## **Behind the Scenes**

### SEND US YOUR FEEDBACK

We love to hear from travellers – your comments keep us on our toes and help make our books better. Our well-travelled team reads every word on what you loved or loathed about this book. Although we cannot reply individually to your submissions, we always guarantee that your feedback goes straight to the appropriate authors, in time for the next edition. Each person who sends us information is thanked in the next edition – the most useful submissions are rewarded with a selection of digital PDF chapters.

Visit **lonelyplanet.com/contact** to submit your updates and suggestions or to ask for help. Our award-winning website also features inspirational travel stories, news and discussions.

Note: We may edit, reproduce and incorporate your comments in Lonely Planet products such as guidebooks, websites and digital products, so let us know if you don't want your comments reproduced or your name acknowledged. For a copy of our privacy policy visit lonelyplanet.com/ privacy.

### **OUR READERS**

Many thanks to the travellers who used the last edition and wrote to us with helpful hints, useful advice and interesting anecdotes:

Adrien Be, Aileen Gerloff, Alex Vrees, Allan Wood, Amy Larkins, Faith Kramer, Friederike Haberstroh, George Crook, Goedele Dupont, Hans Ohrt, Julia Henke, Katherine Shea, Lewis Levine, Lotte Clemminck, Madeline Oliver, Marie-Aline de Lavau, Marjolaine & Hanael Sfez, Mark Fisher, Max Pit, Montserrat Aguilera, Philip Worrall, Pieter Verckist, Tessa Godfrey, Thomas Wiser, Tim Greene, Torben Retboll, Werner Bruyninx, William Murray-Smith, Yvonne Wei

#### WRITER THANKS

#### Tim Bewer

A hearty *kòrp jại* to the many people along the way who answered my incessant questions or helped me out in other ways during this update. In particular, Nicolas Papon-Phalaphanh, Latanakone Keokhamphoui, Yves Verlaine, Khun Buasone and Prapaporn Sompakdee provided great assistance, while Laura, Nick, Rich and the rest of the Lonely Planet team were a pleasure to work with, as always. Finally, a special thanks to my wife, Suttawan, for help on this book and much more.

#### Nick Ray

A huge and heartfelt thanks to the people of Laos, whose warmth and humour, stoicism and spirit make it a happy yet humbling place to be. Biggest thanks are reserved for my wife, Kulikar Sotho, as without her support and encouragement the adventures would not be possible. And to our children, Julian and Belle, for signing up for some family adventures in new-look Vang Vieng.

Thanks to fellow travellers and residents, friends and contacts in Laos who have helped shaped my knowledge and experience in this country. Thanks also to my co-authors for going the extra mile to ensure this is a worthy new edition.

Finally, thanks to the Lonely Planet team who have worked on this title. The author may be the public face, but a huge amount of work goes into making this a better book behind the scenes, so thanks to everyone for their hard work.

#### **Richard Waters**

My special thanks to Elizabeth Vongsa, Adri Berger, Ivan Schulte, Harp, Saly Phimpinith, Dennis Ulstrup, Annabel and Josef, Agnes, Mr Vongdavone and Marco. Also thanks as usual to my extended family, the Lao people, from whom I seem to learn something every trip. Finally, special thanks to Laura Crawford, my long suffering Destination Editor, who keeps stoic when my technical skills fail to join the 21st century.

## ACKNOWLEDGEMENTS

Climate map data adapted from Peel MC, Finlayson BL & McMahon TA (2007) 'Updated World Map of the Köppen-Geiger Climate Classification', Hydrology and Earth System Sciences, 11, 163344.

Cover photograph: Monks at Wat In Paeng, Vientiane, Travel Pix Collection/AWL©



This 9th edition of Lonely Planet's *Laos* guidebook was researched and written by Tim Bewer, Nick Ray and Richard Waters, and was curated by Kate Morgan. The previous edition was written by Nick Ray, Greg Bloom and Richard Waters. This guidebook was produced by the following: **Destination Editor** Laura Crawford

Product Editor Jenna Myers Book Designer Mazzy Prinsep Assisting Editors Nigel Chin, Victoria Harrison, Gabrielle Innes, Lauren O'Connell, Charlotte Orr Cartographers Michael Garrett, Diana Von Holdt Cover Researcher Naomi

