

# Behind the Scenes

## SEND US YOUR FEEDBACK

We love to hear from travellers – your comments keep us on our toes and help make our books better. Our well-travelled team reads every word on what you loved or loathed about this book. Although we cannot reply individually to your submissions, we always guarantee that your feedback goes straight to the appropriate authors, in time for the next edition. Each person who sends us information is thanked in the next edition – the most useful submissions are rewarded with a selection of digital PDF chapters.

Visit [lonelyplanet.com/contact](http://lonelyplanet.com/contact) to submit your updates and suggestions or to ask for help. Our award-winning website also features inspirational travel stories, news and discussions.

Note: We may edit, reproduce and incorporate your comments in Lonely Planet products such as guidebooks, websites and digital products, so let us know if you don't want your comments reproduced or your name acknowledged. For a copy of our privacy policy visit [lonelyplanet.com/privacy](http://lonelyplanet.com/privacy).

## OUR READERS

**Many thanks to the travellers who used the last edition and wrote to us with helpful hints, useful advice and interesting anecdotes:**

Alberto Escribano, Alvin Hudec, Amandine Favier, Carlos Mendez, Christoph Ris, Connie Nakamura, Damping Wang, David Lee, Emma Dhesi, Eric Lauryn, Florence Petrie, Gertjan Martens, Harumi Murata, Jade Johnston, James Martin, John Osman, Kaomi Goetz, Kevin Bruce, Kirsten Kinkead, Lisa Nolan, Lucy & Stuart Stirland, Madoka Aoyama, Marie Armstrong, Marina Ramos, Marjolein Stegeman, Mark Chesney, Megumi Takamori, Michael Jahn, Miriam Vázquez, Niall Christie, Robin Kish, Sarah Dhesi, Tim Glover, Tristram Wyatt, Yasutaka Hori, Yuko Kobayashi

aspect of this project. You're amazing. Thanks also to my editor, Laura C, and other great folks at Lonely Planet. Shouts to James T, Mia Y, Adeline R, Toru-san, Deea, Jamie, Miki H, Memory-san, Noriko-san, Satoko-san, and countless others who went the extra mile to make sure I could represent this amazing part of Japan in the best possible way.

### Andrew Bender

Special thanks to Yohko Scott, Matsuura Kei, Rose Tanasugarn, Urakami Masahiro, Taniguchi Takehiro, Noro Randria, Colin Fukai, Hiraoka Hiroko, Hayashi Minako, Akagi Hideki, Hattori Katsuhiko, Brad Towle, Tabata Kumiko and every innkeeper, restaurant owner and tourist information office staffer who put up with my niggling questions. You are the essence of *omotenashi*.

### Craig McLachlan

A hearty thanks to all those who helped out on the road, but most of all, to my living kanji dictionary and exceptionally beautiful wife, Yuriko. Gratitude also to Nezia, who let her husband and my buddy, Paul, come along for his Shikoku pilgrimage. And of course, thanks to Kōbō Daishi, who looked over us on our journey.

### Kate Morgan

A huge thank you to Destination Editor Laura, for giving me the opportunity to work on a dream gig and for all of your assistance throughout. A big *arigatou gozaimasu* to Kengo Nakao from the Kyoto Tourist Information office for all of your help, also to

## WRITER THANKS

### Rebecca Milner

Thank you to everyone on the Japan team. Laura, thank you for giving me so many opportunities. Simon and Craig, thank you for your advice. Thank you to Ross, Tomoko, Roberto, Nara-san, Kokubu-san, Watanabe-san, Will, Max, Jon, Andy and Shannon for your time, tips, conversation and company. Thank you to my husband and family for always encouraging me, even if it means long absences.

### Ray Bartlett

No-one deserves thanks more than my family, who dealt with me disappearing and supported every

Keiji Shimizu for your assistance and Motoki Ito for some great local tips. And finally, to my partner, Trent, who I missed travelling with on this trip, thanks for all of your support.

### Simon Richmond

My thanks to Hollie Mantle, Will Andrews, Yoshizawa Tomoko, Toshiko, Kenichi, Chris, Giles, Steve and Emiko, and my co-author Rebecca.

### Tom Spurling

To the *yamasbushi* who walk the mountains of Tohoku, for carrying on. To every fellow onsen bather, for the bum flash in the woods. To every ryokan operator, for sweeping those tatamis clean. To the shinkansen, for the green car. To the not-so-shinkansen, for winding me through gorgeous valleys. To the *tachinomi*, for letting me stand up and drink to this wonderful country. Oh, and to Mum, Lucy, Oliver, Poppy, Anna, Tez, Mia, Evie, Lex, Fred. And to Dad for not coming.

### Phillip Tang

Massive thanks to Xavier 邹嘉 for sky-high views, rainbows, weddings, and luggage offloading. Thanks 郝成义 for making Fukuyama and Miyajima come alive. Thank you Eric Mikuski, Ayako Noguchi and Nic Williamson for soul-enrichment, and Dale Stein for Okayama tips. I'm ever-grateful to the tourism-office angels, and to Laura Crawford for sharing Western Honshū again.

### Benedict Walker

This is for Aunty Bonnie, who gave me my first LP guide (Japan) when I was just a boy, and who waited until I returned from this research, for one last goodbye. Thanks to her oncologist, Dr. Sanjiv Gupta and to Mum, Collywolly and Meg, for your unfaltering care; to Michelle and Saralinda (my editors), for your patience and to Laura Crawford, whose kindness and trust allowed me to always be in the right place at the right time. Finally, thanks to my friends on the road: Grahame Roth, Kaori and Takashi Shimizu, Taku Yamada and Yuko Yasuoka. Love all round.

### Wendy Yanagihara

Many thanks to those who offered me insight, context and companionship, especially Tsuchiya Keiko, Yokoyama Ikuyo and Shin in Shimoda, Karina and Oscar in Toi, Ezaki Sachiyo and Junta in Amami, Endo Satoko in Nikkō, Utsumi Shino in Matsuzaki, Michael and Doug in Fuji-Yoshida, Toita Yoshiyuki and Yun Yongdu in Ishigaki and Ogata-san in Yokohama. Thank you Laura, Rebecca, and Imogen for being such delights to work with. Love to my incredible support system: Sanchita, Whitney, Victoria, Jason and Jasper.

## ACKNOWLEDGEMENTS

Climate map data adapted from Peel MC, Finlayson BL & McMahon TA (2007) 'Updated World Map of the Köppen-Geiger Climate Classification', *Hydrology and Earth System Sciences*, 11, 163344.

Illustrations pp98-9 and pp396-7 by Michael Weldon.

Cover photograph: Red-blossomed plum tree, Kyoto, Masanori Shimizu/500px ©

## THIS BOOK

This 15th edition of Lonely Planet's *Japan* guidebook was researched and written by Rebecca Milner, Ray Bartlett, Andrew Bender, Craig McClachlan, Kate Morgan, Simon Richmond, Tom Spurling, Phillip Tang, Benedict Walker and Wendy Yanagihara. This guidebook was produced by the following:

**Destination Editor** Laura Crawford

**Product Editor** Sandie Kestell

**Senior Cartographer** Diana von Holdt

**Assisting Cartographers**

Julie Dodkins, Rachel Imeson, Gabe Lindquist, Alison Lyall

**Book Designer** Gwen Cotter

**Assisting Editors** Imogen Bannister, Michelle Bennett, Pete Cruttenden, Gabrielle Innes, Helen Koehne, Kristin

Odijk, Monique Perrin, Gabrielle Stefanos, Saralinda Turner, Maja Vatrić, Simon Williamson

**Cover Researcher** Naomi Parker

**Thanks to** Naoko Akamatsu, Heather Champion, Kate Chapman, Katie Connelly, Joel Cotterell, Victoria Harrison, Liz Heynes, Indra Kilfoyle, Genna Patterson, Kathryn Rowan, Jessica Ryan, Dianne Schallmeiner, Angela Tinson

# Index

88 Temples of Shikoku 654,  
**650-1**

Temple 1 649

Temple 2 649

Temple 3 649

Temple 4 649

Temple 5 649

Temple 21 663

Temple 38 669

Temple 45 681

Temple 51 671

Temple 66 694

Temple 73 691

Temple 74 691

Temple 84 689-90

Temple 85 689

Temple 88 687

Temple 41 683

Temple 42 683

2020 Summer Olympics 28,  
816, 871

## A

Abashiri 621-2

accommodation 26, 866-9,  
880-2, *see also individual*  
*locations*

costs 59, 881

etiquette 867

language 905

love hotels 137, 374

*manga kissa* 137

*minshuku* 868

ryokan 12, 334, 866-8, **13**

*shukubō* 868-9

activities 32-5, *see also*  
*individual activities,*  
*individual locations*

addresses 897

Aikawa 558-9

aikido 870-1

Ainokura 248

Ainu culture 633

Ainu museums

Ainu Culture Promotion  
Centre 595, 597

Ainu Folklore Museum 629

Hakodate Museum of  
Northern Peoples 637

Hokkaidō Ainu Center 580

Kawamura Kaneto Ainu  
Memorial Hall 602

Museum of Ainu Folklore  
631

Ainu people 835-6

Ainu villages 629

air travel 891-2

Aizu-Wakamatsu 566-8

Aka-jima 794-6

Akan National Park 627-34,  
**628-9, 42-3**

Akanko Onsen 628-31

Akita 537-40, **540**

Akita Prefecture 537-45, **538**

Akiyoshi-dai Quasi-National  
Park 488

Amami Islands 778-85

Amami-Ōshima 778-81, **780**

Ameya-yokochō 150, **30**

amusement parks

Fuji-Q Highland 163

Hanayashiki 113

Tokyo Disney Resort 113

Tokyo Dome City

Attractions 113

Tokyo Joypolis 113

Universal Studios Japan

370-1

Yokohama Cosmoworld

193

Anan Coast 644-56

animals 875-6, *see also*  
*individual species*

anime 861-2

festivals 115

Ghibli Museum 110-11

Mandarake Complex

149, 151

Miyazaki, Hayao 52, 861

Anraku-ji 290

Aomori 526-9, **528**

Aomori Prefecture 525-37,  
**527**

Aoni Onsen 532

Aoshima 766-7

aquariums 550-1, 793,

369, 760

Arashiyama Bamboo Grove  
323-4

archaeological sites &  
museums

Dazaifu Exhibition Hall 708

Hida Folk Archaeological  
Museum 237

*kofun* 458, 761, 822

Nara Prefecture Kashihara

Archaeological Museum  
405-6

Saitobaru Archaeological  
Museum 761

Saitobaru Burial Mounds

Park 761

Sannai Maruyama Site 526

Uenohara Jōmon-no-  
Mori 761

architects 863-5

Andō Tadao 83, 379,

461, 865

Ban Shigeru 865

Itō Toyō 865

Kikutake Kiyonori 864

Kurokawa Kishō 864

Maki Fumihiko 864

Pei, IM 428

Ryue Nishizawa 865

Sejima Kazuyo 865

Shinohara Kazuo 864

Tange Kenzō 864

Wright, Frank Lloyd 864

architecture 863-5, **14, 30,**

*see also architects,*  
*historic buildings,*  
*individual buildings*

*gasshō-zukuri* 236, 864

Meiji-era 702

Meiji-mura 864

modern 14, 30

museums 111, 237, 269,  
405-6, 708, 761

Naoshima 17

Osaka 359, 362, **30**

Taishō-era 702

Tokyo 14, 30, 91, **14**

area codes 25

Arita 713-14

art galleries & art museums,  
*see also craft & folk*  
*art museums, design*  
*museums*

