

Welcome to Zambia, Mozambique & Malawi

*Zambia's wildlife and waterfalls,
Malawi's lake and mountains,
Mozambique's islands and beaches: each
country has its own personality. Focus
on exploring one, or sample all three.*

Wildlife

Zambia's wildlife-filled plains are legendary, from South Luangwa National Park in the southeast to Kafue National Park in the west. With their remoteness, species diversity and fine network of camps, the country's protected areas offer outstanding wildlife watching for those willing to meet the challenge of getting there and around. Mozambique and Malawi also offer some treats. Highlights include Mozambique's lovely Gorongosa National Park, which is also a prime birding destination, and Malawi's Liwonde National Park, with its hippos and crocs.

Landscapes

Diverse and beautiful landscapes captivate visitors at every turn. A highlight is Zambia's (and Zimbabwe's) thundering Victoria Falls, one of the continent's iconic images and a Unesco World Heritage Site. Raft the rapids or stand on the spray-misted sidelines: the wildness, power and magnificence of the falls are unforgettable. Along the coast, the azure waters and the islands of Mozambique's Bazaruto and Quirimbas Archipelagos are mesmerising. Inland, marvel at the mist-covered peaks of Mt Mulanje in Malawi and vast tracts of bush bordering the Zambezi River in southern Zambia.

Beaches

Mozambique's coastline is one of Africa's longest and most alluring, from the wind-swept dunes of Ponta d'Ouro to the languid archipelagos and palm-fringed beaches of the north. There are many islands, including magical Mozambique Island and enchanting Ibo. The country's history and culture are tied to the sea, and most visitors focus on the coast, travelling from one beach to the next. Inland, Lake Malawi, with its backdrop of lush mountains rising from the lakeshore, is a fixture in Southern African travel itineraries.

Cultures

Wherever you go, immerse yourself in the everyday beauty, realities and vibrancy of Southern African life and take advantage of opportunities for community-based tourism. In English-speaking Zambia and Malawi, local culture is often readily accessible, and both countries offer cultural-tourism activities. In Mozambique, Maputo's excellent dance and cultural scenes, complemented by local walking tours, provide a jumping-off point for getting acquainted with local vibes. Throughout, it will likely be encounters with Zambians, Malawians and Mozambicans that will make your visit to the region unforgettable.



Why I Love Zambia, Mozambique & Malawi

By Mary Fitzpatrick, Writer

The sense of space and light, the rugged bush interior and the magnificent Indian Ocean coastline are what first captured my imagination when visiting this region. The colourful mix of cultures and languages further drew me in. Now, after spending extended periods in southern Africa, both living and travelling, the gracious welcome offered by so many people and the many friends I have met combine with the region's landscapes and nature to make this corner of Africa one of my favourites.

For more about our writers, see p256.