

index

A

accommodation 398-9, *see also individual locations*
costs 68
language 424
activities 24, *see also individual activities*
air travel 19, **412**
air fares **412**
airlines 409-10
airports 409
travel to/from Thailand 409-10
travel within Thailand 411
Ancient City 61
Ang Thong Marine National Park 14, 222, **15**
animals 388-9, *see also individual species*
antiques 404
Ao Bang Thao 267-8, **266**
Ao Khanom 225-7
Ao Nang 306-10
Ao Phang-Nga 10, 294-5, **295, 10**
Ao Phang-Nga National Marine Park 295-7, **295**
Ao Prachuap 162-3
Ao Salak Kok 125
aquariums
Cholatassathan Museum 102
Phuket Aquarium 252
Samui Aquarium 178
Siam Ocean World 67
Songkhla Aquarium 230
architecture 248, 379-80
area codes 406
art galleries, *see museums*
arts 377-81, *see also books, films*
assault 403
ATMs 402
avian influenza 419
Ayuthaya kingdom 361-2

B

Ban Bang Bao 124-5
Ban Ko Lanta 324
Ban Krut 166-7
Ban Moken 278
Ban Phe 110-11
Ban Salak Phet 125-6
Bang Saphan Yai 166-7
Bangkok 50, 54-96, **56-7**
accommodation 54, 67-76
activities 63
Banglamphu 55-9, 67-9, 77, 82-3, **60-1**
children, travel with 67
Chinatown 59-60, 69, 78
climate 54
courses 63-4
drinking 82-4
emergencies 91
entertainment 84-7
festivals & events 66-7
food 54, 76-82
gay & lesbian travellers 85
highlights 56-7
history 55
information 91-2
internet resources 91
itineraries 58
Ko Ratanakosin 55-9, 67-9, 77, 82-3
medical services 92
Phahurat 59-60, 69
Sathon 71-3, 78-80
scams 90
shopping 87-91
Siam Square 70-1, 78, 83, **70-1**
sights 55-63
Silom 71-3, 78-80, **74-5**
Sukhumvit 73-5, 80-1, 83, **80-1**
tours 64-6
travel seasons 54
travel to/from 92-3
travel within 93-6
walking tour 65, **65**
Bangkok era 362-3
Banglamphu 55-9, 67-9, 77, 82-3, **60-1**
bargaining 21, 89, 405
bathrooms 407
beaches 23
beer 386
bicycle travel, *see cycling*
Big Buddha 249
bird-watching
Cha-am 146
Kaeng Krachan National Park 145
Khao Luang National Park 228
Khao Sam Roi Yot National Park 160, 161
Ko Chang (gulf coast) 126

Bo Phut 183, 187, **178, 12**
Boat 813 291
boat travel 410, 411-12
boat trips
Ao Thong Marine National Park 222
Bangkok 66
Khao Sam Roi Yot National Park 161
Pranburi 159
books 356
arts 380
fiction 377-8
food 382, 385, 387
health 417
history 358
border crossings 411
Cambodia 118, 123, 137
Malaysia 236
Myanmar (Burma) 272
boxing, *see Thai boxing*
Buddhism 375-6
budget 18
bungy jumping 239, 241
Burmese refugees 372
bus travel 410, 412-13, 414
business hours 399

C

Cambodia 137
camping 399
Ang Thong Marine National Park 222
Hat Chang Leng 336
Kaeng Krachan National Park 145
Khao Sam Roi Yot National Park 161
Ko Adang 353
Ko Hai 338
Ko Lanta 330
Ko Phi-Phi Leh 324
Ko Rawi 353
Ko Tarutao 349
Laem Son National Park 277
Pranburi 160
Similan Islands Marine National Park 294
Sirinat National Park 269
Surin Islands Marine National Park 287
car travel 410, 413-14
driving licenses 413
hire 413
insurance 413-14
language 427
rules 414
cave diving 212
caves
Khao Khanap Nam 301
Khao Krot Cave 226
Khao Wang Thong 226
Tham Bua Bok 222

caves *continued*

Tham Chao Mai 341
 Tham Chet Khok 345
 Tham Jara-Khe 347
 Tham Kaew 160
 Tham Khao Bandai-It 143
 Tham Khao Luang 141-2
 Tham Khao Maikaeo 325
 Tham Lawt 295
 Tham Lot 306
 Tham Luk Seu 296
 Tham Morakot 338
 Tham Nam Thalu 288
 Tham Pee Hua Toe 306
 Tham Phaya Naak 324
 Tham Pheung 307
 Tham Phra Nam 163
 Tham Phra Nang 311
 Tham Phra Nang Nai 311
 Tham Phraya Nakhon 160-1
 Tham Reusi Sawan 296
 Tham Sa Yuan Thong 306
 Tham Sai 161
 Tham Seu 325
 Tham Si Ru 288
 Viking Cave 324
 Wat Tham Seu 305
 Wat Tham Suwankhuha 297