21st Century Museum of  
Contemporary Art 252

3331 Arts Chiyoda 97

Abeno Harukas Art

Museum 367

Adachi Museum of Art 476

Akita Museum of Art 537

Anno Art Museum 490

Aomori Museum of

Art 526

Asakura Museum of

Sculpture, Taitō 102

BankART Studio NYK 195

Benesse House Museum

461

Chibajo Annexe 731

Chichū Art Museum 461

Complex 665 83

Echigo-Tsumari Art Field

563

Fukuoka Asian Art

Museum 699

Gallery Koyanagi 80

Ginza Graphic Gallery 80

Gokayama Washi-no-

sato 248

Hagi Uragami Museum

494

Hakone Museum of

Art 172

Hakone Open-Air Museum

172

Hayashibara Museum of

Art 455

Hida Takayama Museum

of Art 236

Map Pages **000**

Photo Pages **000**

- Hiroshima City Museum of Contemporary Art 440
- Hiroshima Prefectural Art Museum 440
- Hokkaidō Museum of Modern Art 580
- Hokusai Museum 286
- Imaemon Gallery 713
- Ishikawa Wajima Urushi Art Museum 261
- Japan Ukiyo-e Museum 269
- Kamakura National Treasure Museum 189
- Kubota Itchiku Art Museum 164
- Kuroda Memorial Hall 101
- Kutaniyaki Art Museum 262
- Kyoto Municipal Museum of Art 320
- Kyoto National Museum 311-12
- Lee Ufan Museum 461
- Matsumoto City Museum of Art 267-8
- METoA Ginza 80
- MOA Museum of Art 175
- Mori Art Museum 81, 83
- Nagoya/Boston Museum of Fine Arts 219
- Naha City Traditional Arts & Crafts Center 787
- Naoshima 17, 460, **17**
- Narukawa Art Museum 174
- National Art Center Tokyo 84, **4**
- National Museum of Modern Art 320
- National Museum of Modern Art (MOMAT) 77-8
- Neiraku Art Museum 394
- Nezu Museum 92
- Nikkō Toshō-gū Museum of Art 201
- Noritake Gallery 218
- Ōhara Museum of Art 469
- Okada Museum of Art 171
- Otsuka Museum of Art 649, 652
- Place M 95
- Pola Museum of Art 173
- RIAS Ark Art Gallery 523
- Rokuzan Bijutsukan 273
- Sado Hanga-mura Museum 558
- SCAI the Bathhouse 104
- Shimada Museum of Art 731
- Shimane Prefectural Art Museum 474-5
- Shiseido Gallery 80
- Shōji Ueda Museum of Photography 481
- Shoko Kanazawa Museum 184
- Sumida Hokusai Museum 105
- Suntory Museum of Art 83-4
- Taikan Bonsai Museum 286
- Takamatsu City Museum of Art 686
- Teshima Yokoo House 465
- Tokugawa Art Museum 218
- Tokushima Modern Art Museum 645
- Tokyo Gallery + BTAP 80
- Tokyo Metropolitan Teien Art Museum 86-7
- TOP Museum 85
- Ukiyo-e Ōta Memorial Museum of Art 91-2
- 'Umi' Museum of Contemporary Art 291
- Watarai Museum of Contemporary Art 92
- Yamatane Museum of Art 85
- Yokohama Museum of Art 193
- artists
- Asakura Fumio 102
- Hokusai 854
- Kusama Yayoi 268
- Miyazaki Hayao 52, 861
- Murakami Takashi 857
- Ogiwara Rokuzan 273
- Ōtake Shinrō 65
- arts 17, 854-62, **17**, see also books, dance, kabuki, music, nō, pottery, public art, puppet theatre, theatre festivals 115-16, 857
- Asahidake Onsen 610-11
- Asahikawa 602-4
- Ashizuri-misaki 668-9
- Aso-san 734-7, **736**
- Asuka 406-7
- Atami 175
- ATMs 885
- Atomic Bomb Dome 435, 439
- atomic bombs
- Hiroshima 435, 439, 440
- Nagasaki 714-15, 718
- Atsuta-jingū 220
- authors
- Ihara Saikaku 860
- Kanehara Hitomi 860-1
- Matsuo Bashō 548
- Murakami Haruki 860-1
- Murakami Ryū 860-1
- Natsume Sōseki 65
- Wataya Risa 860-1
- Yanagita Kunio 519
- Yoshimoto Banana 860-1
- autumn-foliage viewing 877
- Himeji 390
- Kyoto 303, 318, 323
- Osaka 364-5
- awamori 792
- Awa-odori Matsuri 647
- Azumino 273-5
- B**
- baggage forwarding 28, 893
- bamboo 323-4, 739, 741
- Bandai Plateau 568-70, **569**
- bargaining 27
- baseball 870
- bathhouses 65
- bathrooms 888
- beaches 31, **20**
- Amami-no-Sato 779
- Aragusuku-kaigan 799
- Aze Prince Beach 782
- Boraga Beach 799
- Eef Beach 797
- Goishi Kaigan 523
- Hate-no-hama 797
- Hōraine-kaigan 211
- Hoshisuna-no-hama 809
- Ida-no-hama 809
- Irita 182
- Issō-kaisyuiyokujō 773
- Kabira-wan 803
- Kaiji-hama 811-12
- Katsura-hama 663
- Kondo Beach 812
- Mushiroze 782
- Nagahama-kaigan 777
- Nagamahama 798
- Nagata Inaka-hama 773
- Nakanoshima Beach 802
- Neshiko Beach 712
- Nishihama 812
- Oganeku-kaigan 784
- Ōhama 182
- Ōhama-kaihin-kōen 779
- Ōkinohama 668
- Sakibaru-kaigan 779
- Senjō-jiki 421
- Shinri-hama 797
- Shirara-hama 421
- Sunayama Beach 798
- Sunset Beach 803
- Takanazaki 812-13
- Takezaki-kaigan 777
- Tatado 182
- Tatami-ishi 797
- Terasaki-kaigan 784
- Toguchi-no-hama 802
- Tomori-kaigan 779
- Tsuki-ga-hama 809
- Wai Beach 211
- Yonaha-Maehama 798
- Yonehara Beach 803
- Yoshino-kaigan 799
- beers 608, 626, 875
- beer 581, 850-2
- breweries 581-2
- festivals 197
- museums 85, 579
- Benesse Art Site 460-2
- Beppu 739-46, **740, 742**
- Bessho Onsen 289-90
- bicycle travel, see cycling
- Biei 604-5, **606-7**
- birdwatching 187, 211, 265
- Bise 794
- Bizen 460
- Blakiston line 609
- boat cruises & boat tours
- Abashari 621
- Akan-ko 630
- Geibi Gorge 517-18
- Iriomote-jima 809-10
- Matsue 476
- Matsushima 510-11
- Otaru 593
- Shimokita Peninsula 536
- Shiretoko National Park 627
- Tokushima 647
- Towada-ko 533
- boat travel 468, 500, 894, see also boat cruises & boat tours
- bonsai 286
- books 441, 816, 839, 854, 857, 859-61
- food 841, 848
- history 819, 820, 833
- novels 441, 873
- bovine sumo 683, 781
- breweries
- beer 581-2
- miso 540
- sake 164-5, 385, 444
- soy sauce 540
- Buddhism 819, 820
- Buddhist statues
- Byakui Dai-kannon 292

Daibutsu (Nara) 15,  
396-7 **15, 396, 397**  
Kunisaki Peninsula 747  
Nehan-zō 727  
Shōhō-ji (Gifu Great  
Buddha) 228  
Buddhist temples, see  
*also individual temples*,  
88 Temples of Shikoku,  
Kyoto temples  
Bessho Onsen 289-90  
Chūzen-ji Onsen 207  
Daigo-ji 314, **338**  
Dazaifu 708  
Fukui 264  
Fukuoka 699  
Gifu 228  
Hagi 494-5  
Hida-Furukawa 241  
Hiraizumi 517  
Hirosaki 529  
Hōryū-ji 403  
Kaga Onsen 262-3  
Kamakura 187-90  
Kanazawa 254  
Kiyomizu-dera 311, 313,  
**340**  
Kōya-san 14, 410-12  
Kumamoto 731  
Matsushima 510  
Miyajima 447  
Nagahama 428  
Nagano 280  
Nagasaki 718, 719  
Nagoya 219  
Nara 394-5  
Nikkō 203  
Noto Peninsula 259, 260  
Oku-no-in 14, 410, **15**  
Onomichi 450  
Osaka 366-7  
Ōtsu 426  
Senso-ji 104-5, **127**  
Shikotsu-Tōya National  
Park 597  
Shimoda 178  
Shimokita Peninsula 536  
Shimonoseki 498  
Shuzen-ji Onsen 184  
Takao-san 199  
Takayama 236  
Tokyo 80, 84, 87, 102,  
104-5, 107  
Tomo-no-ura 454  
Tōshōdai-ji 405

Toiyama 265  
Yakushi-ji 403  
Yamadera 547-8  
Yamaguchi 488  
Yamato Plain 406  
Yoshino 407  
budget travel 59-60  
budgeting 881, 883  
bullfighting 683, 782  
*bunraku*, see puppet  
theatre  
*burakumin* 836  
bus travel 28, 894-5, 898  
business hours 25, 886  
*butō* 859  
Byōdō-in 320

