

# Behind the Scenes

## SEND US YOUR FEEDBACK

We love to hear from travellers – your comments keep us on our toes and help make our books better. Our well-travelled team reads every word on what you loved or loathed about this book. Although we cannot reply individually to your submissions, we always guarantee that your feedback goes straight to the appropriate authors, in time for the next edition. Each person who sends us information is thanked in the next edition – the most useful submissions are rewarded with a selection of digital PDF chapters.

Visit [lonelyplanet.com/contact](http://lonelyplanet.com/contact) to submit your updates and suggestions or to ask for help. Our award-winning website also features inspirational travel stories, news and discussions.

Note: We may edit, reproduce and incorporate your comments in Lonely Planet products such as guidebooks, websites and digital products, so let us know if you don't want your comments reproduced or your name acknowledged. For a copy of our privacy policy visit [lonelyplanet.com/privacy](http://lonelyplanet.com/privacy).

## OUR READERS

**Many thanks to the travellers who used the last edition and wrote to us with helpful hints, useful advice and interesting anecdotes:**

Andy Miller, Christer Törnemo, Fred Thomas, Henrik Ott, John and Roxanne McCaffrey, Julia van den Berg, Kirsten Lee, Linda Bottari, Matthias Schwarz, Melanie Snell, Nicoline Beglinger, Nora Rademacher, Pete Towler, Peter Sagal, Philippe Funken, Robert Schwartz, Sarah Matthews.

## Duncan Garwood

A big thank you to Giacomo Bassi for his brilliant tips and suggestions. In Sardinia *grazie* to everyone who helped and offered advice, in particular Luisa Besalduch, Agostino Rivano, Marianna Mascalchi, Valentina Sanna, Marco Vacca, and the tourist office teams at Alghero, Sassari and Castelsardo. At LP, thanks to Anna Tyler for all her support. And, as always, a big, heartfelt hug to Lidia and the boys, Ben and Nick.

## WRITER THANKS

### Gregor Clark

Sincere thanks to the many Sardinians who so generously shared their time, insights and love of the island, particularly Mario and Frédérique in Nuoro, Daria in Santa Teresa, Simonetta in Olbia, Riky in Lotzorai, Laura in San Pantaleo, and Kevin and Rodolfo in Palau. Finally, hugs to my wife, Gaen, and daughters, Meigan and Chloe, who always make coming home the best part of the trip.

### Kerry Christiani

*Mille grazie* to all the Sardinian locals, experts and tourism officials who made the road to research so smooth and provided such valuable insight for the Plan Your Trip and Understand chapters. Big thanks, too, go to my fellow authors – Duncan Garwood and Gregor Clark – for being such stars to work with.

## ACKNOWLEDGEMENTS

Climate map data adapted from Peel MC, Finlayson BL & McMahon TA (2007) 'Updated World Map of the Köppen-Geiger Climate Classification', Hydrology and Earth System Sciences, 11, 163344.

Cover photograph: Costa del Sud, Pawel Kazmierczak/Shutterstock ©



## THIS BOOK

This sixth edition of Lonely Planet's *Sardinia* guidebook was researched and written by Gregor Clark, Kerry Christiani and Duncan Garwood. The previous edition was written by Kerry Christiani and Duncan Garwood, and earlier editions were written by Duncan Garwood, Paula Hardy and

Damien Simonis. This guidebook was produced by the following:

**Destination Editor** Anna Tyler

**Product Editors** Ronan Abayawickrema, Amanda Williamson

**Regional Senior Cartographer** Anthony Phelan  
**Senior Cartographer** Corey Hutchison

**Book Designer** Gwen Cotter

**Assisting Editors** Andrew Bain, Heather Champion, Gabby Innes, Helen Koehne, Simon Williamson

**Cover Researcher** Naomi Parker

**Thanks to** Nigel Chin, Victoria Harrison, Lauren Keith, Sandie Kestell, Kate Kiely, Genna Patterson, Angela Tinson

# Index

## A

Abbisso delle Vergini 200  
 adventure sports 30-3,  
   206, *see also* individual  
   sports  
   Cala Gonone 193  
   Dorgali 201  
   Gavoi 188  
   Olivena 198  
*agriturismo* 19, 194  
 air travel 266, 267  
 Alghero 11, 38, 111-25, **118**,  
   **120-1**, **11**  
   accommodation 111  
   activities 116  
   beaches 116  
   climate 111  
   drinking 122-3  
   driving 115  
   eating 117-18  
   entertainment 123  
   events 117  
   festivals 117  
   food 111, 117, 119, 121-2  
   highlights 112-13, **112-13**  
   history 114  
   information 124  
   nightlife 122-3  
   shopping 123-4  
   sights 114-16  
   tours 116-17  
   travel seasons 111  
   travel to/from 124-5  
   travel within 125  
 Altopiano del Golgo, the  
   201-3  
 antipasti 194, 251  
 aquariums  
   Acquario di Cala  
   Gonone 193  
 Arbatax 203-4  
 Arborea 97

