

# The Haight, NoPa & Hayes Valley

## Neighborhood Top Five

- 1 Bringing the Summer of Love back to **Haight Street** (p183): wear flowers, make a manifesto, sing freestyle folk songs on the corner of Haight and Ashbury Sts, or follow in the footsteps of psychedelic-rock gods.
- 2 Toasting jazz giants between sets at **SFJAZZ** (p192) in front of Sandow Birk's tiled music history mural.
- 3 Glimpsing San Francisco's towering achievements atop **Alamo Square** (p184), from Victorian mansions that housed hippie com-

munes to City Hall's risen-from-the-ashes rotunda.

- 4 Grazing your way around **Patricia's Green** (p190) in Hayes Valley.

- 5 Picking up a new skill at **Workshop** (p196), from pizza-tossing to hair-teasing.



For more detail of this area see Map p322 and p324 →

## Lonely Planet's Top Tip

Ever since the '60s, America's youth have headed to the Haight as a place to fit in, no questions asked. But in 2010 San Francisco passed the controversial Sit/Lie Ordinance, making 7am-to-11pm sidewalk loitering punishable by \$50 to \$100 fines. Critics note the law has been primarily enforced in the Haight, ticketing homeless teens – but with 1145 shelter beds to accommodate 6400 to 13,000 homeless citywide, many youth have no place else to go. Spare change is a short-term fix; consider donations to youth-service nonprofits instead.

### Best Places to Eat

- Rich Table (p187)
- Jardinière (p190)
- Nojo (p187)
- Brenda's Meat & Three (p186)
- Souvla (p187)

For reviews, see p184 ➡

### Best Places to Drink

- Smuggler's Cove (p192)
- Toronado (p190)
- Alembic (p191)
- Blue Bottle Coffee Company (p192)
- Hôtel Biron (p192)

For reviews, see p190 ➡

## Explore the Haight, NoPa & Hayes Valley

Stroll Hayes Valley's trendsetting restaurants and local design boutiques, then discover its down-to-earth side on Patricia's Green. Pick up picnic fixings for lunch amid Victorians atop Alamo Square Park – or in case of fog, brunch in NoPa. Take a tour of hippie history in the upper Haight, then roll downhill for Rosamunde sausages and Toronado beer. Overcome powerful bar-stool inertia to brave karaoke at the Mint, show tunes at Martuni's or mosh pits at the Independent.

## Local Life

- **Cheap eats and fancy drinks** Go high/low with Rosamunde sausages (p184) and Toronado Belgian ales (p190), oyster po' boy sliders and rare bourbon at Alembic (p191), Nojo's chicken yakatori skewers (p187) and agricole rum drinks at Smuggler's Cove (p192).
- **Hangouts** Aspiring flower children and original-issue hippies gather at Coffee to the People (p191), skaters hit Haight St's downhill slide to Lower Haight bars, and hipsters grab bites in NoPa before shows at the Independent (p193).
- **Musical stylings** Go acoustic on the corner of Haight and Ashbury Sts, belt it out at the Mint (p192), sing along at Martuni's (p192) or rock out at free concerts at Amoeba Music (p193).

## Getting There & Away

- **Bus** Market St buses 6 and 71 run up Haight St to Golden Gate Park. The 22 links Lower Haight to the Mission and Japantown/Marina. Bus 24 runs along Divisadero, connecting NoPa and the Haight to the Castro and Pacific Heights. Bus 43 connects Upper Haight with the Marina, and bus 33 runs through Upper Haight between the Richmond and the Mission. Buses 21 and 5 connect Hayes Valley with downtown and Golden Gate Park.
- **Streetcar** The N line offers a shortcut from downtown and Lower Haight to Upper Haight.
- **BART** Civic Center BART is four blocks east of Hayes Valley.