



Cagliari & the Sarrabus

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Best Places to Eat

- ➔ St Remy (p48)
- ➔ Per Bacco (p48)
- ➔ Antica Cagliari (p49)
- ➔ Dal Corsaro (p49)
- ➔ Martinelli's (p49)

Best Places to Stay

- ➔ T Hotel (p201)
- ➔ Casa Marina (p201)
- ➔ Il Cagliarese (p200)
- ➔ La Peonia (p201)
- ➔ Hotel Miramare (p202)

Why Go?

Built high and mighty around a rocky citadel, Cagliari gazes out to the glistening Med, basks in southern sunshine and looks proudly back on almost 3000 years of history. Sardinia's cultured, open-minded capital makes a fine base if you're seeking more than the classic sun-and-sea mix, with a clutch of museums, baroque churches and fortifications begging exploration.

Still a busy, working port, Cagliari hasn't been prettified for the benefit of tourists and is all the more interesting for it. Sightseeing aside, this city is all about simple pleasures, be it fresh seafood in a Marina trattoria, crowd-watching at a pavement cafe or a stroll through Il Castello's medieval alleyways.

Slightly east of town you find yourself in a different world. The mountainous hinterland of the Sarrabus is an untamed, silent wilderness, and the magnificent salt-white beaches of Villasimius and the Costa Rei are all but deserted outside of the peak summer months.

Road Distance (km)

Castiadas	47			
Costa Rei	60	13		
Muravera	56	27	30	
Villasimius	43	20	17	47
	Cagliari	Castiadas	Costa Rei	Muravera



Cagliari & the Sarrabus Highlights

- 1 Discover the nooks and crannies of **Il Castello** (p37), Cagliari's medieval citadel.
- 2 Sunbathe by day and party the night away at **Poetto Beach** (p40).
- 3 Sip a sundowner at hilltop **Caffè Librarium Nostrum** (p49) as the city is dramatically illuminated.

- 4 Don your walking boots and head for the pine-scented hills of **Monte dei Sette Fratelli** (p53).
- 5 Dive into the lush blue waters off the **Capo Carbonara** (p54), a marine reserve.
- 6 Enjoy a fascinating romp through Sardinian history at the artefact-packed **Museo**

Archeologico Nazionale (p37).

- 7 Give in to temptation at old-world **Durke** (p51), a wonderland of traditional Sardinian sweets.
- 8 Sample the pick of the region's wines or join a cookery class at **Cantine Argiolas** (p50) in Serrana.