



Central Norway

HIGHEST ELEV GALDHØPPIGGEN 2469M

Includes ➔

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Rondane National Park	139
Jotunheimen National Park	145
Hardangervidda	148

Best Places to Experience Nature

- ➔ Musk Ox Safari (p136)
- ➔ Finse (p150)
- ➔ Besseggen Ridge (p149)
- ➔ Elk Safari (p137)
- ➔ Hardangervidda National Park (p148)
- ➔ Elgåhogna Hike (p134)

Best Places to Stay

- ➔ Finse 1222 (p151)
- ➔ Erzscheidergården (p132)
- ➔ Elvesæter Hotell (p147)
- ➔ Turatgrø Hotel (p147)
- ➔ Kongsvold Fjeldstue (p138)

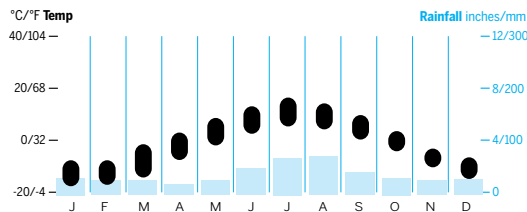
Why Go?

Bleak tundra and dramatic mountain massifs at seemingly every turn, charming villages, stave churches, fascinating wildlife and arguably Norway's best hiking and white-water rafting – with so much going for it, central Norway more than matches the fjords.

Here on the roof of Norway, trails snake their way past glaciers, waterfalls and snowbound peaks in more than a dozen national parks. Jotunheimen National Park is one of Europe's premier hiking destinations, and is bisected by one of Norway's most beautiful drives. But Rondane, Dovrefjell-Sunndalsfjella and the desolately beautiful Hardangervidda are also superb. Within the parks' boundaries you may find wild reindeer, elk and musk ox. At the gateway to the parks, Unesco World Heritage-listed Røros, a centuries-old mining town of timber houses and turf-roofed cottages, and Lom with its beautiful stave church, are two of inland Norway's most attractive villages.

When to Go

Røros



Feb The Røros-martnan (Røros Market) and skiing at Trysil. Be prepared to be very cold.

May & Jun Generally fine weather without the crowds of midsummer.

Jul & Aug Hiking trails are passable, rafting is in full swing and wildlife safaris are possible.

Central Norway Highlights

1 Creep gingerly across the massive Hardangerjøkulen icecap on a guided glacier walk from **Finse** (p150), central Norway's Arctic dream *par excellence*.

2 Trek along the highest trails in Norway in the endlessly beautiful **Jotunheimen National Park** (p145), or drive over **Sognefjellet Road** (p145).

3 Search for the prehistoric musk ox in **Dovrejellsundalsfjella National Park** (p138).

4 Explore **Rondane National Park** (p139), Norway's oldest national park and one of its most beautiful.