Cover Researcher Naomi Parker

Thanks to Bruce Evans, Jane Grisman, Liz Heynes, Catherine Naghten, Anthony Phelan, Martine Power, Vicky Smith, Professor Martin Stuart-Fox

## Index

#### A

accommodation 282-3, see also individual locations language 308 activities 18, 26-30, see also motorcycle travel birdwatching 218 boat trips 15, 18, 29, 72. 180, 14, 63 bowling 135 caving 29-30, 180 cycling 27-8, 297, 26 dolphin-watching 236 gyms 135-6 kayaking 29, 105, 165, 238 massages 45-6, 136-7 rock climbing 29-30, 165-6 trekking 10, 27, 91, 94, 96, 180 tubing 29, 164-5, 238-9, 29 wildlife spotting 30, 113. 278 voga 45, 135, 167 ziplining 30, 61, 113, 166 air fares 293 air travel 292, 297 airlines 292-3, 297 airports 292-3 to/from Laos 292 amoebic dysentery 304 Ang Nam Ngum 161-3 animals 30, 274-7, see also individual animals archaeological sites Heuan Hin 197 Hintang Archaeological Park 80 Plain of Jars 73-4. 73 Muang Kao 213 Uo Moung (Tomo Temple) 217-18

Map Pages **000** Photo Pages **000**  Wat Phu Champasak 15, 215-17, **216**, **15**, architecture 269-70 area codes 17, 289 arts 267-72 ATMs 287 Attapeu 227-9, **228** 

#### B

Ban Don Khoh 210 Ban Hat Khai 161 Ban Hin Siew Tai Palm Sugar Trees 233 Ban Houay Houn 222 Ban Khoun Kham 178-9 Ban Kok Gniew 61 Ban Komaen 95 Ban Na 161 Ban Nam Di 103-4 Ban Nong Beung 218 Ban Phanom 61 Ban Saphai 209-10 bargaining 283 bathrooms 289 bicycle travel, see cycling birds 277 birdwatching 218 boat travel 288, 297-8 Luang Prabang 46-7 boat trips 15, 18, 29, 72, 180. 14 63 boats 298 Bolaven Plateau Region 219-32 Bolikhamsai Province 175-90 books 244 border crossings 293-7. 295 to/from Cambodia 294 to/from China 102 294 to/from Mvanmar (Burma) 294 to/from Thailand 124, 156, 178, 188, 195, 208, 294 to/from Vietnam 77, 89, 187, 196, 224, 294-7

Boten 103 Boun Neua 96-7 Buddha Footprint 37 Buddhism 264-5 budget 17 bus travel 298

#### C

canoeing, see kayaking car travel 298-300 caves 12, 60-1, 166 Chom Ong Caves 101-2 Kao Rao 108 Pak Ou Caves 60-1 Tham Hoi 163 Tham Jang 163 Tham Kong Lor 13, 179-81, 13,28 Tham Lot Se Bang Fai 189 Tham Loup 164 Tham Nam 163 Tham Nang Aen 190 Tham Nok Ann 79 Tham Pa Fa 189 Tham Pa Seuam 185 Tham Pha Chan 190 Tham Pha Thok 82 Tham Phu Kham 164 Tham Phu Khiaw 233 Tham Xang 190 Tham Xieng Liap 190 Vieng Xai Caves 12, 78-9.12 caving 29-30, 180 cell phones 16, 289 Central Laos 32, 174-99, 32 accommodation 174 climate 174-5 food 174 highlights 176-7, 176-7 motorcycle tours 182-3 National Protected Areas 175 travel seasons 174 travel to/from 175

Champasak 211-13. 211. 214 children, travel with 290 Chom Ong Caves 101-2 churches 202 climate 16, 27, 283, 16, see also individual regions coffee plantations 135, 24 coffee tours Jhai Coffee Farmers Co-operative Tours 220-1 Koffie's Coffee Tours 221 community projects 57 consulates 284 COPE Visitor Centre 130 courses cooking 138 language 138 weaving 137-8 credit cards 287 culture 244-5, 260-72 currency 16, 287 customs regulations 283 cycling 27-8, 297, 26 cycling tours Don Khon 237 Vientiane 140-41. 141