Arbus 144  
 archaeological sites 18  
 Anfiteatro Romano 47  
 Area Archeologica di  
   Tharros 101  
 Complesso Nuragico  
   Romanzesu 184  
 Dolmen Sa Coveccada 144  
 Domus de Jana Bidua 199  
 Fonte Sacra Su  
   Tempiesu 184  
 Monte d'Accoddi 142  
 Museo Antiquarium  
   Turritano & Area  
   Archeologica 133  
 Necropoli di Anghelu  
   Ruju 127  
 Necropoli di Montessu 77  
 Necropoli di Sant'Andrea  
   Priu 144  
 Nuraghe Arrubiu 191  
 Nuraghe di Palmavera  
   127-8  
 Nuraghe di Santa Cristina  
   105-6  
 Nuraghe Is Paras 191  
 Nuraghe Losa 106  
 Nuraghe Maiori 171  
 Nuraghe Mannu 193  
 Nuraghe Santu Antine 143  
 Nuraghe Su Nuraxi 87-8  
 Pranu Mutteddù 191  
 Sa Sedda 'e Sos  
   Carros 197  
 Santuario Santa  
   Vittoria 190  
 Serra Orrios 200  
 Tempio di Antas 86  
 Tempio di Malchittu 160  
 Terme Romane 107  
 Tiscali 9, 199, 200-1, **9**  
 Villa di Tigellio 50  
 Arcipelago di La Maddalena  
   167-70, **168**  
 Ardara 143  
 Area Archeologica di  
   Tharros 101  
 area codes 17, 264

Argentiera 131  
 Aritzo 189-90  
 arts 244-8, **2**, **244**, **246**  
 Arzachena 159-61  
 Assemini 248, **246**  
 ATMs 263  
**B**  
 Baia Sardinia 158  
 Barbagia 184-90  
 Barumini 87-8  
 Basilica di Santa Giusta 97  
 Bastione di Saint Remy 44,  
   **57**, **172**  
 bathrooms 264  
 Baunei 201-3  
 beaches 18, 33  
 Berchida 195  
 Cala Battistoni 158  
 Cala Biriola 194  
 Cala Brandinchi 154  
 Cala Cartoe 200  
 Cala d'Ambra 154  
 Cala Domestica Beach  
   73-4  
 Cala Fico 81  
 Cala Fuili 192  
 Cala Ginepro 195  
 Cala Giunco 64  
 Cala Goloritzè 196  
 Cala Liberotto 195  
 Cala Luna 192  
 Cala Mariolu 194  
 Cala Sisine 194  
 Caletta di Osalla 195  
 Capo Coda Cavallo 154  
 Funtanamare Beach 73  
 Is Arenas 104  
 Is Aruttas 99  
 Isola di Mal di Ventre 99  
 Isola di San Pietro 81  
 Lu Impostu 154  
 Marina di Gairo 204  
 Orosei, 194  
 Plage Mesu 73

Poetto beach 45  
 Putzu Idu 99  
 Seconda 152  
 Sinis Peninsula 99  
 Spiaggia Bidderosa 195  
 Spiaggia Cala Francese  
   204  
 Spiaggia Capriccioli 156  
 Spiaggia Centrale 193  
 Spiaggia Costa Rei 65  
 Spiaggia del Grande &  
   Piccolo Pevero 156  
 Spiaggia del Lazzaretto  
   126  
 Spiaggia del Principe 156  
 Spiaggia della Pelosa 130  
 Spiaggia dell'Arco 104  
 Spiaggia delle Bombarde  
   126  
 Spiaggia delle Rose 204  
 Spiaggia di Maria Pia 116  
 Spiaggia di Marina di  
   Arborea 97  
 Spiaggia di Masua 73-4, **5**  
 Spiaggia di Piscinas 75  
 Spiaggia di Platamona  
   142  
 Spiaggia di Portixeddu 74  
 Spiaggia di Porto Ferro  
   129  
 Spiaggia di San Giovanni  
   116  
 Spiaggia di Scivu 75  
 Spiaggia Is Scogliu  
   Arrubius 204  
 Spiaggia Isporodda 195  
 Spiaggia La Bobba 81  
 Spiaggia La Caletta 81  
 Spiaggia La Cinta 154  
 Spiaggia Le Saline 131  
 Spiaggia Liscia Ruia 156  
 Spiaggia Mugoni 129  
 Spiaggia Musculedda 204  
 Spiaggia Orri 204  
 Spiaggia Osalla 195  
 Spiaggia Palmasera 193  
 Spiaggia Piscina Rei 65

beaches *continued*  
 Spiaggia Prima 152  
 Spiaggia Rena Bianca 162  
 Spiaggia Romazzino 156  
 Spiaggia Simius 64  
 Spiaggia Sos Dorroles 193  
 Spiaggia Su Barone 195  
 Terza 152

Belvedere 73

Berchidda 176

bicycle travel, *see* cycling

birdwatching 54

blogs 226

boat tours 32, 116-17  
 Alghero 116  
 Arcipelago di La Maddalena 158, 167  
 Buggerru 74  
 Cagliari 53  
 Cala Gonone 193  
 Cannigione 158  
 Isola dell'Asinara 133  
 Isola di San Pietro 79-80  
 Isola Tavorara 153  
 Palau 166  
 Parco Nazionale dell'Asinara 131  
 Santa Teresa di Gallura 162  
 Villasimius 64

books 230, 243, 247, 255, 257

Bosa 12, 106-10, **108**, **3**, **12**  
 activities 108-9  
 drinking 110  
 events 109  
 festivals 109  
 food 109-10  
 information 110  
 nightlife 110  
 sights 106-8  
 travel to/from 110

bread 250-1

Budelli 169, 170

budget 17

bus travel 29, 268-9

business hours 263

## C

Cabras 98-100

Cagliari 40-63, **48-9**, **52**, **56-7**, **240**, **243**  
 accommodation 40  
 activities 53, 59

courses 54  
 drinking 59-60  
 entertainment 60  
 events 54  
 festivals 54  
 food 40, 54-65  
 highlights 42, **42**  
 history 41-3  
 information 62  
 itineraries 41  
 nightlife 59-60  
 shopping 60-2  
 sights 43-52  
 tours 54  
 travel to/from 62-3  
 travel within 63

