



Mexico



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PLAN YOUR TRIP

Welcome to Mexico	6
Mexico Map	8
Mexico's Top 21	10
Need to Know	20
First Time Mexico	22
What's New	24
If You Like.....	25
Month by Month	30
Itineraries	34
Eat & Drink Like a Local	42
Exploring Mexico's Ancient Ruins	48
Travel with Children....	54
Regions at a Glance....	57

ON THE ROAD

MEXICO CITY 62

AROUND MEXICO CITY 140

North of Mexico City ...141

Tepotzotlán	141
Tula	144
Teotihuacán	146
Pachuca	150

East of Mexico City ... 154

Puebla	154
Cholula	163
Popocatepetl & Iztaccíhuatl	166
Tlaxcala	167

Cacaxtla & Xochitécatl ...	171
La Malinche	173
Huamantla	173
Cantona	174
Cuetzalan	174
Yohualichán	176

South of Mexico City ...176

Tepoztlán	176
Cuatla	180
Cuernavaca	182
Taxco	190

Parque Nacional Grutas de Cacahuamilpa	195
---	-----

West of Mexico City ...196



Contents

Toluca.....	196
Nevado de Toluca.....	199
Valle de Bravo.....	199
Malinalco.....	201
Ixtapan de la Sal.....	202

VERACRUZ..... 203

Veracruz City..... 205

Central Veracruz..... 216

Central Coast.....	216
Xalapa.....	217
Córdoba.....	228
Fortín de las Flores.....	230
Coscomatepec.....	232

Orizaba.....	232
Pico de Orizaba.....	235
Northern Veracruz	236
Tuxpan.....	236
Papantla.....	238
El Tajín.....	240

Southeast Veracruz ... 245

Tlactotalpan.....	245
Santiago Tuxtla.....	247
Tres Zapotes.....	248
San Andrés Tuxtla.....	248
Catemaco.....	250
Reserva de la Biosfera Los Tuxtlas.....	252

YUCATÁN PENINSULA..... 254

Quintana Roo 255

Cancún.....	255
Isla Mujeres.....	266
Isla Contoy.....	271
Isla Holbox.....	271
Puerto Morelos.....	273
Playa del Carmen.....	275
Isla Cozumel.....	279
Akumal.....	284
Tulum.....	286
Mahahual.....	294
Xcalak.....	295
Laguna Bacalar.....	296
Chetumal.....	297

Yucatán State..... 300

Mérida.....	301
Celestún.....	317
Dzibilchaltún.....	318
Progreso.....	319

Izamal.....	320
Chichén Itzá.....	322
Valladolid.....	328
Ek' Balam.....	331
Río Lagartos.....	332

Campeche State..... 333

Campeche.....	333
Edzná.....	339
Bolonchén de Rejón & Xtacumbilxunaan.....	342
Balamkú.....	343
Calakmul.....	343
Chicanná.....	344
Becán.....	344

Xpujil 345

Río Bec.....	346
Hormiguero.....	346

CHIAPAS & TABASCO..... 347

Chiapas 350

Tuxtla Gutiérrez.....	350
Chiapa de Corzo.....	355
San Cristóbal de las Casas.....	358
Ocosingo.....	377
Toniná.....	378
Agua Azul & Misol-Ha... ..	379
Palenque.....	380
Bonampak, Yaxchilán & the Carretera Fronteriza.....	390
Comitán.....	400
El Soconusco & Beaches.....	406
Tapachula.....	409
Tabasco 414	
Villahermosa.....	414