#### D

dams 279-80 dance 151, 268-9 dangers, see safety deforestation 280 diarrhoea 304 disabilities, travellers with 290 dolphins 236, 277, 279 dolphin-watching 236 Don Daeng 213-15 Don Det 236-42, 238 Don Kho 209-10 Don Khon 236-42 Don Khong 232-6. 238 Dong Amphan NPA 232 Dong Phu Vieng NPA 197-8

#### 316

Dooley, Tom 109 drinks 285, *see also* coffee driving, *see* car travel, motorcycle travel drugs 172

# INDEX D-N

F

economy 244-5

ecotourism 105, 109, 113, 275 electricity 284 Elephant Conservation Center 120-1 elephants 120-1, 122, 162, 218.275-6 embassies 284 emergencies 17 endangered species 162. 276 environment 273-80 environmental hazards 304-5 environmental issues 278-80 ethnic groups 262-4 etiquette 284 events see festivals & events exchange rates 17

#### F

festivals & events 20-1 Bun Awk Phansa 20 Bun Bang Fai 20 Bun Pi Mai 20, 49 Makha Busa 20 films 244, 267-8 food 18, 285, 19 cooking courses 138 language 308-9 noodles 147 forts 114

#### G

galleries Heritage House Information Centre 39 gay travellers 286 geography 273 giardiasis 304 Gibbon Experience 12, 113, **13** gibbons 113

Map Pages **000** Photo Pages **000**  Golden Triangle 118 Green Jungle Flight 60 gyms 135-6

#### Н

handicrafts 271-2 Hat Sa 95 health 301-6 insurance 301 internet resources 302 hepatitis 303 hiking, see trekking historic sites Muang Phin 199 Tha Bak Bomb Boats 179 history 246-59 division 253-4 economy 259 European contact 250 French rule 251 independence 251-3 Kingdom of Lan Xang 247-51 modern Laos 258-9 nationalism 251-3 origins 249 Pathet Lao 253 politics 259 prehistory 246-7 revolution 257-8 Second Indochina War 256-7 unity 253-4 HIV 303 Hmong people 254 Ho Chi Minh Trail 198-9 homestavs 10 Hongsa 122-3 Hua Phan Province 65-81 Huay Xai 112-18, 114 hunting 280 hydroelectric power 279-80

insect bites 305 insect stings 305 insurance 286 internet access 286 internet resources 17, 288 itineraries 22-5, **22, 23, 25** 

jumbos 157

т

K kayaking 29, 105, 165, 238 Khammuan Province 175-90 Kiet Ngong 218-19 Kuang Si Butterfly Park 61

Lak Sao 181-2 lakes, see also rivers Ang Nam Ngum 161-3 Khoun Kong Leng 189 Nam Tien 123 language 16, 307-10 Lao lifestyle 260-1 Lao Loum people 262 Lao people 260-72 Lao Pop 269 Lao Soung people 263 Lao Tai people 262-3 Lao Thoeng people 263 Lao women 266-7 legal matters 286 lesbian travellers 286 LGBTI travellers 286 literature 267-8 Living Land Farm 43 local transport 300 Luang Namtha 103-8, 104, 11 Luang Prabang 9, 31, 34-61. 31. 38. 44-5. 8-9 accommodation 34. 49-53 activities 45-7 children, travel with 48 climate 34 courses 47-8 drinking 55-6 entertainment 56 events 48-9 festivals 48-9 food 34. 53-5 highlights 35, 35 history 35-6 information 58 itineraries 37 nightlife 55 shopping 56-8 sights 36-45 tours 48 travel seasons 34 travel to/from 58-60 travel within 60 walking tours 42, 42

