.

#### Published by Lonely Planet Publications Pty Ltd

ABN 36 005 607 983 3rd edition - Apr 2016 ISBN 978 1 74220 201 3 10 9 8 7 6 5 4 3 2 1

© Lonely Planet 2016 Photographs © as indicated 2016

All rights reserved. No part of this publication may be copied, stored in a retrieval system, or transmitted in any form by any means, electronic, manifold from the state of the publication may be sold or hired, without the written permission of the publisher. Lonely Planet and the Lonely Planet logo are trademarks of Lonely Planet and are registered in the US Patent and Trademark Office and in other countries. Lonely Planet does not allow its name or logo to be appropriated by commercial establishments, such as retailers, restaurants or hotels. Please let us know of any misuses: lonelyplanet.com/ip.

Although the authors and Lonely Planet have taken all reasonable care in preparing this book, we make no warranty about the accuracy or completeness of its content and, to the maximum extent permitted, disclaim all liability arising from its use.



© Lonely Planet Publications Pty Ltd. To make it easier for you to use, access to this chapter is not digitally restricted. In return, we think it's fair to ask you to use it for personal, non-commercial purposes only. In other words, please don't upload this chapter to a peer-to-peer site, mass email it to everyone you know, or resell it. See the terms and conditions on our site for a longer way of saying the above - 'Do the right thing with our content.'