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Gyeongsangbuk-do

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Best Places to Eat

- Dosolmaeul (p165)
- Gaejeong (p152)
- Kisoya (p165)
- Little Italia (p152)
- 99 Sikdang (p175)

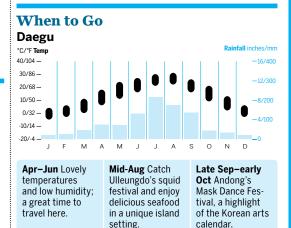
Best Places to Stay

- Grand Daegu Hotel (p151)
- Sarangchae (p164)
- Baramgot Guesthouse (p164)
- Rak Ko Jae Hahoe (p179)
- Design Motel A2 (p171)

Why Go?

Korea's cultural warehouse, Gyeongsangbuk-do (경상북도) is a region resplendent both in natural beauty and heritage sites, including many fascinating temples, ancient pagodas, rock-carved Buddhas and tombs. Gyeongju is often called 'the museum without walls' for its historical treasures, many of which are outdoors. The oddly symmetrical *tumuli* (burial mounds) in the centre of town are serene pyramids – stately reminders of the dead they still honour.

The region's major city, Daegu, is a sprawling place with an excellent medicinal-herb market, a downtown drenched in neon and superb restaurants. Elsewhere, don't miss Haein-sa; this must-see temple-library amid gorgeous mountain scenery contains the Tripitaka Koreana, 1000-year-old wooden tablets inscribed with sacred Buddhist texts and ingeniously preserved in a building so ahead of its time that modern science hasn't improved it. Off the coast is the rugged island of Ulleungdo, with seemingly endless opportunities to enjoy spectacular coastal landscapes.



History

This area was once the capital of the Shilla empire (57 BC-AD 935), and as such was a central part of Korean government and trade. During this almost 1000-year-long empire, alliances were created with China to defeat Japanese threats, as well as to repel other Korean invaders. During this time Confucian laws were widely adopted and informed all aspects of Korean life, including who, where and when a person could marry.

Daegu

2 053 / POP 2.45 MILLION

South Korea's fourth largest city is a pleasant and progressive place with a fascinating traditional-medicine market, some excellent eating options and a humming downtown that's good fun to explore. The city is a popular place for exchange students and English teachers, and the large student population gives Daegu a young and carefree feel.



Gyeongsangbuk-do Highlights

• Seeing and smelling the fascinating **medicinal herbs** (p149) in Daegu before partaking of great eating in the city's downtown.

2 Marvelling at the 80,000-plus wooden tablets

of the Buddhist sutras at the temple **Haein-sa** (p156).

3 Slipping back into the Shilla era in **Gyeongju** (p159), the 'museum without walls'.

4 Walking along the rocky coastline and enjoying

the stunning scenery and great seafood of **Ulleungdo** (p172).

5 Admiring centuriesold architecture and an unchanged way of life in **Hahoe Folk Village** (p179).