CD-ROMs 403
 cell phones 19, 406-7
 Cha-am 146-8
 changing money 402
 Chantaboon Waterfront Community 118
 Chanthaburi 116-19, **117**
chao leh 278, 375, **14**
 Chatichai Choonhavan 366
 Chatuchak weekend market 90
 Chaweng 174, 179-81, 185-6, 187-90, **176**
 Chiaw Lan 288
 children, travel with 47-9
 Bangkok 67
 health 421
 Phuket 241
 Chinatown (Bangkok) 59-60, 69, 78
 Chinese New Year 25, 66
 Chinese people 373
 Choeng Mon 182, 186
chow lair 278, 375, **14**
 Chumphon 167-70, **168**
 Church of Santa Cruz 63
 Chuvit Kamolvisit 370
 cinema 378

000 Map pages

000 Photo pages

climate 18, 25-7, 400, *see also individual regions*
 climbing, *see* rock climbing
 coffee 45, 385
 commissions 399, 404
 consulates 400-1
 cooking courses 42
 Ao Nang 308
 Bangkok 63, 64
 Hua Hin 153
 Ko Chang (gulf coast) 127
 Ko Lanta 327
 Ko Phi-Phi Don 318
 Ko Samui 179
 Phuket 245
 Railay 313
 costs 18
 courses, *see also* cooking courses
 meditation 64
 Thai arts 150
 Thai boxing 64, 106
 Thai massage 63-4
 credit cards 402
 culture 372-81
 currency 18
 customs regulations 399-400
 cutaneous larva migrans 418
 cycling 413
 Ao Nang 307
 Bangkok 66
 Hua Hin 152-3, 154
 Kaeng Krachan National Park 145
 Ko Muk 338
 Ko Yao Noi 297
 language 427
 Phuket 245

D

Dan Singkhon (Myanmar) 164
 dance 380-1
 dangers, *see* safety
 deep south 231-7
 political unrest 232-3, 357, 368-9
 deep vein thrombosis (DVT) 417
 demographics 372
 dengue fever 418
 diarrhoea 419-20
 digital photography 403
 Dino Park 241
 disabilities, travellers with 407
 diving 23, 35-8, 280-5, **279-84**
 Andaman coast 37
 Ao Nang 307
 Bang Saphan Yai 166
 cave diving 212
 coursework 37
 freediving 38, 211-12
 gulf coast 37

Hat Khao Lak 291
 itineraries 284, **284**
 Ko Chang (Andaman coast) 276
 Ko Chang (gulf coast) 128
 Ko Lanta 325-7
 Ko Lipe 351
 Ko Mak 134
 Ko Muk 338
 Ko Pha-Ngan 195
 Ko Phayam 274
 Ko Phi-Phi Don 317-18
 Ko Samui 177
 Ko Tao 207-9, 212
 Ko Yao Noi 297
 Ko Yao Yai 298
 Krabi 301
 live-aboards 38
 Phuket 239
 planning 35-6
 Railay 312-13
 Ranong 270-1
 responsible diving 38
 safety 37
 Similan Islands Marine National Park 293
 Surin Islands Marine National Park 278, 287
 technical diving 38, 212, 288
 Dolphin Bay 159
 dolphins 159, 225
 drinks, *see* beer, coffee, whisky, wine
 driving, *see* car travel
 drugs 404
 Dusit Palace Park 62
 Dusit Zoo 67
 Dvaravati culture 359
 DVDs 403

E

eastern seaboard 50, 97-138, **98-9**
 accommodation 97
 climate 97
 food 97
 highlights 98
 travel seasons 97
 economy 374-5
 electricity 400
 Elephant Island, *see* Ko Chang (gulf coast)
 elephant trekking 288
 elephants **3**
 Kaeng Krachan National Park 145
 Ko Chang (gulf coast) 125
 Kuiburi National Park 162
 embassies 400-1
 emergencies 19
 Bangkok 91
 language 426

endangered species 389
 environment 388-96
 environmental issues 392-6
 Erawan Shrine 61-2
 ethnicity 372-3
 etiquette 21, 356
 events, *see* festivals & events
 exchange rates 19

F

festivals & events 25-7
 Bangkok World Film Festival 67
 Chumphon Marine Festival 167
 Chumphon Traditional Boat Race 167
 Fringe Festival 153
 Full Moon Parties 194, 204-5, **8**
 Gin Hoy, Do Nok, Tuk Meuk 146
 Hua Hin Jazz Festival 26, 153
 King's Cup Elephant Polo
 Tournament 153
 Loi Krathong 26, 67
 Ork Phansaa 167
 Pattaya International Music Festival
 25, 106
 Phra Nakhon Khiri Fair 143
 Phuket Gay Pride Festival 250, 263
 Royal Ploughing Ceremony 66
 Songkran 25, 67, **26**
 Vegetarian Festival 27, 250, 333,
 387, **26**
 filariasis 419
 films 357
 food 23, 40-6, 382-7, **44**, *see also*
 cooking courses
 backpacker food 41
 Bangkok cuisine 42-3
 books 382, 385, 387
 children 48
 health 420
 internet resources 384, 385,
 386, 387
 language 424-6
 Muslim-Thai cuisine 45
 safety 42
 southern Thai cuisine 43-4
 Thai-Chinese cuisine 46
 Thompson, David 79
 vegetarian travellers 77, 387
 food stalls 386
 foreign exchange 402-3
 freediving 38, 211-12
 Full Moon Parties 194, 204-5, **8**