## C

calligraphy 855  
camping 880  
canyoning 683  
Cape Toi 767  
capsule hotels 59, 881  
car travel 25, 895-7  
car hire 896-7  
driving licences 895  
fuel 896  
road rules 897  
castles 19, 29-30, **19**  
Echizen-Ōno-ji 265  
Fukuoka-ji 699  
Gifu-ji 228  
Hikone Castle 426, 428  
Himeji-ji 19, 389-90  
Hirado-ji 712  
Hirosaki-ji 529  
Hiroshima-ji 439  
Inno-shima 452  
Inuyama-ji 225  
Karatsu-ji 709  
Kōchi-ji 663  
Kumamoto-ji 731  
Marugame-ji 690  
Matsue-ji 474  
Matsumoto-ji 19, 267  
Matsuyama-ji 671  
Nagoya-ji 218  
Nijō-ji 305-6  
Obi-ji 767  
Okayama-ji 455  
Osaka-ji 364-5, **2**  
Ōzu-ji 682  
Sendai Castle Ruins 506  
Shimabara-ji 727  
Shuri-ji 789, **44**  
Takamatsu-ji 686  
Takayama-ji 237  
Tsuruga-ji 567

Tsuwano-ji 490  
Uwajima-ji 683  
cathedrals, see churches &  
cathedrals  
caves  
Akiyoshi-dō 488  
Ama-no-Yasukawara 748  
Fugaku Fuketsu 166  
Genbudō 431  
Narusawa Hyōketsu 166  
Shōryū-dō 783  
Tōri-ike 802  
cell phones 24, 887  
cemeteries  
Foreigners' Cemetery 638  
Oku-no-in 14, 410, **15**  
Yanaka-reien 102, 104  
central Hokkaidō 588-602  
central Honshū 66, 212-96,  
**214-15**  
climate 212  
food 56  
highlights 214  
hiking 61  
travel to/within 213  
cherry-blossom viewing 12,  
33, 875, **13**  
Hase-dera 406  
Hikone 426  
Kyoto 308, 311  
Maruyama-kōen 12  
Tokyo 90, 95, 104, 115  
Yoshino 407  
Chichibu 198-200  
Chichi-jima 209-10  
Chiiori 658  
children, travel with 52-3,  
85, see *also individual*  
*regions*  
Chinatown (Yokohama)  
195-6  
Chion-in 314  
Chiran 758  
Chiringshima 759  
Chōkoku-no-Mori 172  
Christians 490, 711, 826  
churches & cathedrals  
Chapel of St Maria 490  
Orthodox Church 638  
Ōura Catholic Church 719  
St Francis Xavier  
Memorial Church 488  
Tsuwano Catholic  
Church 490  
Urakami Cathedral 715  
Chūzen-ji Onsen 206-7  
cinema, see anime, films  
climate 24, 32-5, **24**, see  
*also individual regions*

climbing, see *also* hiking  
Kamikōchi 276  
Minakami Onsen-kyō 294  
Mt Fuji 159-62  
Yōtei-zan 598  
coffee 851-2  
Confucian shrines 721  
consulates 882-3  
cormorant fishing 227,  
228, 229  
cosplay 220  
costs  
accommodation 59, 881  
budget travel 59-60  
food 883  
train travel 898-903  
courses  
cooking 114-15, 330-1,  
848  
crafts 115  
drumming 560  
ikebana 115  
meditation 190  
pottery 496, 545  
craft & folk art museums  
Akarenga-kan Museum  
537  
Beppu Traditional  
Bamboo Crafts Centre  
739, 741  
Craft Centre & Museum  
218  
Crafts Gallery 78  
Fureai-Kan Kyoto  
Museum of Traditional  
Crafts 320  
Gasshō-zukuri Folk  
Village 246  
Hakata Machiya  
Furusato-kan 699  
Hida Folk Village 236  
Hirayu Folk Museum 243  
Imari City Ceramic  
Merchant's Museum  
710-11  
Ino Japanese Paper  
Museum 663  
Ishikawa Prefectural  
Museum of Traditional  
Products & Crafts  
252-3  
Japan Folk Crafts  
Museum 89  
Kakunodate Cherry-Bark  
Craft Center 541  
Kihōin Shūshūkan 811  
Kumamoto Prefectural  
Traditional Crafts  
Centre 731  
Kurashiki Museum of  
Folk-craft 470

Kusakabe Folk Crafts Museum 237  
 Kyūshū Ceramic Museum 713  
 Miyako Crafts Workshop Village 799  
 Museum of Oriental Ceramics 363-4  
 Myōzen-ji Folk Museum 246  
 Naha City Traditional Arts & Crafts Center 787  
 Ogi Folk Museum 560  
 Sanuki Folkcraft Museum 685  
 Taketomi Mingei-kan 811  
 Togakushi Folk Museum & Ninja House 285  
 Tōno Folk Village 519-20  
 Tsuboya Pottery Museum 787  
 Uchiwa-no-Minato Museum 690-1  
 Yamaguchi Furusato Heritage Centre 488  
 crafts 257, 799, 854-6, *see also individual crafts*  
 cranes 635  
 credit cards 885  
 currency 24, 885  
 customs regulations 882  
 cycling 242, 893-4  
 Kibi Plain 458  
 Setouchi Shimanami Kaidō 451  
 Shimanami Kaidō 672  
 Tōno 521

---

**D**  
 Daibutsu (Nara) 15, 396-7  
**15, 396, 397**  
 Daigo-ji 314, **338**  
 Daihonzan Eihei-ji 264  
 Daisen 481-2  
 Daisetsu Kōgen Onsen 612-13  
 Daisetsuzan National Park 609-13, **606-7**  
 Daitoku-ji 308-9  
 Daitō-ji 428  
 dance 749, 857-8  
 Bizan 645  
*butō* 859  
 geisha 21, 351  
 Kyoto 351  
 dangers, *see safety*  
 Dazaifu 707-8  
 deer 393-4, 794  
 design museums  
 21\_21 Design Sight 83

d47 Museum 89  
 Design Festa 91  
 International Design Centre Nagoya 219  
 Dewa Sanzen 551-3  
 disabilities, travellers with 888-9  
 diving  
 Iriomote-jima 809  
 Ishigaki-jima 803  
 Miyako-jima 799  
 Okinawa 793  
 Southwest Islands 779  
 Yonaguni-jima 813-14  
 Dōgashima 183  
 Dōgo 480  
 Dōzen Islands 480  
 drinks 849-52  
*awamori* 792  
 coffee 851-2  
 language 840-52, 907  
 sake 851  
*shōchū* 755, 851-2  
 tea 56, 851-2, **853**  
 tea ceremonies 56, 331-2, 856, **56**  
 driving, *see car travel*

---

**E**  
 earthquakes 874  
 2016 Kumamoto Earthquake 734  
 Great East Japan Earthquake 524, 816, 878  
 Great Kantō Earthquake 192-3  
 eastern Hokkaidō 621-36  
 Echigo-Yuzawa Onsen 563-4  
 Echizen-Ōno 265  
 economics 816-17  
 Ehime Prefecture 669-85  
 Eikan-dō 318  
 electricity 882  
 embassies 882-3  
 emergencies 25  
 Engaku-ji 187  
 Enoshima 191  
 Enryaku-ji 327  
 environment 874-8  
 environmental issues 482, 486, 702, 877-8  
 Esashi 640  
 etiquette 27  
 accommodation 867  
 food 841  
 geisha 873  
 onsen 64  
 shrines 838

events, *see festivals & events*  
 exchange rates 25

---

**F**  
 ferry travel 468, 500, 894  
 festivals & events 22, 32-5, **23**  
 Akita 537, 539  
 anime 115  
 Aomori 526  
 Asahikawa Winter Matsuri 602-3  
 Dewa Sanzan 552  
 Earth Celebration 561  
 Fukuoka 702-3  
 Fuji-Yoshida 163  
 Hida-Furukawa 242  
 Himeji 390  
 Hirado 712  
 Hirosaki 529-30  
 Hiroshima 441  
 Inuyama 227  
 Ise-Shima 424  
 Izumo 484  
 Kagoshima 751  
 Kakunodate 541  
 Kamakura 190  
 Kanazawa 254  
 Karatsu 709  
 Kōbe 386  
 Kōchi 665  
 Kōya-san 413  
 Kumamoto 731  
 Kyoto 332, **23**  
 Matsue 476  
 Matsumoto 269-70  
 Miyajima 448  
 Miyazaki 764  
 Naeba 564  
 Nagano 280  
 Nagasaki 721  
 Nagoya 220  
 Naoshima 461  
 Nara 399  
 Nikkō 204  
 northern Honshū (Tōhoku) 541  
 Noto Peninsula 261  
 Nozawa Onsen 287-8  
 Okayama 455  
 Osaka 371-2  
 Ōtsu 426  
 Sado-ga-shima 557  
 Sanriku Kaigan 522  
 Sapporo 582, **676**  
 Sendai 506  
 Shimonoseki 498-9

Shōdo-shima 468  
 Takayama 237-8  
 Tokushima 647  
 Tokyo 115-16  
 Tsumago 231  
 Tsuwano 492  
 Yamagata 545  
 Yokohama 197  
 films 445, 816, 861, 872, 878  
 fishing 813, *see also cormorant fishing*  
 food 12, 54-8, 60, 840-53, 883, **12, 54, 57, 58**, *see also individual foods, individual regions*  
 cookery courses 114-15, 330-1, 848  
 costs 60, 883  
 etiquette 841  
*izakaya* 842  
 Kagoshima cuisine 751  
*kaiseki* 848  
 Kōbe beef 387, 846  
 language 58, 905-7  
 Miyazaki cuisine 765  
 okonomiyaki **57**  
 sashimi **54**  
 Shinshū cuisine 283  
*shokudō* 841-2  
 soy sauce 409, 466  
 specialities 843-8  
 sushi 843-4, **12**  
 vegan 848-9  
 vegetarian 848-9  
*yakitori* 842-3, **58**  
 food markets 31, 846  
 Hakodate 636-7  
 Kanazawa 249  
 Kyoto 304-5, 321, 354  
 Naha 787  
 Takayama 241  
 Tokyo 79, 80, 94-5, 109, 130, **30**  
 Tsukiji Market 79-80  
 Fuji Five Lakes 158-67  
 Fuji Sengen-jinja 163  
 Fuji-Yoshida 163-4  
 Fukui 263-4  
 Fukui Onsen 244  
 Fukuoka 698-707, **700**  
 accommodation 703-4  
 climate 695  
 drinking 705  
 entertainment 705  
 festivals & events 702-3  
 food 704-5  
 internet access 706  
 medical services 706

nightlife 705  
shopping 705-6  
sights 699-702  
tourist information 706  
travel to/within 706-7  
Fukushima nuclear incident  
566, 878  
Fukushima Prefecture  
566-70  
Furano 605-9, **606-7, 677**  
Fushimi Inari-Taisha 303-4,  
**340**