SAN MIGUEL DE ALLENDE
P661

ON THE ROAD

OAXACA..... 419

Oaxaca City..... 422

Valles Centrales..... 443

Monte Albán..... 443

Valle de Tlacolula..... 445

Valle de Zimatlán..... 449

Valle de Etla..... 451

Sierra Norte..... 452

Pueblos Mancomunados..... 452

Western Oaxaca..... 454

Yanhuitlán, Coixtlahuaca
& Teposcolula..... 454

Oaxaca Coast..... 455

Puerto Escondido..... 456

Pochutla..... 469

Puerto Ángel..... 470

Zipolite..... 471

San Agustínillo..... 474

Mazunte..... 476

La Ventanilla..... 479

Bahías de Huatulco..... 480

Barra de la Cruz..... 487

**Isthmus
of Tehuantepec..... 487**

Salina Cruz..... 488

Tehuantepec..... 488

Juchitán..... 488

CENTRAL PACIFIC COAST..... 491

Mazatlán..... 493

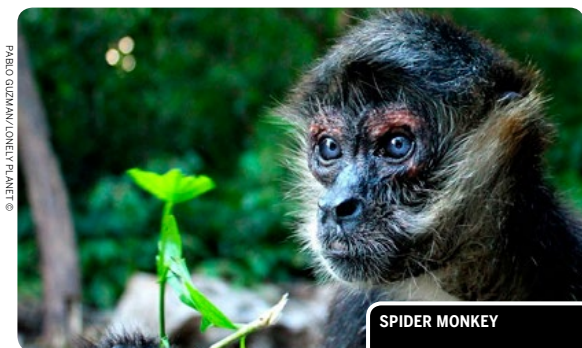
Mexcaltitán..... 506

San Blas..... 507

Tepic..... 511

Chacala..... 512

San Francisco..... 514



SPIDER MONKEY

Sayulita..... 515

Punta de Mita & Around..... 517

Puerto Vallarta..... 518

Costalegre Beaches..... 534

Bahía de Navidad..... 535

Manzanillo..... 538

Boca de Pascuales..... 542

Michoacán Coast..... 543

Lázaro Cárdenas..... 546

Troncones..... 546

Ixtapa..... 548

Zihuatanejo..... 550

South of Ixtapa
& Zihuatanejo..... 559

Pie de la Cuesta..... 561

Acapulco..... 562

Costa Chica..... 574

WESTERN CENTRAL HIGHLANDS..... 576

Guadalajara..... 577

Tequila..... 601

Amatitán..... 601

Lago de Chapala..... 601

Zona de Montaña..... 605

Inland Colima State... 607

Colima..... 607

Inland Michoacán..... 612

Morelia..... 612

Reserva Mariposa

Monarca..... 621

Angangué..... 623

Zitácuaro..... 623

Pátzcuaro..... 624

Uruapan..... 631

Angahuan..... 635

NORTHERN CENTRAL HIGHLANDS..... 636

Querétaro State..... 638

Querétaro..... 638

Tequisquiapan..... 645

Northeast
Querétaro State..... 646

Guanajuato State..... 648

Guanajuato..... 648

León..... 658

Dolores Hidalgo..... 658

San Miguel de Allende... 661

Aguascalientes State .. 673

Contents

UNDERSTAND

Aguascalientes 673

San Luis Potosí State .. 678

San Luis Potosí 678

Matehuala 684

Real de Catorce 684

La Huasteca Potosina ... 689

Ciudad Valles 689

Rio Verde 691

Zacatecas State 691

Zacatecas 691

La Quemada 699

BAJA CALIFORNIA .. 700

Northern Baja 702

Tijuana 702

Playas de Rosarito 709

Ensenada 710

La Bufadora 714

Parque Nacional
Constitución de 1857 ... 714

Mexicali 715

