

Index

ABBREVIATIONS

AS	American Samoa
CI	Cook Islands
EL	Easter Island
FI	Fiji
FP	French Polynesia
NC	New Caledonia
Ni	Niue
PI	Pitcairn Island
Ra	Rarotonga
Sa	Samoa
SI	Solomon Islands
Ta	Tahiti
Tk	Tokelau
To	Tonga
Tu	Tuvalu
Va	Vanuatu
WF	Wallis & Futuna

A

- Aakapa (FP) 460
abseiling
 New Caledonia 193, 220
 Vanuatu 568
accommodation 623-5, *see also individual countries*
activities 625-6, *see also individual activities*
Adams, John 244, 245, 246
Afu-A-au Falls (Sa) 329
Ahe (FP) 457
Ahu (EL) 87-8
AIDS 648
air travel 635-41
Aitutaki (CI) 273-8, **274**
alcohol 60
Aleipata (Sa) 315-16
Alofaaga Blowholes (Sa) 328
Alofi (Ni) 231-6, **232**
Alofi (WF) 618-20, **619**
Amalau Valley (AS) 347
Amatuku (Tu) 547
Ambae (Va) 604
Ambrym (Va) 590-93, **591**

- Amédée Islet (NC) 196-7
American Samoa 337-58, **341, 344, 351, 352**
 accommodation 353
 activities 353-5
 arts 339
 business hours 355
 children, travel with 347-8, 355
 climate 338
 costs 356
 culture 339
 electricity 355
 embassies & consulates 355
 environment 339-40
 festivals & events 355
 food 340
 history 338-9
 internet access 355
 internet resources 356
 itineraries 343
 language 339
 maps 356
 money 356
 newspapers 355
 planning 338
 postal services 342
 radio 355
 telephone services 356
 time 356
 travel to/from 357
 travel within 357-8
 TV 355
 visas 356-7
 weights & measures 355
Ana Aeo Cave (FP) 470
Anahi (FP) 466
Anaho (FP) 460
‘Anahulu Cave (To) 509
Anatakitaki (CI) 280, **13**
‘Angaha (To) 529
animals 65-7, 230-1, 256, 561-2
Aniwa (Va) 585
A‘opo Conservation Area (Sa) 326
Apia (Sa) 305-14, **306-7, 309**
Apolima (Sa) 320
Aquarium des Lagons (NC) 185
Arahoho Blowhole (Ta) 411
Arai-Te-Tonga (CI) 263
Aranui (Ta) 463
archaeological sites 34, 550, 615, 617
 American Samoa 338, 345, 353
 Cook Islands 290
 Easter Island 87, 88, 89
 Fiji 119
 French Polynesia 460, 462, 463, 464, 465, 466
 Samoa 297
 Solomon Islands 389
 Tonga 512, 514
 Tuvalu 550
 Wallis Island 615, 617
architecture 52, 185, 300, 314
area codes 632
Areora (CI) 284
‘Arorangi (CI) 261-2
arts 52-7
 American Samoa 339
 Easter Island 84
 Fiji 103-4
 French Polynesia 402-4
 New Caledonia 178
 Samoa 300-2
 Solomon Islands 365
 Tahiti 402-4
 Tonga 497-8
 Tuvalu 540-1
 Vanuatu 559-61
 Wallis & Futuna 614
Atafu Atoll (Tk) 485, 487, 488, **486**
‘Atata (To) 510
‘Atiu (CI) 279-82, **280**
ATMs 630
Atuona (FP) 465
Auki (SI) 385, **385**
Aunu‘u (AS) 347
Austral Islands (FP) 469-72, **470**
Avaiki Cave (Ni) 232
Avarua (CI) 260-1, **262-3**
Avarua Landing (CI) 287
Avatoru (FP) 450

B

- Bahá‘í House of Worship (Sa) 314-15
Baie de Matavai (Ta) 411
Baie d’Oro (NC) 219-20
Bainimarama, Frank 45, 100
Baker, Shirley 495, 514
Baofatu (Va) 576
Barff, Charles 297

- bargaining 631
 Basilica of St Anthony of Padua (To) 502
 Bataillon, Pierre 486
 Bay of Islands (Fi) 166
 Bay of Virgins (FP) 469
 Beachcomber Island (Fi) 138
 beaches
 Aganoa Beach (Sa) 329
 Aganoa Black Sand Beach (Sa) 317
 Alega Beach (AS) 347
 Aleipata (Sa) 315-16
 Anahoa Beach (FP) 464
 Anakena (EI) 88
 'Ano (To) 526
 Aop Beach (Va) 588
 Avaio Beach (AS) 347
 Baie de Kuto (NC) 218
 Baie d'Oro (NC) 219-20
 Barrier Beach (Va) 600
 Coral Garden (CI) 280
 Eton Beach (Va) 576
 Faioa (WF) 617
 Fangutave Beach (To) 510
 Ha'atafu Beach Reserve (To) 509
 Halafoleava Beach (To) 509
 Hatuana Beach (FP) 462
 Hinakaua Beaches (To) 526
 Hio Beach (Ni) 232
 Hunganga (To) 528
 Keleti Beach (To) 509
 Les Sables Roses (FP) 451
 Luengoni beach (NC) 211
 Mamara Beach (SI) 373
 Manihina Beach (FP) 462
 Maré (NC) 207
 Mataiva (FP) 456
 Matantas (Va) 602
 Matira Beach (FP) 439
 Muri Beach (CI) 263
 Natadola Beach (Fi) 118
 Nguna (Va) 577
 Oravaru Beach (CI) 280
 Ovahe (EI) 88
 Pago Pago (AS) 343
 Palagi Beach (AS) 346
 Peng (NC) 210
 Point Doucere (Va) 589
 Port Resolution (Va) 584
 Sara Beach (Va) 576
 St Lawrence Beach (Va) 576
 Takauroa beach (CI) 280
 Taunganui Harbour (CI) 280
 Taungaroro (CI) 280
 Teavaro Beach (FP) 422
 Tereia Beach (FP) 446
 Tetere Beach (SI) 373
 Tumai (CI) 280
 Vaiala Beach (Sa) 308
 Vaiula Beach (Sa) 317
bêche-de-mer 43
 beer 60
 Bellona (SI) 388
 Beqa (Fi) 124
 Beqa Lagoon (Fi) 124
 betel nut 652
 Bethel (Va) 576
 bicycling, *see* cycling
 Big Bay Highway (Va) 602
 biking, *see* cycling
 Bikini Atoll 46
 Billabong Tahiti Pro 30, 475
 birds 66, 230-1
 books 67
 birdwatching
 Fiji 159
 New Caledonia 192-3
 Vanuatu 602
 Black Rock (CI) 261
 blackbirding 44, 362, 557
 Bligh, William 37, 75, 145, 246-7, 273, 516, 555
 Bligh Water area (Fi) 75
Blue Lagoon, The 13, 53, 145
 Blue Lagoon (Fi) 145
 boating, *see also* sailing, yachting
 French Polynesia 467
 New Caledonia 221
 Tonga 521-2, 528
 Vanuatu 568
 boat travel
 cargo ship travel 641
 cruise ships 640, 641
 to/from the South Pacific 640
 within the South Pacific 641
 Boenechea, Don Domingo de 398
 Bonegi (SI) 374
 books 29, 53-4
 animals 67
 birds 67
 Fiji 103
 food 62
 French Polynesia 403
 health 646
 history 29, 35, 46, 63
 New Caledonia 178
 Niue 230
 Pitcairn Island 241, 247
 Samoa 301
 Solomon Islands 365
 Tahiti 403
 Tokelau 487
 Tonga 497-8, 512
 Tuvalu 541
 Vanuatu 557, 558, 560
 Bora Bora (FP) 438, **440-1**
 Botanical Gardens (SI) 369-71
 Bougainville, Louis-Antoine de 39-40, 398, 555
 Boulouparis (NC) 197
 Bouma National Heritage Park (Fi) 162
Bounty, the 40, 244, 245, 246-7, 398-9, 516
 Bounty Island (Fi) 137
 Bourail (NC) 198-9
 breadfruit 58
 Brel, Jacques 465
 Bunlap (Va) 604
 business hours 60, 626-7, *see also individual countries*
 bus travel 642
C
cagou 186
 camping 623-4
 Canala (NC) 200-1
 cannibalism 51, 97, 132, 133, 587
 canoeing 51, 186, 193
 canoes 38
 canyoning 405, 412-13
 Cape Taputapu (AS) 346
 Captain Cook, *see* Cook, James
 Caqalai (Fi) 150
 car travel 643
 cargo ship travel 641
 Carteret, Philip 244, 360
 carvings 56-7, 255, 365, 462, 559-60
 Cascade de Wadiana (NC) 193
 Castaway Island (Fi) 140
 cathedrals, *see* churches
 Catholicism 41-2, 613
 caves
 Cook Islands 279-80, 283, 284-5, 288
 French Polynesia 470
 Samoa 324
 Tahiti 412
 Tonga 510, 527, 530
 Vanuatu 576, 601
 caving 12, 290, 530
 cell phones 632
 Chanel, Pierre 613

