



Uppsala & Central Sweden

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Best Places to Eat

- » Kopparhatten Café & Restaurang (p135)
- » Magnussons Krog (p113)
- » Kalle på Spangen (p121)
- » Nora Glass (p124)
- » Hälls Konditori Stallbacken (p126)

Best Places to Stay

- » Hotell Hackspett (p119)
- » Behrn Hotell (p126)
- » STF Vandrarhem Leksand (p137)
- » Moraparken (p140)
- » STF Nora Täghem (p124)

Why Go?

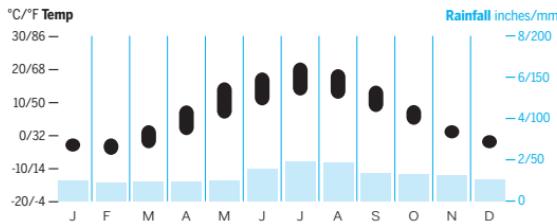
A compact wonderland of painted wooden horses marching across green hills dotted with little red cabins, central Sweden is such a perfect distillation of all the Swedish highlights it could almost be one of those Las Vegas theme parks. It's an easily explored area right in the middle of the country, so travellers on a tight schedule can see a lot of what makes Sweden so Swedish.

The Lake Siljan area, with its idyllic villages and evergreen forest, represents the country's heartland. Further north, the landscape gets wilder and more rugged, a teaser offering hints of Lapland and the far north. In between lies Sweden's industrial core – perhaps not glamorous, but illuminating and important.

Uppsala and Örebro are lively cultural centres with well-preserved historical buildings and great museums, dining, shopping and nightlife. Outdoorsy types will have plenty to do too, from skiing and hiking to birdwatching and canoeing.

When to Go

Uppsala



Mid-Jun–Aug The weather's fine, accommodation prices are low and attractions are open.

Sep–Oct Many sights are closed, but the weather's fair and autumn leaves mean gorgeous scenery.

Dec–Feb Winter means bundling up, but central Sweden during the Christmas holidays is lovely.



Uppsala & Central Sweden Highlights

1 Ponder the ancient burial mounds at **Gamla Uppsala** (p109)

2 Soak up science and artefacts at Uppsala's **Museum Gustavianum** (p111)

3 Visit Carl Larsson's inspiring family home in **Sundborn** (p134)

4 Watch roly-poly bears at play in **Grönklitt** (p142)

5 Stop for ice cream in **Nora** (p123)

6 Wander the lovely city park and historic Wadköping village in **Örebro** (p124)

7 See regional art and history in Dalarnas Museum, **Falun** (p135)

8 Sleep underwater, or in a treehouse, in **Västerås** (p119)

9 Explore an atmospheric old mine at **Ängelsberg** (p123)

10 Hit the ski slopes at **Sälen** (p142)