

Ko Samui & the Lower Gulf

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Why Go?

The Lower Gulf features Thailand's ultimate island trifecta: Ko Samui, Ko Pha-Ngan and Ko Tao. This family of spectacular islands lures millions of tourists every year with their powder-soft sands and emerald waters. Ko Samui is the oldest sibling, who has made it big. Here, high-class resorts operate with Swiss efficiency as uniformed butlers cater to every whim. Ko Pha-Ngan is the slacker middle child with tangled dreadlocks and a penchant for hammock-lazing and all-night parties. Meanwhile Ko Tao is the outdoorsy, funloving kid with plenty of spirit and spunk – the island specialises in high-adrenalin activities, including world-class diving and snorkelling.

The mainland coast beyond the islands sees few foreign visitors. From the pink dolphins and waterfalls of sleepy Ao Khanom to the Thai Muslim flavours of kite-flying, beach strolling Songkhla, this region will convince any naysayer that Thailand still holds a bevy of off-the-beatentrack wonders.

When to Go

- ➤ February to April celebrates endless sunshine after the monsoon rains have cleared. June to August, conveniently coinciding with the northern hemisphere's summer holidays, are among the most inviting months, with relatively short drizzle spells.
- October to December is when torrential monsoon rains rattle hot-tin roofs, and room rates drop significantly to lure optimistic beach goers.

GULF ISLANDS

Ko Samui

เกาะสมข

POP 50,000

Ko Samui is like a well-established Hollywood celebrity: she's outrageously manicured, has lovely blonde tresses and has gracefully removed all of her wrinkles without more than a peep in the tabloids. She's been in the tourism business longer than almost any other Thai island, but rather than becoming passe, she's embraced a new generation of resort goers, many of them upscale and Russian. Academy Awardwinning holidays here include fine stretches of sand clogged with beach loungers, rubbish-free roads, world-class international cuisine, luxurious spas and beach bar parties for scantily clad 20-somethings that start at noon.

Behind the glossy veneer there's still a glimmer of the girl from the country. Look for steaming street-side food stalls beyond the beach, backpacker shanties plunked down on quiet stretches of sand and secreted Buddhist temples along the backstreets. It's then that you remember you're in Thailand and not a globalisation-induced trance of a Photoshopped beach vacation. To really get away, head to the south or the west of the island, where you'll find authentic Samu family-run seafood restaurants, tourist-free towns buzzing with descendents of the original Chinese merchant settlers and long

stretches of refreshingly wild and shaggy coconut palms.

Sights

Ko Samui is quite large – the island's ring road is almost 100km total.

Hin-Ta & Hin-Yai

LANDMARK

At the south end of **Hat Lamai**, the secondlargest beach, you'll find these infamous stone formations (also known as Grandfather and Grandmother Rocks). These rocks, shaped like genitalia, provide endless mirth for giggling Thai tourists.

Ban Hua Thanon

NEIGHBOURHOOD

Just beyond Hat Lamai, Hua Thanon is home to a vibrant Muslim community, and its anchorage of high-bowed fishing vessels is a veritable gallery of intricate designs.

Nam Tok Na Muang

WATERFA

At 30m, this is the tallest waterfall on Samui and lies in the centre of the island about 12km from Na Thon. The water cascades over ethereal purple rocks, and there's a great pool for swimming at the base. This is the most scenic – and somewhat less frequented – of Samui's falls.

There are two other waterfalls in the vicinity: a smaller waterfall called Na Muang 2, and the high drop at Nam Tok Wang Saotong, which, thanks to recently improved road conditions, is now accessible. These chutes are just north of the ring road near Ban Hua Thanon. There's a great fried chicken and sôm·đam (spicy green papaya salad)

GULF ISLANDS IN...

One Week

First, shed a tear that you have but one week to explore these idyllic islands. Then start on one of **Ko Pha-Ngan's** (p193) secluded beaches in the west or east to live out your ultimate castaway fantasies. For the second half of the week choose between partying in **Hat Rin** (p197), pampering on **Ko Samui** (p171) or diving on little **Ko Tao** (p209).

Two Weeks

Start on **Ko Tao** (p209) with a 3½-day Open Water certification course, or sign up for a few fun dives. Slide over to **Ko Pha-Ngan** (p193) and soak up the sociable vibe in party-prone Hat Rin. Then, grab a long-tail and make your way to one of the island's hidden coves for a few days of detoxing and quiet contemplation. **Ko Samui** is next. Try **Bo Phut** (p182) for boutique sleeps or live it up like a rock star on Chaweng or Choeng Mon beach. If you have time, do a day trip to **Ang Thong National Marine Park** (p224).

One Month

Follow the two-week itinerary at a more relaxed pace, infusing many extra beach-book-and-blanket days on all three islands. Be sure to plan your schedule around the Full Moon Party, which takes place at Hat Rin's Sunrise Beach on **Ko Pha-Ngan** (p193).