Southern Baja 716

Guerrero Negro 717

San Ignacio 718

Santa Rosalía 720

Mulegé 721

Loreto 723

La Paz 727

La Ventana 732

Los Barriles 733

Cabo Pulmo 733

Reserva de la Biosfera
Sierra de la Laguna 734

San José del Cabo 734

Los Cabos Corridor 737

Cabo San Lucas 737

Todos Santos 740

COPPER CANYON & NORTHERN MEXICO 743

The Copper Canyon & Ferrocarril Chihuahua Pacífico 747

Ferrocarril Chihuahua
Pacífico 749

El Fuerte 749

Cerocahui 752

Urique 753

Areponápuchi
(Posada Barrancas) 755

Parque de Aventura
Barrancas del Cobre 756

Divisadero 757

Creel 757

Batopilas 761

Northwest Mexico 764

Puerto Peñasco 765

Bahía de Kino 768

San Carlos 770

Álamos 771

Los Mochis 775

Chihuahua & Central North Mexico ... 777

Chihuahua 777

Nuevo Casas Grandes &
Casas Grandes 783

Mata Ortiz 784

Hidalgo del Parral 784

Durango 786

Northeast Mexico 789

Saltillo 790

Parras 791

Cuatro Ciénegas 793

Monterrey 794

Mexico Today 802

History 804

The Mexican
Way of Life 817

The Arts 821

The Mexican
Kitchen 830

Landscapes
& Wildlife 836

SURVIVAL GUIDE

Directory A–Z 846

Transportation 858

Language 865

Index 878

Map Legend 894

SPECIAL FEATURES

Off the Beaten
Track: Mexico 40

Eat & Drink
Like a Local 42

Exploring Mexico's
Ancient Ruins 48

Chichén Itzá
3D Illustration 324

Plan Your Trip

Itineraries



10
DAYS

Riviera Maya & Costa Maya Getaway

This journey showcases the best of Mexico's Caribbean coast, from the bustling beaches and nightlife of the Riviera Maya to the soporific charm of seaside villages along the Costa Maya. Some wonderfully scenic Maya ruins, caves and terrific diving and snorkeling add some action to a beach vacation.

Fly into Cancún and head straight for relaxed **Isla Mujeres'** beaches and snorkeling, taking a side trip to **Isla Contoy**,

a national park with superlative bird-watching and, June to September, the chance to swim with whale sharks that congregate nearby.

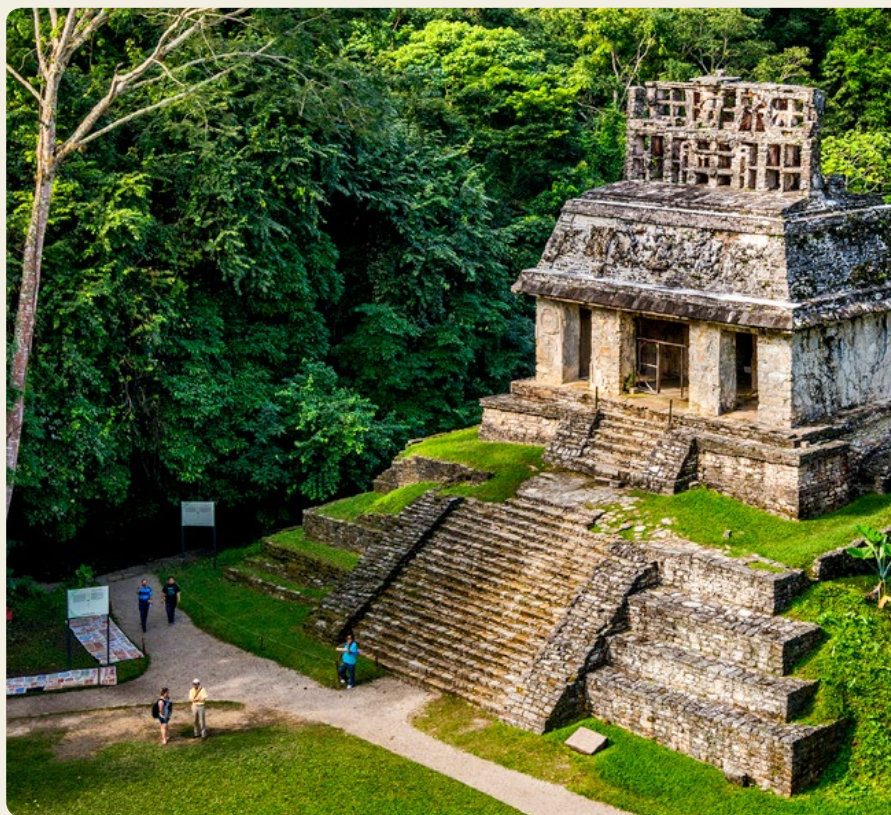
Alternatively, opt for hip **Playa del Carmen**, with its own fine beaches, underwater activities and lively nightlife. 'Playa' is also the jumping-off point for the world-famous dive sites of **Isla Cozumel**. If you have kids, spend a day at the turtle farm on Isla Mujeres, one of the nearby 'eco-parks' such as **Selvática** with its 12 jungle zip-lines, or **Crococun** in Puerto