G

gardens, *see* parks & gardens
gà-teu-i 188-9
 Bangkok 86
 Ko Samui 190

gay travellers 401
 Bangkok 85
 Phuket 263
 gems 116, 117, 405
 geography 388
 Golden Mount 58
 golf
 Hua Hin 152
 Phuket 244-5
 government 370-1

H

Hat Bang Sak 289-90
 Hat Chang Lang 335-6
 Hat Chao Mai National Park 335
 Hat Chaweng 174, 179-81, 185-6,
 187-90, **176**
 Hat Jomtien 104-6
 Hat Kamala 264, **266**
 Hat Karon 257-8, **256**
 Hat Kata 254-7, **256**
 Hat Khao Lak 290-3, **291**
 Hat Khao Tao 158
 Hat Laem Ka **254**
 Hat Laem Sala 161
 Hat Mai Khao 268-9
 Hat Mai Rut 122
 Hat Nai Thon 268-9
 Hat Nai Yang 268-9
 Hat Nopparat Thara 310-11
 Hat Pak Meng 335-6
 Hat Pakarang 289-90
 Hat Patong 17, 258-63, **260, 17**
 Hat Puak Tian 143
 Hat Rin 196-8, 202-3, 204-5, **197**
 Hat Sai Kaew 111, 113
 Hat Sai Khao 123, 128-9
 Hat Sai Noi 158
 Hat Surin 264-6, **266**
 Hat Yai 230-1
 Hat Yao 340-1
 health 416-22
 books 417
 insurance 416
 internet resources 416
 medical services 417-18
 vaccinations 416
 women travellers 422
 heat stroke 420
 hepatitis A 418
 hepatitis B 418
 hepatitis E 419
 hiking
 Ao Khanom 226
 Ao Thong Marine National Park 222
 Kaeng Krachan National Park 145
 Khao Sam Roi Yot National Park 161
 Ko Chang (gulf coast) 126

Ko Pha-Ngan 193-4, 195
 Kuiburi National Park 162
 Similan Islands Marine National
 Park 293
 Surin Islands Marine National
 Park 287
 Trang 333
 Hin Daeng 283, 325
 Hin Muang 283, 325
 historical parks 141
 history 358-69
 14 October demonstrations 365-6
 Ayuthaya kingdom 361-2
 Bangkok 55
 books 358
 Dvaravati culture 359
 Khmer kingdom 359
 landmarks 360
 Lanna kingdom 360
 separatist insurgency 368-9
 Srivijaya culture 360
 Sukhothai kingdom 361
 WWII 364
 hitching 414
 HIV 418
 holidays 403
 horseriding 241
 Hua Hin 11, 148-58, **150, 11**
 accommodation 153-5
 activities 151-3
 drinking 156
 entertainment 156
 festivals & events 153
 food 155-6, 157
 information 156-7
 sights 148-51
 travel to/from 157-8
 travel within 158

I

immigration 407-8, 409
 influenza 418
 insect bites & stings 420
 insurance
 car 413-14
 health 416
 travel 401
 internet access 401-2
 internet resources 19
 Bangkok 91
 food 384, 385, 386, 387
 health 416
 Ko Pha-Ngan 206
 Ko Tao 221
 Phuket 246
 Islam 376-7
 itineraries 30-4, 284, **30, 31, 33,**
34, 284

J

James Bond Island 296
 Japanese B encephalitis 419
 Jatukham Rammathep 226
 jellyfish 421
 jet lag 417
 Jim Thompson's House 13, 60-1, **13**

K

Kaeng Krachan National Park 145
 kayaking
 Ao Nang 307
 Ao Phang-Nga National Marine
 Park 10, 296, **10**
 Hua Hin 151
 Ko Chang (gulf coast) 124, 125, 126
 Ko Kut 136
 Ko Muk 338
 Ko Phi-Phi Don 317
 Ko Samui 177
 Ko Si Chang 103
 Krabi 301
 Phuket 241
 Railay 312-13
 Trang 333
 Khao Kalok 159
 Khao Khanap Nam 301
 Khao Khitchakut National Park 119
 Khao Lak 290-3, **291**
 Khao Lak/Lam Ru National Park
 290, **285**
 Khao Luang National Park 228
 Khao Phanom Bencha National
 Park 307
 Khao Phra Thaew Royal Wildlife &
 Forest Reserve 269-70
 Khao Rang 248
 Khao Sam Roi Yot National Park
 160-2
 Khao Sok National Park 288-9, **284**
 Khao Wang Thong 226
 Khlong Thap Liang 290
 Khmer kingdom 359
 Khuraburi 277
 King Ananda (Rama VIII) 364
 King Bhumibol Adulyadej (Rama IX)
 364, 366
 King Chulalongkorn (Rama V) 102,
 143, 193, 363
 King Mongkut (Rama IV) 141, 160,
 363
 King Narai 361
 King Naresuan 361, 362
 King Prajathipok (Rama VII) 148, 364

