

Iglesias & the Southwest

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Why Go?

Silky beaches, prehistoric treasures, haunting mines – Sardinia's southwest is rich in history and natural beauty. The main drawcard is its thrilling coastline, which stretches from the great untamed sands of the Costa Verde to the cliff-bound coves of the Iglesiente and the seductive bays of the Costa del Sud. Offshore, the Isola di San Pietro and Isola di Sant'Antioco boast their own distinctive charms: San Pietro with its animated and instantly likeable atmosphere, and Sant'Antioco with its earthy character and rich archaeological legacy.

Inland, there's a rather melancholy feel to the area around Iglesias, the southwest's charming main town. This was once the island's mining heartland and the silent hills are today pitted with abandoned mines, many of which have been resurrected as museums and visitor attractions. Further in, the Marmilla's voluptuous green countryside harbours rich archaeological pickings, including Sardinia's greatest *nuraghe*, the Unesco-listed Nuraghe Su Nuraxi.

When to Go

- Sardinia goes to town for Easter (March or April), celebrating Holy Week with processions and parades. Iglesias excels at this with a series of hooded processions accompanied by deathly drumming.
- Foodies should pencil in late May or early June when the Isola di San Pietro goes wild for tuna at its big annual festival, the Girotonno.
- August is perfect for beach parties on the southern coast and exploring the remote dunes of the Costa Verde.
- → For hiking on the Iglesiente coast, April, May, September and early October are prime periods with good weather and beautiful colours.

IGLESIAS

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Surrounded by the skeletons of Sardinia's once-thriving mining industry, Iglesias is a historic town that bubbles in the summer and slumbers in the colder months. Its historic centre, an appealing ensemble of lived-in piazzas, sun-bleached buildings, churches and Aragonese-style wrought-iron balconies, creates an atmosphere that's as much Iberian as Sardinian a vestige of its time as a Spanish colony. Visit at Easter to experience the city's extraordinary Settimana Santa (Holy Week) processions, featuring trains of sinister. white-robed celebrants parading through the skinny lanes of the centro storico.

History

Although named after its churches - Iglesias means churches in Spanish - the town has a long history as a mining centre. The Carthaginians are known to have mined the surrounding area, as did the Romans who extracted silver and lead. and established a mining town, Metalla, in the hills south of modern-day Fluminimaggiore.

Iglesias itself was founded in the 13th century by Ugolino della Gherardesca. A Pisan noble with a shrewd head for business, Ugolino reopened the Roman mines and organised the town, which was originally called Villa di Chiesa, as a Tuscan-style comune (self-regulating town) with its own currency, rights and laws. These laws were subsequently codified and recorded in a book known as the Breve di Villa di Chiesa

The city thrived but in 1324 it fell to the Catalan-Aragonese, who promptly renamed it Iglesias. More seriously, they closed its mines, and for the next 500 years the pits lay abandoned until private entrepreneurs, such as Quintino Sella, revived their fortunes in the 19th century. As a nascent industrial centre in a resurgent and soon-to-be-united Italy, Iglesias once again flourished until WWII and modern economics tolled its death knell in the 1970s

Sights

Much of the pleasure of visiting Iglesias lies in the medieval centre. There are no great must-see sights, but the narrow lanes and suggestive piazzas are in good nick and are much appreciated by locals who flock here to browse the shops and hang out in its bars. It's also here that you'll find many of the churches that give the city its

Chiesa di San Francesco

CHURCH

(Piazza San Francesco; ⊕8.30am-11.30am & 5-7pm) From Piazza del Municipio, Via Pullo leads to the dainty rose-red trachyte of the Chiesa di San Francesco. Built over a 200-year period between the 14th and 16th centuries, this small church is a wonderful example of Catalan Gothic architecture with its simple austere facade, circular windows and single-nave interior. Flanking the nave is a series of chapels squeezed between the buttresses.

Cattedrale di Santa Chiara

(Duomo: Piazza del Municipio:

9am-12.30pm & 3-8pm) Dominating the eastern flank of Piazza del Municipio, the Cattedrale di Santa Chiara boasts a lovely Pisan-flavoured facade and a checkerboard stone bell tower. The church was originally built in the late 13th century, but it was given a comprehensive makeover in the 16th century, which accounts for its current Catalan Gothic look. Inside, the highlight is a gilded retable that once held the relics of St Antiochus.

This was originally on the Isola di Sant'Antioco but it was bought to Iglesias in the 17th century to protect it from the threat of pirate raids. And although the clerics were later forced to return the relics. they managed to hold on to the altarpiece.

Flanking the cathedral on the piazza is the bishop's residence, the Palazzo Vescovile, and opposite is Iglesias' neoclassical Municipio. Both buildings are closed to the public.

Chiesa di Santa Maria delle Grazie

CHURCH

(Piazza Manzoni 7; @9am-12.30pm & 3-8pm) Originally constructed at the end of the 13th century, the modest Chiesa di Santa Maria delle Grazie retains little of its original form. About the only surviving element is the base of the medieval facade, which is topped by a pinky baroque structure, added in the 17th and 18th centuries.

Piazza Quintino Sella

PIAZZA

Iglesias' focal square, Piazza Quintino Sella was laid out in the 19th-century in what was at the time a field outside the city walls. It soon became a central meeting place and