

# welcome to Zambia, Mozambique & Malawi



## Wildlife

Zambia's wildlife-filled plains are legendary, from South Luangwa National Park in the southeast to Kafue National Park in the west. With their remoteness, species diversity and fine network of camps, the country's protected areas offer outstanding wildlife watching for those willing to meet the challenge of getting there and around. While Mozambique and Malawi aren't typically 'Big Five' destinations, they do offer rewarding wildlife watching, especially Mozambique's Gorongosa National Park (which is also a prime birding destination) and Malawi's Liwonde National Park, with its hippos and crocs.

## Waterfalls

Thundering Victoria Falls is one of the continent's iconic images, the Seventh Natural Wonder of the World and a Unesco World Heritage Site. Whether you raft the rapids or stand on the spray-misted sidelines, the wildness, power and magnificence of the falls are unforgettable.

## Landscapes

From the mist-covered peaks of Malawi's Mt Mulanje to the azure sea surrounding Mozambique's Bazaruto and Quirimbas Archipelagos, and the tracts of bush bordering the Zambezi River in southern Zambia, the diverse landscapes of these countries will captivate you at every turn.



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*Zambia's wildlife and waterfalls, Malawi's lake and mountains, Mozambique's islands and beaches. Each country has its own personality. Focus on exploring one, or sample a bit of all three.*

(left) Elephants in South Luangwa National Park (p52), Zambia  
(below) A dhow in the Bazaruto Archipelago (p186), Mozambique



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## Beaches

Mozambique's curvy coastline is one of Africa's longest and most alluring, from the windswept dunes of Ponta d'Ouro to the languid archipelagos and palm-fringed beaches of the far north. There are countless islands, including magical Mozambique Island and enchanting Ibo. The country's history and culture are tied to the sea, and most visitors spend their time along the coast, travelling from one wonderful beach or island to the next. Inland, the golden sands of Lake Malawi, with their backdrop of lush mountains rising up from the lakeshore, are a firm fixture in southern African travel itineraries.

## Cultures

Wherever you go, immerse yourself in the everyday beauty, realities and vibrancy of African life and take advantage of opportunities for community-based tourism. In English-speaking Zambia and Malawi, local culture is often readily accessible. In Mozambique, Maputo's excellent dance, theatre and cultural scenes provide a good jumping-off point. In the end, it will be encounters with Zambians, Mozambicans and Malawians that will make your visit to the region so memorable.