King Vajiravudh (Rama VI) 148,
 149, 162
 king's birthday 27
 kiteboarding
 Hua Hin 152
 Phuket 243-4
 Ko Adang 353
 Ko Bele 298
 Ko Bulon Leh 345-6
 Ko Chang (gulf coast) 13, 122-34,
124, 13
 accommodation 127-31
 activities 126-7
 courses 127
 drinking 131-4
 food 131-4
 information 133
 itineraries 126
 sights 123-6
 travel to/from 133-4
 travel within 134
 Ko Chang (Andaman coast) 275-6
 Ko Haa 325
 Ko Jum 332-3
 Ko Kra 351
 Ko Kradan 340, **6-7, 32**
 Ko Kut 17, 136-8, **17**
 Ko Lan 105
 Ko Lanta 9, 324-31, **326, 9**
 accommodation 327-30
 activities 325-7
 courses 327
 drinking 331
 entertainment 331
 food 330-1
 information 331
 sights 324-5
 travel to/from 331
 travel within 331
 Ko Lao Liang 342
 Ko Libong 341-2
 Ko Lipe 14, 349-53, **350, 14, 32**
 Ko Loi 100
 Ko Mak 134-6
 Ko Muk 338-40
 Ko Ngai 336-8
 Ko Pha-Ngan 8, 192-207, **193, 197, 8**
 accommodation 196-202
 activities 195
 drinking 204-5
 food 202-4
 information 205-6
 internet resources 206
 sights 193-5
 travel to/from 206
 travel within 206-7
 Ko Phayam 273-5
 Ko Phing Kan 296

Ko Phi-Phi Don 16, 316-24, **317, 320,**
2-3, 16, 285
 accommodation 319-22
 activities 317-18
 courses 318
 drinking 323
 food 322-3
 information 323
 tours 318-19
 travel to/from 323
 travel within 323-4
 Ko Phi-Phi Leh 16, 324, **16, 286**
 Ko Phra Thong 287-8
 Ko Ra 287-8
 Ko Rang 128
 Ko Ratanakosin 8, 55-9, 67-9, 77, 82-3
 Ko Rawi 353
 Ko Rayang 135
 Ko Samet 16, 111-16, **112, 16**
 Ko Samui 12, 174-92, **175, 176,**
178, 12
 accommodation 179-84
 activities 177-9
 courses 179
 drinking 187-93
 entertainment 187
 food 185-7
 information 190-1
 sights 174-6
 travel to/from 191-2
 travel within 192
 Ko Si Boia 332-3
 Ko Si Chang 102-3
 Ko Sireh 252
 Ko Sukorn 342
 Ko Tao 6, 207-21, **207, 210, 7**
 accommodation 213-17
 activities 207-13
 drinking 219-20
 entertainment 219-20
 food 217-19
 information 220-2
 internet resources 221
 shopping 220
 travel to/from 221
 travel within 221
 Ko Tarutao 347-9
 Ko Tarutao Marine National Park
 346-53, **348, 286**
 Ko Wai 128, 134
 Ko Wua Talap 222
 Ko Yao 14, 297-9, **15**
 Ko Yao Noi 297, 298
 Ko Yao Yai 297-8, 298-9
 Ko Yo 229
 Koh Kong Conservation Corridor
 (Cambodia) 137
 Koh Kong Island (Cambodia) 137

Koh Rong (Cambodia) 137
 Kovacs, Junie 325
 Krabi 301-5, **304**
 Krabi Province 301-33
 Krong Koh Kong (Cambodia) 137
 Kuiburi National Park 162

L

Laem Phanwa 252
 Laem Son National Park 276-7
 Lamai 174, 181-2, 186, 188-90
 language 18, 423-9
 Lanna kingdom 360
 legal matters 402
 leptospirosis 418
 lesbian travellers 401
 Bangkok 85
 Phuket 263
 Libong Archipelago Wildlife Reserve 341
 lifestyle 374
 literature 377-8, *see also* books
 Loi Krathong 27
 lower gulf 51, 171-237, **172-3**
 accommodation 171
 climate 171
 food 171
 highlights 172-3
 itineraries 174
 travel seasons 171
 Lumphini Park 62-3
 luxury travel 24

M

Mae Hat 214-15, 218, **210**
 malaria 418-19
 Malay people 373
 maps 402
 marine national parks, *see also* national parks & reserves, parks & gardens
 Ang Thong Marine National Park 222, **15**
 Ao Phang-Nga National Marine Park 295-7, **295**
 Ko Tarutao Marine National Park 346-53, **348, 286**
 Mu Ko Lanta Marine National Park 324-5
 Similan Islands Marine National Park 293-4, **294, 279**
 Surin Islands Marine National Park 278, 287
 markets
 amulet market 59
 Chanthaburi gem market 117
 Chatuchak weekend market 90
 Chumphon night market 169