- children, travel with 627
 American Samoa 347-8, 355
 Cook Islands 291
 Easter Island 89
 Fiji 167
 food 62
 French Polynesia 476
 New Caledonia 187-8, 222
 Niue 234
 Rarotonga 265-6
 Samoa 303, 332
 Solomon Islands 391
 Tahiti 413
 Tonga 531
 Tuvalu 551
 Vanuatu 570-1, 607
 Wallis & Futuna 617, 621
- Christian, Fletcher 24, 37, 40, 244, 245, 246-7
- Christianity 41-2, 51, 299
- churches
 Cathédrale Saint-Michel (FP) 472
 Cathédrale St Joseph (NC) 183
 Centenary Chapel (To) 502
 Church of St Joseph (WF) 617
 Église Dame-de-la-Paix (FP) 472
 Église Saint-Gabriel (FP) 472
 Église Saint-Raphaël (FP) 472
 Mulivai Catholic Cathedral (Sa) 308
 Pierre Chanel Church (WF) 619
 St Joseph's Cathedral (To) 519
 St Mary's Cathedral (To) 502
 Sausau Church (WF) 619
- Chutes de la Madeleine (NC) 193
- cinema, *see* films
- climate 26, 64-5, 627-8, *see also individual countries*
- climate change 70, 637
- Cobra Rock (Fi) 155
- coffee plantations 280-1
- Colo-i-Suva Forest Park (Fi) 125
- cone shells 649
- Conrad, Joseph 54
- conservation areas 69, *see* national parks
- consulates, *see also individual countries*
- Cook's Bay (FP) 422
- Cook, James 36, 40, 41, 83, 252, 398, 495, 512, 555
- Cook Islands 251-95, **253, 262-3, 274, 280, 283, 285, 287, 13**
 accommodation 290
 activities 290
 business hours 291
 children, travel with 291
 climate 252
 costs 252, 293
 culture 253-4
 diving 290
 electricity 291
 embassies & consulates 291
 environment 255-6
 festivals & events 30, 292
 history 252-3, 256, 273, 279, 286
 internet access 292
 internet resources 292
 language 255
 money 252, 292
 newspapers 291
 planning 252
 postal services 293
 radio 291
 telephone services 293
 time 293
 tourist information 293-4
 tours 276, 281, 283-4, 288
 travel to/from 294-5
 travel within 295
 TV 291
 visas 294
 weights & measures 291
- coral atolls 64
- Coral Coast (Fi) 117-25
- coral ear 650
- coral reefs 66
- costs 27-8, *see also individual countries*
- courses
 dance 413
 diving 79, 143, 148, 165, 186, 264, 330, 521, 569, 598
 kite-surfing 221
 sailing 522
 surfing 93, 413, 475
- credit cards 630-1
- cricket 51
- crocodiles 649
- Cross, Mark 230
- crown of thorns starfish 601
- cruise ships 640, 641
 Fiji 142-3
 French Polynesia 483
 Pitcairn Island 250
- culture 48-57
 American Samoa 339
 Cook Islands 253-4
 Easter Island 84
 Fiji 100-2, 130
 New Caledonia 177-8
 Niue 229-30
 Pitcairn Island 241-3
 Samoa 298-300
 Solomon Islands 363-4
 Tahiti 400-2
 Tokelau 487-8
 Tonga 496
 Tuvalu 539-40
 Vanuatu 558-9
 Wallis & Futuna 612-13
- Cumberland Ranges (Va) 802
- cycling 642
 Easter Island 92
 French Polynesia 422, 474
 Tonga 530
 Tuvalu 546
 Vanuatu 569-70
- cyclones 26, 65
 Heta 227, 229
 Percy 487
- D**
- Dakuniba (Fi) 155
- dance 54
 courses 413
 Fiji 103
 French Polynesia 402-3
 New Caledonia 178
 Tonga 497
 Tuvalu 540
 Vanuatu 560, 593
- deep-sea fishing, *see also* fishing
 Cook Islands 281, 290
 Rarotonga 264
 Vanuatu 578
- Deep Vein Thrombosis (DVT) 646
- deforestation 72
- dengue fever 647
- Des Voeux Peak (Fi) 159-60
- diarrhoea 649
- disabilities, travellers with 628-9
- diving 73-80, 625
 American Samoa 354
 certification 80
 conditions 73
 Cook Islands 73, 264
 courses 79, 143, 148, 165, 186, 264, 330, 521, 569, 598
 Easter Island 73-4, 92-3

- Fiji 74-5, 121, 123, 133, 134,
 136-7, 151, 158-9, 164, 167
 French Polynesia 75-6, 422, 428,
 433, 437, 439-42, 451, 454,
 455, 456, 467, 468, 474-5
 hazards 650
 New Caledonia 76, 186, 199, 205,
 219, 220
 Niue 76-7, 234
 safety 75
 Samoa 77, 319, 330
 Solomon Islands 77, 371, 374, 377,
 378-8, 382, 389
 Tahiti 413
 Tokelau 491
 Tonga 78-9, 503, 509, 510, 512,
 521, 527, 528, 530
 Vanuatu 79, 568, 569, 589, 596,
 598, 606
 Wallis & Futuna 617
 WWII wrecks 45, 77-8, 371, 576,
 596
 dog's head, the (Va) 587
 dolphins 67, 302, 405
 watching 197, 375, 423, 448
 drinking water 29, 651
 drinks 60
 Drueulu (NC) 211
 Ducie Atoll (PI) 249
 dugongs 67, 577, 578
 Dumbéa River (NC) 186
 d'Urville, Dumont 40, 63
 Dutch explorers 39
 Dwarf's Cave (Sa) 325
- E**
- Easter Island 81-95, **82**, 11
 accommodation 89
 activities 92-3
 arts 84
 business hours 93
 children, travel with 89
 climate 82
 costs 82
 culture 84
 drinking 92
 electricity 93
 embassies & consulates 93
 entertainment 92
 environment 85
 festivals & events 94
 food 91-2
 history 82-4
 internet resources 94
 itineraries 87
 language 84
 money 82, 94
 newspapers 93
 planning 82
 shopping 92
 telephone services 94
 time 94
 tourist information 94
 tours 89
 travel to/from 94-5
 travel within 95
 TV 93
 visas 94
 weights & measures 93
 economy 50
 Edwards, Edward 247
 Efate (Va) 562-77, **563**
 Ekasup Cultural Village (Va) 568
 El Niño 65
 electricity, *see individual countries*
 Ellington Wharf (Fi) 133
 embassies 629, *see also individual countries*
Endeavour, the 41
 English explorers 40-1
 environmental issues 69-72
 climate change 70, 637
 commercial fishing 69-71
 crown of thorns starfish 601
 deforestation 72
 global warming 70, 489, 542
 internet resources 72
 nuclear testing 72
 responsible travel 28-9
 waste management 256
 whaling 25, 68
 eosinophilic meningitis 647
 Epi (Va) 577-9, **578**
 Erakor (Va) 568
 Erromango (Va) 585
 'Esi'aikona (To) 508
 'Esi Makafakinanga (To) 509
 Espace Culturel Paul Gauguin (FP)
 465
 Espiritu Santo (Va) 593-602, **594**
 etiquette 28, 57, 62, 102
 Eton (Va) 575-6
 'Eua (To) 510-11
 'Eua'iki (To) 527
 'Euakafa (To) 527
 European colonisation 297, 495, 557
 European explorers
 Bligh, William 37, 75, 145, 246-7,
 273, 516, 555
 Boenechea, Don Domingo de 398
- Bougainville, Louis-Antoine de
 39-40, 398, 555
 Carteret, Philip 244, 360
 Christian, Fletcher 24, 37, 40, 244,
 245, 246-7
 Cook, James 36, 40, 41, 83, 252,
 398, 495, 512, 555
 d'Urville, Dumont 40, 63
 Edwards, Edward 247
 La Pérouse, Comte de 40
 Le Maire, Jacob 39, 495, 612
 Magellan, Ferdinand 37
 Mariner, William 512, 517
 Mendaña y Neyra, Don Alvaro de
 36, 38, 252, 360, 396
 Mourelle, Don Francisco Antonio
 495, 517
 Mourelle, Francisco Antonio 537
 Quirós, Pedro Fernández de 38,
 241, 248-9, 252, 360, 396, 555
 Roggeveen, Jacob 338
 Schouten, Willem 39, 495, 612
 Tasman, Abel 39, 495
 Wallis, Samuel 40, 396-8, 612
- F**
- fa'afafine* 299-300
fa'avelave 339
 Faanui Bay (FP) 439
 Faarumai waterfalls (Ta) 411
 Fafá Island (To) 510
 Fafa O Saui'i (Sa) 327
 Fagamalo Cove (AS) 352
 Fagatele Bay National Marine
 Sanctuary (AS) 346
 Faie (FP) 428
 Faioa (WF) 617
fakaleiti 50, 497
 Fakaofa Atoll (Tk) 485, 491, **486**
 Fakarava (FP) 453-7
fale 52, 613
 Falealupo Rainforest Preserve (Sa)
 327
 Falealupo Ruins & Rock House (Sa)
 327
 Farino (NC) 197
fatele 541
 Fatu Hiva (FP) 469, 14
 Faupala, Kapiliele 613
 ferry travel 641
 festivals & events 30
 arts 30
 American Samoa 355
 Cook Islands 30, 292
 Easter Island 94

