

# Directory

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## ACCOMMODATIONS

In Atlantic Canada, you'll be choosing from a wide range of B&Bs, motels, hotels, hostels and campgrounds. Provincial tourist offices (p273) publish comprehensive accommodation directories as well as posting directory listings on their websites. The tourist offices of Prince Edward Island and Nova Scotia also take bookings online (the latter via a dedicated website at [www.checkinnovascotia.com](http://www.checkinnovascotia.com)).

In this book we list options in all price categories. The budget category comprises campgrounds, hostels and simple hotels and B&Bs where you'll likely share a bathroom. Rates rarely exceed \$90 for a double.

Midrange accommodations, such as most B&Bs, inns, motels and some hotels, gener-

ally offer the best value for money. Expect to pay between \$90 and \$160 for a comfortable, decent-sized double with a private bathroom and TV.

Top-end accommodations (more than \$160 per double) offer an international standard of amenities including fitness and business centers and other upmarket facilities.

Most properties have rooms set aside for nonsmokers, and some smaller properties, especially B&Bs, ban smoking altogether. Air-conditioning is not a standard amenity, and you probably won't miss it given the region's cool temperatures. If you want air-conditioning, be sure to ask about it when you book.

Prices listed in this book are for peak-season travel (July and August) and, unless stated otherwise, do not include taxes (14% to 17%). It's best to book ahead in during peak season, holidays (p269) and major events (p269), as rooms can be scarce. In winter, many properties close; those that remain open drop prices by as much as 50%.

Online agencies such as [www.orbitz.com](http://www.orbitz.com), [www.expedia.com](http://www.expedia.com), [www.travelocity.com](http://www.travelocity.com) and [www.hotels.com](http://www.hotels.com) may fetch better rates than booking directly with a hotel. **Tripadvisor** ([www.tripadvisor.com](http://www.tripadvisor.com)) is a handy resource that features reader and published reviews and simultaneously searches the above-mentioned agencies for rates. **Travelaxe** ([www.travelaxe.com](http://www.travelaxe.com)) adds in filters to help you narrow down your search (eg distance, price, comfort level); it requires a free software download. Also check hotel websites listed throughout this book for special online rates.

For details about how to get your lodging taxes refunded, see p271.

### BOOK ACCOMMODATION ONLINE

For more accommodation reviews and recommendations by Lonely Planet authors, check out the online booking service at [www.lonelyplanet.com](http://www.lonelyplanet.com). You'll find the true, insider lowdown on the best places to stay. Reviews are thorough and independent. Best of all, you can book online.

## PRACTICALITIES

- Electrical supply is 110V AC, 50/60 Hz.
- The Toronto-based *Globe and Mail* ([www.theglobeandmail.com](http://www.theglobeandmail.com)) is still the big news around these parts. Regional dailies include the *Halifax Chronicle-Herald* ([www.thechronicleherald.ca](http://www.thechronicleherald.ca)), *Charlottetown Guardian* ([www.theguardian.pe.ca](http://www.theguardian.pe.ca)), *New Brunswick Telegraph-Journal* ([www.telegraphjournal.com](http://www.telegraphjournal.com)) and *St John's Telegram* ([www.thetelegram.com](http://www.thetelegram.com)).
- *Maclean's* ([www.macleans.ca](http://www.macleans.ca)) is Canada's weekly news magazine. St John's-based *Downhome* ([www.downhomelife.com](http://www.downhomelife.com)) is a folksy, *Reader's Digest*-style monthly for Atlantic Canada.
- The Canadian Broadcasting Corporation (CBC) is the dominant nationwide network for both radio and TV. The Canadian TV Network (CTN) is the major competition.
- The NTSC system (not compatible with PAL or Secam) is used for videos.
- Canada officially uses the metric system, but imperial measurements are used for many day-to-day purposes. To convert between the two systems, see the chart on the inside front cover.

## B&Bs

B&Bs play a central role in Atlantic Canada's lodging scene, and in small towns they're often the only option. B&Bs are essentially converted private homes whose owners live on-site. People who like privacy may find B&Bs too intimate, as walls are rarely sound-proof and it's usual to mingle with your hosts and other guests.

Standards vary widely, sometimes even within a single B&B. The cheapest rooms tend to be small with few amenities and a shared bathroom. Nicer ones have added features such as a balcony, fireplace and an en suite bathroom. Not all B&Bs accept children. Minimum stays (usually two nights) are common and many B&Bs are only open seasonally (May to October). Online booking agencies:

**Bed & Breakfast Online** ([www.bbcanada.com](http://www.bbcanada.com)) B&Bs throughout Canada, with many in Atlantic Canada.

**Select Inns of Atlantic Canada** ([www.selectinns.ca](http://www.selectinns.ca)) Midrange to top-end B&Bs.

## Camping

Atlantic Canada is filled with campgrounds – some federal or provincial, others privately owned. The official camping season runs from May to September, but exact dates vary by location.

Government campsites are nearly always better and cheaper. Private campgrounds are generally geared to trailers (caravans) and recreational vehicles (RVs). Nightly fees in national and provincial parks range from \$11 to \$25 for tents and up to \$35 for full hookup sites.

Several national parks participate in Parks Canada's **camping reservation program** (☎ 905-426-4648, 877-737-3783; [www.pccamping.ca](http://www.pccamping.ca)). For provincial parks check the following:

**New Brunswick** ([www.tourismnewbrunswick.ca](http://www.tourismnewbrunswick.ca))

**Newfoundland** ([www.env.gov.nl.ca/parks](http://www.env.gov.nl.ca/parks))

**Nova Scotia** ([www.parks.gov.ns.ca](http://www.parks.gov.ns.ca))

**Prince Edward Island** ([www.gov.pe.ca/visitorsguide](http://www.gov.pe.ca/visitorsguide))

## Home Stays

How do you feel about staying on couch of a perfect stranger? If it's not a problem, consider joining an organization that arranges home stays. Usually you pay a fee (less than \$100) to become a member, and then the stay itself is free.

**Couch Surfing** ([www.couchsurfing.com](http://www.couchsurfing.com))

**Hospitality Club** ([www.hospitalityclub.org](http://www.hospitalityclub.org))

## Hostels

Atlantic Canada has independent hostels as well as those affiliated with Hostelling International (HI). All have dorms (per person \$10 to \$25), which can sleep from two to 10 people, and many have private rooms (from \$30/40 per single/double) for couples and families.

Bathrooms are usually shared, and facilities include a kitchen, lockers, Internet access, laundry room and common TV room. Most hostels, especially those in big cities, are open 24 hours. If not, ask if you can make special arrangements if you're arriving late.

For additional information and online reservations:

**Hostelling International Canada** ([www.hihostels.ca](http://www.hihostels.ca))

**Hostels.com** ([www.hostels.com](http://www.hostels.com)) Includes independent hostels.