#### M

malaria 303-4 markets 19 Food Market 76 Main Market 76 Salavan Market 224

Sekong Market 226 Talat Dao Heuang 202 massages 45-6, 136-7 Mǎw I ám 268-9 measures 286 medical checklist 301-2 medical services 302-3 medicine, traditional 306 Mekong River 43, 46, 62, 273-4, 279-80, 62, 63 Middle Mekong 112-25 mobile phones 16, 289 monev 16, 17, 287 moneychangers 287 monks 41, 265 monuments Patuxai 130 Suan Keo Lak Meung Monument 76 That Dam 135 motorcycle travel 28-9. 298-300 hire 160 Southern Laos 230-1, 230 Loop. the 182-3. 182 tours 160 Vang Vieng 168-9, 168 Muang Kao 213 Muang Khoun 74-5 Muang Khua 89-91, 90 Muang La 102-3 Muang Ngoi District 81-8 Muang Ngoi Neua 85-8 Muang Sing 109-12. 110 museums Attapeu Provincial Museum 228 Champasak Historical Heritage Museum 202 Don Khong History Museum 233 Haw Pha Kaeo 130 Kaysone Phomivan Memorial 131 Lao National Museum 130 Lao Textile Museum 134 Luang Nam Tha Museum 103 Musée Des Dinosaures 191 Museum of Tribes 93 Royal Palace 36 Royal Palace Car Collection 36 Savannakhet Provincial Museum 191 Sekong Provincial Historical Museum 226

TAEC 39 Tribal Museum 110 UXO Laos Information Centre 40-1 War Museum 199 Wat Phu Exhibition Hall 217 Wat Xieng Mouane 39 Xieng Khuan 134 music 151, 268-9

#### Ν

Nam Ou 81-2, 85, 89, 91, 95 14 Nam Song 126, 163, 59, 29 62 National Protected Areas 278 Dong Amphan NPA 232 Dong Hua Sao NPA 220 Dong Phu Vieng NPA 197-8 Nam Et/Phou Louey **NPA 81** Nam Ha NPA 104-5 Phou Xieng Thong NPA 210-11 Phu Den Din NPA 95 Phu Hin Bun NPA 185 Phu Khao Khuav NPA 160-1 Phu Xang Hae NPA 198 Se Pian NPA 219 newspapers 286 Nong Khiaw 82-5, 83, 14 noodles 147 Northern Laos 31 64-125 31.64.2 accommodation 64 climate 64 food 64 highlights 66-7. 66-7 travel seasons 64 travel to/from 65 travel within 65 Northwestern Laos 97-112 NPAs, see National Protected Areas nuns 265

#### 0

Ock Pop Tok Living Crafts Centre 41, 43 opening hours 287 opisthorchiasis (liver flukes) 304 outdoor activities 18, 26-30, **29** overfishing 280

#### P

Pa-Am 230 Pak Beng 118-22, 118-19 Pak Kading 178 Pak Lai 125 Pak Ou Caves 60-1 Paksan 175-8 Pakse 202-9, 204 Paksong Area 219 palaces 212 Pha Bang 36 Phakeo trek 74 Pha That Luang 135 Phongsali 91-5, 92 Phongsali Province 88-97 Phonsavan 68-73. 70 Phou Xieng Thong NPA 210-11 Phu Den Din NPA 95 Phu Khao Khuay NPA 160-1 Phu Si 37 Phu Xang Hae NPA 198 Plain of Jars 73-4.73 planning budgeting 17 calendar of events 20-1 internet resources 17 itineraries 22-5 Laos basics 16-17 Laos' regions 31-2 travel seasons 16 plants 277-8 politics 244-5 population 245, 261 post 287 Pra Singkham Buddha 101 Prince Souphanouvong's Bridge 225 public holidays 287

#### R

rabies 304 radio 286 religion 245, 264-6 responsible travel 275 river cruises 46-7 river ferries 297 river taxis 297 river travel, see also boat travel 288 river trips 15, 18, 72, 105 14 rivers 62-3, 273-4, see also lakes Mekong River 43, 46, 62, 273-4, 279-80, 62, 63 Nam Kading 178 Nam Khan 43, 45

Nam Ou 81-2, 85, 89, 91, 95, 14 Nam Phak 89, 102 Nam Song 126, 163, 5, 9, 29, 62 Nam Tha 103, 105 road travel 288 rock climbing 29-30, 165-6 ruins Heuan Hin 197 Souvannakhomkham 118 Wat Phu Champasak 15, 215-17, 216, 15 Uo Moung (Tomo Temple) 217-18

#### S

safe travel 287-8 safety 28, 172 Sainvabuli 123-5. 123 Saisettha 229-30 Salavan 223-5 Sam Neua 75-8, 75 Santi Chedi 61 Savannakhet 190-6. 192 Savannakhet Province 190-9 Sayaboury 123-5, 123 sculpture 270-1 Se Pian NPA 219 secret army 254 Sekong 226-7 Sepon 198-9 Shadow Puppet Theatre & Cinéma Tuktu 211 shopping 288-9 shrines 40 Si Phan Don 10, 232-42, 234.10.19.63 smoking 286 snakes 305 sŏrngtăaou 298 Southern Laos 32, 200-42, 32, 200 accommodation 200 climate 200 food 200 highlights 201, 201 motorcycle tours 230-1, 230-1 travel seasons 200 Souvannakhomkham 118 spas 136-7, 212, 11 spirit cults 265-6 spirit worship 197 sport 272 STDs 304 sunburn 305

