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GreenDex

It seems like everyone's going 'green' these days, but it can sometimes be difficult to tell who is truly sustainable. The following sights, tour operators, accommodations, shops and restaurants have all been chosen because they meet our criteria for sustainable tourism: either because of sound environmental practices or because they promote local tradition and otherwise support community development at a grassroots level.

For tips on responsible trekking, see the boxed text on p394. For up-to-date information on how to pick an Inca Trail operator that treats its porters ethically, see p286. For a comprehensive listing of Peru's national parks and wilderness areas, see p74.

We want to keep developing our sustainable-travel content. If you think we've omitted someone who should be listed here, or if you disagree with our choices, contact us at www.lonelyplanet.com/contact. For more information about sustainable tourism and Lonely Planet, see www.lonelyplanet.com/responsibletravel.

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MAP LEGEND

ROUTES

	Tollway		One-Way Street
	Freeway		Mall/Steps
	Primary		Tunnel
	Secondary		Pedestrian Overpass
	Tertiary		Walking Tour
	Lane		Walking Trail
	Under Construction		Walking Path
	Unsealed Road		Track

TRANSPORT

	Ferry		Rail
--	-------	--	------

HYDROGRAPHY

	River, Creek		Water
	Swamp		

BOUNDARIES

	International State, Provincial		Ancient Wall
			Cliff

AREA FEATURES

	Airport		Forest
	Area of Interest		Land
	Beach, Desert		Mall
	Building		Market
	Campus		Park
	Cemetery, Christian		Sports

POPULATION

	CAPITAL (NATIONAL)		CAPITAL (STATE)
	Large City		Medium City
	Small City		Town, Village

SYMBOLS

Sights/Activities

	Beach
	Castle, Fortress
	Christian
	Monument
	Museum, Gallery
	Point of Interest
	Pool
	Ruin
	Zoo, Bird Sanctuary

Eating

	Eating
--	--------

Drinking

	Drinking
	Cafe

Entertainment

	Entertainment
--	---------------

Shopping

	Shopping
--	----------

Sleeping

	Sleeping
--	----------

	Camping
--	---------

Transport

	Airport, Airfield
--	-------------------

	Bus Station
--	-------------

	General Transport
--	-------------------

	Petrol Station
--	----------------

	Taxi Rank
--	-----------

Information

	Bank, ATM
--	-----------

	Embassy/Consulate
--	-------------------

	Hospital, Medical
--	-------------------

	Information
--	-------------

	Internet Facilities
--	---------------------

	Police Station
--	----------------

	Post Office, GPO
--	------------------

	Telephone
--	-----------

	Toilets
--	---------

Geographic

	Lookout
--	---------

	Mountain, Volcano
--	-------------------

	National Park
--	---------------

	Pass, Canyon
--	--------------

	Waterfall
--	-----------

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



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HOW TO USE THIS BOOK

Sleeping and Eating reviews are listed in budget order. For details of map symbols, see the Map Legend on the last page of this book.

 telephone	dm	dorm beds
 opening hours	q	quad rooms
 air-con available	r	rooms
 internet available	s	single rooms
 swimming pool	ste	suites
apt	tr	triple rooms
d		double rooms

EXCHANGE RATES







Prices in this book are quoted in Peruvian nuevos soles (S) and US dollars (US\$). For current exchange rates see www.xe.com.

1 sol (S) = 100 céntimos

Australia	A\$1	S2.50
Bolivia	B\$10	S4.11
Brazil	R\$1	S1.65
Canada	C\$1	S2.70
Euro zone	€1	S4.20
Japan	¥100	S31
New Zealand	NZ\$1	S2.10
UK	UK£1	S4.60
US	US\$1	S2.90

TELEPHONE

To dial listings in this book from outside Peru, dial your international access code, the country code, then the area code (minus 0, which is used when dialing domestically) and the number.

Peru country code	 51
International access code from Peru	 00
International operator	 108
Ambulance (in most of Peru)	 117
Fire (in most of Peru)	 116
Police (in most of Peru)	 105

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1 gallon gasoline	S17
1L bottled water	S3
Cusqueña beer	S5
Anticucho (beef skewer)	S4
Souvenir T-shirt	S15

For additional price information see Getting Started.

BUSINESS HOURS

Banks	9am-6pm Mon-Fri, some open 9am-1pm Sat
Bars & clubs	5:30pm-midnight, some open to 2am
Restaurants	10am-10pm, some closed 3-6pm
Shops	9am-6pm Mon-Fri, some open 9am-6pm Sat

Exceptions are noted in specific listings.

PRICE RANGES

	Sleeping	Eating
Budget	<\$75	<\$24
Midrange	\$75-240	\$24-45
Top end	>\$240	>\$45

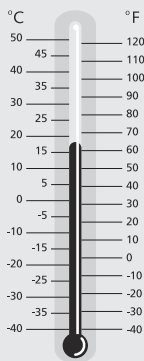
Accommodation prices in this book are full price in high season and include bathroom. Exceptions are noted in specific listings.

PHRASES

Good morning.	<i>Buenos días.</i>
Good afternoon/night.	<i>Buenas tardes/noches.</i>
Goodbye.	<i>Adiós.</i>
Thank you (very much).	<i>(Muchas) Gracias.</i>
Do you speak English?	<i>¿Habla usted inglés?</i>
I don't understand.	<i>No entiendo.</i>
Where is the bathroom?	<i>¿Dónde está el baño?</i>
Can I leave my bag here?	<i>¿Puedo dejar mi bolso aquí?</i>

CONVERSIONS

1in = 2.54cm
1cm = 0.39in
1m = 3.3ft = 1.1yd
1ft = 0.3m
1km = 0.62 miles
1 mile = 1.6km
1kg = 2.2lb
1lb = 0.45kg
1g = 0.04oz
1oz = 28g
1 imperial gallon = 4.55L
1L = 0.26 US gallons
1 US gallon = 3.8L
1L = 0.22 imperial gallons



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