

# Dead Sea Highway الطريق البحر الميت

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# Best Places to Stay & Eat

- » Mövenpick Resort & Spa (p118)
- » Dead Sea Marriott (p119)
- » Mujib Biosphere Reserve (p123)
- » Panorama Restaurant (p120)
- » Feynan Ecolodge (p122)

# Best Spa Experiences

- » Zara Spa (p118)
- » Anantara Spa (p118)
- » Dead Sea Marriott Spa (p118)
- » Evason Ma'In Hot Springs Six Senses Spa (p122)

### Why Go?

There are not many places on earth where you can walk below sea level, but along the shores of the Dead Sea you are in one of them! In fact, this is the lowest point on earth. If this isn't inducement enough for a visit, try the swimming. Bobbing in the intensely salty water is one of the most extraordinary aquatic experiences to be had. Add the luxury soaking, massaging and therapeutic treatment that is part and parcel of a night or two in a spa resort and you'll soon see why the Dead Sea area is a highlight of a visit to Jordan.

The attractions of the Dead Sea are no secret but there's more to the region than just the northern strip of five-star hotels. Wadi Mujib encompasses a beautiful little nature reserve that offers outdoor adventure, and the entire Wadi Araba is especially magnificent at sunset.

## When to Go

Blisteringly hot and humid between May and October, and chilly between December and January, the best time to enjoy the Dead Sea pleasure domes is around February and November – perfect for sunny swims and balmy dinning al fresco. Catering to the peak tourist season at this time, resorts offer live entertainment.

Those looking for adventure should aim for spring: the Dead Sea Ultra Marathon brings physical activity to a seashore more famous for sunning than running and hikes along water-bound Wadi Mujib are free from the danger of flash flooding.

# Western Highlights

1 Descend to the depths for a bob in the **Dead Sea** (p113), at the lowest point on earth, before scaling the heights with a cocktail at a lavish spa resort

2 Relax mind and body at a famous **Dead Sea spa** (p117), applying mud used for cosmetic purposes since the time of Herod

3 Place the Dead Sea in historical and geographical context at the informative Dead Sea Panoramic Complex (p120)

4 Wallow in hot springs at Hammamat Ma'in (p120), one of the region's thermal

5 Drive from highground to low-ground towards the **Dead Sea Highway** (p114) for the best views in Jordan

6 Splash through the canyon pools of **Mujib Biosphere Reserve** (p123), keeping an eye open for ibex

7 Taste a freshly plucked tomato before exploring the rainbow hills of **Wadi Araba** (p125)