Cala Domestica Beach 73

Cala Goloritzè 196

Cala Gonone 191-4

Campanile (Alghero) 114-15

Cannigione 158-9

Cantine Surrau 159

Capo Caccia 128-30

Capo Carbonara 64

Capo Sandalo 81

Capo Testa 162, 164, **173**  
 car travel 28-9, 125, 269-70  
 car hire 28  
 driving conditions 28  
 parking 29

Carbonia 76-7

Carloforte 79-81

Carlotto, Massimo 61

Carnevale 21

Caruso, Andrea 238

Cascata Sa Spendula 75

Castello di Acquafredda 77

Castello Malaspina 106-7, **3**

Castelsardo 134-5, **13**, **19**  
 castles  
 Castello (Castelsardo) 134-5  
 Castello di Acquafredda 77  
 Castello di Marmilla 88  
 Castello di San Michele 51  
 Castello Malaspina 106-7, **3**  
 Il Castello (Cagliari) 10, 43, **10**

casumazu 251

cathedrals, *see* churches & cathedrals

Cattedrale di Santa Maria 44

Cavalcata Sarda 22

caves  
 Grotta Corbeddu 197

Grotta del Bue Marino 192

Grotta di Ispinigoli 200

Grotta di Nettuno 13, 128, **13**

Grotta di Sa Ohe 197

Grotta di Su Marmuri 205-6

caving 72

cell phones 16, 264

Cittadella dei Musei 50

cheese 202, 251

Chiesa di San Francesco 115

children, travel with 34-6

churches & cathedrals  
 Basilica della Santissima Trinità di Saccargia 143  
 Basilica di San Gavino 132  
 Basilica di San Pietro di Sorres 143  
 Basilica di San Saturnino 47  
 Basilica di Santa Giusta 97  
 Basilica di Santa Maria della Neve 103  
 Basilica Santa Maria dei Martiri 188  
 Cattedrale dell'Immacolata 107-8  
 Chiesa di San Francesco 115  
 Chiesa di San Leonardo de Siete Fuentes 102  
 Cattedrale di San Pietro 171  
 Cattedrale di San Pietro Extramuros 107  
 Cattedrale di Santa Chiara 67  
 Cattedrale di Santa Maria 44  
 Cattedrale di Santa Maria della Neve 182  
 Cattedrale di Sant'Antonio Abate 134  
 Chiesa della Solitudine 182  
 Chiesa del Purgatorio 171  
 Chiesa del Rosario 195  
 Chiesa di Nostra Signora di Castro 143  
 Chiesa di Nostra Signora di Tergu 134  
 Chiesa di San Antonio 195  
 Chiesa di San Francesco 67, 115  
 Chiesa di San Gavino 188

Chiesa di San Giacomo 195

Chiesa di San Lucifero 51

Chiesa di San Marcello 19, **19**

Chiesa di San Michele 44, 115

Chiesa di San Paolo (Milis) 104

Chiesa di San Paolo (Olbia) 148

Chiesa di San Pietro 202

Chiesa di San Pietro di Simbranos 143

Chiesa di San Salvatore 100

Chiesa di San Sebastiano 195

Chiesa di San Simplicio 148

Chiesa di Santa Maria (Castelsardo) 134

Chiesa di Santa Maria 78 (Tratalias)

Chiesa di Santa Maria delle Grazie 67

Chiesa di Santa Maria del Regno 143

Chiesa di Santa Maria di Betlem 137

Chiesa di Santa Maria (Olbia) 197

Chiesa di Sant'Anna 46

Chiesa di Sant'Antioco di Bisarcio 143

Chiesa di Santa Teresa d'Avila 88

Chiesa di Sant'Efisio 47, 86

Chiesa di Santo Sepolcro 47

Chiesa di Stella Maris 156

Chiesa di San Michele di Salvèro 143

Duomo (Sassari) 136-7

Santuario & Basilica di Nostra Signora di Bonaria 45

Santuario di Santa Maria Maddonna di Bonaccattu 102

climate 16, 40, 260, **16**, *see also individual locations*

climbing 31, 72, **173**

Bruncu Pranedda 205

Cala Gonone 193

eastern Sardinia 186

Gola Su Gorropu 198

Isola Tavorara 153

La Poltrona 193

Porto Conte 129  
 Ulassai 206  
 coastal walks 19-20, *see also* cycling  
 coffee 254-5  
 Compendio Garibaldino 169  
 Complesso Nuragico  
 Romanzesu 184  
 consulates 261  
 contemporary art 248  
 cookery classes 257-8  
 coral 126  
 Corso Repubblica 185, **15**  
 Costa del Sud 84-5  
 Costa Rei 65  
 Costa Smeralda 10, 38, 145,  
 155-61, **146-7, 10**  
 Costa Verde 75-6  
 credit cards 263  
 Cripta di Santa  
 Restituta 47  
 Cuglieri 103  
 culture 240-3  
*culurgiones* 252, **249**  
 currency 16  
 customs regulations 260  
 cycling 19-20, 29, 31,  
 125, 267  
 Alghera to Bosa 125  
 Bosa 108  
 Cardedu 203  
 Isola di San Pietro 81  
 Isola Maddalena 167  
 San Teodoro 155  
 Ulassai 206  
 Valle Di Lanaittu 197