Cicada market 151
 Dan Singkhon (Myanmar) 164
 Hat Yai night market 231
 Hua Hin night market 155
 Knuraburi morning market 277
 Ko Pha-Ngan night market 203
 Ko Phi-Phi Don local food market 322
 Krabi day market 303
 Krabi night market 303
 Or Tor Kor market 90
 Pak Khlong market 90
 Phahurat market 60
 Phang-Nga 295
 Phetchaburi day market 144
 Phuket Town day market 251
 Satun night markets 344
 Talat Mai 60
 Talat Rot Fai 91
 Trang night market 334
 Trang wet & dry markets 333
 Trat indoor market 120
 Walking Street market 163
 massage, *see* Thai massage
 Matsayit Klang 234, 235
 measles 419
 measures 401
 media 371
 medical services 417-18
 Bangkok 92
 Hua Hin 157
 Ko Chang (gulf coast) 133
 Ko Pha-Hgan 206
 Ko Samui 191
 Ko Tao 220
 Pattaya 109
 Phuket 245
 meditation
 Ko Chang (gulf coast) 127
 Ko Pha-Ngan 195
 melioidosis 419
 Meunram Temple 333
 mobile phones 19, 406-7
 Moken people 278, 375, **14**
 money 18, 19, 402-3
 Monkey Mountain 343
moo-ay tai 107
 Bangkok 86
 courses 64, 106
 Ko Phi-Phi 309-10
 Phuket 244
 motorcycle travel 410, 413-14
 hire 413
 insurance 413-14
 rules 414
muay tai, *see moo-ay tai*
 Mu Ko Lanta Marine National Park 324-5

museums
 Ancient City 61
 Anek Kusala Sala (Viharn Sien) 105
 Baan Silapin 150
 Ban Kamthieng 62
 Chantaboon Waterfront Community 118
 Chao Leh Museum 324
 Jim Thompson's House 13, 60-1, **13**
 Ku Den Museum 343
 Museum of Siam 59
 National Museum (Bangkok) 58
 National Museum (Nakhon Si Thammarat) 227
 National Museum (Songkhla) 229
 Phuket Thaihua Museum 248
 Songkran Niymosane Forensic Medicine Museum & Parasite Museum 59
 Suan Phakkad Palace Museum 61
 Thaksin Folklore Museum 229
 Thalang National Museum 270
 music 378-9

N

Nakhon Si Thammarat 227-9
 Nakhon Si Thammarat Province 225
 Naklua 104-6
 Nam Tok Phlio National Park 119
 Namuang Safari Park 178
 Narathiwat 235-6
 national parks & reserves 390, *see also* marine national parks, parks & gardens
 Hat Chao Mai National Park 335
 Kaeng Krachan National Park 145
 Khao Khitchakut National Park 119
 Khao Lak/Lam Ru National Park 290, **285**
 Khao Luang National Park 228
 Khao Phanom Bencha National Park 307
 Khao Phra Thaw Royal Wildlife & Forest Reserve 269-70
 Khao Sam Roi Yot National Park 160-2
 Khao Sok National Park 288-9, **284**
 Khlong Thap Liang 290
 Kuiburi National Park 162
 Laem Son National Park 276-77
 Libong Archipelago Wildlife Reserve 341
 Nam Tok Phlio National Park 119
 Sirinat National Park 268-9
 Tharnbok Korannee National Park 306
 newspapers 401
 nicknames 374
 nightclubs 84-5

northern Andaman coast 51, 238-99, **240**
 accommodation 238
 climate 238
 food 238
 highlights 240
 travel seasons 238

O

opening hours 399
 Ork Phansaa 167

P

painting 380
 Pak Bara 344-5
 Pak Nam Pran 158
 palaces
 Dusit Palace Park 62
 Phra Chudadhuth Palace 102
 Phra Nakhon Khiri 141
 Phra Ram Ratchaniwet 143
 Phra Ratchaniwet Mrigadayavan 149-50
 parasites 420
 parks & gardens, *see also* marine national parks, national parks & reserves
 Dusit Palace Park 62
 Health Park 100
 Lumphini Park 62
 Pranburi Forest Park 159
 Suan Somdet Phra Sinakharin Park 296
 passports 407-8, 409
 Patong 17, 258-63, **260, 17**
 Pattani 234-5
 Pattaya 103-10, **104**
 accommodation 106-7
 activities 106
 drinking 109
 entertainment 109
 food 107-9
 information 109
 sights 104-6
 travel to/from 109-10
 travel within 110
 people 372-81
 Phahurat 59-60, 69
 Phang-Nga 294-5
 Phang-Nga Province 277-99
 Phetchaburi (Phetburi) 141-6, **142**
 Phibul Songkhram 364
 photography 403
 Phra Nakhon Khiri Historical Park 141

Phra Ram Ratchaniwet 143
 Phra Ratchaniwet Mrigadayavan 149-50
 Phuket 12, 239-70, **242, 247, 255, 12**
 activities 239-45
 children, travel with 241
 courses 245
 gay & lesbian travellers 263
 information 245-6
 internet resources 246
 medical services 245
 tours 245
 travel to/from 246
 travel within 246
 Phuket Fantasea 264
 Phuket Gay Pride Festival 263
 Phuket Gibbon Rehabilitation Centre 270
 Phuket Town 246-52, **247**
 accommodation 248-9
 drinking 251
 entertainment 251
 food 249-51
 information 251
 shopping 251
 sights 248
 travel to/from 251-2
 travel within 251-2
 planning, *see also individual regions*
 calendar of events 25
 children, travel with 47-9
 diving & snorkelling 35-9, 284, **284**
 food 40-6
 itineraries 30-4, **31, 32, 33, 34**
 regions 50-1
 repeat visitors 22
 plants 389-90
 Plearn Wan 149
 politics 357, 370-1
 population 356
 postal services 403
 Prachuap Khiri Khan 162-5
 Pranburi 158-60
 Pranburi Forest Park 159
 Prem Tinsulanonda 366
 Pridi Phanomyong 365
 prostitution 356-7
 public holidays 403