## G

Garan 411  
gardens 29, 865, *see also*  
parks  
Canadian Embassy  
Stone Garden 84  
Fujita Memorial Garden  
529  
Fukushū-en 787  
Garyū-sansō 682  
Genkyū-en 428  
Glover Garden 719, **722**  
Gyokusen Inmaru  
Garden 252  
Hama-rikyū Onshi-teien  
80  
Hokkaidō University  
Botanical Gardens 580  
Imperial Palace East  
Garden 75, 77  
Isui-en 394  
Kenroku-en 252  
Kiyosumi-teien 107  
Koishikawa Kōrakuen 95  
Kōko-en 390  
Kōraku-en 455  
Kyoto Botanical Gardens  
308  
Meiji-jingū Gyoen 89, 139  
Mori-no Beer Garden 139  
Mōtsū-ji 517  
Noritake Garden 218  
Rikugi-en 104  
Sankei-en 196  
Sekirei 139  
Sengan-en (Iso-teien) 750  
Shikina-en 787  
Shukkei-en 439-40  
Suizenji-jōjūen 731  
Tokugawa-en 218  
Yoshiki-en 394  
Yūshien Garden 475-6

gasshō-zukuri 236, 864  
gay travellers 136, 883  
geisha 21, 872-3, **21, 338**  
costumes 873  
dances 351  
entertainment 873  
etiquette 873  
history 872  
geography 874-8  
Gifu 227-9  
Ginkaku-ji 319  
Ginzan Onsen 550  
Gion 315  
Gion Matsuri 33, **23**  
Go-Daigo 823  
go-karting 112  
Gokayama 245-8  
Gokayama district 247-8  
Gōra 172  
Great Buddha, *see* Daibatsu  
(Nara)  
green turtles 211  
Gujō-Hachiman 230  
Gunma Prefecture 292-6

## H

Hachijō-jima 186-7  
Hachikō Statue 87  
Hagi 493-7, **494**  
Haha-jima 210-11  
*haiku* 859-60  
Hakkōda-san 534-5  
Hakodate 636-40, **637**  
Hakone 167-74, **168**  
Hakone-machi 174  
Hakone-Yumoto 170-1  
Hakuba 277-80  
Hakui 259  
Hakusan National Park 253  
*hanami*, *see* cherry-  
blossom viewing,  
plum-blossom viewing  
Hase-dera 189, 406  
Hashima 726  
Hateruma-jima 812-13  
Hattōji 459  
health 883-4  
Hearn, Lafcadio 478  
Hedo-misaki 794  
Heian-jingū 320-1  
hells 729, 741, **745**  
Hida Region 234-48  
Hida-Furukawa 241-2  
Higashi Hongan-ji 299  
Higashi-Iya 659-60  
hiking 18, 61-2, 233, **18**, *see*  
*also* climbing  
Asahi-dake 610

Azumino 274  
Bandai Plateau 568  
Daisetsuzan National  
Park 610  
Haha-jima 211  
Hakkōda-san 534  
Hakuba 277-8  
Hirado 712  
Iriomote-jima 809  
Ishizuchi-san 680  
Jōgasaki-kaigan 177  
Kamakura 190  
Kamikōchi 276  
Kirishima-yaku National  
Park 761  
Kuro-dake 611  
Kyūshū 708, 739  
Magome-Tsumago Hike  
232  
Mashū-dake 632  
Me-Akan-dake 629-30  
Miyajima 447  
Miyama-chō 430  
Mt Fuji 159-62  
Naruko Onsen 513  
Niseko 590  
Northern Honshū  
(Tohoku) 553  
O-Akan-dake 630  
Oku-Tama 199  
Panorama-dai 167  
Rebun-tō 617  
Rishiri-tō 619-20  
Shari-dake 623  
Shikoku 689  
Sōun-san 173  
Takao-san 198  
Tarumae-zan 600  
Tazawa-ko 542-3  
Tokachi-dake 613  
Towada-ko 533  
Unzen 729  
Yakushima 773-4  
Yōtei-san 598  
Yumoto Onsen 207  
Hikone 426-8  
Himeji 389-91, **389**  
Himi 259  
Himiko 819  
Hirado 711-13  
Hiraizumi 517-19, **518**  
Hirara 798-801, **800**  
Hirayu Onsen 243-4  
Hirosaki 529-32, **530**  
Hiroshima 16, 67, 434-45,  
**436-7, 438, 37**  
accommodation 441-2  
climate 434  
drinking 443-4

entertainment 444  
festivals & events 441  
food 442-3  
highlights 436-7  
hiking 62  
internet access 444  
itineraries 443  
nightlife 443-4  
shopping 444  
tourist information 445  
tours 441  
travel to/within 445  
Hiroshima Peace Memorial  
Museum 16, 439, **16**  
historic buildings  
Buke Yashiki Samurai  
Residence 474  
Gessōtei 777  
Kikuya Residence 493  
Kita-ke 259  
Kumagai Residence 485  
Ōhashi House 469  
Ōta Residence 453-4  
Shiroyama Elementary  
School 717  
Tōkaikan 176  
Wada-ke 246  
Zuihō-den Mausoleum  
506  
historic sites 824  
Dejima 717-18  
Dutch Slopes 719, 721  
Imori-yama 567  
Yōkaichi Historic District  
680  
history 818-34, *see also*  
*individual regions*  
ancient Japan 818-19  
atomic bombings 435,  
439, 440, 714-15, 718  
courtiers 820-1  
historical periods 822  
Hōjō shogunate 821-4  
Imperialist Japan 832-4  
modernisation 830  
Mongol invasions 823  
mysticism 819  
reunification 824-6  
Southwest Islands 770  
Tokugawa rule 827-8  
Westernisation 831  
WWII 833-4  
Yamato Clan 819-20  
hitching 897  
Hiwasa 653  
Hokkaidō 20, 42-3, 68,  
571-640, **42, 572-3,**  
**20, 42-3**  
accommodation 571

climate 571, 574  
 driving 576  
 food 57, 571  
 highlights 572-3  
 hiking 62  
 history 574  
 itineraries 43, **42**  
 national parks 574-5  
 safety 575  
 travel to/within 575-7  
 Hokuriku Region 248-66  
 holidays 886  
 Hönen-in 319  
 Hongū 417-18  
 Honmyō-ji 731  
 Hōryū-ji 403  
 hot springs, see *hells, onsen*

---

Ibusuki 758-60, **474**  
 Ikebana 824, 856-7  
 Ikema-jima 798-9  
 Ikuchi-jima 452-3  
 Ikumi 655  
 Imari 710-11  
 immigration 889-90  
 Imperial Palace 75, 77  
 Inno-Shima 452  
 insurance 884  
 internet access 884  
 internet resources 48, 61,  
 68, 844, 849, 850  
 Inujima 464  
 Inuyama 225-7, **226**  
 Iō-jima 777  
 Iriomote-jima 20, 808-11  
 Ise-Shima 422-6, **423**  
 Ishigaki-jima 20, 802-8,  
**807, 20**  
 Ishinomaki 511-13  
 Ishizuchi-san 679-80  
 islands, see *individual  
 islands*  
 itineraries 36-45, **36, 38,**  
**41, 42, 45, 46-7**, see  
 also *individual regions*  
 Itō 175-8  
 Itsukushima-jinja 22,  
 446-7, **677**  
 Iwakuni 449  
 Iwami Ginzan 485-6  
 Iwate Prefecture 514-22,  
**515**  
 Iya Valley 656-8, **657**  
 Izu Islands 185-7  
 Izumo 484-5  
 Izumo Taisha 484, **474**  
 Izu Peninsula 175-84, **176**

**J**  
 Jakkō-in 328  
 Japan Alps 66, 212-96,  
**214-15**  
 food 56  
 highlights 214  
 hiking 61  
 Japan Rail Pass 901  
 Japanese language, see  
 language  
 Japanese people 835-9  
 Jingo-ji 329-30  
 Jōzankei 595-8  
 judo 871

**K**  
 kabuki 858  
 Kyoto 350  
 Shōdo-shima 468  
 Tokyo 143  
 Uchiko 680  
 Kaeda Gorge 766  
 Kaga Onsen 262-3  
 Kagawa Prefecture 685-94  
 Kagoshima 750-6, **752-3**  
*kaiseki* 848  
 Kakunodate 540-2  
 Kamaishi 525  
 Kamakura 187-92, **188**  
 Kamigamo-jinja 309-10  
 kamikaze 706, 758, 823  
 Kamikōchi 22, 275-7, **22**  
 Kanaya Ryokan 248  
 Kanazawa 19, 179-58,  
**250-1, 19**  
 accommodation 254-5  
 drinking 256  
 entertainment 256  
 festivals & events 254  
 food 255-6  
 history 249  
 nightlife 256  
 shopping 256-7  
 sights 249, 252-4  
 travel to/within 258  
 Kannawa Hells Area 741-6,  
**745**  
 Kanonji 694  
 Kansai 67, **360-1**  
 climate 358  
 food 56  
 highlights 360-1  
 hiking 62  
 travel passes 381  
 travel seasons 358  
 karaoke 850  
 karate 871  
 Karatsu 708-10

Karuizawa 290-2  
 Kasaoka Islands 472-3  
 Kashiwara 405-6  
 Kashiwara-jingū 405  
 Kasuga Taisha 397, **38-9**  
 Kawaguchi-ko 156, 164-6  
 Kawayu Onsen 631-4  
 kayaking 209, 447, 810  
 Kenchō-ji 187-8  
 kendō 871  
 Kenzō, Tange 16  
 Kerama Islands 20, 794-7  
 Kesenuma 523  
 Kibune 328-9, 347, **329**  
 Kii Peninsula 408-22, **410**  
 Kii-Katsuura 419-20  
 kimono 98, 873  
 Kinkaku-ji 321-2, **10-11**  
 Kinosaki Onsen 431-3  
 Kirishima-yaku National  
 Park 760-2  
 Kisami 182  
 Kiso Valley Nakasendō  
 230-4  
 Kitakata 570  
 Kitakyūshū 702  
 Kitamuki Kannon 289-90  
 Kitano Tenman-gū 321  
 Kiyomizu Kannon-dō 102  
 Kiyomizu-dera 311, 313,  
**340**  
 Kobe 382-9, **384**  
 Kobe beef 387, 846  
 Kobocho 660-1  
 Kōchi 662-7, **664**  
 Kōchi Prefecture 662-9  
 Kōdai-ji 313  
 Kōfuku-ji 394, 718  
 Koganechō 196  
 Kō-jima 767  
 Konpira-san 691-3  
 Korea 500  
 Kōri-jima 793-4  
 Kotohira 691-4, **692**  
 Kowakidani 171-2  
 Kōya-san 14, 409-15,  
**412, 15**  
 Kublai Khan 823  
 Kumamoto 730-4, **732**  
 Kumano Kodō 415-16, **18**  
 Kume-jima 797-8  
 Kunisaki Peninsula 747  
 Kurama 328, **329**  
 Kurama-dera 328-9  
 Kurashiki 469-72, **470**  
 Kuril Islands 622  
 Kurobe Gorge Railway 266  
 Kurokawa Onsen 737-8