## D

dance 246, **246**  
 d'Arborea, Eleonora 233  
 Desalo 188, 189  
 disabilities, travellers  
 with 265  
 diving 33, 65  
 Alghero 116  
 Bosa 108  
 Cala Gonone 193  
 Golfo Aranci 152  
 Isola di San Pietro 79  
 Isola Tavorara 153  
 Pelosa 131  
 Poltu Quatu 157  
 Santa Teresa di Gallura  
 162-3  
 dolci 253, 254, **255**  
 San Teodoro 154  
 dolphin-watching 32

Domusnovas 72  
 Dorgali 198-201  
 drinks 254-7, 261, *see also* wine  
 driving licences 269  
 Duomo (Sassari) 136-7  
**E**  
 eastern Sardinia 177, 184,  
**178-9**  
 economy 226-7  
 electricity 261  
 Elephant Rock, 135, **19**  
 embassies 261  
 emergencies 17  
 etiquette 256  
 events 21-2  
 exchange rates 17  
 Exmà 51

## F

fairy houses 77, 229  
 Museo Nazionale Sanna  
 136  
 Necropoli di Anghelu  
 Ruju 127  
 Necropoli di Montessu  
 77  
 Pranu Mutteddu 190  
 Rocca dell'Elefante  
 135, **19**  
 ferry travel 267-8  
 Fertilia 126-7  
 Festa della Madonna del  
 Naufrago 22  
 Festa dell'Assunta 22  
 Festa di San  
 Salvatore 22  
 Festa di Santa Maria del  
 Mare 22  
 Festa di Sant'Antioco 21  
 Festa di Sant'Antonio Abate  
 21, 187  
 Festa di Sant'Efisio 21, 54,  
**56, 172, 243, 244**  
 festivals 14, 21-2, 246,  
**14, 56, 243, 244**  
*see also individual*  
*locations*  
 Carnevale 21  
 Cavalcata Sarda 22  
 Festa dell'Incoronazione  
 della Madonna di  
 Gonare 185  
 Festa di Sant'Antioco  
 21, 187  
 Festa di Sant'Antonio  
 Abate 21, 187

Festa di Sant'Efisio 21,  
 54, **56, 172, 243, 244**  
 food 78-9, 80, 117, 189  
 literature 104  
 music 80, 176  
 Sa Sartiglia 21, 96  
 Sagra del Torrone 185  
 Shrove Tuesday in  
 Ottana 185  
 Time in Jazz 22, 176  
 wine 78-9, 105, 258  
 films 226, 237  
 fish 253  
 folk dancing 246, **246**  
 Fonni 188-9  
 Fonte Sacra Su Tempiesu  
 184  
 food 15, 20, 249-58, 261,  
**15, 249, 252, 255**  
*see also individual*  
*locations*  
 antipasti 89, 103  
 cheese 202, 251  
 festivals 21-2, 80, 117,  
 189  
 Gallurese 150  
 markets 61, 104, 119,  
 138-9, 197  
 seafood 117, 152, **15**  
 sweets 253  
 Fordongianus 107

## G

galleries, *see* museums &  
 galleries  
 Gallura 38, 161-70, **146-7**  
 Galtelli 196  
 gardens, *see* parks &  
 gardens  
 Garibaldi, Giuseppe 235  
 Gavoi 188  
 gay travellers 261  
 Genna 'e Silana 202  
 Ghetto degli Ebrei 51  
 Giants of Monte Prama 98  
 Girotonno 22  
 Gola Su Gorropu 11, 199, **11**  
 Golfo Aranci 152, **146-7**  
 Golfo di Orosei 8-9, 191-6,  
**8-9**  
 Grotta Corbeddu 197  
 Grotta di Ispinigoli 200  
 Grotta di Nettuno 13,  
 128, **13**  
 Grotta di San Michele 141  
 Grotta di Sa Ohe 197  
 Grotta di Su Marmuri  
 205-6

## H

handcrafts 135, 144, 247,  
 248, **248**  
 health 261-2  
 hiking 18-19, 30-1, 59, 73  
 Baunei 202, 202-3  
 Bruncu Spina 189  
 Cagliari 59  
 Cala Goloritzè 196  
 Capo Testa 162  
 Galtelli 196  
 Gola Su Gorropu 11,  
 199, **11**  
 Iglesiente coast 73  
 Isola Tavorara 153  
 Montiferru 102  
 Oliena 198  
 Selvaggio Blu 192  
 Supramonte 199  
 Tiscali 199  
 Ulassai 205  
 hilltop towns & villages 13,  
 20, **13**  
 historic cities 20  
 history 228-39  
 Aragonese invasion 234  
 banditry 237  
 Carthaginians 230-2  
 Facism 236  
 Habsburg rule 234-5  
 Medieval era 232-4  
 mining boom 235-6  
 Neolithic period 228-9  
 nuragic civilisation  
 229-30  
 Palaeolithic period 228-9  
 Phoenicians 230  
 Piedmontese rule 234-5  
 politics 237-8  
 Roman era 231-2  
 Spanish conquest 233-4  
 tourism 238-9  
 WWI 237  
 WWII 238  
 hitching 270  
 holidays 264  
 Homer 231  
 horse-racing 13, 105,  
 185, 246  
 horse-riding 31, 97, 154,  
 169

## I

I Candelieri 22  
 Iglesias 37, 66-72, **68-9**,  
**70, 19**  
 accommodation 66  
 climate 66