festivals & events *continued*

Fiji 30, 168
 film 191, 197, 222, 402
 food 60
 French Polynesia 30, 477
 Marquesas Arts Festival (FP) 465
 New Caledonia 30, 222
 Niue 237
 Rarotonga 292
 Samoa 30, 332
 sports 30
 Solomon Islands 391
 Tahiti 30, 477
 Tonga 30, 532
 Tuvalu 552
 Vanuatu 30, 589, 590, 607-8
 Wallis & Futuna 621

fiafia 313
 Fiji 96-173, **110, 116, 128, 136, 142, 148, 152-3, 158, 164**
 accommodation 166-7
 arts 103-4
 business hours 167
 children, travel with 167
 climate 97
 costs 97
 culture 100-2, 130
 electricity 167
 embassies & consulates 168
 environmental issues 105
 festivals & events 30, 168
 food 104
 history 97-100
 internet access 168
 internet resources 168
 itineraries 109
 language 104
 maps 168
 money 97, 169
 newspapers 167
 planning 97, 170
 radio 167
 telephone services 169
 time 169
 tourist information 169-70
 tours 120, 123, 137, 142-3, 149, 151-2
 travel to/from 105-8, 170-1
 travel within 108, 171-3
 visas 170

walking tour 127-8
 weights & measures 167
 films 30, 53, 103, 135, 162, 247 *see also* festivals
 Finau 495, 512
 fishing 625, *see also* deep-sea fishing
 American Samoa 354
 Cook Islands 264, 276
 New Caledonia 203, 220
 Niue 234
 Samoa 330-1
 Solomon Islands 390
 Tokelau 491
 Tonga 503, 521, 530
 Vanuatu 569, 578, 589, 597, 606
 Wallis & Futuna 620

Foa (To) 514-15
 Foe'ata (To) 526
 Foelifuka (To) 526
 Fofoa (To) 526
 Fongafale Islet (Tu) 545
 Fonuafo'ou (To) 517
 food 58-62
 four-wheel driving
 Fiji 109, 123, 124, 149, 155, 157
 French Polynesia 442, 460, 466
 New Caledonia 195, 226
 Samoa 305, 318, 325, 336
 French explorers 39-40
 French Polynesia 395-484, **397, 405, 406-7, 412-13, 416-17, 440-1, 431, 449, 451, 460, 462, 464, 473, 447, 466, 471, 4, 9, 14**
 accommodation 473-4
 arts 402-4
 business hours 476
 children, travel with 476
 climate 396
 costs 396, 478
 consulates 476-7
 culture 400-2
 electricity 474
 environment 404-5
 festivals & events 30, 477
 food 398
 history 396-400
 internet access 477
 internet resources 478
 language 404
 money 396, 478
 planning 396
 radio 474
 telephone services 478
 time 478
 tourist information 478

tours 428, 433-4, 437, 442
 travel to/from 480-1
 travel within 481-4
 visas 479
 weights & measures 474
 Frigate's Passage (Fi) 124
 Frisbie, Robert Dean 261
 Frum, Jon 583, 584
 Funafala (Tu) 546, 5
 Funafuti Atoll (Tu) 542-8, **543, 544**
 Funafuti Conservation Area (Tu) 546, 547
 Futuna (WF) 618-20, **619**

G

galleries

Art Studio (Ra) 272
 Diana Tam Gallery (Va) 575
 Kenwall Gallery (Ra) 272
 Madd Gallery (Sa) 308
 Mike Tavioni (Ra) 272
 Espace Culturel Paul Gauguin (FP) 465
 Gambier Archipelago (FP) 472-3, **473**
 Garden of the Sleeping Giant (Fi) 111
 Gau (Va) 605
 Gauguin, Paul 39, 48, 403, 411, 465
 gay travellers 28, 49-50, 477, 532, 629
 Geddie, John 557
 geography 63-4
 geology 63-4
 Ghizo Island (SI) 380-3
 giardia 649
 Gizo (SI) 381-3, **381**
 glass-bottom boat tours
 Cook Islands 276
 New Caledonia 199, 209, 214
 Niue 235
 Rarotonga 266
 Vanuatu 571
 global warming 25, 70, 542
 golf
 American Samoa 354
 Cook Islands 265
 Fiji 114, 123
 French Polynesia 422
 Niue 234
 Samoa 309, 319
 Tahiti 413
 Tonga 503
 Vanuatu 569, 597
 Goodenough, Phillip 256
 Grande Terre (NC) 192-206, **194-5, 202**
 Grave of 99 Stones (Sa) 320

000 Map pages

000 Photograph pages

- Grotte de la Reine Hortense (NC) 219-20
- Guadalcanal (SI) 77-8, 366-74, **368-9**
- guest houses 624
- Gwale people 362
- H**
- Ha'amonga 'a Maui Trilithon (To) 508-9
- Ha'ano (To) 515
- Haamene (FP) 436
- Ha'apai Group (To) 511-16
- Ha'atafu Beach Reserve (To) 509
- Haatuatua Bay (FP) 460
- Hakahau (FP) 464
- Hakahetau (FP) 464
- Hakanai Bay (FP) 464
- Hakau Valley (FP) 460
- Hala Lupe (To) 519
- Hanahevane (FP) 468
- Hanamoenoa Bay (FP) 468
- Hanapaaoa (FP) 466
- Hanatekuua (FP) 466
- Hanavave (FP) 469
- handicrafts 28
- Cook Islands 255, 288
- Fiji 114, 127, 132, 154,
- Rarotonga 272
- Solomon Islands 373
- Tahiti 419
- Tonga 514
- Tuvalu 541, 548
- Hane (FP) 462
- Hanga Roa (EI) 85-92
- Hapatonu (FP) 468
- Hat (Eretoka) Island (Va) 576
- Hatiheu (FP) 460
- Hawaiki Nui Va'a 30
- health 644-52
- health care 646-7
- heat stroke 651
- Hemeni (FP) 462
- Henderson Island (PI) 248-9, **249**
- hepatitis A, B & C 647-8
- Hideaway Island (Va) 568
- Hienghène (NC) 204-5, 15
- Highland Paradise Cultural Centre (CI) 262
- Hihifo (To) 514
- hiking 625-6
- American Samoa 346, 354
- Cook Islands 264-5
- Easter Island 93
- Fiji 134, 164, 167
- French Polynesia 422, 428, 433,
- 442, 447-8, 460-1, 463, 464, 470, 475
- New Caledonia 208-9, 220-1
- Samoa 331
- Solomon Islands 382, 390
- Tahiti 411, 412-13
- Tonga 530
- Vanuatu 569-70, 577, 582, 585, 589, 598, 602, 604-5, 606
- Wallis & Futuna 620
- Hikooka (FP) 460
- Hinduism 111
- history 35-47
- American Samoa 338-9
- blackbirding 44
- books 29, 35, 46, 63
- Christianity 41-2
- Cook Islands 252-3, 256, 273, 279, 286
- Easter Island 82-4
- European colonisation 83, 36-41, 97-8, 176
- Fiji 97-100
- French Polynesia 396-400
- missionaries 41-2, 297, 399, 557
- New Caledonia 176-7
- Niue 229
- Pitcairn Island 241-50, 243-5, 248-9
- Samoa 297-8
- Solomon Islands 360-3
- Tahiti 396-400
- Tonga 494-6, 512, 517
- Tuvalu 537-9
- Vanuatu 555-8, 583
- Wallis & Futuna 612
- WWI 39, 45, 176, 298
- WWII 40, 45-6, 176, 362, 538, 557, 596
- hitching 643
- Hitiaa Lava Tubes (Ta) 411
- Hiu (Va) 605
- HIV 648
- Hiva Oa (FP) 465-8, **466**
- Hnathalo (NC) 210
- Hohoi (FP) 464
- Hokatu (FP) 462
- Hole of the Moon cave (Va) 604
- holidays 26, 532, 629-30
- Holupuru Falls (SI) 377
- Holy Family Cathedral (AS) 345
- Honiara (SI) 367-73, **370**
- horse riding
- Easter Island 93
- Fiji 118
- French Polynesia 422-3, 428, 461, 463, 467, 468, 470, 475
- New Caledonia 219, 221
- Vanuatu 569, 598
- hostels 624
- hotels 624
- Huahine (FP) 426-30, **427**
- Huahine Iti (FP) 428
- Huahine Nui (FP) 426-8
- Hulu'ipaonga Point (To) 514
- Hulu'ipaongo Tomb (To) 514
- Humen (NC) 213
- humpback whales, *see* whales
- Hunga (To) 526
- Huvalu Forest Conservation Area (Ni) 231
- I**
- le toga 301-2
- Ilelema, Apisai 45
- Ilipona archaeological site (FP) 466
- Île aux Canards (NC) 186
- Île aux Oiseaux (FP) 456
- Île aux Récifs (FP) 451
- Île de Eden (FP) 455
- Île des Pins (NC) 216-20, **217**
- Île Fenua Fo'ou (WF) 617
- Iloilo, Ratu Josefa 100
- Îlot Maître (NC) 186
- Îlot Ténia (NC) 197
- Imayo Waterfall (Va) 584
- Indo-Fijian people 101
- insurance 630, 644
- internet access 630, *see also individual countries*
- internet resources 29, 47
- air tickets 638
- American Samoa 356
- books 29
- Cook Islands 292
- culture 49
- Easter Island 94
- environmental issues 72
- Fiji 168
- films 30
- French Polynesia 478
- health 645-6
- New Caledonia 222-3
- Pitcairn Island 249
- Samoa 333
- Solomon Islands 391-2
- Tahiti 478
- Tokelau 491
- Tonga 532

internet resources *continued*

- Tuvalu 552
- Vanuatu 608
- Wallis & Futuna 621
- Ipai (Va) 582
- Iririki (Va) 568
- itineraries 31-4
 - American Samoa 343
 - Easter Island 87
 - Efate (Va) 565
 - Fiji 109
 - Honiara (SI) 371
 - New Caledonia 181
 - Rarotonga (CI) 260
 - Solomon Islands 371
 - Tahiti 408
 - Tongatapu (To) 502
 - 'Upolu (Sa) 303
 - Wallis Island 616