Tai-Lao peoples 246-7 Tak Bat 41 Ta-Ov 225-6 Tat Kuang Si 61 Tat Lo 221-3 Tat Sae 61 telephone services 16, 289 temples architecture 270 Banjeng Temple 97 Golden Stupa 104 Pha That Luang 134 Pha That Sikhottabong 189 Phu That Stupa 97 That Ing Hang 196-7 That Makmo 40 That Phum Phuk 104 That Xieng Tung 110 Wat Chanthabuli 134 Wat Chomphet 43 Wat Choumkhong 39 Wat Ho Pha Bang 36, 2,8-9 Wat Jom Thong 233 Wat Kang Salavan 224 Wat Keophone Savanthanaram 114 Wat Khon Tai 238 Wat Khonekeo Xaiyaram 114 Wat Longkhun 43 Wat Luang 202 Wat Mai Suwannaphumaham 36-7 Wat Manorom 41 Wat Mixai 134 Wat Muang Kang 211 Wat Namkeo Luang 110 Wat Ong Teu Mahawihan 134 Wat Pakkhan 40 Wat Pa Huak 37 Wat Pa Phai 39 Wat Pa Phon Phao 39 Wat Phu Champasak 15. 215-17. 216. 15 Wat Phu Khao Kaew 233 Wat Phu That 97 Wat Punluang 43 Wat Rattanalangsi 191 Wat Sainyaphum 191 Wat Sensoukaram 40 Wat Sibounheuang 123 Wat Si Muang 131 Wat Si Saket 130. 2 Wat Sin Jong Jaeng 119

Wat Sisavangvong 123

#### 317

NDEX M-T

NDEX T-2

Wat Souvannakhili 40 Wat Thadsuvanna Phakham 113 Wat That Luang 41 Wat Wisunarat 40 Wat Xieng Maen 43 Wat Xieng Thong 40, 40 Wat Xiengleck 45 Watpakha Xaingaram 43 textiles 271-2 Tha Khaek 182, 185-9, 184 Tham Kong Lor 13, 179-81, 13.28 Tham Nok Ann 79 Tham Sang Triangle 166 theft 288 The Middle Mekong 112-25 time 16, 289 tipping 287 toilets 289 Toumlan 225 tourist information 289 traditional dancing 151, 268-9 traditional medicine 306 traditional music 151 268-9 traveller's diarrhoea 304 travel to/from Laos 292-7 travel within Laos 297-300 trekking 10, 27 Central Laos 180 Northern Laos 94 Phongsali Province 91 responsible trekking 96 tuberculosis 304 tubing 29, 164-5, 238-9, 29 tuk-tuks 157 TV 286 typhoid 304

#### U

Udomxai 97-101, 98 unexploded ordnance 69,288 Uo Moung (Tomo Temple) 217-18

UXO 69, 288 UXO Information Centre (MAG) 68

#### v

vacations 287 vaccinations 302 Vang Sang Buddhas 161-2 Vang Vieng 9, 32, 163-73, 32, 164, 5, 9, 29, 63 accommodation 126, 167 activities 163 drinking 171-2 food 126, 170-1 highlights 128-9, 128-9 information 172-3 motorcycle tour 168-9, 168-9 nightlife 171-2 sights 163 travel to/from 173 travel within 173 vegan travellers 285 vegetarian travellers 285 Vieng Phukha 108-9 Vieng Thong 80-1 Vieng Xai 12, 78-9, 12 Vientiane 10, 32, 126-63. 32, 132-3, 136-7, 11, 24-5, 62 accommodation 126, 140-5 activities 135-7 climate 126 courses 137-8 cycling tours 140-1, 141 drinking 150-1 entertainment 151-2 events 139-40 festivals 139-40 food 126. 145-50 highlights 128-9, 128-9 history 127, 130 information 154-5 itineraries 127 nightlife 150-1

orientation 153 shopping 152-3 sights 130-5 tours 138 travel seasons 126 travel to/from 155-7 travel within 157-60 viewpoints Pha Daeng Peak Viewpoint 82 Phu Fa 92-3 Sleeping Woman Viewpoint 82 Stone Forest Viewpoint 179 Wat Phou Salao 202 Villa Xieng Mouane 39 villages 11 Ban Houay Houn 222 Ban Nam Di 103-4 Ban Nong Beung 218 visas 290-1 volunteering 291