Iglesias *continued*  
 events 71  
 festivals 71  
 food 66, 71  
 highlights 68-9, **68-9**  
 history 67  
 information 71  
 sights 67, 70-1  
 travel seasons 66  
 travel to/from 71-2  
 Iglesiasiente, the 72-6, **68-9**  
 Il Castello (Cagliari) 10, 43  
 Il Golfo 201  
 immigration 266  
 Inland Oristano Province  
 105-6  
 insurance 262  
 car 270  
 health 261-2  
 internet access 262  
 internet resources 17, 245,  
 248, 253  
 islands 18, *see also*  
*individual locations*  
 Isola Budelli 169, 170  
 Isola Caprera 168-9  
 Isola Dei Gabbiani 170  
 Isola dell'Asinara 130-2,  
 133, **13**  
 Isola di San Pietro 79-81  
 Isola di Sant'Antioco 81-4  
 Isola Maddalena 167-8, **168**  
 Isola Razzoli 170  
 Isola Santa Maria 169  
 Isola Santo Stefano 169  
 Isola Spargi 169  
 Isola Tavolara 153  
 Isolotto di Ogliastra 205  
 itineraries 23-7, **23, 24,**  
**25, 26-7**

**J**  
 Jerzu 206

**K**  
 kayaking 18, 30, 33  
 Cala Gonone 193  
 Cardedu 203  
 Gavoi 188  
 Ogliastra 203  
 Porto Pollo 170  
 kitesurfing 32  
 Gallura 162  
 Porto Pollo 170

San Teodoro 154  
 Sinis Peninsula 99  
 Stintino 130  
 knives 144

**L**  
 La Giarra di Gesturi 88-9  
 La Marmilla 86-90, **68-9**  
 Laconi 190  
 lakes  
 Lago Baratz 129  
 Lago di Coghinas 143  
 Lago di Liscia 161  
 Lago Lerno 142  
 Pauli Mauri 88  
 languages 16, 242-8  
 Lawrence, DH 238, 245  
 Le Prigionette Nature  
 Reserve 128  
 legal matters 262-3  
 lesbian travellers 261  
 literature 247-8  
 festivals 104, 188  
 Logudoro, the 143  
 Lunissanti 21

**M**  
 malaria 232  
 Mamoiada 187-8  
 maps 263  
 Marceddi 97-8  
 Marina di Torregrande 100  
 masks 248, **2, 247**  
 Masua 72, 74, **5**  
 measures 265  
 MEM 51  
 Mediateca del  
 Mediterranea 51  
 Milis 104-5  
 military 227  
 mobile phones 16, 264  
 modern art 248  
 money 16, 17, 260, 263  
 Monte d'Accoddi 142  
 Monte Ortobene 181-2  
 Monte Scoine 205  
 Monti 176  
 Montiferru 102-5  
 motorcycle travel 269-70  
 Museo Casa Deriu 107  
 Museo Civico (Cabras)  
 98-9  
 Museo Etnografico Galluras  
 176  
 Museo Etnografico Sardo  
 181  
 Museo Nazionale Sanna  
 136

Museo Nivola 188  
 museums & galleries 46,  
 Casa Zapata 88  
 Centro Comunale d'Arte  
 e Cultura Il Ghetto 52  
 Centro di Documentazi-  
 one sulla Sartiglia 92  
 Compendio  
 Garibaldino 169  
 Ecomuseo della  
 Montagna Sarda e del  
 Gennargentu 189  
 Galleria Comunale  
 d'Arte 44  
 Louise Alexander Gallery  
 156  
 Menhir Museum 190  
 MUB Museo della  
 Bonifica 97  
 Museo Antiquarium  
 Arborense 92  
 Museo Antiquarium  
 Turritano & Area  
 Archeologica 133  
 Museo Archeologico  
 (Dorgali) 201  
 Museo Archeologico  
 (Ozieri) 141  
 Museo Archeologico  
 (Sant'Antioco) 82  
 Museo Archeologico-  
 Etnografico Palazzo  
 Atzori 106  
 Museo Archeologico  
 Navale 167  
 Museo Archeologico  
 Nazionale (Cagliari) 43  
 Museo Archeologico  
 Nazionale (Nuoro) 182  
 Museo Archeologico  
 (Olbia) 148  
 Museo Casa Deriu 107  
 Museo Ciusa 181  
 Museo Civico (Cabras)  
 98  
 Museo Civico (Isola di  
 San Pietro) 79  
 Museo d'Arte Siamese 51  
 Museo del Coltello  
 Sardo 76  
 Museo del Duomo 50  
 Museo Deleddiano 182  
 Museo della Brigata  
 Sassari 137  
 Museo della Città 137  
 Museo della Tecnologia  
 Contadina 102  
 Museo della Tonnara 131  
 Museo Delle Conce 107  
 Museo delle Maschere  
 Mediterranee 187  
 Museo del Tesoro e

Area Archeologica di  
 Sant'Eulalia 46  
 Museo del Vino 176  
 Museo Domus de Janas  
 134  
 Museo Etnografico  
 Galluras 176  
 Museo Etnografico Sa  
 Domo 'e sos Marras  
 196  
 Museo Etnografico  
 Sardo 181  
 Museo MAN 182  
 Museo Nazionale Sanna  
 136  
 Museo Nivola 188  
 Palazzo di Città 51  
 Pinacoteca Carlo  
 Contini 92  
 Pinacoteca Nazionale 46  
 Pinacoteca Nazionale di  
 Sassari 137  
 Stazione dell'Arte Maria  
 Lai 206  
 Villaggio Minerario  
 Rosas 80  
 music 244-5  
 festivals 22, 78, 80, 176