Kusatsu Onsen 295-6  
 Kushimoto 420  
 Kushiro 634-5  
 Kushiro-shitsugen National  
 Park 635-6, **43**  
 Kyoto 67, 297-357, **298,**  
**300-1, 304, 306, 308,**  
**312, 316-17, 322, 324,**  
**2, 10, 338, 341**  
 accommodation 332-7  
 activities 330-2  
 climate 297  
 courses 330-1  
 drinking 348-50  
 entertainment 350-2  
 festivals & events  
 332, **23**  
 food 56, 337-48  
 highlights 298  
 hiking 62  
 history 299  
 internet resources 355  
 itineraries 39, 303, **38**  
 medical services 354  
 nightlife 348-50  
 orientation 354  
 shopping 352-4  
 sights 299-330  
 tourist information 354-5  
 travel agencies 355  
 travel seasons 297  
 travel to/within 355-6  
 travel within 356-7  
 walking tours 350  
 Kyoto Imperial Palace  
 306-8, 310  
 Kyoto Station 299, **338,**  
**341**  
 Kyoto temples  
 Chion-in 314  
 Daitoku-ji 308-9  
 Eikan-dō 318  
 Ginkaku-ji 318  
 Giō-ji 325  
 Higashi Hongan-ji 299  
 Hönen-in 318  
 Jakk-in 328  
 Jōjakkō-ji 325  
 Kennin-ji 315  
 Kinkaku-ji 321, 322  
 Kiyomizu-dera 311, 313,  
 340, **340**  
 Kōdai-ji 313  
 Konchi-in 318  
 Kurama-dera 329-30  
 Kzan-ji 330  
 Myōshin-ji 323  
 Nanzen-ji 315  
 Ninna-ji 322-3



Nishi Hongan-ji 299, 302  
 Nison-in 325  
 Ryōan-ji 322  
 Saihō-ji 325-6  
 Saimyū-ji 330  
 Sanjūsangen-dō Temple 310  
 Sanzen-in 327-8  
 Shōren-in 314  
 Tenryū-ji 323  
 Tō-ji 302  
 Tōfuku-ji 302-3  
 Kyūshū 44-5, 68, 695-767, **696-7**  
 climate 695  
 food 57, 704, 725, 751  
 highlights 696-7  
 hiking 62, 708  
 history 698  
 travel passes 698, 766  
 travel to/within 698

**L**  
 lacquerware 257, 856, see also craft & folk art museums  
 lakes  
 Ashino-ko 167  
 Ikeda-kō 760  
 Kawaguchi-ko 164  
 Kussharo-ko 631  
 Kuttara-ko 598-9  
 Mashū-ko 631  
 Motosu-ko 158  
 Sai-ko 158  
 Shikotsu-ko 599-600  
 Shōji-ko 158  
 Tazawa-ko 542  
 Tōya-ko 600-10  
 Yamanaka-ko 158  
 language 24, 27, 836, 904-8  
 food 58, 840  
 Okinawan 785  
 onsen 63  
 skiing 51  
 Southwest Islands 770  
 train travel 899  
 legal matters 884-5  
 legends 281, 455, 519, 543  
 lesbian travellers 136, 883  
 lifestyle 836-8  
 literature, see authors, books  
 luggage forwarding 28, 893

**M**  
*machiya* 319  
 Magome 15, 231, **15**  
*maiko* 331  
 Makurazaki 760  
 Manabe-shima 472-3  
 manga 305, 440, 479, 512, 861  
 Mano 559-60  
*marimo* 630  
 maritime museums 193, 195, 383, 385  
 markets 31, **30**, see also food markets  
 Hakodate 636-7  
 Kanazawa 249  
 Kōchi 663  
 Kyoto 321, 354  
 Naha 787  
 Nishiki Market 304-5  
 Takayama 241  
 Tokyo 79, 80, 94-5, 109, 130  
 Wakkanai 614  
 martial arts 870-1  
 Marugame 690-1  
 Matsue 474-8, **475**  
 Matsumoto 267-73, **268**  
 Matsushima 510-11  
 Matsuyama 669-79, **670**  
 accommodation 672-3  
 drinking 673-9  
 food 673  
 nightlife 673-9  
 sights 671-2  
 travel to/within 679  
 Matsuzaki 182-3  
 measures 886  
 media 885  
 meditation 190, 331  
 Megijima 464  
 Meiji Restoration 830-1  
 Meiji-jingū 89  
 memorials  
 26 Martyrs Memorial 719  
 Korean Atomic Bomb Victims Memorial 435  
 Minami-Sanriku Crisis Management Centre 523  
 Nagasaki National Peace Memorial Hall for the Atomic Bomb Victims 715  
 One-Pillar Torii 717  
 Peace Memorial Park 792  
 Rikuzen-takata  
 Ippon-matsu 523  
 Shiroyama Elementary School 717

military bases 795  
 military museums 793  
 Minakami Onsen-kyo 293-5  
 Minami-Sanriku 523  
 Minato Mirai 21 193  
*minshuku* 868  
 Miyagi Prefecture 505-14, **505**  
 Miyajima 22, 445-9, **446**, **22**, **677**  
 Miyako Islands 798-802, **799**  
 Miyako-jima 798-801, **799**  
 Miyama-chō 429-31  
 Miyanoshita 171-2  
 Miyazaki 762-6, **763**  
 Miyazaki Hayao 52, 861  
 Miyazaki-jingū 763  
 mobile phones 24, 887  
 Mojiko 702  
 Momotarō 455  
 money 24, 27, 60, 885-6, see also costs  
 monkeys 286, 325  
 monuments, see Buddhist statues, statues & monuments  
 Morioka 514-17, **516**  
 Motobu Peninsula 793-4  
 Moto-Hakone 174  
 Motomachi 195-6  
 motorcycle travel 895-7  
 Motosu-ko 167  
 mountain-biking 294  
 mountains, see also Mt Fuji  
 Aso-gogaku 735  
 Bizan 645  
 Daisen 481  
 Five Mountains of Aso 735  
 Gas-san 552  
 Haguro-san 551-2  
 Hakkōda-san 534  
 Hakodate-yama 638  
 Hiei-zan 327  
 Inasa-yama 719  
 Ishizuchi-san 689  
 Jōnen-dake 274  
 Kasa-yama 495  
 Kofuji 211  
 Kujū-san 739  
 Me-Akan-dake 629-30  
 Mt Chibusa 211  
 Rausu-dake 625  
 Shari-dake 623  
 Takao-san 198  
 Tamoyachi-dake 534  
 Tsurugi-san 661-2

Usu-zan 601  
 Utsukushi-ga-hara-kōgen 268  
 Yariga-take 22  
 Yudono-san 552  
 Mt Fuji 17, 66, 40-1, 159-62, **157**, **160**, **17**, **40-1**  
 climbing 162  
 food 158, 161  
 highlights 157  
 hiking 61  
 trails 159-60  
 Murakami Haruki 860-1  
 Murō-ji 406  
 Muroto-misaki 655-6  
 museums 28, 29, see also Ainu museums, archaeological sites & museums, art galleries & art museums, craft & folk art museums, design museums, maritime museums, railway museums, science & technology museums, volcano museums  
 Ainokura Minzoku-kan 248  
 Chiran Peace Museum 758  
 Cosmo Isle Hakui 259  
 Dejima Museum 717-18  
 Dondenkan 225-6  
 DT Suzuki Museum 252  
 Edo-Tokyo Museum 105  
 Former Kaichi School 268  
 Former Mikasa Hotel 291  
 Fujisan World Heritage Center 164  
 Fukui Dinosaur Museum 264  
 Fukuoka City Museum 701  
 Fukushima Checkpoint Site 232-3  
 Gifu City History Museum 228  
 Gokayama Minzoku-kan 248  
 Hakone Geomuseum 173  
 Hakone Sekisho 174  
 Hida Carpentry Museum 242  
 Higashi Iya History & Folk Museum 660  
 Himeyuri Peace Museum 793  
 Hirado Christian Museum 711  
 Hiroshima Peace Memorial Museum 16, 439, **16**

Hokkaidō Museum 581  
 Intermediatheque 78  
 Inuyama Artifacts Museum/Castle & Town Museum 225  
 Iriomote Wildlife Conservation Center 809  
 Ishigaki City Yaeyama Museum 803  
 Ishinomori Mangattan Museum 512  
 Iwami Ginza World Heritage Centre 485  
 Izumo Cultural Heritage Museum 484  
 Japan Rural Toy Museum 469-70  
 Japan Ukiyo-e Museum 269  
 Japanese Lamp & Lighting Museum 286-7  
 Kaikarō 253  
 Kanazawa Phonograph Museum 253  
 Karakuri Exhibition Room (Annex) 225  
 Karakuri Museum 237  
 Kawai Kanjirō Memorial Hall 311  
 Kawamura Kaneto Ainu Memorial Hall 602  
 Kiriko Kaikan 261  
 Kobe City Museum 383  
 Koizumi Yakumo (Lafcadio Hearn) Memorial Museum 474  
 Kyoto National Museum 310-11  
 Kyūshū National Museum 707  
 Lapis Ōboke 661  
 Les Archives du Cœur 465  
 Liberty Osaka 369  
 Matsue History Museum 474  
 Matsumoto Timepiece Museum 268  
 Matsūra Historical Museum 711  
 Meiji-mura 226  
 Miho Museum 428  
 Miyajima History & Folklore Museum 447  
 Miyazaki Prefectural Museum of Nature & History 764  
 Morijuku Museum 490  
 Nagahama Hikiyama Museum 428  
 Nagai Takashi Memorial Museum 715