#### W

walking tours Luang Prabang 42, 42 war junk 69 Wat Ho Pha Bang 36, 2.8-9 Wat Pa Huak 37 Wat Phu Champasak 15, 215-17, 216, 15 Wat Phu Heritage Area 215-17 Wat Siphoutthabat Thippharam 37 Wat Thammothavalan 37 Wat Xieng Thong 40, 40 water 305 waterfalls Khon Pa Soi Falls 236 Khon Phapheng Falls 237 Nam Tok Tat Khu Khana 162 Pha Xai 161 Tat Champee 220

Tat E-Tu 220 Tat Faek 227 Tat Fan 219-20 Tat Gneuang 220 Tat Hang 222 Tat Hua Khon 227 Tat Katamtok 220 Tat Kuang Si 61 Tat Leuk 161 Tat Lo 222 Tat Namsanam 179 Tat Sae 61 Tat Somphamit 236-7 Tat Soung 222 Tat Xai 161 Tayicseua 220 weather 16, 27, see also individual regions weights 286 wellness centres 19 wildlife 274-8 wildlife reserves Dong Natad 197 women travellers 291 women's health 306

X Xai Kong Nyai Beach 237 Xieng Khouang UXO-Survivors' Information Centre 68 Xieng Khuang Province 65-81 Xieng Kok 112

yoga 45, 135, 167

7

ziplining 30, 61, 113, 166

# **Map Legend**

#### Sights

- Beach
- Bird Sanctuary
- Buddhist
- Castle/Palace
- Christian
- Confucian
- 🝎 Hindu
- lslamic
- 🕑 Jain
- Jewish
- Monument
- Museum/Gallery/Historic Building
- Ruin
- Kuin
- Shinto
- Sikh
- 🕑 Taoist
- Winery/Vineyard
- Zoo/Wildlife Sanctuary
- Other Sight

#### Activities, Courses & Tours

- O Bodysurfing
- 🚫 Diving
- S Canoeing/Kayaking
- Course/Tour
- Sento Hot Baths/Onsen
- Skiing
- Snorkelling
- 🝈 Surfing
- Swimming/Pool
- Ø Walking
- Windsurfing
- Other Activity

#### Sleeping

- 🕒 Sleeping
- Camping

#### Eating

🚫 Eating

#### **Drinking & Nightlife**

Drinking & Nightlife
Cafe

#### Entertainment

Entertainment

#### Shopping

Shopping

#### Information

#### Bank

- C Embassy/Consulate
- Hospital/Medical
- Internet
- Police
- Post Office
- Telephone
- Toilet
- Tourist Information
- Other Information

#### Geographic

- Beach
- 🖂 Gate
- Hut/Shelter
- Lighthouse
- Lookout
- ▲ Mountain/Volcano
- Oasis
- Park
- ) ( Pass
- Picnic Area
- Waterfall

#### Population

- Capital (National)
- Capital (State/Province)
- City/Large Town
- Town/Village

#### Transport

- Airport
- Border crossing
- 🖲 Bus
- ---- Cable car/Funicular
- - Cycling
- O- Ferry
- Metro/MRT/MTR station
- Monorail
  - Parking
  - Petrol station
  - Skytrain/Subway station
  - Taxi
- + - Train station/Railway
- 🗐 Tram
  - Underground station
  - Other Transport

Note: Not all symbols displayed above appear on the maps in this book

#### Routes

Tollway Freeway Primary Secondary Tertiary Lane Unsealed road Road under construction Plaza/Mall Steps ) Tunnel Pedestrian overpass Walking Tour detour Path/Walking Trail 319

#### Boundaries

International State/Province Disputed - - Regional/Suburb Marine Park Cliff Wall

#### Hydrography



Airport/Runway

Cemetery (Christian)

Cemetery (Other)

Glacier

Mudflat

Park/Forest

Sight (Building)

Swamp/Mangrove

Sportsground

Beach/Desert

#### Areas

siliz

#### ©Lonely Planet Publications Pty Ltd



#### **OUR STORY**

A beat-up old car, a few dollars in the pocket and a sense of adventure. In 1972 that's all Tony and Maureen Wheeler needed for the trip of a lifetime – across Europe and Asia overland to Australia. It took several months, and at the end – broke but inspired – they sat at their kitchen table writing and stapling together their first travel guide, *Across Asia on the Cheap.* Within a week they'd sold 1500 copies. Lonely Planet was born.

