



New Hampshire

TELEPHONE CODE: 603 / POPULATION: 1.3 MILLION / AREA: 8968 SQ MILES

Includes »

| | |
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| Portsmouth & the Seacoast | 389 |
| Merrimack Valley . . . | 396 |
| Monadnock Region. . . | 402 |
| Upper Connecticut River Valley | 407 |
| Lakes Region | 411 |
| White Mountain Region | 418 |
| Mt Washington Valley | 429 |

Best Places to Eat

- » Black Trumpet (p393)
- » The Lone Oak (p395)
- » White Mountain Cider Co (p434)
- » Wolfetrap Grill & Raw Bar (p416)
- » Burdick Chocolate (p406)

Best Places to Stay

- » Ale House Inn (p392)
- » Enfield Shaker Museum (p408)
- » Proctor's Lakehouse Cottages (p412)
- » Ash Street Inn (p397)

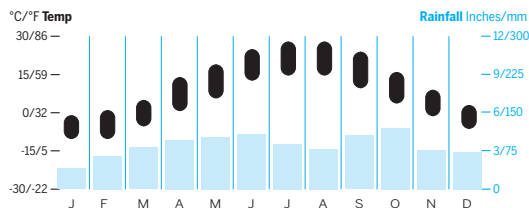
Why Go?

New Hampshire bleeds jagged mountains, scenic valleys and forest-lined lakes – they lurk in all corners of this rugged state. It all begs you to embrace the outdoors, from kayaking the hidden coves of the Lakes Region to trekking the upper peaks surrounding Mt Washington. Each season yields a bounty of adrenaline and activity: skiing and snowshoeing in winter, magnificent walks and drives through autumn's fiery colors, and swimming in crisp mountain streams and berry-picking in summer. Jewel-box colonial settlements like Portsmouth buzz a sophisticated tune, while historic attraction and small-town culture live on in pristine villages like Keene and Peterborough.

But there's a relaxing whiff in the air too – you're encouraged to gaze out at a loon-filled lake, recline on a scenic railway trip or chug across a waterway on a sunset cruise – all while digging into a fried clam platter or a lobster roll, of course.

When to Go

Concord



» **Late December to March** Glide across trails on a horse-driven sleigh ride

» **July** Watch Exeter's American Independence Festival.

» **October** See jack-o-lanterns at Keene's annual Pumpkin Festival.

New Hampshire Highlights

- 1 Walking in the footsteps of Robert Frost at his former farm in **Franconia** (p426)
- 2 Trundling up the second-steepest railway track in the world along Mt Washington's **cog railway** (p435)
- 3 Taking a free walking tour at **Dartmouth College** (p407) and discovering renowned Mexican muralist Orozco's riveting mural in the depths of the campus library.
- 4 Kayaking your way around Portsmouth Harbor and doing yoga moves on the beach with **Portsmouth Kayak Adventures** (p392)
- 5 Sampling sparkling ciders and artisan brie along New Hampshire's **wine and cheese trails** (p402)
- 6 Hiking to the summit of Mt Washington along the dramatic **Ammonoosuc Ravine Trail** (p437)
- 7 Tubing down the snowy slopes at **Mt Cranmore Resort** (p430)

