



Oristano & the West

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Best Places to Eat

- ➔ Trattoria Biancospino (p105)
- ➔ Desogos (p102)
- ➔ Trattoria Gino (p93)
- ➔ Agriturismo Sinis (p98)
- ➔ Sa Peschiera 'e Mar 'e Pontis (p97)

Best Places to Stay

- ➔ Antica Dimora Del Gruccione (p207)
- ➔ Hotel Lucrezia (p206)
- ➔ Leonora B&B (p206)
- ➔ Corte Fiorita (p207)

Why Go?

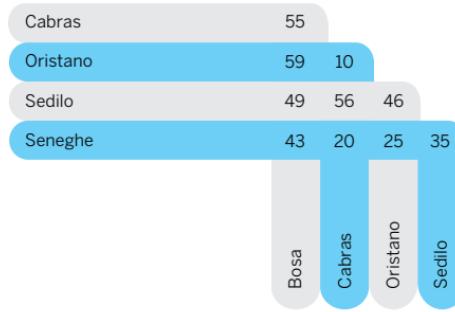
This part of central Sardinia boasts much of what makes the island such a beautiful and intriguing place: sublime beaches, vast tracts of verdant hills, ancient ruins and mysterious nuraghic temples.

In the heart of it all is Oristano, one of Sardinia's great medieval cities. It's a lively place with a gracious historic centre and laid-back atmosphere. A short hop away, the Sinis Peninsula harbours gorgeous beaches and ancient Roman ruins, while, to the north, Bosa charms with its riverside *centro storico* (historic centre).

For an altogether different experience, venture inland for a taste of rural Sardinia. The villages and soaring slopes of Monti Ferru are ripe for foodie touring with their prized local specialities, most notably *buco rosso* beef and extra virgin olive oil.

Festival-goers will also enjoy the area. Oristano hosts colourful carnival celebrations and the small village of Sedilo stages one of Sardinia's most exhilarating events, the extraordinary S'Ardia horse race.

Road Distance (km)





Oristano & the West Highlights

- ➊ Topping up your tan on the prized quartz sand of **Is Aruttas** (p98) beach.
- ➋ Giving your imagination a workout at the windswept ruins of ancient **Tharros** (p99).
- ➌ Throwing yourself into the carnival madness of Oristano's **Sa Sartiglia** (p93).

- ➍ Surveying Bosa's colourful houses from its brooding hilltop castle, **Castello Malaspina** (p103).
- ➎ Facing up to the Giants of Monte Prama at Cabras' **Museo Civico** (p96).
- ➏ Revelling in soaring views and culinary treasures as you tour **Monti Ferru** (p100).

- ➐ Brushing up on your Bronze Age history at the impressive **Nuraghe di Santa Cristina** (p106).
- ➑ Marvelling at daredevil horse-riding skills at Sedilo's **S'Ardia** (p107) festival.
- ➒ Perfecting your spaghetti-western swagger at **San Salvadore** (p98).