R

rabies 419
 radio 401
 rafting 288, 295
 Rai Leh, *see* Railay
 Railay 8, 311-16, **312, 8**
 accommodation 313-16
 activities 311-13

courses 313
 drinking 316
 entertainment 316
 food 313-16
 information 316
 sights 311
 travel to/from 316
 travel within 316
 Rama I 362
 Rama IV 141, 160, 363
 Rama V 102, 143, 193, 363
 Rama VI 148, 149, 162
 Rama VII 148, 364
 Rama VIII 364
 Ranong 270-3, **271**
 Ranong Province 270-7
 Rawai 253-4, **254**
 Rayong 110-11
 religion 357, 375-7
 Richelieu Rock 10, 278, 283, 291, **11, 281, 282-3**
 rock art 297
 rock climbing
 Ko Phi-Phi Don 318
 Ko Tao 213
 Ko Yao Noi 297
 Railay 311-12
 rubber trees 339

S

Sa Phra Nang 311
 safety 403-4
 Bangkok 90
 deep south 232-3
 food 42
 hitching 414
 Ko Chang (gulf coast) 133
 Ko Pha-Ngan 205
 Ko Samui 190-1
 Ko Tao 220
 Pattaya 109
 Phuket 245
 road 414
 sāhm-lór 414
 Sail Rock 283
 Sairee Beach 213-14, 217-18, **210**
 San Jao Phaw Khao Yai 102
 Sanctuary of Truth 104-5
 Sarit Thanarat 365
 Sathon 71-3, 78-80
 Satun 343-4, **343**
 Satun Province 342-53
 scams 90, 404
 scuba diving, *see* diving
 sex tourism 379
 sexually transmitted diseases 419
 Shark Island 211, **7**
 Shell Cemetery 311

shopping 404-6, *see also* markets,
individual locations
 language 426
 Shrine of the Serene Light 248
 Si Racha 100-2, **101**
 Siam Ocean World 67
 Siam Square 70-1, 78, 83, **70-1**
 Sihanoukville (Cambodia) 137
 Silom 71-3, 78-80, **74-5**
 Similan Islands Marine National Park
 293-4, **294, 279**
 Sirinat National Park 268-9
 skin problems 420
 snakes 421
 snorkelling 23, 39, 286, **286**
 Ao Nang 307
 Ao Thong Marine National Park 222
 Bang Saphan Yai 166
 Ko Bulon Leh 346
 Ko Chang (gulf coast) 128
 Ko Kut 136
 Ko Lipe 351
 Ko Muk 338
 Ko Ngai 337
 Ko Pha-Ngan 194, 195
 Ko Phi-Phi Don 318
 Ko Rawi 353
 Ko Samui 177
 Ko Si Chang 103
 Ko Tao 209-11
 Ko Tarutao 347
 Ko Wai 134
 Ko Yao Noi 297
 Phuket 239
 Railway 312-13
 Similan Islands Marine National
 Park 293
 Surin Islands Marine National Park
 278, 287
 Trang 333
 society 372-81
 Songkhla 229-30
 Songkhla Province 229-31
 Songkran 25, 66, **26**
 sǒr-nǎn-tǎa-ou 414
 southern Andaman coast 51, 300-54,
302
 accommodation 300
 climate 300
 food 300
 highlights 302
 travel seasons 300
 southern gulf 50, 139-70, **141**
 accommodation 139
 climate 139
 food 139
 highlights 140
 travel seasons 139

spas
 Bangkok 63
 Ko Samui 178-9
 Phuket 243
 Ranong 270
 Splash Jungle 241
 Srivijaya culture 360
 strongyloides 419
 Suan Somdet Phra Sinakharin Park
 296
 Sukhothai kingdom 361
 Sukhumvit 73-5, 80-1, 83, **80-1**
 sunburn 421
 Sungai Kolok 236-7
 Surat Thani 223-5, **224**
 Surat Thani Province 223
 surfing 241, 243, 254, 255, 274, 289
 Surin Islands Marine National Park
 278, 287