**N**  
 Narcao Blues Festival  
 22, 78  
 Natale 22  
 national parks & reserves  
 Capo Carbonara 64  
 Capo Figari 152  
 Le Prigionette Nature  
 Reserve 128  
 Olivastri Millenari di  
 Santo Balto 161  
 Parco di Porto Conte 130  
 Parco Nazionale del  
 Golfo di Orosei e del  
 Gennargentu 191  
 Parco Nazionale  
 dell'Arcipelago di La  
 Maddalena 167-70,  
**168**  
 Parco Nazionale  
 dell'Asinara 13, 130, **13**  
 Riserva Naturale di  
 Monte Arcosu 77  
 Stagno San Teodoro 154  
 Necropoli di Montessu 77  
 newspapers 265  
 north coast 130-5, **112-13**  
 northwestern Sardinia 111,  
 125-44, **112-13**  
 Nuoro 38, 177-84, **180**  
 accommodation 177  
 drinking 183

events 182  
 festivals 182  
 food 177, 182-3  
 highlights 178-9, **178-9**  
 history 180-1  
 information 183  
 nightlife 183  
 shopping 183  
 sights 181-2  
 travel to/from 183-4  
 Nuraghe Su Nuraxi 87-8, **12**  
 nuraghi 12, 160, **12**  
   Domus de Jana Bidua 199  
   La Prigioniera 160  
   Nuraghe Arrubiu 191  
   Nuraghe di Albuicciu 160  
   Nuraghe di Santa Cristina 105-6  
   Nuraghe Is Paras 191  
   Nuraghe Losa 106  
   Nuraghe Maiori 171  
   Nuraghe Mannu 193  
   Nuraghi Su Nuraxi 87-8, **12**  
   Sa Sedda 'e Sos Carros 197  
   Serra Orrios 200

**O**  
 Ogliastria 203-6, **178-9**  
 Oasi di Seu 101  
 Olbia 38, 145-52, **149**  
   accommodation 145  
   climate 145  
   drinking 150  
   events 148  
   festivals 148  
   food 145, 148-50  
   highlights 146-7, **146**  
   history 148  
   information 151  
   nightlife 150  
   shopping 150  
   sights 148  
   travel seasons 145  
   travel to/from 151  
   travel within 152  
 Oliena 197-8  
 olivastri 161  
 opening hours 263  
 Orgosolo 14, 184-7, **15**  
   festivals 185-6  
   food 186  
   events 185-6  
   sights 185  
 Oristano 14, 38, 91-6, **94, 14**

accommodation 91  
 climate 91  
 drinking 95  
 food 91, 94-5  
 highlights 93, **93**  
 nightlife 95  
 history 92  
 shopping 95  
 sights 92-4  
 travel seasons 91  
 Orsei 194-6  
 outdoor activities 18, 30-3, *see also individual activities*  
 Ozieri 141-2  
  
**P**  
 Palau 165-6  
 Palazzo Civico 50  
 Palazzo di Città 51  
 Palazzo Vicerio 46  
 Parco di Porto Conte 130  
 Parco Nazionale dell'Arcipelago di La Maddalena 167-8, **168**  
 Parco Nazionale dell'Asinara 13, 130, **13**  
 Parco Sardegna In Miniatra 88  
 pardulas 253, **255**  
 parks & gardens  
   Giardino Sotto Le Mure 51  
   Orto Botanico 47  
   Parco Colle Sant'Onofrio 182  
 passports 266  
 pasta 252  
 Pattada 144  
 Piazza Eleonora d'Arborea 92  
 Piazza Italia (Sassari) 136  
 Piazza Yenne 46  
 planning  
   activities 30-3  
   budgeting 16-17, 46  
   calendar of events 21-2  
   children, travel with 34-6  
   internet resources 17  
   itineraries 23  
   regions 37-8  
   Sardinia basics 16-17  
   travel seasons 16, 21-2, **16**  
 poetry 245  
 Poetto beach 45  
 Poltu Quatu 157  
 population 227  
 porceddu 252, **252**  
 Porto Cervo 155-7

Porto Conte 128-30, **126**  
 Porto Flavia 73  
 Porto Pino 84  
 Porto Pollo 170, **172**  
 Porto San Paolo 153  
 Porto Torres 132-3  
 postal services 263-4  
 public holidays 264  
 Pula 85-6  
 Punta Salinas 202

**R**  
 radio 265  
 Rassegna del Vino Novello 22  
 Rebecca 144  
 religion 227  
   festivals 21-2  
 Reserves, *see* national parks and reserves  
 Riserva Naturale di Monte Arcosu 77  
 Riviera del Corallo 125-30, **126, 112-13, 126**  
 Rocce Rosse 204  
 Rocca dell'Elefante 135, **19**  
 rock climbing, *see* climbing