J

- jellyfish 649
- jet lag 646
- Jokin (NC) 210
- Judds Crater (AS) 353

K

- Kadavu (Fi) 74, 163-5, **164**
- Kahana Spring (To) 510
- Kamuihei (FP) 460
- Kanak people 177, 207
- Kao (To) 516
- Kapa (To) 526
- kava 60, 61, 298, 652
- kayaking 626
 - Cook Islands 265, 290
 - Fiji 143, 164, 167
 - French Polynesia 447
 - New Caledonia 193
 - Niue 234-5
 - Samoa 331
 - Tonga 512, 522, 530
 - Tuvalu 545
 - Vanuatu 568, 578, 582
- Kelekele, Kalkot Matas 558
- Kennedy, Donald Gilbert 538
- Kenutu (To) 527
- kirikiti* 51
- King George Tupou I 38, 495, 512, 517
- King George Tupou II 495
- King George Tupou V 496, 512

- King (Lavelua) Tomasi Kulimoetoke 613
- King Malietoa Tanumafili II 45
- King Pomare II 37
- King Taufa'ahau Tupou IV 495-6
- Kings Road (Fi) 132-5
- kirikiti* 51, 300, 613
- kite-surfing 626
 - Cook Islands 290
 - courses 221
 - French Polynesia 423
 - New Caledonia 221
 - Vanuatu 576
- Kolombangara (SI) 383
- Koné (NC) 201-2
- Korolevu (Fi) 120-2
- Korotogo (Fi) 120-2
- Koroyanitu National Heritage Park (Fi) 134
- Koumac (NC) 202-3
- Kuata (Fi) 143
- Kula Eco Park (Fi) 120-1
- kumara* 68
- Kuto (NC) 218-19
- Kwaibala Waterfall (SI) 385
- Kwaio Rebellion 362

L

- La Foa (NC) 197
- La Pérouse, Comte de 40
- La Roche Percée (NC) 199
- Labasa (Fi) 155-6
- Lagon Bleu (FP) 451
- Lakatoro (Va) 588
- Lake Fanteng Conservation Area (Va) 592
- Lake Lalolalo (WF) 617
- Lake Lanoto'o (Sa) 315
- Lake Lanutavake (WF) 617
- Lake Letas (Va) 605
- Lake Manaro Lakua (Va) 604
- Lake Manaro Ngoru (Va) 604
- Lake Tagimaucia (Fi) 160
- Lake Te'nggano (SI) 387, 9
- Lake Vui (Va) 604
- Lakufa'anga (To) 510-11
- Lalinda (Va) 592
- Lamap (Va) 589
- Langa Langa Lagoon (SI) 386
- Langi Namoala (To) 508
- languages
 - Bislama 561
 - Easter Island 84
 - French 178
 - Futunan 614
 - Niuean 230
 - Pitcairn Island 243
 - Rarotongan 255
 - Samoan 302
 - Solomon Islands 366
 - Tahitian 404
 - Tokelauan 489
 - Tongan 498
 - Tuvaluan 541-2
 - Wallisian 614
- lanita* 51
- Lapaha (To) 508
- Lapita, the 35, 37, 297, 494, 559
- Lau Group (Fi) 165-6
- Lautoka (Fi) 116-17, **116**
- Lava Field (Sa) 324-5
- Lavena Coastal Walk (Fi) 163
- Le Maire, Jacob 39, 495, 612
- Leava (WF) 618-20
- Lékiny (NC) 213
- Lelepa (Va) 576
- Leleuvia (Fi) 150
- Lemuria 35
- Lenakel (Va) 582
- Leone (AS) 346
- leptospirosis 648
- lesbian travellers 28, 49-50, 477, 532, 629
- Levuka (Fi) 147-9, **148**
- Libansese Protected Area (Va) 588-9
- Lifou (NC) 210-13, **211**
- Lifuka (To) 513-14
- Lifuka group (To) 513-16
- Lilisiana (SI) 385
- Limu Pools (Ni) 232
- Lindéralique Rocks (NC) 204, 13
- Lini, Ham 558
- Linua (Va) 605
- literature 53-4, *see also* books
- Loh (Va) 605
- Lolo (To) 527
- Lomaiviti Group (Fi) 75, 147-50
- Lomaloma (Fi) 166
- London, Jack 29, 54
- Lonorore (Va) 604
- Loru Conservation Area (Va) 601
- Loyalty Islands (NC) 206-15
- Luganville (Va) 596-600, **597**

M

- Ma'ama'a Cove (AS) 347
- Maeva (FP) 426
- Maewo (Va) 604
- Mafana (To) 527

000 Map pages

000 Photograph pages

- Maga Point (AS) 351
 Magellan, Ferdinand 37
mahu 50, 402
 Mala (To) 526
 Malaita Island (SI) 383-6
 Malaita Province (SI) 383-6, **384**
 Malangauliuli (Va) 604
 malaria 648
 Malekula (Va) 585-90, **586**
 Malolo (Fi) 139-40
 Malololailai (Fi) 138-9
 Mamanuca Group (Fi) 135-41, **136**
 Mamanucas (Fi) 74
 Mana (Fi) 140
 Mangaia (CI) 286-8, **287**
 Mangalona (Mana) (SI) 375
 Manihi (FP) 456
 Manihiki (CI) 289
 Manono (Sa) 320
 manta rays 75, 78, 144, 446, 447
 Manu'a Islands (AS) 350-3
 Maori people 63, 230, 252, 253, 255
 maps, *see individual countries*
 Mapu'a 'a Vaca Blowholes (To) 509
marae 52
 Cook Islands 281, 283, 287
 French Polynesia 422, 428, 433, 439, 446, 456, 471, 472
 Tahiti 411
 Maré (NC) 206-10, **208**
 Mariner, William 512, 517
 Mariner's Cave (To) 527
 Marovo Lagoon (SI) 378-80, **379**
 Marquesas (FP) 75-6
 Marquesas Arts Festival (FP) 465
 Marquesas Islands (FP) 457-69, **458**
 Masefau (AS) 347
 Maskelyne (Va) 589
 Maskelynes, the (Va) 589-90
 Massacre Bay (AS) 346
 Matakawalevu (Fi) 146
 Matafao Peak (AS) 346
 Matagi (Fi) 163
 Mataiva (FP) 456
 Matamanoa (Fi) 140
 Mataniko Falls (SI) 373
 Mataniko Waterfalls (SI) 374
 Mata'olealelo Spring (Sa) 325
 Mata'Utū (WF) 616
 Matavera (CI) 263
 Mataveri (EI) 93, 11
 Matei (Fi) 161-2
 Matisse, Henri 403
 Mauga (Sa) 324
 Maui 52
 Ma'uake (CI) 282-4, **283**
 Maupiti (FP) 445-8, **447**
 measures, *see inside front cover & also individual countries*
 Meiaute archaeological site (FP) 462
 Melanesia 63
 Mele Cascades (Va) 568
 Melville, Herman 29, 54, 248
 Mendaña y Neyra, Don Alvaro de 36, 38, 252, 360, 396
 Michener, James 29, 54
 Micronesia 63
 Millennium Cave (Va) 601
 Million Dollar Point (Va) 596
 Minerva Reef (To) 511
 missionaries 41-2, 297, 399, 557
 Mitiaro (CI) 284-6, **285**
moai 38, 57, 83, 87
 mobile phones 632
 Momi Bay (Fi) 117
 money 27-8, 630, *see also individual countries*
 moneychangers 631
 monsoon 26
 Mont Panié (NC) 206
 Monts Koghis (NC) 197
 Monuriki (Fi) 141
 Mormon Temple (Sa) 308-9
 Mo'orea (FP) 420-5, **421**
 Moso's Footprint (Sa) 327
 mosquitoes 628, 648
 motion sickness 646
 motor boating, *see boating*
 motorcycle travel 643
 Motu Auira (FP) 446
 Motu Paeao (FP) 446
 Motu Papa (FP) 462
 Motu Pitihaihi (FP) 462
 Motu Puarua (FP) 455
 Motu Tiapaa (FP) 462
 Motu Tuanai (FP) 462
 mountain biking
 Fiji 153, 161
 French Polynesia 474
 New Caledonia 192, 193
 Niue 234
 Tonga 516, 522
 Mounu (To) 527
 Mourelle, Don Francisco Antonio 495, 517, 537
 movies, *see films*
 Mt Alava (AS) 347
 Mt Austen (SI) 373
 Mt Bau (SI) 377
 Mt Koroyanitu (Fi) 134
 Mt Lombenben (Va) 604
 Mt Lulu Fakahega (WF) 616
 Mt Matavanu Crater (Sa) 325
 Mt Puke (WF) 619
 Mt Talau (To) 519-20
 Mt Talau National Park (To) 519-20
 Mt Tumutumu (AS) 351
 Mt Vaea Scenic Reserve (Sa) 314
 Mt Yasur (Va) 64, 581-2, 584, 9
 Mu'a (To) 508
 museums
 Centre Culturel Goa Ma Bwarhat (NC) 205
 Centre Culturel Yeiwene Yeiwene (NC) 207-8
 Centre Jacques Brel (FP) 465
 Cook Islands Library & Museum Society (CI) 261
 Falemataaga - the Museum of Samoa (Sa) 308
 Fiji Museum (Fi) 125, 147
 mining museum (NC) 200
 Munda (SI) 376
 Musée de Bourail (NC) 199
 Musée de la Marine (FP) 439
 Musée de la Ville de Noumea (NC) 183
 Musée de l'Histoire Maritime (NC) 183
 Musée de Nouvelle-Calédonie (NC) 183
 Musée de Tahiti et des Îles (Ta) 411
 Musée Gauguin (Ta) 411
 Museo Antropológico Sebastián Englert (EI) 85
 Museum of American Samoa (AS) 343
 National Museum (Ra) 261
 National Museum & Cultural Centre (SI) 369
 National Museum (CI) 261
 petroglyph museum (FP) 462
 Pitcairn Island 245
 Stevenson, Robert Louis (Sa) 314
 'Ua Huka (FP) 462
 Vanuatu Cultural Centre (Va) 567
 Vilu Open-Air Museum (SI) 374
 Mulivai Catholic Cathedral (Sa) 308
 Munda (SI) 376-7
 Muri (CI) 262-3
 Mururoa Atoll 46
 music 54
 French Polynesia 403
 New Caledonia 178