T

tailors 88
 taxis 415
 technical diving 38, 212, 288
 telephone services 19, 406-7
 temples & shrines, *see also* wát
 Bang Niew temple 250
 Erawan Shrine 61-2
 Jui Tui temple 250
 Meunram Temple 333
 San Jao Phaw Khao Yai 102
 Shrine of the Serene Light 248
 Sui Boon Tong temple 250
 Thai-Chinese temple (Si Racha)
 100
 Tham Phra Nang 311
 textiles 405-6
 Th Khao San 59
 Thai boxing 107
 Bangkok 86
 courses 64, 106
 Ko Phi-Phi 309-10
 Phuket 244
 Thai language 423-9
 Thai massage
 Bangkok 63
 Ko Chang (gulf coast) 127
 Ko Samui 179
 Ko Si Chang 103
 Thaksin Shinawatra 55, 367-9, 371
 Thalang District 270
 Tham Kaew 160
 Tham Khao Bandai-It 143
 Tham Khao Luang 141-2
 Tham Khao Maikao 325
 Tham Morakot 338
 Tham Nam Thalu 288
 Tham Pee Hua Toe 306
 Tham Phung 307
 Tham Phra Nang 311
 Tham Phra Nang Nai 311
 Tham Phra Nawn 163
 Tham Phraya Nakhon 160-1
 Tham Si Ru 288
 Tharnbok Koranee National Park
 306
 theatre 86-7, 380-1
 theft 404
 Thepha district 234-5
 Thompson, David 79
 Thompson, Jim 13, 60-1
 time 407
 tipping 403
 toilets 407
 Tonsai Village **320**
 tourist information 407
 tours, *see also individual locations*
 Ao Nang 308
 Ao Phang-Nga 295
 Ao Thong Marine National Park 222
 Bangkok 64-6
 Hua Hin 151-3
 Kaeng Krachan National Park 145
 Ko Chang (gulf coast) 126
 Ko Pha-Ngan 195
 Ko Phi-Phi Don 318-19
 Ko Samet 113
 Ko Tao 212-13
 Krabi 301
 Pak Bara 345
 Phetchaburi 144
 Phuket 245
 Satun 343
 Trang Islands 335
 train travel 410-11, 415, **412**
 Trang 333-5, **336**
 Trang Islands 6, 335-8, **6-7**
 Trang Province 333-42, **334**
 Trat 119-22, **121**
 Trat Province **120**
 travel seasons 54
 travel to/from Thailand 409-11
 travel within Thailand 411-15
 trekking, *see* hiking
 tsunamis 290
 tuberculosis 419
 túk-túk 414
 turtles 114
 TV 401
 typhoid 419
 typhus 419

V

vacations 403
 vaccinations 416

how to use this book

These symbols will help you find the listings you want:

Sights	Tours	Drinking
Beaches	Festivals & Events	Entertainment
Activities	Sleeping	Shopping
Courses	Eating	Information/Transport

These symbols give you the vital information for each listing:

Telephone Numbers	Wi-Fi Access	Bus
Opening Hours	Swimming Pool	Ferry
Parking	Vegetarian Selection	Metro
Nonsmoking	English-Language Menu	Subway
Air-Conditioning	Family-Friendly	Skytrain
Internet Access	Pet-Friendly	Train

Reviews are organised by author preference.

Look out for these icons:

	Our author's recommendation
	No payment required
	A green or sustainable option

Our authors have nominated these places as demonstrating a strong commitment to sustainability – for example by supporting local communities and producers, operating in an environmentally friendly way, or supporting conservation projects.

Map Legend

Sights

- Beach
- Buddhist
- Castle
- Christian
- Hindu
- Islamic
- Jewish
- Monument
- Museum/Gallery
- Ruin
- Winery/Vineyard
- Zoo
- Other Sight

Activities, Courses & Tours

- Diving/Snorkelling
- Canoeing/Kayaking
- Skiing
- Surfing
- Swimming/Pool
- Walking
- Windsurfing
- Other Activity/Course/Tour

Sleeping

- Sleeping
- Camping

Eating

- Eating

Drinking

- Drinking
- Cafe

Entertainment

- Entertainment

Shopping

- Shopping

Information

- Bank
- Embassy/Consulate
- Hospital/Medical
- Internet
- Police
- Post Office
- Telephone
- Toilet
- Tourist Information
- Other Information

Transport

- Airport
- Border Crossing
- Bus
- Cable Car/Funicular
- Cycling
- Ferry
- Metro
- Monorail
- Parking
- Petrol Station
- Taxi
- Train/Railway
- Tram
- Other Transport

Routes

- Tollway
- Freeway
- Primary
- Secondary
- Tertiary
- Lane
- Unsealed Road
- Plaza/Mall
- Steps
- Tunnel
- Pedestrian
- Overpass
- Walking Tour
- Walking Tour Detour
- Path

Geographic

- Hut/Shelter
- Lighthouse
- Lookout
- Mountain/Volcano
- Oasis
- Park
- Pass
- Picnic Area
- Waterfall

Population

- Capital (National)
- Capital (State/Province)
- City/Large Town
- Town/Village

Boundaries

- International
- State/Province
- Disputed
- Regional/Suburb
- Marine Park
- Cliff
- Wall

Hydrography

- River, Creek
- Intermittent River
- Swamp/Mangrove
- Reef
- Canal
- Water
- Dry/Salt/Intermittent Lake
- Glacier

Areas

- Beach/Desert
- Cemetery (Christian)
- Cemetery (Other)
- Park/Forest
- Sportsground
- Sight (Building)
- Top Sight (Building)

behind the scenes

SEND US YOUR FEEDBACK

We love to hear from travellers – your comments keep us on our toes and help make our books better. Our well-travelled team reads every word on what you loved or loathed about this book. Although we cannot reply individually to postal submissions, we always guarantee that your feedback goes straight to the appropriate authors, in time for the next edition. Each person who sends us information is thanked in the next edition – the most useful submissions are rewarded with a selection of digital PDF chapters.