**S**  
 Sa Coia Maurreddina 22  
 Sa Sartiglia 21, 96, **14**  
 S'Abba Frisca 200  
 safe travel 264  
 Sagra degli Agrumi 21, 63  
 Sagra delle Castagne 22  
 Sagra del Redentore 22  
 Sagra del Torrione 21  
 sailing 33  
   Carloforte 79  
   Porto Conte 129  
   Porto Pollo 170  
 San Giovanni di Sinis 101  
 Sanluri 90  
 San Pantaleo 161  
 San Salvatore 100-1  
 San Sperate 51  
 San Teodoro 153-5  
 Santa Caterina di Pittinuri 103-4  
 Santa Giusta 97  
 Santa Maria Navarrese 204-5  
 Santa Teresa di Gallura 162-5, **163**  
   activities 162-3  
   drinking 164-5  
   food 163-4  
   information 165  
 shopping 165  
 sights 162  
 travel to/from 165  
 Santadi 78-9  
 Sant'Antioco 82-3  
 Santu Lussurgiu 102-3, 144  
 Santuario & Basilica di Nostra Signora di Bonaria 45  
 Sarcidano 190-1, **178-9**  
 Sardara 89-90  
 S'Arda 22, 105  
 Sardo 242  
 Sarrabus, the, 40, 63-5, **42**  
 Sassari 135-41, **138-9**  
   drinking 140  
   entertainment 140  
   events 138  
   festivals 138  
   food 138-40  
   history 136  
   nightlife 140  
   sights 136-8  
   travel to/from 140-1  
   travel within 141  
 scenic drives  
   Alghera to Bosa 125  
   Dorgali to Santa Maria Navarrese 202  
   Strada Panormica della Costa del Sud 84-5  
   Tempio to Berchidda 175  
 Sea Walls (Alghero) 114  
 seafood 253, 17, 152, **15**  
 Selvaggio Blu 192  
 Seneghe 104  
 Sennori 142  
 Serdiana 62  
 Settimana Santa 21  
 Sinis Peninsula 14, 98-101, **14**  
 smoking 265  
 Sorgono 191  
 Sorso 142  
 Soru, Renato 236  
 south coast 152-5, **146-7**  
 Spiaggia della Pelosa 130  
 Spiaggia di Masua 73-4, **5**  
 Spiaggia di Piscinas 75  
 spirits 256-7  
 Stintino 130-2  
 Strada Panoramica della Costa del Sud 84-5  
 street art 185, **15**  
 Su Gologone 197-8  
 Sulcis 76-86, **68-9**  
 Supramonte 196-203, **178-9**

surfing 33  
sweets 253, **255**  
Switzerland 238

**T**  
telephone services 16, 264  
Tempio Pausania 144, 171-5, **174**, **172**  
Tenute Olbios 151  
Tharros 101  
time 16, 264  
Time in Jazz 22, 176  
tipping 263  
Tiscali 9, 199, 200-1, **9**  
toilets 264  
tombe dei giganti 12, 160  
Coddù Ecchju 160  
Li Lolghi 160  
Li Muri 160  
S'Ena 'e Thomes 200  
tombs, see tombe dei giganti  
Torre di San Pancrazio 46  
Torre dei Corsari 75  
Tortoli 203-4

tourism 226-7  
tourist information 264-5  
tours 270-1  
traditional crafts 247, 248, **248**  
train travel 29, 32, 271  
Trenino Verde Tourist Train 32  
transport 28-9  
Tratalias 77-8  
travel seasons 16, 21-2, **16**, 40  
travel to/from Sardinia 266-7  
travel within Sardinia 267-71  
trekking, see hiking  
Trenino Verde Tourist Train 32  
TV 265

**U**  
Ulassai 205-6

**V**  
vacations 264  
Valle dei Nuraghi 142-4  
Valle della Luna 176  
Valle di Lanaittu 197  
vegan travellers 257  
vegetarian travellers 257  
villages, see hilltop towns & villages  
Villaggio Minerario Rosas 80  
Villanovaforru 89  
Villasimius 64-5  
visas 16, 265  
volunteering 265

**W**  
walking, see hiking  
water sports 18, 32-3, 53, 154, 170, see also *individual water sports*  
weather 16, 260, see also *individual locations*  
weights 265

western Sardinia 91, 96-110, 93  
windsurfing 32, 53, **172**  
Alghero 116  
Cagliari 52  
Chia 84  
Marina di Torregrande 100  
Pelosa 131  
Porto Conte 129  
Porto Pollo 170  
San Teodoro 154  
Sinis Peninsula 98, 99  
wine 254, 255-6, see also *wine-tasting festivals* 22  
tours 151  
Sella e Mosca 127  
vineyards 127, 151  
wineries 62, 78, 129, 171, 206  
wine-tasting 32, 108, 159, 176  
women travellers 265  
work 265

# Map Legend

## Sights

- Beach
- Bird Sanctuary
- Buddhist
- Castle/Palace
- Christian
- Confucian
- Hindu
- Islamic
- Jain
- Jewish
- Monument
- Museum/Gallery/Historic Building
- Ruin
- Shinto
- Sikh
- Taoist
- Winery/Vineyard
- Zoo/Wildlife Sanctuary
- Other Sight

## Activities, Courses & Tours

- Bodysurfing
- Diving
- Canoeing/Kayaking
- Course/Tour
- Sento Hot Baths/Onsen
- Skiing
- Snorkelling
- Surfing
- Swimming/Pool
- Walking
- Windsurfing
- Other Activity

## Sleeping

- Sleeping
- Camping
- Hut/Shelter

## Eating

- Eating

## Drinking & Nightlife

- Drinking & Nightlife
- Cafe

## Entertainment

- Entertainment

## Shopping

- Shopping

## Information

- Bank
- Embassy/Consulate
- Hospital/Medical
- Internet
- Police
- Post Office
- Telephone
- Toilet
- Tourist Information
- Other Information

## Geographic

- Beach
- Gate
- Hut/Shelter
- Lighthouse
- Lookout
- Mountain/Volcano
- Oasis
- Park
- Pass
- Picnic Area
- Waterfall