music *continued*

- Samoa 301
- Solomon Islands 365
- Tahiti 403
- Vanuatu 560
- Mwâ Ka (NC) 183
- Mystery Island (Va) 585

N

- Naag Mandir Temple (Fi) 155
- Nacula (Fi) 145
- Nadi (Fi) 108-15, **110**
- Nahoe (FP) 466
- Naihehe Cave (Fi) 119
- Namenalala (Fi) 156-7
- Namosi Highlands (Fi) 124
- Namotu (Fi) 141
- Nananu-i-Ra (Fi) 133-4
- Nanumaga Atoll (Tu) 549
- Nanumea Atoll (Tu) 550-1
- Nanuya Lailai (Fi) 145-6
- Natadola Beach (Fi) 118
- National Park of American Samoa (AS) 346-7, 351, 352
- national parks 69
 - A'opo Conservation Area (Sa) 326
 - Bouma National Heritage Park (Fi) 162
 - Colo-i-Suva Forest Park (Fi) 125
 - 'Eua National Park (To) 69, 510
 - Funafuti Conservation Area (Tu) 69, 547
 - Huvalu Forest Conservation Area (Ni) 231
 - Koroyanitu National Heritage Park (Fi) 69, 134
 - Lake Fanteng Conservation Area (Va) 592
 - Loru Conservation Area (Va) 601
 - Mont Panié (NC) 69, 206
 - Mt Talau National Park (To) 69, 519-20
 - National Park of American Samoa (AS) 346-7, 351, 352
 - Parc Provincial de la Rivière Bleue (NC) 192-3
 - Parque Nacional Rapa Nui (El) 87-8, 241
 - Ringi Te Suh Marine Conservation Area (Va) 589
 - Suwarrow (Cl) 69, 290
 - Tafua Peninsula Rainforest Preserve (Sa) 329
 - Takitumu Conservation Area (Ra) 69, 256, 266
 - Tetepare Island (Sl) 69, 378
 - Togitogiga Recreation Reserve (Sa) 317
 - Tonga 499
 - Uafato Conservation Area (Sa) 69, 315
 - Vanuatu 562
 - Vatthe Conservation Area (Va) 69, 602
- Nausori (Fi) 133
- Nausori Highlands (Fi) 135
- Navala (Fi) 135
- Navini (Fi) 138
- Naviti (Fi) 144
- Nazareth (Va) 603
- Ndoma (Sl) 374
- Neale, Tom 290
- Neiafu (To) 519-24, **520**
- Nekowiar, the 581
- netball 51
- New Caledonia 174-226, 185, **175**, **182**, **184-5**, **187**, **194-5**, **202**, **208**, **211**, **214**, **217**, 13, 15
 - accommodation 220
 - activities 186-7, 220-2
 - arts 178
 - business hours 222
 - children, travel with 187-8, 222
 - climate 175
 - costs 175
 - culture 177-8
 - electricity 221
 - embassies & consulates 222
 - environment 178-9
 - festivals & events 30, 222
 - food 179
 - history 176-7
 - internet access 180, 222
 - internet resources 222-3
 - itineraries 181
 - language 178
 - maps 180, 223
 - money 175, 223
 - planning 175
 - telephone services 223
 - time 223
 - tours 188, 195, 209, 212, 215
 - tourist information 223
 - travel to/from 224-5
 - travel within 225-6

- walking tour 187
- visas 223
- New Georgia (Sl) 78
- New Zealand War Cemetery (NC) 199
- newspapers, *see individual countries*
- Ngatiarua (Cl) 284
- Ngau (To) 527
- Nggela Islands (Sl) 375
- Nguna (Va) 577
- nguzunguzu* 364
- Niuafo'ou (To) 529
- Niuas, the (To) 527-9
- Niuaotupapu (To) 528
- Niue 227-39, **228**, **232**, 12, 16
 - accommodation 235
 - arts 230
 - business hours 236
 - children, travel with 234
 - climate 228-9
 - costs 229, 238
 - culture 229-30
 - drinking 235-6
 - electricity 237
 - environment 230
 - festivals & events 237
 - food 231, 235-6
 - history 229
 - internet access 237
 - internet resources 237
 - language 230
 - maps 237
 - medical services 237
 - money 229, 237-8
 - newspapers 237
 - planning 228-9
 - postal services 238
 - telephone services 238
 - time 238
 - tourist information 238
 - tours 234-5
 - travel to/from 238
 - travel within 238-9
 - TV 237
 - visas 238
 - weights & measures 237
- Niulakita (Tu) 551
- Niutao Atoll (Tu) 549-50
- Niutoua Spring (To) 528
- Noro (Sl) 377
- Northern Group (Cl) 289-90
- Notre-Dame Cathedral of the Marquesas Islands (FP) 459
- Noumea (NC) 180-92, **182**, **184-5**, **187**

Nuapapu (To) 527
 nuclear testing 43, 46, 72
 Nui Atoll (Tu) 549
 Nuku Hiva (FP) 458-62, **459**
 Nuku'alofa (To) 502-8, **504-5**
 Nukuuaeta (WF) 617
 Nukufetau Atoll (Tu) 549
 Nukufotu (WF) 617
 Nukulaelae Atoll (Tu) 550
 Nukuloa (WF) 617
 Nukunamo (To) 515
 Nukunonu Atoll (Tk) 485, 488, 490,
486
 Nu'uuli Falls (AS) 344-5

O

O Le Pupu-Pu'e National Park (Sa)
 317
 O Le Pupu Lava Coast (Sa) 317
 Oeno Island (PI) 247-8
 Ofa Waterfall (Sa) 317
 Ofu (AS) 351-2, **351**
 'Ofu (To) 527
 Olosega (AS) 351-2, **351**
 Olovehu Tomb (To) 514
 Omoa (FP) 469
 opening hours, *see* business hours &
individual countries
 Opunohu Bay (FP) 422
 Opunohu Valley (FP) 422
 Orongo Ceremonial Village (EI)
 89
 Ouvéa (NC) 213-15, **214**
 Ovalau (Fi) 147-50
 'Ovalau (To) 527
 Oyster Island (Va) 600

P

Pacific Harbour (Fi) 122-3
 PADI diving courses, *see* diving
 Paeke archaeological site (FP) 460
 Paepae 'o Tele'a (To) 508
 Pago Pago (AS) 343-4, **344**
 painting 178, 185, 403, 560
 Pala Lake (AS) 347
 Palaha Cave (Ni) 232
 Palmerston (CI) 278-9
 Palolo Deep Marine Reserve (Sa)
 308
 Panas (Va) 604
 Pangai (To) 513
 Pangaimotu (To) 526
 Pangi (Va) 604
 Pangiamotu (To) 510
 Paopao Valley (FP) 422