Visit lonelyplanet.com/contact to submit your updates and suggestions or to ask for help. Our award-winning website also features inspirational travel stories, news and discussions.

Note: We may edit, reproduce and incorporate your comments in Lonely Planet products such as guidebooks, websites and digital products, so let us know if you don't want your comments reproduced or your name acknowledged. For a copy of our privacy policy visit lonelyplanet.com/privacy.

OUR READERS

Many thanks to the travellers who used the last edition and wrote to us with helpful hints, useful advice and interesting anecdotes:

Ralph Bain, Reinier Bakels, Gavin Bartle, Saskia Beijering, Rachel Cooper, Yvonne Degen, Sara Forssell, Brandon Hausmann, Anique Landre, Anne Myles, William Seager

AUTHOR THANKS

Brandon Presser

As always, a big thank you to the Barmidges for the best home away from home on this (lonely) planet. In the islands, a very special thanks goes out to Matt Bolton and Crystal. A big thank you also goes out to China Williams for successfully (re)launching our Thailand content, to Celeste and Austin for their diligence, to Ilaria for always striving to keep things fresh for our readers, and to Joanne and Sasha Fachay for always putting a smile on my face even when the deadlines loomed large.

Celeste Brash

Huge thanks to my husband Josh and my kids who I missed so much on this extra-long trip. In Phuket thanks to Celine Masson, Lauren Ladky, Jade in Surin and Aleksander Bochenek; fellow Lonely Planet authors Adam

Skolnick, Lisa Dunford and Greg Bloom for expert support; to Bodhi Garrett, master of the best places, and to Starlight on Phayam and Dick on Sukorn. And Brandon and Ilaria for keeping this crazy book together.

Austin Bush

Thanks to talented Lonely Planetters Ilaria Walker, David Connolly and Bruce Evans; fellow writers Celeste Brash and Brandon Presser; and the kind folks on the ground in Bangkok including Joe Cummings, Greg Glachant, Craig Harrington, Richard Hermes, Natchaphat Itthi-chaiwarakom, Maher Satter, David Thompson, Pailin Wedel and Patrick Winn.

ACKNOWLEDGMENTS

Climate map data adapted from Peel MC, Finlayson BL & McMahon TA (2007) 'Updated World Map of the Köppen-Geiger Climate Classification', *Hydrology and Earth System Sciences*, 11, 163344.

Cover photograph: Ang Thong Marine National Park, Thailand, Mikel Bilbao/Getty Images ©

Many of the images in this guide are available for licensing from Lonely Planet Images: www.lonelyplanetimages.com.

THIS BOOK

This 8th edition of *Thailand's Islands & Beaches* was coordinated by Brandon Presser, who wrote the Plan Your Trip (with the exception of Eat & Drink Like a Local) and Understand chapters (with the exception of Food & Drink) as well as the Survival guide. Brandon also researched and wrote the Ko Samui & the Lower Gulf chapter. Brandon was assisted by an extraordinary pair of Thailand aficionados: Celeste Brash (Phuket & the Northern Andaman Coast, Ko Phi-Phi & the Southern Andaman Coast) and Austin Bush (Bangkok, Eat & Drink Like a Local, Food & Drink). The Health chapter is based on that supplied by Trish Batchelor and the Environment chapter is based on that supplied by David Lukas. Maher Sattar

came through with the goods at the last moment and wrote the Cambodia's South Coast content for the Ko Chang & Eastern Seaboard chapter.

This guidebook was commissioned in Lonely Planet's Melbourne office, and produced by the following:

Commissioning Editor

Ilaria Walker

Coordinating Editor Elin Berglund

Coordinating Cartographers Xavier Di Toro, Valentina Kremenchutskaya, Alex Leung

Coordinating Layout Designer Carol Jackson

Managing Editors Bruce Evans, Anna Metcalfe, Martine Power, Dianne Schallmeiner

Managing Cartographers

Adrian Persoglia, Amanda Sierp

Managing Layout

Designers Chris Girdler, Jane Hart

Assisting Editors Gordon Farrer, Cathryn Game, Kate Mathews, Amanda Williamson, Simon Williamson

Assisting Layout

Designer Paul Iacono

Cover Research Naomi Parker

Internal Image Research Aude Vauconsant

Language Content

Annelies Mertens

Thanks to

Yvonne Bischofberger, Ryan Evans, Yvonne Kirk, Karyn Noble, Trent Paton, Gerard Walker, Wendy Wright

© Lonely Planet Publications Pty Ltd. To make it easier for you to use, access to this chapter is not digitally restricted. In return, we think it's fair to ask you to use it for personal, non-commercial purposes only. In other words, please don't upload this chapter to a peer-to-peer site, mass email it to everyone you know, or resell it. See the terms and conditions on our site for a longer way of saying the above - 'Do the right thing with our content.'