## Population

- Capital (National)
- Capital (State/Province)
- City/Large Town
- Town/Village

## Transport

- Airport
- Border crossing
- Bus
- Cable car/Funicular
- Cycling
- Ferry
- Metro station
- Monorail
- Parking
- Petrol station
- S-Bahn/Subway station
- Taxi
- T-bane/Tunnelbana station
- Train station/Railway
- Tram
- Tube station
- U-Bahn/Underground station
- Other Transport

## Routes

- Tollway
- Freeway
- Primary
- Secondary
- Tertiary
- Lane
- Unsealed road
- Road under construction
- Plaza/Mall
- Steps
- Tunnel
- Pedestrian overpass
- Walking Tour
- Walking Tour detour
- Path/Walking Trail

## Boundaries

- International
- State/Province
- Disputed
- Regional/Suburb
- Marine Park
- Cliff
- Wall

## Hydrography

- River, Creek
- Intermittent River
- Canal
- Water
- Dry/Salt/Intermittent Lake
- Reef

## Areas

- Airport/Runway
- Beach/Desert
- Cemetery (Christian)
- Cemetery (Other)
- Glacier
- Mudflat
- Park/Forest
- Sight (Building)
- Sportsground
- Swamp/Mangrove

Note: Not all symbols displayed above appear on the maps in this book



## OUR STORY

A beat-up old car, a few dollars in the pocket and a sense of adventure. In 1972 that's all Tony and Maureen Wheeler needed for the trip of a lifetime – across Europe and Asia overland to Australia. It took several months, and at the end – broke but inspired – they sat at their kitchen table writing and stapling together their first travel guide, *Across Asia on the Cheap*. Within a week they'd sold 1500 copies. Lonely Planet was born.

Today, Lonely Planet has offices in Franklin, London, Melbourne, Oakland, Dublin, Beijing and Delhi, with more than 600 staff and writers. We share Tony's belief that 'a great guidebook should do three things: inform, educate and amuse'.

## OUR WRITERS

### Gregor Clark



**Curator, *Oristano & the West*; *Olbia, Costa Smeralda & Gallura*; *Nuoro & the East***

Gregor is a US-based writer whose love of foreign languages and curiosity about what's around the next bend have taken him to dozens of countries on five continents. Chronic wanderlust has also led him to visit all 50 states and most Canadian provinces on countless road trips through his native North America. Since 2000, Gregor has regularly contributed to Lonely Planet guides,

with a focus on Europe and the Americas. Titles include *Italy*, *France*, *Brazil*, *Costa Rica*, *Argentina*, *Portugal*, and *New England's Best Trips*, as well as coffee-table pictorials such as *Food Trails*, *The USA Book* and *The LP Guide to the Middle of Nowhere*.

### Kerry Christiani



Kerry is an award-winning travel writer, photographer and Lonely Planet author, specialising in Central and Southern Europe. Based in Wales, she has authored/co-authored more than a dozen Lonely Planet titles. An adventure addict, she loves mountains, cold places and true wilderness. She features her latest work at <https://its-a-small-world.com> and tweets @kerrychristiani. Kerry's insatiable wanderlust has taken her to all seven continents – from the frozen wilderness of

Antarctica to the Australian Outback – and shows no sign of waning. Her writing appears regularly in publications like *Adventure Travel* magazine and she is a *Telegraph* travel expert for Austria and Wales. Kerry wrote the Plan Your Trip, Understand and Survival Guide chapters.

### Duncan Garwood



**Castell di Stabia & the Sorbus, Iglesias & the Southwest, Alghero & the Northwest**

From facing fast bowlers in Barbados to sidestepping hungry pigs in Goa, Duncan's travels have thrown up many unique experiences. These days he largely dedicates himself to Italy, his adopted homeland, where's he's been living since 1997. From his base in the Castelli Romani hills outside Rome, he's clocked up endless kilometres exploring the country's well-known destinations and far-flung reaches, working on the guidebooks *Rome*, *Sardinia*,

*Sicily*, *Piedmont* and *Naples & the Amalfi Coast*. Other LP titles include *Italy's Best Trips*, *The Food Lover's Guide to the World* and *Pocket Bilbao & San Sebastian*. He also writes on Italy for newspapers, websites and magazines.

### Published by Lonely Planet Global Limited

CRN 554153

6th edition – January 2018

ISBN 978 1 78657 255 4

© Lonely Planet 2018 Photographs © as indicated 2018

10 9 8 7 6 5 4 3 2 1

Printed in China

All rights reserved. No part of this publication may be copied, stored in a retrieval system, or transmitted in any form by any means, electronic, mechanical, recording or otherwise, except brief extracts for the purpose of review, and no part of this publication may be sold or hired, without the written permission of the publisher. Lonely Planet and the Lonely Planet logo are trademarks of Lonely Planet and are registered in the US Patent and Trademark Office and in other countries. Lonely Planet does not allow its name or logo to be appropriated by commercial establishments, such as retailers, restaurants or hotels. Please let us know of any misuses: [lonelyplanet.com/ip](http://lonelyplanet.com/ip).

Although the authors and Lonely Planet have taken all reasonable care in preparing this book, we make no warranty about the accuracy or completeness of its content and, to the maximum extent permitted, disclaim all liability arising from its use.

© Lonely Planet Publications Pty Ltd. To make it easier for you to use, access to this chapter is not digitally restricted. In return, we think it's fair to ask you to use it for personal, non-commercial purposes only. In other words, please don't upload this chapter to a peer-to-peer site, mass email it to everyone you know, or resell it. See the terms and conditions on our site for a longer way of saying the above - 'Do the right thing with our content.'