Papapapai-tai Falls (Sa) 315
 Pape'ete (Ta) 409-19, **412-13**,
416-17
 Papenoo Valley (Ta) 411
 parasailing 568
 Parc Provincial de la Rivière Bleue
 (NC) 192-3
 Parque Nacional Rapa Nui (EI) 87-8,
 241
 Pau (To) 527, 5
 Pe'ape'a Cave (Sa) 317, 325
 pearls 272
 Pele (Va) 577
 Penrhyn (CI) 289
 Pentecost (Va) 602-5, **603**
 petroglyphs
 Easter Island 88, 89
 Fiji 155
 Omoa (FP) 469
 Pitcairn Island 245
 Tehueto (FP) 465
 Vaikivi (FP) 463
 Vanuatu 604
 photography 28
 Pierre Chanel Church (WF) 619
piragues 218
 Pitcairn Island 240-50, **244, 249, 15**
 accommodation 246
 activities 245-6
 climate 241-50
 culture 241-3
 food 246
 history 241-50, 243-5, 248-9
 internet resources 249
 language 243
 money 249
 planning 241-50
 postal services 249
 shopping 246
 sights 245-6
 telephone services 249-50
 time 250
 travel to/from 250
 travel within 247, 250
 visas 250
 Piula Cave Pool (Sa) 315
 planning 26-30, *see also individual*
countries
 plants 67-8, 562
 Poha (SI) 373
 Poindimié (NC) 204
 Point Vénus (Ta) 411
 Pointe des Pyramides (WF) 619
 Pola Island (AS) 347
 politics 24-5

Polynesia 63
 population 24, 50
 Port Boisé (NC) 193
 Port Resolution (Va) 584
 Port Sandwich (Va) 589
 Port Vatu (Va) 592
 Port Vila (Va) 565-75, **566-7, 570**
 postal services 632, *see also individual*
countries
 Pouébo (NC) 205, 15
 Poule Couveuse (NC) 204
 Pritchard, George 399
 Prony (NC) 193
pukao 88
 Pukapuka (CI) 289-90
 Pulemelei Mound (Sa) 328

Q

Qamea (Fi) 163
 Qarase, Lasenia 100
 Queen Charlotte 512
 Queen Pomare IV 399
 Queen Salote 495
 Quirós, Pedro Fernández de 38, 241,
 248-9, 252, 360, 396, 555

R

Rabuka, Sitiveni 99
 Ra'iatea (FP) 430-8, 431-6, **431**
Rainbow Warrior, the 46
 Rainmaker Mountain (AS) 346
 Raivavae (FP) 471-2
 Rakahanga (CI) 289
 Rangimotia (CI) 287-8
 Rangiroa (FP) 450-3, **451**
 Rangue Gardens (CI) 288
 Rano Raraku (EI) 88
 Ranwas (Va) 604
 Rarotonga (CI) 251-95, 256-73,
258-9
 accommodation 266-9
 children, travel with 265-6
 drinking 271
 entertainment 271
 food 269-71
 internet access 257
 itineraries 260
 medical services 257
 money 257
 postal services 257
 shopping 272
 travel to/from 257
 travel within 257, 260
 Ratap (Va) 604
 Ratu Seru Cakobau of Bau 97

- Red Lake (AS) 347
 religion 51-2, 102, 364, 488-9, 497, 540, 613-14
 Catholicism 41-2, 613
 Christianity 41-2, 51, 299
 religion *continued*
 Hinduism 111
 Seventh Day Adventism 243, 245
 Rennell and Bellona Province (SI) 386-8
 Rennell Island (SI) 387-8, **387, 9**
 rental accommodation 624
 Rentapao River (Va) 575
 reptiles 66
 resorts 624-5
 responsible travel 28-9, 77, 84, 637, 642
 restaurants 60
 Riba Cave (SI) 385
 Ringi Te Suh Marine Conservation Area (Va) 589
 Robinson Crusoe Island (FI) 118
 rock paintings 89, 560
 rodeos 222
 Roggeveen, Jacob 338
 Rom dance 593
 Rotoava (FP) 453
 Rouru Convent (CP) 472
 Rousseau, Jean-Jacques 48
 Roviana Lagoon (SI) 377
 Royal Palace (To) 502
 Royal Tombs (To) 502
 rugby 30, 50, 131-2
 Rurutu (FP) 470-1, **471**
- S**
 Sabeto Hot Springs (FI) 111
 safe travel 75, 105, 531, 628
 Sa'ilele (AS) 347
 sailing 626, *see also* boating & yachting
 Cook Islands 265
 courses 522
 Fiji 143
 New Caledonia 221
 Tonga 503, 512, 521-2, 530
 Salelologa (Sa) 321-4
 Samoa 296-336, **304-5, 306-7, 309, 322-3, 10**
 accommodation 310-11, 329
 activities 330-1
 arts 300-2
 business hours 331-2
 children, travel with 303, 332
 climate 297
 costs 333
 culture 298-300
 drinking 312-13
 electricity 330
 embassies & consulates 332
 entertainment 313-14
 environment 302
 festivals & events 30, 332
 food 299, 311-12
 history 297-8
 internet access 332
 internet resources 333
 itineraries 303
 maps 333
 money 333
 newspapers 330
 planning 297
 shopping 314
 telephone services 333
 time 333-4
 travel to/from 334-5
 travel within 335-6
 visas 334
 walking tour 309-10
 weights & measures 330
 Sanasom (Va) 604
 sand drawings 560
 sandalwood 43
 Santa Maria (Va) 605
 Sarkozy, Nicholas 24
 Sarraméa (NC) 197
 Sasara Falls (Va) 605
 Sava site (AS) 353
 Savai'i (Sa) 321-9, **322-3**
 Savo (SI) 375
 Savusavu (FI) 151-5
 Sawa-i-Lau (FI) 146
 scenic flights
 New Caledonia 221
 Rarotonga 266
 Vanuatu 568
 Schouten, Willem 39, 495, 612
 sculpture 56-7, 403
 sea cucumber 43
 Secret Garden (Va) 568
 Seventh Day Adventism 243, 245
 sharks
 feeding 74, 422, 442, 575
 watching 132, 143, 144, 148, 186, 199, 214, 386, 455
- shopping
 Cook Islands 272-3
 Easter Island 92
 Fiji 114, 132
 New Caledonia 219
 Samoa 308
 Vanuatu 575
 Sia Ko Kafoa (To) 525
 siapo 301
 Sigatoka (FI) 119
 Sigatoka Sand Dunes (FI) 119
 Simbo (SI) 383
 Siri Falls (Va) 605
 Siviri (Va) 576
 snakes 67, 649-50
 snorkelling 66, 626
 American Samoa 354
 Cook Islands 261, 265, 290
 Easter Island 92-3
 Fiji 158-9, 163, 167
 French Polynesia 422, 428, 433, 437, 439-42, 446, 474-5
 New Caledonia 187, 210, 218, 221
 Niue 234
 Samoa 316, 318, 319, 325-6, 331
 Solomon Islands 379, 382, 390
 Tokelau 491
 Tonga 503, 512, 521, 527, 530
 Vanuatu 568, 577, 582, 585, 588, 589, 598, 603, 605
 Wallis & Futuna 617, 620
 social customs 28, 57, 62, 102
 Society Islands (FP) 75, 404, **405**
 Sola (Va) 605
 Solf, Wilhelm 298
 Solomon Islands 359-94, **361, 368-9, 370, 376, 379, 381, 384, 385, 387, 9**
 accommodation 388
 activities 389-90
 arts 365
 business hours 391
 children, travel with 391
 climate 360
 costs 360, 392
 culture 363-4
 electricity 389
 embassies & consulates 391
 environment 366
 festivals & events 391
 food 363
 history 360-3
 internet access 391
 internet resources 391-2