Maya ruins, Tulum (p286)

Morelos, an interactive zoo with crocodiles and wild monkeys. Next stop: **Tulum**, with one of Mexico's most perfect beaches and most spectacularly located Maya sites. Nearby are the pyramids and temples of **Cobá**, as well as the wildlife-rich Reserva de la Biosfera Sian Ka'an. South of Tulum the Costa Maya is less developed and less touristed than the Riviera Maya. Head to

Mahahual, a laid-back village with snorkeling and diving at the coral atoll **Banco Chinchorro**, or the tiny fishing town of **Xcalak**, another excellent water-sports base. After three nights chilling at either of these, opt for a fourth night or, if you're worried that you missed out on **Cancún's** nightlife, spend your last night there.



1
MONTH

Beaches, Cities & Temples of Mexico's South

This classic journey leads south from Mexico's central heartland to its glorious Caribbean beaches, and gives a superb sampling of what makes the country so fascinating.

Start by exploring the exciting megalopolis of **Mexico City**, key to any understanding of the country. Take a side trip to the awesome pyramids at **Teotihuacán**, capital of ancient Mexico's biggest empire. Then head east to the fun-loving port city of **Veracruz**, before crossing the mountains southward to **Oaxaca**. This cultured colonial city, with Mexico's finest handicrafts, sits at the heart of a beautiful region with a large indigenous population. Don't miss the ancient Zapotec capital, **Monte Albán**, nearby.

Head to one of the relaxed beach spots on the Oaxaca coast, such as **Puerto Escondido**, **Mazunte** or **Zipolite**, for a few days' sun, surf and sand, before continuing east to **San Cristóbal de las Casas**, a beautiful highland town surrounded by intriguing indigenous villages. Move on to **Palenque**, perhaps the most stunning of all ancient Maya cities, with its backdrop of emerald-green jungle, and **Yaxchilán**, another marvelous Maya city, accessible only by river.

Head northeast to **Campeche**, an attractive mix of colonial city and bustling modern town, detouring to the ancient Maya city of **Calakmul** en route. Move on to colonial **Mérida**, the Yucatán Peninsula's lively cultural capital and the base for visiting the superb ruins of **Uxmal** and the **Ruta Puuc**. Next stop: **Chichén Itzá**, the most celebrated of all the Yucatán's Maya sites. From here it's on to **Tulum** on the Caribbean coast, another spectacular Maya site set beside a glorious beach. Finally make your way northward along the Riviera Maya to the hip beach town of **Playa del Carmen**, with a side trip to **Isla Cozumel** for world-class snorkeling and diving. End at Mexico's most popular and unabashed coastal resort, **Cancún**.



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JESSICA BRANT/ISTOCK/PLANET ©

Top: Palenque archaeological site (p381)
Bottom: Cancún (p255)

10
DAYS

Baja from Tip to Toe

The world's second-longest peninsula seems tailor-made for road tripping, with 1200km of road snaking through picturesque villages, along dramatic coastline and past otherworldly rock canyons. Baja's charms are further enhanced by its appealing colonial towns, world-class diving and some of the best fish tacos you'll ever taste.

