







# New York Trips

## **UPSTATE AND DOWNSTATE, FROM THE GREAT LAKES TO LONG ISLAND,**

New York covers a vast range of territory. It's most famous for its eponymous city, but beyond the borders of Manhattan are deep mountain ravines, swiftly moving rivers and quaint villages evolving into weekend arts retreats. Upstate New York is a living canvas of lush forests, crystal-clear lakes and stormy dark hills.

Generations of artists have immersed themselves in the solitude of the Catskills, the fragrant vineyards of the Finger Lakes, the soaring heights of the Adirondack Mountains and the roaring thunder of Niagara Falls, which flows into the island-studded St Lawrence River. Anchoring these delights is New York City, the always-changing cosmopolitan colossus.

# New York Trips



## Classic Trip

### 1 Hudson Valley 5 Days

Explore vistas that have inspired artists and Gilded Age tycoons alike. (p35)

### 2 Long Island 4 Days

Follow this route to wide ocean beaches, vineyards and the luxurious Hamptons. (p47)

### 3 Tranquil Catskills 3–4 Days

See small rural towns in a bucolic region of undulating, forest-covered mountains. (p57)

## Classic Trip

### 4 Finger Lakes Loop 3 Days

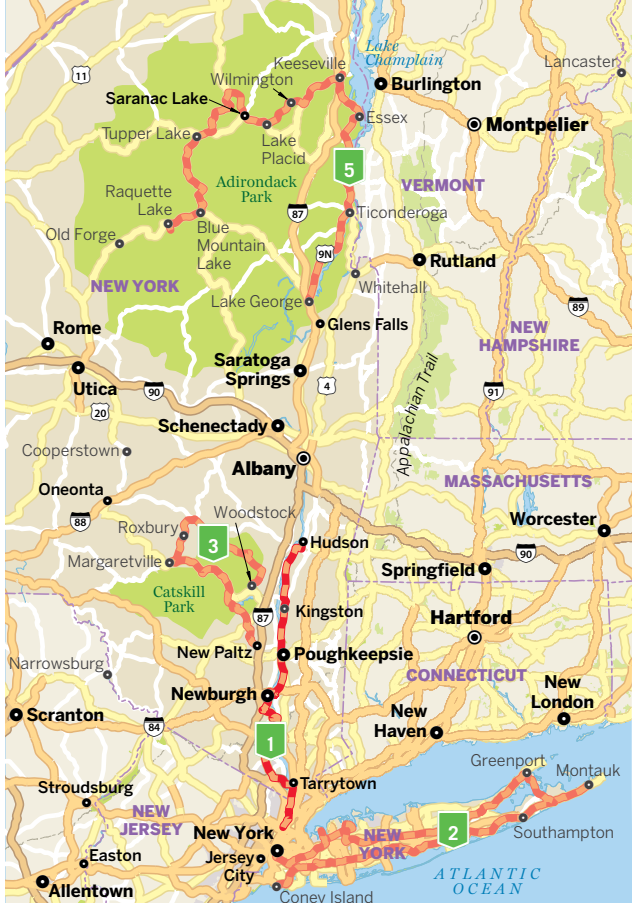
Lakeside roads lead past dozens of vineyards to deep gorges and ravines for hiking. (p65)

### 5 Adirondack Peaks & Valleys 7 Days

This enormous, majestic region is dotted with lakes, rivers and high mountain peaks. (p75)

### 6 Niagara Falls & Around 3–4 Days

Mesmerising falls get you started on a trip to architectural and historic sites in western New York. (p85)



**7 St Lawrence Seaway 2–3 Days**  
Head down this island-studded stretch of small towns and fishing villages on the waterlogged Canadian border. (p93)



## DON'T MISS

### Roxbury Motel

Spend a few nights in one of the whimsically designed rooms inspired by movies and TV shows from the '70s and '80s on Trip **3**

### Wild Center

Animals and scratch-and-sniff exhibits make this natural history museum anything but stuffy. Journey here on Trip **5**

### Boldt Castle

Surrounded by water, this iconic fairy-tale-like home inspires the imagination. Hop on a boat to take you here on Trip **7**

### Sagamore Hill

A nature trail behind the museum leads to a picturesque little sandy beach. Take a break from the museum here on Trip **2**

### Bear Mountain State Park

Enjoy great views of the Manhattan skyline from the top of this park's peak, only 40 miles from New York City. See it on Trip **1**