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

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Triyoga 319-20

# QUICK REFERENCE

## HOW TO USE THIS BOOK

Shopping, Sleeping, Eating and Drinking reviews are organised by neighbourhood.

	telephone	apt	apartments
	opening hours	d	double rooms
	air-con available	dm	dorm beds
	internet	f	family rooms
	wi-fi	q	quad rooms
	swimming pool	r	rooms
	wheelchair access	s	single rooms
	London Underground station	ste	suites
	bus	tr	triple rooms
	train	tw	twin rooms


## EXCHANGE RATES

Prices in this book are quoted in pounds sterling (£). £1 = 100 pence (p).

For current exchange rates see [www.xe.com](http://www.xe.com).

Australia	A\$1	£0.50
Canada	C\$1	£0.56
Euro zone	€1	£0.87
Japan	¥100	£0.64
New Zealand	NZ\$1	£0.41
Switzerland	Sfr1	£0.57
USA	US\$1	£0.61

## TRANSPORT






London travel information	 7222 1234
Standard 1-day Travelcard zones 1 & 2	£5.60/7.20 (off-peak/peak)
Standard 7-day Travelcard zones 1 & 2	£12.90/25.80 (off-peak/peak)
Standard single bus fare	£1/2 (with/without Oyster card)
Standard single zone 1 tube fare	£1.60/4 (with/without Oyster card)

Black cabs are metered, with a minimum charge of £2.20, rising by increments of 20p. Fares are more expensive in the evenings, overnight and at peak times.

## TIPPING

Bars	10-15% (for table service only)
Black cabs	10% or round up to the next pound
Restaurants and cafes	10-15%

## TELEPHONE

Police, fire, ambulance	 999
City code	 020
Country code	 44
International dialling code	 00
International operator	 155

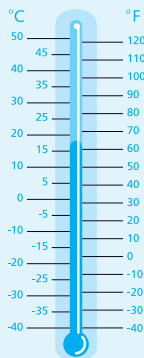
## BUSINESS HOURS

Banks	9am-5pm Mon-Fri, main branches 10am-1pm Sat
Pubs	11am-11pm Mon-Sat, 11am-10.30pm Sun (many venues are now licensed to stay open after 11pm)
Restaurants	12-2.30pm or 3pm & 6-11pm (last orders 10pm)
Shops	9am or 10am-6pm or 6.30pm Mon-Sat, often to 8pm Wed or Thu & noon-6pm Sun

Exceptions are noted in specific listings.

## CONVERSIONS

1in = 2.54cm
1cm = 0.39in
1m = 3.3ft = 1.1yd
1ft = 0.3m
1km = 0.62 miles
1 mile = 1.6km
1kg = 2.2lb
1lb = 0.45kg
1g = 0.04oz
1oz = 28g
1 imperial gallon = 4.55L
1L = 0.26 US gallons
1 US gallon = 3.8L
1L = 0.22 imperial gallons



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## MAP LEGEND

### ROUTES

	Tollway		Mall/Steps
	Freeway		Tunnel
	Primary		Pedestrian Overpass
	Secondary		Walking Tour
	Tertiary		Walking Tour Detour
	Lane		Walking Trail
	Under Construction		Walking Path
	Unsealed Road		Track
	One-Way Street		

### TRANSPORT

	Bus Route		Rail
	Tube Station		Rail (Underground)

### HYDROGRAPHY

	River, Creek		Canal
	Intermittent River		Water

### AREA FEATURES

	Airport		Land
	Area of Interest		Mall
	Building		Market
	Campus		Park
	Cemetery, Christian		Rocks
	Cemetery, Other		Sports
	Forest		Urban

### POPULATION

	<b>CAPITAL (NATIONAL)</b>		<b>CAPITAL (STATE)</b>
	Large City		Medium City
	Small City		Town, Village

### SYMBOLS

<b>Information</b>	<b>Shopping</b>	<b>Sleeping</b>
<b>Sights</b>		

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