Enjoy a full-on day of Mexican life-on-the-streets in **Tijuana** before heading south via the **Valle de Guadalupe** winery route, stopping to tour the vineyards and taste the terrific tipples. Then make a stop in **Ensenada** for great fish tacos and a stroll through the shopping streets before heading south via the Carretera Transpeninsular's spectacular desert scenery. If it's migration season (December to April), book a whale-watching tour at **Guerrero Negro**. Alternatively, continue south and detour to **Sierra de San Francisco** to view ancient petroglyphs in the local caves.

Further south, pass through San Ignacio and stop in **Mulegé** for a tranquil paddle in the cerulean **Sea of Cortez**. The highway then hugs the coast en route to **Loreto**, where you can spend a day or two discovering the artisan shops, great restaurants, historic architecture and 17th-century mission. Heading south again, the road passes several stunning beaches before ducking inland and leading you to the unspoiled charms of **La Paz**. Spend a day kayaking and snorkeling off the island of **Espíritu Santo**, or go swimming with whale sharks (October to March).

Next, stop at **Todos Santos**, a gorgeous little town with picturesque old sugar mills, before you hit wild **Cabo San Lucas**. Indulge in banana-boating, parasailing and other beach activities before hitting the bars, and don't forget to take a boat to **Land's End** for a glimpse of the magical stone arch. If you need a respite, head for **San José del Cabo**, Cabo's tamer twin, with its appealing colonial church, art galleries and a clutch of good restaurants, or go underwater for a closer glimpse of the reef at **Cabo Pulmo**.

FISCHER/SPLASH



CAROLINE SCHIFF/GETTY IMAGES



Top: Tijuana (p702)
Bottom: Stand-up paddleboarding, Sea of Cortez



Off the Beaten Track: Mexico



0 500 km
0 300 miles

SIERRA GORDA

This remote Querétaro biosphere reserve encompasses high-altitude cloud forests, semideserts, lowland tropical forests, historic Jesuit missions, isolated villages, waterfalls, caves and exotic wildlife. Explore with local guides from community-run ecolodges. (p647)

MINERAL DEL CHICO

You'll hold your breath round many a steep curve on the road up, but this charming old mining village, with moody mountain views, tumbling mists and good hiking, is well worth the trip. (p152)

RUTA PUUC

While the tour groups are shuffling from one site to another further north, check out these fascinating Maya ruins south of Mérida: there's a good chance you'll have them all to yourself. (p315)



LACHATAO

This tiny, remote mountain village has a certain intangible magic - which is perhaps why the ancient Zapotecs created a mysterious ceremonial site here. There's an excellent village ecotourism program with good cabañas and meals. (p452)

LAGUNA MIRAMAR

Via pockmarked dirt road or river boat, a day-long journey through the Lacandón Jungle takes you to this perfect clear blue lake with ancient petroglyphs and the haunting roars of howler monkeys. (p399)

Map Legend

Sights

- Beach
- Bird Sanctuary
- Buddhist
- Castle/Palace
- Christian
- Confucian
- Hindu
- Islamic
- Jain
- Jewish
- Monument
- Museum/Gallery/Historic Building
- Ruin
- Shinto
- Sikh
- Taoist
- Winery/Vineyard
- Zoo/Wildlife Sanctuary
- Other Sight

Activities, Courses & Tours

- Body surfing
- Diving
- Canoeing/Kayaking
- Course/Tour
- Sento Hot Baths/Onsen
- Skiing
- Snorkeling
- Surfing
- Swimming/Pool
- Walking
- Windsurfing
- Other Activity

Sleeping

- Sleeping
- Camping

Eating

- Eating

Drinking & Nightlife

- Drinking & Nightlife
- Cafe

Entertainment

- Entertainment

Shopping

- Shopping

Information

- Bank
- Embassy/Consulate
- Hospital/Medical
- Internet
- Police
- Post Office
- Telephone
- Toilet
- Tourist Information
- Other Information

