

Ghana

233 / POP 28 MILLION

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Best Places to Eat

- ➔ Khana Khazana (p190)
- ➔ Baobab Vegetarian Moringa Restaurant (p198)
- ➔ View Bar & Grill (p205)
- ➔ Asanka Restaurant (p190)
- ➔ Santoku Restaurant & Bar (p190)

Best Places to Sleep

- ➔ Escape3points (p203)
- ➔ Lou Moon Lodge (p201)
- ➔ Four Villages Inn (p205)
- ➔ Mountain Paradise (p194)
- ➔ Zaina Lodge (p209)

Why Go?

Hailed as West Africa's golden child, Ghana deserves its place in the sun. One of Africa's great success stories, the country is reaping the benefits of a stable democracy in the form of fast-paced development. And it shows: Ghana is suffused with the most incredible energy.

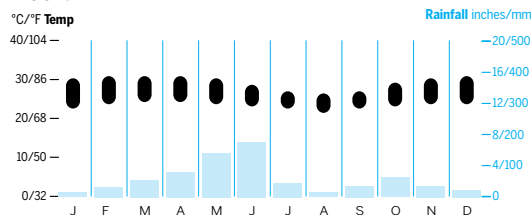
With its welcoming beaches, gorgeous hinterland, rich culture, vibrant cities, diverse wildlife, easy transport and affable inhabitants, it's no wonder Ghana is sometimes labelled 'Africa for beginners'.

It's easy to come here for a week or a month, but no trip can be complete without a visit to Ghana's coastal forts, poignant reminders of a page of history that defined our modern world.

Travel north and you'll feel like you've arrived in a different country, with a different religion, geography and cultural practices. The beauty is that this diversity exists so harmoniously, a joy to experience and a wonder to behold in uncertain times.

When to Go

Accra



Apr–Jun The heaviest of the two rainy seasons (autumn can also be wet).

Nov–Mar The dry and easiest season to travel.

Dec–Apr Best for wildlife viewing, with good visibility and animals congregating at water holes.

Ghana Highlights

1 Cape Coast

Castle (p197) Gaining a chilling insight into the history of the slave trade.

2 Volta Region

(p194) Hiking, climbing waterfalls and swimming in the former German Togoland, in Ghana's east.

3 Mole National Park

(p208) Joining a safari for some close-up encounters with herds of elephants.

4 Kejetia Market

(p203) Shopping till you drop (and getting very lost) in West Africa's biggest market in Kumasi.

5 Accra (p186)

Spending a day or two sampling the fine restaurants, nightclubs and city