Nagamachi Yūzen-kan 252  
 Nagara River Ukai Museum 228  
 Nagasaki Atomic Bomb Museum 714  
 Nagasaki Museum of History & Culture 718-19  
 Nakaze-tei 182  
 Nara National Museum 394  
 National Museum of Ethnology 370  
 National Museum of Nature & Science 102  
 Nebuta no Ie Wa Rasse 526  
 Okinawa Prefectural Museum & Art Museum 787  
 Okinawa Prefectural Peace Memorial Museum 792  
 Ōkura-yama Ski Jump Stadium 580-1  
 Museum of the Meiji Restoration 750  
 Osaka Museum of History 365  
 Reihōkan 412  
 Sand Museum 482  
 Sengūkan 423  
 Shiki Memorial Museum 671  
 Shikoku-mura 689  
 Shima 253  
 Shimane Museum of Ancient Izumo 484  
 Shitamachi Museum 102  
 Southern Cross Center 784  
 Takai Kōzan Kinenkan 286  
 Takao 599 Museum 198-9  
 Takayama Festival Floats Exhibition Hall 237  
 Takayama Museum of History & Art 237  
 Takayama Shōwa-kan 236  
 Tanegashima Development Centre - Gun Museum 777  
 Teshima Art Museum 465-6  
 Todai-ji Museum 395  
 Tokyo National Museum 97-9, 101, **127, 98, 99, 127**  
 Tōno Municipal Museum 520  
 Twenty-Four Eyes Movie Village 466-7

Umigame-kan 773  
 Utsukushi-ga-hara Open Air Museum 268-9  
 Waki-honjin (Okuya) & Local History Museum 231  
 Yakushima Environmental & Cultural Village Center 773  
 Yakusugi Museum 773  
 Yokohama Archives of History 195  
 Yoron Minzoku-mura 784  
 Yuzawa Town History Museum 563  
 music 862  
 Kodō drummers 561  
*sanshin* 796  
*taiko* 561, 862  
 Myōjō-ji 259  
 Myōkō Kōgen 565-6  
 Myōryū-ji 254  
 Myōshin-ji 323

**N**  
 Nachi 419-20  
 Naeba 564-5  
 Nagahama 428-9  
 Nagano 280-3, **282, 284**  
 Nagasaki 714-27, **716, 720, 722**  
 accommodation 721-3  
 drinking 725  
 festivals & events 721  
 food 723-5  
 history 718, 724  
 internet access 725  
 nightlife 725  
 sights 714-21  
 tourist information 725  
 tours 721  
 travel agencies 726  
 travel to/within 726-7  
 Nagasaki Prefecture 714-30  
 Nagoya 212, 213-25, **216**  
 accommodation 220-1  
 drinking 222  
 entertainment 222  
 festivals & events 220  
 food 221-2  
 history 217  
 internet resources 224  
 medical services 223-4  
 nightlife 222  
 orientation 223  
 shopping 222-3  
 sights 217-20

tourist information 224  
 travel to/within 224-5  
 Naha 786-92, **788, 44-5**  
 accommodation 789-90  
 drinking 791  
 festivals & events 789  
 food 790  
 nightlife 791  
 sights 787-9  
 travel to/within 791-2  
 Nansei-shotō, see South-west Islands  
 Nanzen-ji 315, 318  
 Naoshima 17, 28, 460-5, 688, **462, 17**  
 Nara 15, 391-402, **392, 404, 15, 38-9**  
 accommodation 399-400  
 drinking 401  
 festivals & events 399  
 food 400-1  
 history 391, 393  
 nightlife 401  
 shopping 401  
 sights 393-9  
 tours 399  
 travel to/within 402  
 walking tours 398  
 Narai 233-4  
 Narita 208  
 Narita Airport 28  
 Naruko Onsen 513-14  
 Naruto 649-53  
 National Art Center Tokyo 84, **4**  
 national parks 876-7  
 Akan National Park 627-34, **628, 42-3**  
 Akiyoshi-dai Quasi-National Park 488  
 Daisen-Oki National Park 478, 481  
 Daisetsuzan National Park 609-13, **606-7**  
 Hakusan National Park 253  
 Hokkaidō 574-5  
 Kirishima-yaku National Park 760-2  
 Kushiro-shitsugen National Park 635-6  
 Rishiri-Rebun-Sarobetsu National Park 617-21, **614-15**  
 San-in Coast National Park 483-4  
 Shikotsu-Tōya National Park 595-601, **596-7**  
 Shiretoko National Park 623-7, **624**

navy bases 795  
 nightlife 21, **21**, see also individual locations  
 Nichinan-kaigan 767  
 Niigata 554-7  
 Niigata Prefecture 554-66, **555**  
 Nii-jima 186  
 Nikkō 200-6, **202**  
 Niseko 589-93, **596-7**  
 Nishi Hongan-ji 299, 302  
 Nishi-Iya 658-9  
 Nishino-shima 480  
 Nishiki Market 304-5, **339**  
 nō 824, 857-8  
   Kanazawa 256  
   Tokyo 143  
 Noboribetsu Onsen 598-9  
 Nokonoshima 702  
 northern Hokkaidō 602-20  
 northern Honshū (Tōhoku) 67, 501-70, **502-3**  
   climate 501  
   food 56, 535, 536  
   highlights 502-3  
   hiking 553  
   history 504  
   national parks 504  
   skiing 564  
   travel passes 504  
   travel to/within 504-5  
 Northern Japan Alps 267-80  
 Northern Kansai 429-33  
 Northern Territories dispute 622  
 Noto Peninsula 258-62, **260**  
 Nozawa Onsen 287-8  
 nuclear disasters 566, 816-17  
 Nyūtō Onsen 544-5

**O**

Ōagata-jinja 226  
 Ōbi 767  
 Ōboke 660-1  
 Ōbuse 286-7  
 Ōfunato 523  
 Ogasawara Archipelago 208-11  
 Ogi 560-2  
 Ogijima 464  
 Ogimachi 246-7  
 Ōhara 326-8

Okayama 455-60, **456**  
 Okayama Prefecture 454-73  
 Ōki Islands 478-81  
 Okinawa 68, 44-5  
   food 57-8, 791  
   hiking 62  
   language 785  
 Okinawa-hontō 785-94, **786**  
 Okinoerabu-jima 782-3  
 okonomiyaki **57**  
 Ōkuhida Onsen-gō 242-5  
 Ōku-Matsushima 511  
 Ōku-no-in 14, 410, **15**  
 Ōku-Tama 198-200  
 Olympics 28, 816, 871  
 Ōma 536  
 Ōmi-shima 453  
 Onomichi 449-52  
 onsen 11, 63-5, **11**  
   Akanko Onsen 628-31  
   Aoni Onsen 532  
   Arita 713  
   Asahidake Onsen 610-11  
   Beppu 65, 741-2  
   Bessho Onsen 289  
   costs 63  
   Daisetsu Kōgen Onsen 612-13  
   Dōgashima 183  
   Dōgo Onsen 65, 678  
   Echigo-Yuzawa Onsen 563-4  
   etiquette 63-4  
   food 744  
   Fukiage Roten-no-yu 613  
   Fukuji Onsen 244  
   Funaoka Onsen 65  
   Ginzan Onsen 550  
   Gokayama district 248  
   Hachijō-jima 186  
   Hakone 65  
   Hakone-Yumoto 170  
   Hirauchi Kaichū Onsen 65  
   Hirayu Onsen 243-4  
   Hōheikyō 597-8  
   Ibusuki 65, 759  
   Itō 176-7  
   Kaga Onsen 262-3  
   Kamikōchi 275  
   Kaniyu Onsen 207  
   Kawa-yu Onsen 417  
   Kawayu Onsen 631-4  
   Kinosaki 65  
   Kinosaki Onsen 431-3  
   Kirishima-yaku National Park 761

Kowakidani 171  
 Kurama Onsen 65  
 Kurodake-no-yu 612  
 Kurokawa Onsen 11, 65, 737-8  
 Kusatsu Onsen 295-6  
 Kyoto 331  
 Kyūshū 11, 699  
 Marukoma Onsen 600  
 Minakami Onsen 65  
 Minakami Onsen-kyō 293-4  
 Miyanoshta 171  
 Mizunashi Kaihin Onsen 639  
 Nakabusa Onsen 65  
 Naruko Onsen 513-14  
 Niseko 589-90  
 Nishi-Iya 659  
 Noboribetsu Onsen 65, 598-9  
 Northern Honshū 11  
 Nozawa Onsen 287  
 Nyūtō Onsen 11, 65, 544-5  
 Ōedo Onsen Monogatari 65  
 Ogimachi 246  
 Ōku-Tama 199  
 Onsen Tengoku 599  
 Osaka 370  
 Ō-shima 185  
 Ōsumi Islands 65  
 Rishiri-Fuji Onsen 620  
 Roten-no-yu 65  
 Ryūjin Onsen 65, 414  
 Shikine-jima 186  
 Shin-Hotaka Onsen 65, 244-5  
 Shirahama 421  
 Shirahone Onsen 275  
 Shiretoko National Park 625  
 Shuzen-ji Onsen 184  
 Sōunkyō Onsen 611-12  
 Tanegashima 777  
 tattoos 64  
 Tōhoku 11  
 Tokachidake Onsen 613  
 Tokyo 111-12  
 Tsuwano 492  
 Unzen 729  
 Watarase Onsen 417  
 Yakushima 774  
 Yamanaka-ko 167  
 Yufuin 65  
 Yumoto Onsen 207  
 Yunomine Onsen 417  
 Zaō Onsen 548-50

opening hours 25, 886  
 origami 95  
 Osaka 359-82, **362, 7, 674**  
   accommodation 372-4  
   activities 370-1  
   Amerika-Mura 365  
   Banpaku-kinen-kōen 370  
   Dōtombori 21, 365-6, **674**  
   drinking 377-8  
   entertainment 378-9  
   festivals & events 371-2  
   food 374-7  
   history 359  
   internet access 380  
   itineraries 369  
   Kita 359-63, 372, 374-5, 377, 379, **364**  
   medical services 380  
   Minami 365-7, 373-4, 376, 378, 379, **366, 368**  
   Naka-no-shima 363-5, 372-3, 377-8  
   nightlife 377-8  
   Osaka-jō area 363-5, 375-6  
   safety 380  
   Semba 363-5, 372-3, 375-6, 377-8  
   Shin-Sekai 367, 369  
   shopping 379-80  
   sights 359-70  
   Tempōzan 369-70  
   Tennōji 367, 369, 377-80, 379-80  
   tourist information 380  
   tours 371  
   travel agencies 380  
   travel to/within 380-2  
   Ura-Namba 377  
   walking tours 368  
 Osaka-jō 364-5, **2**  
 Ō-shima 185-6  
 Osorezan-bodaiji 536  
 Ōsu Kannon 219  
 Ōsumi Islands 771-8  
 Otaru 593-5, **594**  
 Ōtsu 426  
 Ōtsuchi 525  
 Ōzu 681-2