Geographic

- Beach
- Gate
- Hut/Shelter
- Lighthouse
- Lookout
- Mountain/Volcano
- Oasis
- Park
- Pass
- Picnic Area
- Waterfall

Population

- Capital (National)
- Capital (State/Province)
- City/Large Town
- Town/Village

Transport

- Airport
- Border crossing
- Bus
- Cable car/Funicular
- Cycling
- Ferry
- Metro station
- Monorail
- Parking
- Petrol station
- Subway/Subte station
- Taxi
- Train station/Railway
- Tram
- Underground station
- Other Transport

Routes

- Tollway
- Freeway
- Primary
- Secondary
- Tertiary
- Lane
- Unsealed road
- Road under construction
- Plaza/Mall
- Steps
- Tunnel
- Pedestrian overpass
- Walking Tour
- Walking Tour detour
- Path/Walking Trail

Boundaries

- International
- State/Province
- Disputed
- Regional/Suburb
- Marine Park
- Cliff
- Wall

Hydrography

- River, Creek
- Intermittent River
- Canal
- Water
- Dry/Salt/Intermittent Lake
- Reef

Areas

- Airport/Runway
- Beach/Desert
- Cemetery (Christian)
- Cemetery (Other)
- Glacier
- Mudflat
- Park/Forest
- Sight (Building)
- Sportsground
- Swamp/Mangrove

Note: Not all symbols displayed above appear on the maps in this book



Anna Kaminski

The Mexican Way of Life, Directory, Transportation Anna's love affair with Mexico began in 1999, when she crossed the land border to Tijuana; she liked the merry chaos so much that she ended up backpacking all the way down to Cabo San Lucas. Since then, she's put her university background in Latin American history and culture to good use, coming back on many occasions to teach English in Oaxaca, visit every major ancient ruin in the country, learn to surf in Sayulita, criss-cross the

country by bus, ride the country's only train and travel far and wide in search of the perfect fish taco. Anna tweets at @ACKaminski. Anna also contributed to the Plan Your Trip chapters of this edition.



Tom Masters

Copper Canyon & Northern Mexico Tom has had an extended love affair with Mexico ever since working in the jungle of Chiapas as a documentary producer in 2005. Since then he has lived in Mexico City and written widely about many different parts of the country for Lonely Planet. In writing the monster Copper Canyon & Northern Mexico chapter, Tom particularly found himself loving Alamos, Parras and Monterrey's reinvigorated Barrio Antiguo, as well as finally getting to

do the Copper Canyon Railway. You can find Tom online at www.tommasters.net.



Josephine Quintero

Baja California Josephine was married for many years to a Mexican American with a large extended family, leading to a healthy exposure to mariachi music and margaritas. She made frequent trips over the border from her home in San Diego and continues to be enthralled by the heady mix of vibrant culture, wonderful people, fabulous food and all that history. Josephine now lives in Andalucía, Spain. A highlight of this trip was discovering the fabulous urban art in downtown Tijuana.

Read more about Josephine at lonelyplanet.com/members/josephinequintero



Brendan Sainsbury

Western Central Highlands An expat Brit now living near Vancouver, Canada, Brendan first went to Mexico in the 1990s on an ill-conceived long-distance bike ride from Veracruz to Mexico City. Having survived manic driving, thin air and a minor earthquake, he went back in 2004 to get married on a Pacific beach. This book is his second Mexican sojourn for Lonely Planet, although he has also researched and written guides to Cuba, Spain, Peru and Jamaica. When not climbing

youthful volcanoes or searching for enlightenment in pre-Hispanic ruins, Brendan likes relaxing with his flamenco guitar, watching *Dr Who* and following the exploits of Southampton Football Club.



Andy Symington

Central Pacific Coast Australian and based in Spain, Andy is a widely experienced guidebook author who has written or co-written more than 100 titles with Lonely Planet and other publishers. Latin America is one of his life passions: on this trip he revelled in the superb Pacific coast seafood and tried to catch as many sunsets as possible from just beyond the breakers.



