



# Oristano & the West

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## Best Places to Eat

- Trattoria Biancospino (p105)
- Desogos (p102)
- Trattoria Gino (p93)
- Agriturismo Sinis (p98)
- Sa Peschiera 'e Mar 'e Pontis (p97)

## Best Places to Stay

- Antica Dimora Del Gruccione (p207)
- Hotel Lucrezia (p206)
- Eleonora B&B (p206)
- Corte Fiorita (p207)

## Why Go?

This part of central Sardinia boasts much of what makes the island such a beautiful and intriguing place: sublime beaches, vast tracts of verdant hills, ancient ruins and mysterious nuraghic temples.

In the heart of it all is Oristano, one of Sardinia's great medieval cities. It's a lively place with a gracious historic centre and laid-back atmosphere. A short hop away, the Sinis Peninsula harbours gorgeous beaches and ancient Roman ruins, while, to the north, Bosa charms with its riverside *centro storico* (historic centre).

For an altogether different experience, venture inland for a taste of rural Sardinia. The villages and soaring slopes of Monti Ferru are ripe for foodie touring with their prized local specialities, most notably *bue rosso* beef and extra virgin olive oil.

Festival-goers will also enjoy the area. Oristano hosts colourful carnival celebrations and the small village of Sedilo stages one of Sardinia's most exhilarating events, the extraordinary S'Ardua horse race.

## Road Distance (km)

Cabras	55			
Oristano	59	10		
Sedilo	49	56	46	
Seneghe	43	20	25	35
	Bosa	Cabras	Oristano	Sedilo



## Oristano & the West Highlights

- 1 Topping up your tan on the prized quartz sand of **Is Aruttas** (p98) beach.
- 2 Giving your imagination a workout at the windswept ruins of ancient **Tharros** (p99).
- 3 Throwing yourself into the carnival madness of Oristano's **Sa Sartiglia** (p93).
- 4 Surveying Bosa's colourful houses from its brooding hilltop castle, **Castello Malaspina** (p103).
- 5 Facing up to the Giants of Monte Prama at Cabras' **Museo Civico** (p96).
- 6 Revelling in soaring views and culinary treasures as you tour **Monti Ferru** (p100).
- 7 Brushing up on your Bronze Age history at the impressive **Nuraghe di Santa Cristina** (p106).
- 8 Marvelling at daredevil horse-riding skills at Sedilo's **S'Ardia** (p107) festival.
- 9 Perfecting your spaghetti-western swagger at **San Salvatore** (p98).