**P**

painting 854-5  
 palaces, see also castles  
   Imperial Palace (Tokyo) 75, 77  
   Kyoto Imperial Palace 306-8, 310  
   Shūgaku-in Rikyū Imperial Villa 321

- parks, see also gardens, national parks  
 Apple Park 529  
 Arashiyama Monkey Park Iwatayama 325  
 Atomic Bomb Hypocentre Park 715  
 Chūō-kōen 647  
 Dōgo-kōen 671-2  
 Godaisan 663  
 Goryō-kaku-kōen 638  
 Heiwadai-kōen 762  
 Hino-yama-kōen 497-8  
 Hirosaki-kōen 529  
 Hiyori-yama Kōen 512  
 Inokashira-kōen 110  
 Kanman-ga-Fuchi Abyss 204  
 Kansui Park 265  
 Koshimizu Gensei-kaen 623  
 Kōzan-kōen 486, 488  
 Kyoto Imperial Palace Park 308  
 Maruyama-kōen 313  
 Moerenuma-kōen 581  
 Momiji-dani-kōen 447  
 Mt Asama Magma Stone Park 290  
 Nara-kōen 15  
 Nikkō Tamozawa Imperial Villa Memorial Park 203  
 Odaiba Kaihin-kōen 107-8  
 Ōdori-kōen 579  
 Ōhori-kōen 699  
 Onshi Hakone Kōen 174  
 Peace Memorial Park 435, 792, **16**  
 Peace Park 715  
 Ritsurin-kōen 685-6  
 Senshū-kōen 537  
 Shimoda Kōen & Wakanoura Promenade Park 178  
 Shinjuku-gyoen 95  
 Shizuki-kōen 493-4  
 Tenjin Chūō-kōen 701  
 Ueno-kōen 101  
 Ue-no-yama Ryokuchi 523  
 Yamashita-kōen 195  
 Yoyogi-kōen 89-90  
 Zō-no-hana Park 193  
 Path of Philosophy 318-19  
 Peace Memorial 435, 792, **16**  
 phonecards 888  
 photo booths 89
- pilgrimage routes 18, 62  
 88 Temple Route 18  
 Dewa Sanzan 18  
 Kumano Kodō 18, 415-16, **18**  
 planning 24, 26-7, see also *individual regions*  
 budgeting 25, 28, 59-60  
 calendar of events 32-5  
 children, travel with 52  
 internet resources 25  
 itineraries 36-47  
 Japan basics 24-5, 26-7  
 Japan's regions 66-8  
 repeat visitors 28  
 travel seasons 24, 32-5
- plants 876, see also *cherry-blossom viewing, plum-blossom viewing, autumn-foliage viewing*  
 plum-blossom viewing 32, 875  
 pop culture 31  
 population 817, 835-6  
 postal services 886  
 pottery 713, 787  
 Bizen 460  
 galleries 709  
 Hagi 496  
 Kyūshū 715  
 museums 172, 363-4  
 Tokonome Pottery Footpath 223
- public art  
 Hachikō Statue 87  
 Higashi-Iya 659-60  
 Maman 81  
*Myth of Tomorrow* 87  
 Shinjuku I-Land 92, 94  
 White Deer 85
- public holidays 886  
 puppet theatre 372, 645-6, 858  
*purikura* 89
- R**  
 railway museums  
 Hara Model Railway Museum 193  
 JR SCMaglev & Railway Park 219  
 Kyoto Railway Museum 302  
 Railway Museum (Oniwa) 204  
 Usui Tōge Railway Village 292  
*rakugo* 858  
 ramen 193, 196, 370, 845-6
- Rebun-tō 617-18  
 religion 838-9  
 Rikugi-en 104  
 Rikuzen-takata 523  
 Rinnō-ji 201, 203  
 Rishiri-Rebun-Sarobetsu National Park 617-21, **614-15**  
 Rishiri-tō 618-20  
 Roppongi Hills 81  
*rotemburo* 293  
 Ryōan-ji 11, 322  
 ryokan 12, 334, 866-8 **13**  
 Ryōtsu 562  
 Ryūjūin Onsen 414
- S**  
 Sado-ga-shima 557-63, **558**  
 safety 887  
 Saijō 444  
 Sai-ko 166  
 Sakai Minato 478  
 Sakata 553-4  
 sake 164-5, 385, 444, 556, 570  
 Sakurai 406  
 Sakurajima 757-67  
 samurai 825, 829  
 houses 727, 758  
 Kakuodate 540  
 museums 541, 567  
 sand baths 759, **474**  
 San-in coast 473-86  
 San-in Coast National Park 483-4  
 Sanjūsangen-dō Temple 310  
 Sanriku Kaigan 28, 522-5  
 Sanzen-in 327-8  
 Sapporo 68, 577-88, **578, 676**  
 accommodation 571, 582-4  
 activities 582  
 climate 571, 574  
 drinking 586  
 entertainment 586  
 festivals & events 582  
 food 57, 571, 584-6  
 highlights 572-3  
 hiking 62  
 history 577-8  
 nightlife 586  
 orientation 586-7  
 sights 579-82  
 tourist information 587  
 tours 582  
 travel to/within 587-8  
 sashimi 843-4, **54-5**
- Satsuma Peninsula 758-60  
 Sawata 559-60  
 science & technology museums  
 Kawasaki Good Times World 383, 385  
 Mazda Museum 440  
 Miyazaki Science Centre 763  
 Motorcar Museum of Japan 262  
 Nagoya City Science Museum 219  
 National Museum of Emerging Science & Innovation (Miraikan) 109  
 Space Science & Technology Museum 777  
 Toyota Commemorative Museum of Industry & Technology 217-18  
 Toyota Exhibition Hall 219-20
- Sea of Okhotsk 621  
 sea travel 892  
 sea turtles 774  
 Sendai 506-10, **507**  
 Sengaku-ji 87  
 Sengokuhara 173  
 Sensō-ji 104-5, **127**  
 Sensui-jima 453  
*sentō* 65  
*shabu-shabu* 844  
 Shari 622-3  
 Shibuya Crossing 87, **37**  
 Shiga Kōgen 288-9  
 Shiga Prefecture 426-9, **427**  
 Shikanoshima 702  
 Shigeru, Mizuki 479  
 Shikine-jima 186  
 Shikoku 68, 641-94, **642-3**  
 climate 641  
 driving 694  
 food 57, 666  
 highlights 642  
 hiking 62, 689  
 internet access 648  
 travel to/from 644  
 Shikotsu-ko 599-600  
 Shikotsu-Toya National Park 595-601, **596-7**  
 Shimabara 727-8, **728**  
 Shimabara Peninsula 727-30  
 Shimanami Kaidō Islands 452-3  
 Shimanto City 667-8

Shimanto-gawa 667  
 Shimoda 178-81, **180**  
 Shimogamo-jinja 309  
 Shimoji-jima 801-2  
 Shimokita Peninsula 535-7  
 Shimonoseki 497-500,  
**498-9**  
 Shingū 418-19  
 Shin-Hotaka Onsen 244-5  
*shinkansen* 28, 899  
 Shintō shrines 22, 29, 838  
   Daisen 481  
   Dazaifu 707  
   Dewa Sanzan 552  
   Fuji-Yoshida 163  
   Fukuoka 699  
   Hakone-machi 174  
   Hokkaidō-jingū 580  
   Hongū 417  
   Inuyama 226  
   Ise-Shima 422-3, 424  
   Izumo 484  
   Kamakura 189, 190  
   Kashihara 405  
   Kōbe 383  
   Kotohira 691-3  
   Kurashiki 471  
   Kyoto 303-4, 309-10,  
     313-14, 315, 320-1  
   Matsuyama 672  
   Miyajima 446-7  
   Miyazaki 763-4  
   Nagasaki 719  
   Nagoya 220  
   Nara 395  
   Nikkō 200-1, 203  
   Oku-Tama 199  
   Osaka 363, 369  
   Sakurai 406  
   Shimonoseki 497  
   Takachino 748  
   Takasaki 292  
   Tanabe 415  
   Togakushi 283, 285  
   Tokyo 80, 84-5, 89, 94-5,  
     101-2, 104  
   Tsuwano 490  
   Uwajima 683  
   Yoshino 407  
 Shira-hama 181-2  
 Shirahone Onsen 275  
 Shiraishi-jima 473  
 Shirakami-sanchi 531  
 Shirakawa-gō 245-8, **39**

Shiretoko National Park  
 623-7, **624**  
 Shishikui 653-4  
*shōchū* 755  
*shodō* 855  
 Shōdo-shima 466-9, 688,  
**467**  
 Shōhō-ji (Gifu Great  
 Buddha) 228  
 Shōji-ko 166  
 shopping 23, 30-1, **23**, see  
*also individual regions*  
 Shōren-in 314  
 shrines 29, see *also* Shintō  
 shrines  
 Shukunegi 560-2  
 Shuri-jō 789, **44**  
 Shuzen-ji 184  
 Shuzen-ji Onsen 184  
 skiing 18, 48-51, 589, **49**,  
**18, 51**, see *also* snow  
 sports  
 Asahi-dake 610  
 Bandai Plateau 568  
 costs 48, 51  
 Daisen 481  
 Echigo-Yuzawa Onsen 563  
 Hakkōda-san 534-5  
 Hakuba 278  
 Ishizuchi-san 680  
 Kuro-dake 611-12  
 Kusatsu Onsen 295  
 Myōkō Kōgen 565  
 Naeba 564  
 Niseko 18  
 northern Honshū  
 (Tōhoku) 564  
 Nozawa Onsen 287  
 Rishiri-tō 619  
 Rusutsu 590  
 Shiga Kōgen 288-9  
 Zaō Onsen 548  
 smoking 886  
 snorkelling 209, 211, 794,  
 809, 813  
 snow monkeys 286  
 snow sports  
   Furano 605  
   Niseko United 589  
   Sapporo Tiene 582  
 snowboarding 48-51  
 soccer 871  
 Sotokaiфу 562-3  
 Sōunkyō Onsen 611-12  
 Sōun-zan 173  
 Southwest Islands 20, 68,  
 768-813, **769, 20**  
 accommodation 768  
 climate 768, 770

food 768  
 highlights 769  
 hiking 62  
 itineraries 770  
 travel seasons 768  
 travel to/within 770-1  
 sports & sporting venues  
 870-1, see *also*  
*individual sports*  
 Fukuoka Yafuoku! Dome  
 702  
 Sapporo Dome 586  
 statues & monuments, see  
*also* Buddhist statues  
 Byakui Dai-kannon 292-3  
 Kamaishi Dai-kannon 525  
 Madame Butterfly  
 Statue 719  
 One-Pillar Torii 717  
 Peace Tower 762  
 street food 134  
 subway travel 898  
 sukiyaki 844  
 Sumiyoshi Taisha 369  
 sumo 16, 144, 870-1, **16**  
 surfing  
   Kisami 182  
   Nii-jima 186  
   Rishiri-tō 619  
   Shikoku 645  
   Shimoda 179  
 sushi 843-4, **12**  
 Suwa-jinja 719  
 swords 94