Today, Lonely Planet has offices in Franklin, London, Melbourne, Oakland, Dublin, Beijing and Delhi, with more than 600 staff and writers. We share Tony's belief that 'a great guidebook should do three things: inform, educate and amuse'.

### **OUR WRITERS**



#### Kate Morgan

Having worked for Lonely Planet for over a decade now, Kate has been fortunate enough to cover plenty of ground working as a travel writer on destinations such as Shanghai, Japan, India, Zimbabwe, the Philippines and Phuket. She has done stints living in London, Paris and Osaka, but these days is based in one of her favourite regions in the world – Victoria, Australia. In between traveling the world and writing about it, Kate enjoys spending time at home

working as a freelance editor.



#### Tim Bewer

#### Southern Laos

After university Tim worked as a legislative assistant before quitting capitol life to backpack around West Africa. It was during this trip that the idea of becoming a travel writer and photographer was hatched, and he's been at it ever since. He has visited over 80 countries, including most in Southeast Asia. His first journey to Laos was in 1997, before the highway from Vientiane to the south was paved,

and he's returned nearly a dozen times since. He lives in Khon Kaen, Thailand.



#### Nick Ray

#### Vientiane, Vang Vieng & Around, Central Laos

A Londoner of sorts, Nick comes from Watford, the sort of town that makes you want to travel. He currently lives in Phnom Penh and has written for countless guidebooks on the Mekong region, including Lonely Planet's *Cambodia* and *Vietnam* books, as well as *Southeast Asia on a Shoestring*. When not writing, he is often out exploring the remote parts of the region as a location scout or line

producer for the world of television and film, including anything from *Top Gear Vietnam* to *Tomb Raider*. Laos is one of his favourite countries on earth and he was thrilled to finally ride the Loop and explore the caves of Tha Khaek.



#### **Richard Waters**

#### Luang Prabang & Around, Northern Laos, Environment, People & Culture

Richard is based in the Cotswolds, close enough to get to London and, more importantly, only two hours from Devon's surf. For the last 12 years he's worked for Lonely Planet and *The Daily Telegraph*, *Sunday Times*, *Independent* and more as a travel writer and author. He sometimes shoots photos for his stories and is drawn toward wildlife and out of the way places.

#### Published by Lonely Planet Global Limited

CRN 554153 9th edition – Jun 2017 ISBN 978 178657 531 9 © Lonely Planet 2017 Photographs © as indicated 2017 10 9 8 7 6 5 4 3 2 1 Printed in China Although the authors and Lonely Planet have taken all reasonable care in preparing this book, we make no warranty about the accuracy or completeness of its content and, to the maximum extent permitted, disclaim all liability arising from its use.

All rights reserved. No part of this publication may be copied, stored in a retrieval system, or transmitted in any form by any means, electronic, mechanical, recording or otherwise, except brief extracts for the purpose of review, and no part of this publication may be sold or hired, without the written permission of the publisher. Lonely Planet and the Lonely Planet logo are trademarks of Loney Planet and are registered in the US Patent and Trademark Office and in other countries. Lonely Planet does not allow its name or logo to be appropriated by commercial establishments, such as retailers, restaurants or holes. Please let us know of any misuses: lonelyplanet.com<sup>7</sup>. ©Lonely Planet Publications Pty Ltd

© Lonely Planet Publications Pty Ltd. To make it easier for you to use, access to this chapter is not digitally restricted. In return, we think it's fair to ask you to use it for personal, non-commercial purposes only. In other words, please don't upload this chapter to a peer-to-peer site, mass email it to everyone you know, or resell it. See the terms and conditions on our site for a longer way of saying the above - 'Do the right thing with our content.'