- itineraries 371
 language 366
 maps 392
 money 360, 392
 newspapers 389
 planning 360
 radio 389
 telephone services 392
 time 393
 tours 371
 travel to/from 393-4
 travel within 394
 TV 389
 visas 393
 weights & measures 389
- Somosomo (Fi) 159-60
 Sonaisali Island (Fi) 115
 Sopo'aga Falls (Sa) 316
 Sopoanga, Saufatu 71
 South Pacific Games 30, 51
 South Sea Island (Fi) 137
 Spanish explorers 37-8
 Speight, George 44, 100
 sports 30, 50-1 300, 388, *see also individual sports*
 Sri Siva Subramaniya Swami Temple (Fi) 109
 Stevens, Jimmy 558, 595
 Stevenson, Robert Louis 39, 54, 314
 sunburn 651
 surfing 30, 626
 - American Samoa 355
 - Cook Islands 265, 290
 - courses 93, 413, 475
 - Easter Island 93, 11
 - Fiji 120, 124, 137, 164, 167
 - French Polynesia 423, 428, 475
 - New Caledonia 199, 221
 - Samoa 317-18, 329, 331
 - Solomon Islands 382, 390-1
 - Tahiti 412, 413, 11
 - Tonga 503, 509, 522, 530, 10
 - Vanuatu 569, 583, 584, 605
- Survivor* 24, 44, 53
 Suva (Fi) 125-32, **126-7**, **128**
 Suwarrow (Ci) 290
 swimming
 - Cook Islands 275, 280, 283, 285, 290
 - Fiji 125, 134, 137, 161, 163, 166
 - French Polynesia 446
 - New Caledonia 207
 - Niue 232
 - Rarotonga 262, 265
 - Samoa 317, 324, 330, 331
- Tonga 509, 515, 528
 Vanuatu 569, 585, 589, 590, 598, 605, 607
- T**
 Taaoa (FP) 465
 Tadhine (NC) 207
 Tafahi (To) 529
 Tafua Peninsula Rainforest Preserve (Sa) 329
 Taha'a (FP) 430-8, 436-8, **431**
 Tahakia (FP) 460
 Tahiti 395-419, 405-19, **406-7**, **412-13**, **416-17**, 11
 - accommodation 414
 - arts 402-4
 - children, travel with 413
 - climate 396
 - costs 396
 - culture 400-2
 - drinking 419
 - entertainment 419
 - festivals & events 30, 477
 - food 415-19
 - history 396-400
 - internet access 408
 - internet resources 478
 - itineraries 408
 - language 404
 - medical services 408
 - money 396, 408
 - newspapers 474
 - postal services 408
 - shopping 419
 - time 478
 - tourist information 478
 - travel to/from 408-9, 480-1
 - travel within 409, 481-4
 - walking tour 410-11
- Tahiti Iti (Ta) 411-12
 Tahuata (FP) 468, **466**
 Taiohae (FP) 459-60, **460**
 Taipivai (FP) 460
 Takara (Va) 576
 Takitumu Conservation Area (Ra) 69, 256, 266
 Talagi, Toke 229
 Talamahu Market (To) 502
 Taliatumu (WF) 617
 Tanna (Va) 579-85, **580**
tapa 55-6, 104, 498
 Tapuamu (FP) 436
 taro 67
 Tasman, Abel 39, 495
 tattoos 56, 273, 302, 354, 365, 404
- Ta'u (AS) 352-3, **352**
 Taufusitele Taro Marshes (AS) 347
 Taunga (To) 527
 Tavarua (Fi) 141
 Taveuni (Fi) 74, 157-63, **158**
 Tavewa (Fi) 144-5
 Tavuni Hill Fort (Fi) 119
te ano 540
 Te Pari Cliffs (Ta) 412
 Te Rua Manga (Ci) 264
 Teahupoo (Ta) 412, 11
 Teavaituphiva Pass (FP) 460
 Tegua (Va) 605
 Tehuetu petroglyphs (FP) 465
 telephone services 632, *see also individual countries*
 Temae Lake (FP) 422
 Temaru, Oscar 400
 Tenaru Village (Si) 373
 Tenaru Waterfalls (Si) 374
 Tepuka (Tu) 546
 Tetahunu archaeological site (FP) 464
 Tetamanu (FP) 453
 Tetepare Island (Si) 378
 Teuaua (FP) 462
 theft 105, 628
 Theroux, Paul 29, 54
 Thio (NC) 200-1
 Thurston Gardens (Fi) 125
 Tia Seu Lupe (AS) 345
 Tikehau (FP) 454-6
tiki 459, 460, 462, 472, 4
 Tiki Moe One (FP) 466
 time 633, *see also individual countries*
 tipping 533, 631
 Tiputa (FP) 450
 Tjibaou Cultural Centre (NC) 52, 185
 To Sua Ocean Trench (Sa) 316
 To'aga site (AS) 351
 Tofua (To) 516
 Togitogiga Recreation Reserve (Sa) 317
 Tohua Pehe Kua (FP) 466
 Tohua Upeke (FP) 465-6
 Toka, the (Va) 581
 Tokelau 485-92, **486**, 5
 - accommodation 490-1
 - activities 491
 - culture 487-8
 - environment 489
 - food 489-90
 - internet resources 491
 - language 489
 - money 491

- Tokelau *continued*
 telephone services 491
 time 491
 travel to/from 491-2
 travel within 492
 visas 491
- Tokoriki (Fi) 141
- Tong Song, Gaston 400
- Tonga 493-535, **494, 500**
 accommodation 530
 arts 497-8
 business hours 530-1
 children, travel with 531
 climate 494, 517
 costs 494, 532
 culture 496
 electricity 531
 embassies & consulates 531-2
 environment 498-9
 festivals & events 30, 532
 food 498
 history 494-6, 512, 517
 internet access 532
 internet resources 532
 itineraries 502
 language 498
 money 494, 532-3
 newspapers 531
 planning 494
 radio 531
 telephone services 533
 time 533
 tourist information 533
 tours 503, 511, 522
 travel to/from 534
 travel within 534-5
 TV 531
 visas 533
 weights & measures 531
- Tongan National Centre (To) 502
- Tongatapu (To) 499-511, **500**
- To'oga Toto (WF) 617
- Torres Islands (Va) 605
- Toula (To) 525-6
- tourist information 633, *see also individual countries*
- tours 640, 643
 Cook Islands 276, 281, 283-4, 288
 Easter Island 89
 Fiji 120, 123, 137, 142-3, 149, 151-2
- French Polynesia 428, 433-4, 437, 442
- New Caledonia 188, 195, 209, 212, 215
- Niue 234-5
- Samoa 310
- Solomon Islands 371
- Tonga 503, 511, 522
- Vanuatu 571, 598-9
- traditional medicine 652
- Tranquillity (Moso) Island (Va) 576
- travellers cheques 631-2
- Treasure Island (Fi) 138
- trekking, *see* hiking
- Trou Feuillet (NC) 197
- tsunamis 64, 316, 343, 528
- Tuamotu Islands (FP) 75, 448-57, **449**
- Tuamotus, *the, see* Tuamotu Islands
- tuberculosis 649
- Tubuai (FP) 471
- Tuherahera (FP) 454-5
- Tulagi (SI) 78, 375
- tumunu 281
- Tunuloa Peninsula (Fi) 155
- Turtle & Shark Site (AS) 345
- turtles 67, 325, 578
- Tutuila (AS) 340-50, **341**
- Tuvalu 536-53, **537, 543, 544, 5**
 accommodation 551
 activities 551
 arts 540-1
 business hours 551
 children, travel with 551
 climate 537
 costs 537
 culture 539-40
 electricity 551
 embassies & consulates 551
 environment 542
 festivals & events 552
 food 538
 history 537-9
 internet access 552
 internet resources 552
 language 541-2
 money 537, 552
 newspaper 551
 planning 537
 radio 551
 telephone services 552
 time 552
 tourist information 552
 travel to/from 553
 travel within 553
- visas 553
 weights & measures 551
- TV 53, *see also individual countries*
- typhoid fever 649
- U**
- 'Ua Huka (FP) 462-3, 4
- 'Ua Pou (FP) 463-5, **464, 9**
- Uafatu Conservation Area (Sa) 315
- Uciwai Landing (Fi) 115
- Udredre's Tomb (Fi) 133
- 'Uiha (To) 516
- Uoleva (To) 515-16
- 'Upolu (Sa) 302-20, **304-5, 10**
- Uri (Va) 588
- Uripiv (Va) 588
- USS *President Coolidge* 79
- 'Utula'aina Point (To) 525
- 'Utungake (To) 526
- Uturoa (FP) 433, **434**
- V**
- vacations 26, 532, 629-30
- vaccinations 644, 645
- Vai Lahi (To) 529
- Vaiaaku (Tu) 543
- Vaiare (FP) 422
- Vaikivi Petroglyphs (FP) 463
- Vaikona Chasm (Ni) 233, 12
- Vailala (WF) 617
- Vaileka (Fi) 133
- Vaipee (FP) 462
- Vaipo Waterfall (FP) 460
- Vaipoiri Cave (Ta) 412
- Vaitaurii (FP) 471
- Vaitupu (Tu) 549
- Vaka'eitu (To) 527
- Valesdir (Va) 578
- Valeva Cave (Va) 576
- vanilla plantations 209, 210, 433, 436, 437
- Vanua Balavu (Fi) 166
- Vanua Lava (Va) 605
- Vanua Levu (Fi) 150-7, **152-3**
- Vanuatu 554-610, **556, 563, 566-7, 570, 578, 580, 586, 591, 594, 597, 603, 9**
 accommodation 606
 activities 606-7
 arts 559-61
 business hours 607
 children, travel with 570-1, 607
 climate 555
 costs 555, 608

