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# Regional Map Contents





**HUARAZ (p389)**  
High in the Cordillera Blanca, this is a center of inexpensive trekking and mind-boggling mountain views

**LIMA (p78)**  
The sprawling capital has expansive museums, thumping nightlife and some of the continent's most spectacular food

**HUANCVELICA (p314)**  
Well off the tourist trail, this is a charming colonial center bursting with beautiful churches

**AYACUCHO (p317)**  
Vivid folkloric and fascinating archaeological museum in a storied highland city

**NAZCA (p141) & HUACACHINA (p139)**  
Nazca Lines, plus giant dunes for sandboarding






**AREQUIPA (p160)**  
The 'White City' is a colonial-era jewel within reach of smoldering volcanoes and deep canyons


**LAKE TITICACA (p207)**  
Home to floating islands and singular cultures, the world's highest navigable lake is, literally, breathtaking


**PARQUE NACIONAL MANU (p477)**  
High-altitude cloud forest to lowland rainforest – and animals to go with it

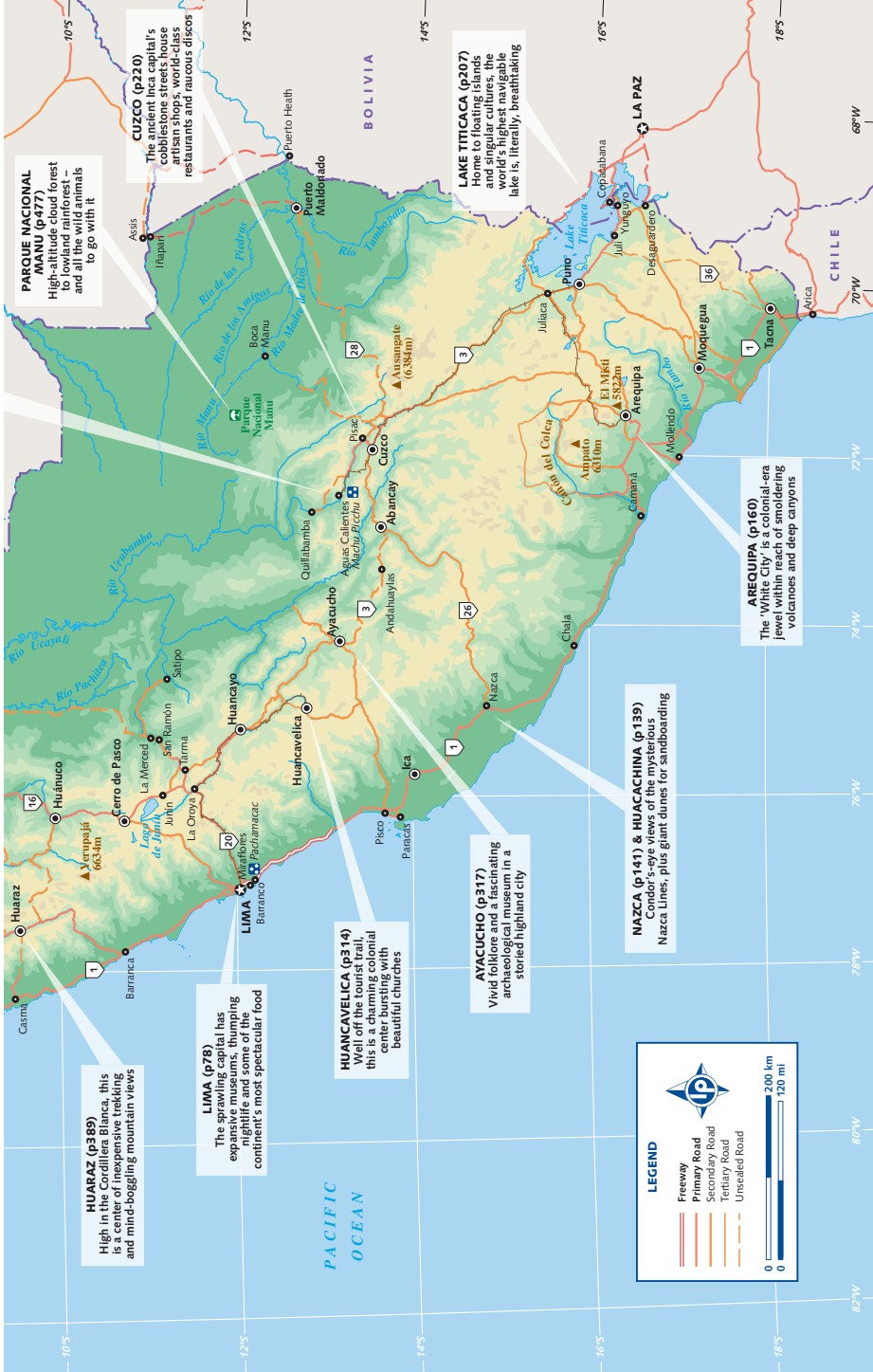
**CUZCO (p220)**  
The ancient Inca empire's cobblestone streets house artisan shops, world-class restaurants and raucous discos

**LEGEND**

-  Freeway
-  Primary Road
-  Secondary Road
-  Tertiary Road
-  Unsealed Road



 0 200 km  
0 120 mi



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