



Maine

207 / POP 1.3 MILLION

Includes »

Southern Maine Coast	443
Portland	451
Midcoast Maine	463
Down East	477
Mt Desert Island & Acadia National Park	481
Inland Maine	493
Western Lakes & Mountains	497
North Woods	500

Best Places to Eat

- » Fore Street (p456)
- » Five Islands Lobster Company (p466)
- » Red's Eats (p468)
- » Primo (p474)
- » DuckFat (p457)
- » Helen's Restaurant (p492)

Best Places to Stay

- » Blair Hill Inn (p500)
- » Norumbega (p475)
- » Danforth (p456)
- » Cabot Cove Cottages (p448)

Why Go?

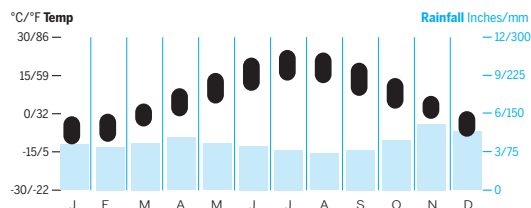
With more lobsters, lighthouses and charming resort villages than you can shake a stick at, Maine is New England at its most iconic. The sea looms large here, with mile upon mile of jagged sea cliffs, peaceful harbors and pebbly beaches. Eat your way through food- and art-crazed Portland, one of America's coolest small cities. Explore the historic shipbuilding villages of the Midcoast. Hike through Acadia National Park, a spectacular island of mountains and fjord-like estuaries. And don't forget the state's inland region, a vast wilderness of pine forest and snowy peaks.

Outdoor adventurers can race white-water rapids, bike the winding shore roads, or kayak beside playful harbor seals. For slower-paced fun, there are plenty of antique shops, cozy lobster shacks and charming B&Bs.

And, oh, did we mention the lobster?

When to Go

Portland



» **June to September** Coastal towns fill up with lobster-hungry travelers.

» **October** Leaf peepers descend upon villages with cameras at the ready.

» **November to March** Skiers and snowmobiles ride the mountain trails.



Maine Highlights

- 1** Exploring the cafes, bars and galleries lining the cobblestone backstreets of Portland's 19th-century **Old Port district** (p451)

2 Bagging the peak of Baxter State Park's **Mt Katahdin** (p501), the end point of the 2179-mile-long Appalachian Trail
- 3** Watching the sunrise over the black cliffs of **Quoddy Head State Park** (p493), the easternmost point in the US

4 Picking up an iconic tote bag and preppy-chic wellies at the original **LL Bean** (p461)

5 Painting or photographing the windswept rocks of **Monhegan Island** (p472)
- 6** Hiking up Cadillac Mountain, then taking a (chilly) dip in Echo Lake at **Acadia National Park** (p481)

7 Tying on your bib and cracking a freshly steamed crustacean at one of Maine's many **lobster pounds** (p444)