- culture 558-9
 - electricity 606
 - environment 561
 - festivals & events 30, 589, 590, 607-8
 - food 562
 - history 555-8, 583
 - internet access 608
 - internet resources 608
 - itineraries 565
 - language 561
 - money 555, 608
 - newspapers 606
 - planning 555
 - radio 606
 - telephone services 608-9
 - time 609
 - tourist information 609
 - travel to/from 609-10
 - travel within 610
 - TV 606
 - visas 609
 - walking tour 570
 - weights & measures 606
 - Vao (NC) 216-18
 - Vatia (AS) 347
 - vaccinations 26
 - Vatthe Conservation Area (Va) 602
 - Vava'u Group (To) 516-27
 - vegetarian travellers 62
 - Veimumuni Cave (To) 525-6
 - Velata Mound Fortress (To) 514
 - Vella Lavella (SI) 383
 - venomous marine life 650
 - Vila Point (SI) 383
 - village stays 624
 - visas 633, *see also individual countries*
 - Viseisei (Fi) 115
 - Viti Levu (Fi) 74, 105-35, **106-7**
 - Vitian culture 97
 - volcanoes 64
 - Mt Yasur (Va) 64
 - Rano Raraku (EI) 88
 - Vanuatu 579, 581-2, 584, 589-92, 590-1, 604
 - volunteering 479, 633-4
 - Vomo (Fi) 138
 - Vonavona Lagoon (SI) 377-8
 - voyaging 38
 - Vuda Pointi (Fi) 115
- W**
- Waitabu Marine Park (Fi) 163
 - Waiyevo (Fi) 159-60
 - Wali (Va) 604
 - walking, *see* hiking
 - walking tours
 - Apia (Sa) 309-10
 - Cook Islands 266
 - Fiji 127-8
 - Noumea (NC) 187
 - Muri (CI) 262-3
 - New Caledonia 187
 - Pape'ete (Ta) 410
 - Port Vila (Va) 570
 - Suva (Fi) 127-8
 - Wallis & Futuna 611-22, **619**
 - accommodation 620
 - activities 620
 - arts 614
 - business hours 620-1
 - children, travel with 617, 621
 - climate 612
 - costs 612, 621
 - culture 612-13
 - electricity 620
 - environment 614-15
 - festivals & events 621
 - food 614
 - history 612
 - internet access 621
 - internet resources 621
 - itineraries 616
 - language 614
 - money 612, 621
 - newspapers 620
 - planning 612
 - radio 620
 - telephone services 621
 - time 621
 - travel to/from 622
 - travel within 622
 - TV 620
 - visas 621
 - weights & measures 620
 - Wallis Island (WF) 615-18, **615**
 - Wallis, Samuel 40, 396-8, 612
 - wantok 364
 - Wasavula Ceremonial Site (Fi) 155
 - water 29, 651
 - Waterfall Bay (Va) 605
 - Waterfall Falls (Va) 605
 - Waya (Fi) 143-4
 - Wayasewa (Fi) 143
 - weather 26, 64-5
 - Weathercoast, the (SI) 374
 - weaving 230, 365, 561
 - weights, *see inside front cover & individual countries*
 - West New Georgia (SI) 376-8
 - Western Province (SI) 375-83, **376**
 - whales 67, 523
 - whale-watching 626
 - Cook Islands 266, 287
 - French Polynesia 423, 448, 461
 - New Caledonia 193, 207, 221-2
 - Tahiti 413
 - Tonga 503, 512, 522, 523, 530
 - whaling 43, 25, 68, 399
 - White Sands Beach (Va) 575
 - Wigmore's Waterfall (CI) 264
 - Williams, John 252, 297
 - windsurfing
 - Fiji 134
 - New Caledonia 186-7, 221
 - women in the South Pacific 49
 - women travellers 393, 479
 - working 634
 - World Heritage sites
 - Parque Nacional Rapa Nui (EI) 69
 - Henderson Island (PI) 248-9
 - Rennell Island (SI) 387
 - WWI 39, 45, 176, 298
 - WWII 40, 45-6, 176, 362, 538, 557, 596
 - WWII relics 373, 439, 546, 576
- Y**
- yachting 641-2
 - Fiji 127
 - formalities 479
 - French Polynesia 433, 475-6
 - itineraries 34
 - New Caledonia 221
 - Pitcairn Island 250
 - Tokelau 492
 - Tonga 522
 - Vanuatu 607
 - Yakel (Va) 582
 - Yanuca (Fi) 118-19, 124-5
 - Yaqeta (Fi) 146
 - Yasawa Group (Fi) 141-6, **142**
 - Yaté (NC) 193
 - yaws 649

GreenDex

TRAVELLING SUSTAINABLY

The problems of waste management and nature conservation are critical to the futures of all countries in the South Pacific, and many of our readers are looking to minimise the ecological impact of their travel. The following attractions, tours, and accommodation and eating venues have been selected by this guidebook's authors because they have active sustainable-tourism policies. Some hotels and accommodation places have committed to water- and waste-recycling programs, and some are constructed of ecofriendly materials and have minimal impacts on the lands they inhabit. Some are involved in conservation or environmental education, and many are owned and operated by local and indigenous operators and train other locals in tourism and hospitality – thereby preserving and fostering local culture and livelihoods.

There are as yet no Pacific-wide eco-accreditation schemes and so these selections are necessarily subjective and potentially contentious, but our authors believe these operators act in a way that is consistent with the ethos and ethic of sustainable tourism.

Lonely Planet is committed to supporting sustainable tourism. If you think we've omitted someone who should be listed here, or disagree with our choices, email us at talk2us@lonelyplanet.com.au. For more on sustainable travel, see www.lonelyplanet.com.au/responsibletravel.

EASTER ISLAND

accommodation

Cabañas Mana Ora 91
Explora en Rapa Nui 91
Hotel Tau Ra'a 91
Hotel Tupa 91
Te Ora 90

tours

Haumaka Tours 89

FIJI

accommodation

Almost Paradise 160
Batiluva 124
Bulou's Eco Lodge 135
Jean-Michel Cousteau Fiji Islands Resort 154
Korovou Eco-Tour Resort 144
Mantaray Island Resort 144
Matava Resort 165
Nakia Resort and Dive 160
Nanuya Island Resort 146
Navini Island Resort 138
Navutu Stars 146
Octopus Resort 143
Otto & Fanny's 145
Palmea Lodge 156
Papageno Eco-Resort 165
Raintree Lodge 129
Salt Lake Lodge 155
Stoney Creek Resort 113

Sunset Beach Resort 144

Tribe Wanted 156

Waidroka Surf & Dive Resort
121

Wayalilai Eco Haven Resort
143

Yanuca Island Resort 143

tours

Adventures in Paradise 120

Feejee Experience 108

L'Aventure Jean-Michel
Cousteau 151

Sigatoka River Safari 120

Southern Sea Ventures 143

Tui Tai Adventure Cruises
152

Vunibokoi Divers 159

World Expeditions 143

NEW CALEDONIA

accommodation

Aux Délices des Jumelles
198

Camping Kwatea 196

Chez Fabrice Bolé 212

Gîte du Cap 200

Hôtel Drehu Village 212

Kanua Tera Ecolodge 196

Koulnoué Camping 205

Nékwéta 199

Paddock de La Boutana 201

Relais de Poingam 203

Snack & Camping Fare de la
Plage 209

attractions

vanilla plantations 436

food

Snack Fassy 215

tours

Association Dayu Biik 205

Louis Careba 197

Noël Pia 212

RAROTONGA

accommodation

Apartments Kakera 268

food

Maire Nui Gardens & Café 269

Tauono's 278

tours

Bubbles Below 275

Cook Islands Whale Education
Centre 266

George Mateariki 281

SAMOA

accommodation

Sa'moana Resort 318

Savai'i Lagoon Resort 326

activities

Satuiatua 329

Savai'i Surfari 329

attractions

- A'opo Conservation Area 326
- Falealupo Rainforest Preserve 327
- Nu'ulua 315
- Nu'utele 315
- O Le Pupu-Pu'e National Park 317
- Tafua Peninsula Rainforest Preserve 329
- Uafato Conservation Area 315

tours

- Raw Shakti Yoga Samoa 310

SOLOMON ISLANDS

accommodation

- Agnes Lodge 377
- Charapoana Lodge 380
- Kajoro Sunset Lodge 380
- Kiakoe Lakeside Lodge 387
- Maravagi Resort 375
- Matikuri Lodge 380
- Neitasi Lodge 387
- Raintree Café 372
- Rogosakena Lodge 380
- Sanbis Resort 383
- Serah Kei's Lagoon Hideaway 386
- Tavanipupu Island Resort 374
- Tetepare Descendants' Association 378
- Uepi Island Resort 379
- Wilderness Lodge 380
- Zipolo Habu Resort 378

food

- Raintree Café 372

TAHITI AND FRENCH POLYNESIA

accommodation

- Blue Heaven Island 443
- Camping Hiva Plage 429
- Chez Lionel Cantois 469
- Cocoperle Lodge 457
- Hotel Kia Ora 452
- Intercontinental Resort & Thalasso Spa Bora Bora 444
- Le Méridien Bora Bora 444
- Ninamu 455
- Pension Kiria 454
- Pension Poe Iti – Chez Gérald & Joséphine 448
- Pension Tupuna 429
- Raimiti 454
- Relais Royal Tikehau 455
- Restaurant-Pension Pukuéé 464
- Tikehau Pearl Beach Resort 455
- Tokerau Village 454

tours

- Compagnie Polynésienne de Transport Maritime 463
- Hamau Ranch – Chez Paco 467
- Huahine Randonee 428
- La Petite Ferme 428
- Lagon Aventure 434
- Marquises Rando 460
- Polynesia Island Tours 442
- Ranch Opunohu Valley 422
- Sabine Teikiteetini 461
- Scubapiti 422

TONGA

accommodation

- Blue Banana Beach House 509
- 'Eua'iki Island Eco-Resort 527

tours

- Friendly Islands Kayak Company 522
- Whale Discoveries 522

VANUATU

accommodation

- Bay of Illusions Yacht Club 602
- Beachcomber Resort 576
- Bokissa Eco Island Resort 600
- Duviara Last Stop Bungalows 604
- Epi Island Guesthouse 579
- Hideaway Island Resort 572
- Nawori Bungalows 588
- Ngaim Orsel Guesthouse 588
- Tranquillity Island Resort 576
- Wora-Namoa Bungalow 577

attractions

- Libansese Protected Area 588
- Ringi Te Suh Marine Conservation Area 589

entertainment

- Solo's Feast 'n' Fun Night 575

tours

- EcoTours 569
- Island Experience Eco Tours 592
- Lelepa Island Day Tours 571
- ManBush Walk 589
- Wrecks to Rainforest 599