Phillip Tang

Mexico City, Around Mexico City A degree in Latin American studies brought Phillip Tang to these shores, and over a decade later he calls Mexico City home, between stints living in Sydney and London. He writes about travel on his two loves, Asia and Latin America, and has contributed to Lonely Planet's guides to China, Japan, Korea, Peru and Mexico. Find his Mexico Insta-photos from this visit through philliptang.co.uk.



Lucas Vidgen

Chiapas & Tabasco, Yucatán Peninsula Lucas first visited Mexico back in 2002, breezing through the Yucatán long enough to be captivated by the lush scenery and irresistible food. Later he moved to Guatemala, which served as a good base for exploring Chiapas and the rest of the Mundo Maya. Lucas has contributed to a variety of Lonely Planet titles, mostly in Central and South America. Back home he publishes – and very occasionally works on – Quetzaltenango's leading night-

life magazine, *XelaWho* (www.xelawho.com).



OUR STORY

A beat-up old car, a few dollars in the pocket and a sense of adventure. In 1972 that's all Tony and Maureen Wheeler needed for the trip of a lifetime – across Europe and Asia overland to Australia. It took several months, and at the end – broke but inspired – they sat at their kitchen table writing and stapling together their first travel guide, *Across Asia on the Cheap*. Within a week they'd sold 1500 copies. Lonely Planet was born.

Today, Lonely Planet has offices in Dublin, Franklin, London, Melbourne, Oakland, Beijing and Delhi, with more than 600 staff and writers. We share Tony's belief that 'a great guidebook should do three things: inform, educate and amuse'.

OUR WRITERS



John Noble

Oaxaca John has been making extended trips to Mexico for over three decades and has had a big hand in every edition of this guide since edition 3, wandering from Tijuana to Chetumal and many, many places in between. He's climbed volcanoes, boated down jungle rivers, explored the barrios of Mexico City and understood why Oaxacans revere mezcal, and he's already looking forward to the next trip. Originally from England's Ribbles Valley, John has lived

for 20 years in the land of Mexico's old colonial masters, Spain. John also wrote *Mexico Today*, *History*, *The Arts*, *Landscapes & Wildlife*, *Exploring Mexico's Ancient Ruins* and several other Plan Your Trip chapters.



Kate Armstrong

Northern Central Highlands As Australian as a kangaroo, but a Latina (she believes) in a former life, Kate visits Mexico regularly. Covering the silver cities for the fifth time for Lonely Planet, she headed to festivals, hiked gorges in Sierra Gorda, and ate kilos of gorditas (filled dough pockets). She plunged over, in and under every waterfall in the Huasteca Potosina, and talked, danced and ate her way through the magic of Mexico. She is a freelance travel writer; see www.katearmstrongtravelwriter.com and twitter @nomaditis. Kate also contributed to The Mexican Kitchen chapter and several Plan Your Trip chapters.



Stuart Butler

Veracruz Stuart first traveled to Mexico in the late 1990s as part of a longer trip through Latin America. Mexico stood out for him thanks to its heady mix of beaches, wildlife, surf, mountains and a rich culture, and he has since made a number of repeat visits. Hailing from southwest England Stuart now lives on the beautiful beaches of southwest France, close to the Spanish border, with his wife and young son and daughter. He is also the co-author of many Spain-based Lonely Planet books.



John Hecht

Yucatán Peninsula John has spent more than 20 years down Mexico way, during which time he has contributed to numerous editions of Lonely Planet's Mexico and Central America books. Among the most recent titles, he has worked on the past two editions of LP's *Cancún*, *Cozumel & the Yucatán*. He also wrote and produced a series of short-form videos in the Yucatán for Lonely Planet TV. Mom is starting to give up hope that he'll ever return to the good ol' USA.

OVER MORE PAGE WRITERS

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