



# Day Trips from San Francisco

## Berkeley & Oakland p207

The legendary counterculture hubs of 'Bezerkely' and 'Oaktown' keep busy reinventing music, art, history and politics – but dinnertime is sacred in this culinary hub.

## Muir Woods to Stinson Beach p212

Some of the world's tallest trees reach skyward in primordial forests near windblown beaches, just across the Golden Gate Bridge.

## Sausalito & Tiburon p214

Picturesque bayside towns, perfect for strolling, are a fast ferry ride away in Marin County. Meet for sunset drinks and seafood by the water.

## Napa Valley p218

Sun-washed valleys and cool coastal fog have turned Napa into California's most iconic wine-growing region – but redwood groves, pioneering organic farms and natural hot springs keep things diverse.

## Sonoma Valley p223

With its 19th-century California mission town, farm-to-table kitchens and pastoral wineries that welcome picnicking, Sonoma retains its folksy ways.

# Berkeley & Oakland

## Explore

Berkeley and Oakland are what most San Franciscans think of as the East Bay, though the area covers industrial bay-side flats to exclusive enclaves in the hills. Even the most die-hard San Franciscans are eventually lured over to the sunny side of the bay by fascinating museum shows and historical sites, ground-breaking restaurants and bars, a booming arts scene, offbeat shopping, idyllic parks and a world-famous university.

## The Best...

- ➔ **Sight** University of California, Berkeley
- ➔ **Place to Eat** Chez Panisse (p210)
- ➔ **Entertainment** Fox Theater (p211)

## Top Tip

The **Bay Bridge Path** ([www.baybridgeinfo.org/path](http://www.baybridgeinfo.org/path); ☺hours vary) is a pedestrian and bicycle route along the new eastern span of the Bay Bridge between Oakland and Yerba Buena Island. To reach Yerba Buena Island, it's about 5 miles from Emeryville or 3.5 miles from West Oakland.

## Getting There & Away

- ➔ **BART** ([www.bart.gov](http://www.bart.gov)) Trains run approximately every 10 to 20 minutes from around 4:30am to midnight on weekdays, with more limited service from 6am on Saturday and from 8am on Sunday and holidays.
- ➔ **Bus** AC Transit ([www.actransit.org](http://www.actransit.org)) operates a number of buses from San Francisco's Transbay Temporary Terminal to the East Bay (one-way fare \$4.20, or \$2.10 if you buy a \$5 day pass valid on local buses).
- ➔ **Car** Approach the East Bay from San Francisco by taking the Bay Bridge. Driving back westbound to San Francisco, the bridge toll is \$4 to \$6.
- ➔ **Ferry** Offering splendid views, the San Francisco Bay Ferry (p266) is the most enjoyable way of traveling between San Francisco and the East Bay, though also the slowest and most expensive.

## Need to Know

- ➔ **Area Code** 510
- ➔ **Location** Berkeley is 11 miles northeast of San Francisco; Oakland is 8 miles west.
- ➔ **Visit Berkeley** (☎510-549-7040, 800-847-4823; [www.visitberkeley.com](http://www.visitberkeley.com); 2030 Addison St; ☺9am-1pm & 2-5pm Mon-Fri; 📍Downtown Berkeley)
- ➔ **Visit Oakland** (☎510-839-9000; [www.visitoakland.com](http://www.visitoakland.com); 481 Water St; ☺9am-5pm Mon-Fri, 10am-4pm Sat & Sun)



## SIGHTS

### UNIVERSITY OF CALIFORNIA, BERKELEY

UNIVERSITY

(☎510-642-6000; [www.berkeley.edu](http://www.berkeley.edu); ☺hours vary; 📍📍📍Downtown Berkeley) 'Cal' is one of the country's top universities, California's oldest university (1866), and home to 40,000 diverse, politically conscious students. Next to **California Memorial Stadium** (☎510-642-2730; [www.californiamemorialstadium.com](http://www.californiamemorialstadium.com); 2227 Piedmont Ave; ☺hours vary; 📍📍AC Transit 52), the **Koret Visitor Center** (☎510-642-5215; <http://visit.berkeley.edu>; 2227 Piedmont Ave; ☺8:30am-4:30pm Mon-Fri, 9am-1pm Sat & Sun; 📍AC Transit 36) has information and maps, and leads free campus walking tours (reservations required). Cal's landmark is the 1914 **Campanile** (Sather Tower; ☎510-642-6000; <http://campanile.berkeley.edu>; adult/child \$3/2; ☺10am-3:45pm Mon-Fri, 10am-4:45pm Sat, 10am-1:30pm & 3-4:45pm Sun; 📍📍Downtown Berkeley), with elevator rides (\$3) to the top and carillon concerts. The **Bancroft Library** (☎510-642-3781; [www.lib.berkeley.edu/libraries/bancroft-library](http://www.lib.berkeley.edu/libraries/bancroft-library); University Dr; ☺archives 10am-4pm or 5pm Mon-Fri; 📍📍Downtown Berkeley) **FREE** displays the small gold nugget that started the California gold rush in 1848.

### UC BERKELEY ART MUSEUM

MUSEUM

(BAMPFA; ☎510-642-0808; [www.bampfa.berkeley.edu](http://www.bampfa.berkeley.edu); 2155 Center St, Berkeley; adult/child \$12/free; ☺11am-7pm Sun, Wed & Thu, to 9pm Fri & Sat; 📍📍Downtown Berkeley) With a stainless-steel exterior wrapping around a 1930s printing plant, the museum's new location holds multiple galleries showcasing a limited number of artworks, from ancient Chinese to cutting-edge contemporary. The complex also houses a bookstore, cafe and the much-loved **Pacific Film Archive** (PFA; ☎510-642-5249; [www.bampfa.berkeley.edu](http://www.bampfa.berkeley.edu); 2155