## T

Tachiarai 706  
 Taikodani-Inari-jinja 490  
 Takachiho 747-9, **748**  
 Takamatsu 641, 685-9, **686**  
 Takao 329-30  
 Takao-san 198-9  
 Takasaki 292-3  
 Takayama 234-41, **235**  
 accommodation 238-9  
 courses 237  
 drinking 240  
 festivals & events 237-8  
 food 239-40  
 nightlife 240  
 shopping 240-1  
 sights 234-7  
 travel to/within 241  
 Taketa 739  
 Taketomi-jima 811-12  
 Tanabe 415-16  
 Tanegashima 776-8  
 Tango Peninsula 433  
 Tanzan-jinja 406  
 Tateyama-Kurobe Alpine  
 Route 270  
 Tatsuko 543  
 taxes 373  
 taxis 898  
 tea 56, 852, **853**  
 tea ceremonies 56, 331-2,  
 856, **56**  
 teahouses 730  
 telephone services 24,  
 887-8  
 temples 11, 27, 29, see  
*also* Buddhist temples  
 Teshima 465-6  
 theatre 857-8, see *also*  
 kabuki, puppet theatre  
 Kyoto 350-1  
 Tokyo 143-4  
 theme parks, see  
 amusement parks  
 time 888  
 tipping 27  
 Todai-ji 15, 394-5, 396-7,  
**396-7**  
 Tōfuku-ji 302-3  
 Togakushi 283-6  
 Toi 175  
 toilets 888  
 Tokachi 636  
 Tokachidake Onsen 613  
 Tokara-rettō Islands 777  
 Tokoname 223  
 Tokunoshima 781-2  
 Tokushima 644-56, 645-9,  
**646**  
 Tokyo 40-1, 66, 70-155, **71**,  
**72-3, 14, 21, 23, 37**,  
**40, 126, 127**  
 accommodation 70,  
 116-23  
 activities 111-13  
 Akasaka 81-5, 117-18, 125,  
 128, 137-8, 146  
 Akihabara 95-7, 120, 132,  
 140-1, 149-50, **96, 126**  
 Ameya-yokochō 150, **30**  
 Aoyama 89-92, 119, 130-  
 1, 139, 147-8, **90**  
 architecture 14, 30, 91, **14**  
 Asakusa 104-7, 121-2,  
 133-4, 141, 150-1, **106**  
 children, travel with 85  
 climate 70  
 courses 114-15  
 cruises 112-13  
 drinking 135-42  
 Ebisu 85-7, 118, 128-9,  
 138, 146-7, **86**  
 entertainment 142-5

festivals & events 115-16  
 food 56, 70, 123-35  
 galleries 80  
 gay travellers 136  
 Ginza 23, 79-81, 117, 124-5, 136-7, 145-6, **76**  
 Golden Gai 140  
 Harajuku 23, 89-92, 119, 130-1, 139, 147-8, **90, 23**  
 highlights 71  
 hiking 61  
 history 74-5  
 internet access 152  
 internet resources 152-3  
 itineraries 40, 81, **41**  
 Jimbōchō 149  
 Kabukichō 21, **21**  
 Kagurazaka 95-7, 120, 132, 140-1, **96**  
 Kōrakuen 95-7, 120, 132, 140-1, **96**  
 lesbian travellers 136  
 Marunouchi 75-9, 116-17, 123-4, 136, 145, **76**  
 medical services 152  
 Meguro 85-7, 118, 128-9, 138, **86**  
 money 152  
 nightlife 135-42  
 Nihombashi 75-9, 116-17, 123-4, 136, 145  
 Odaiba 107-9, 134-5, 141-2, **108**  
 Omote-sandō 91, **14**  
 orientation 151  
 planning 115  
 Roppongi 81-5, 117-18, 125, 128, 137-8, 146, **82**  
 safety 151  
 Shibuya 87-9, 118-19, 129-30, 138-9, 147, **88, 37**  
 Shimo-Kitazawa 92, 118-19  
 Shinjuku 92-5, 119-20, 131-2, 139-40, 148-9, **93**  
 shopping 23, 145-51  
 sights 75-111  
 Sumida River 104-7, 121-2, 133-4, 141, 150-1  
 telephone services 152  
 Tennōzu Isle 109  
 Tokyo Bay 28, 107-9, 134-5, 141-2, **108**  
 tourist information 152  
 tours 113-14  
 travel seasons 70  
 travel to/from 153  
 travel within 137, 153-5  
 Tsukiji 28, 79-81, 117, 124-5, 136-7, 145-6, **76**  
 Ueno 97, 101-4, 120-1, 132-3, 141, 150, **100**  
 walking tours 103, 114, **103**  
 west Tokyo 109-11, 110, 122-3, 135, 142, 151  
 Yanesen 97, 101-4, 120-1, 132-3, 141, 150, **100, 103**  
 Tokyo Disney Resort 113  
 Tokyo International Forum 79  
 Tokyo National Museum 97-9, 101, 98-9, **98, 99, 127**  
 Tokyo Sky Tree 105, 864  
 Tomakomai 601-2  
 Tomo-no-ura 453-4  
 Tōno 519-22, **520**  
 Tōshō-gū 200-1  
 Tottori 482-3  
 tourist information 888  
 tours, *see also* boat cruises & boat tours, walking tours, *individual regions*  
 Towada-ko 533-4, **533**  
 Toya-ko 600-10  
 Toyama 265-6  
 train museums, *see* railway museums  
 train travel 28, 31, 512, 898-903  
 language 899  
 passes 900-3  
 reservations 900  
*shinkansen* 28, 899  
 tickets 899-900  
 trams 898  
 transport 25, 60, 891-903  
 travel seasons 24, 887, **24, see also individual regions**  
 travel to/from Japan 891-2  
 travel within Japan 892-3  
 Tsukiji Market 79-80  
 Tsumago 15, 231-2, **15**  
 Tsurugi-san 661-2  
 Tsuruoka 550-1  
 Tsuwano 490-3, **491**  
 tuna 536

## U

Uchiko 680-1  
 Ueno Tōshō-gū 101-2  
 ukai 227, 228, 229  
*ukiyō-e* 855

ume 415  
 Umeda Sky Building 359, 362, **30**  
 Unzen 728-30  
 Usuki 746-7  
 Utazu 690  
 Uwajima 683-5, **684**

## V

vacations 886  
 visas 24, 889  
 volcano museums 600, 727, 735  
 volcanoes 874  
 Bandai-san 568  
 Iō-zan 632  
 Iwaki-san 531  
 Kaimon-dake 760  
 Kirishima-yaku National Park 760-1  
 Mihara-san 185  
 Mt Asama 290  
 Naka-dake 735  
 O-Akan-dake 630  
 Osore-zan 536  
 Ōwakudani 173  
 Sakurajima 757  
 Shinmoe-dake 762  
 Unzen-dake 727  
 Yōtei-zan 598  
 Yufu-dake 738  
 volunteering 889-90

## W

Wakkanai 613-16, **614-15**  
 walking tours  
 Kyoto 350  
 Minami (Osaka) 368, **368**  
 Nara 398, **398**  
 Tokyo 103, **103**  
 waterfalls  
 Anmon Falls 531  
 Kegon-no-taki 206-7  
 Nachi-no-taki 419  
 Nunobiki Falls 383  
 Ōko-no-taki 773  
 Pinaisara-no-taki 809  
 Ryūzu-no-taki 207  
 Senriga-taki 760  
 Soundless Waterfall 328  
 weather 24, 32-5, 48, **24, see also individual regions**  
 weights 886  
 western Honshū 67, 434-500, **436-7**  
 climate 434  
 highlights 436-7

hiking 62  
 travel seasons 434  
 whale-watching 211  
 whaling 877  
 white-water rafting 294  
 wi-fi 28  
 wildlife 875-6  
 women in Japan 839  
 women travellers 890  
 work 890

## Y

Yaeyama Islands 802-14, **804-5**  
 Yahata 702  
 yakitori **58**  
 Yakuō-in 199  
 Yakushi-ji 403  
 Yakushima 20, 771-6, **772, 44**  
 Yamadera 547-8  
 Yamagata 545-7  
 Yamagata Prefecture 545-54, **546**  
 Yamaguchi 486-90, **487**  
 Yamaguchi Prefecture 486-500  
 Yamate 195-6  
 Yamato Plain 405-7  
 Yashima 689-90  
 Yawatahama 682-3  
 Yayoi people 818-19  
 Yokohama 192-8, **194**  
 Yonaguni-jima 813-14  
 Yonezawa 547  
 Yoron-tō 784-5  
 Yoshimizu-jinja 407  
 Yoshino 407-8  
 Yuasa 409  
 Yudanaka 286  
 Yufuin 738-9  
 Yumoto Onsen 207-8

## Z

Zamami-jima 796-7  
 Zaō Onsen 548-50  
 zazen 190  
 Zeniarai-benten 190  
 Zenkō-ji 280, 281  
 Zenshō-ji 262-3  
 Zentsū-ji 691  
 Zōjō-ji 84  
 zoos  
 Asahiya Zoo 602  
 Ueno Zoo 102  
 Zuisen-ji 189-90

# Map Legend

## Sights

- Beach
- Bird Sanctuary
- Buddhist
- Castle/Palace
- Christian
- Confucian
- Hindu
- Islamic
- Jain
- Jewish
- Monument
- Museum/Gallery/Historic Building
- Ruin
- Shinto
- Sikh
- Taoist
- Winery/Vineyard
- Zoo/Wildlife Sanctuary
- Other Sight

## Activities, Courses & Tours

- Body surfing
- Diving
- Canoeing/Kayaking
- Course/Tour
- Sento Hot Baths/Onsen
- Skiing
- Snorkelling
- Surfing
- Swimming/Pool
- Walking
- Windsurfing
- Other Activity

## Sleeping

- Sleeping
- Camping

## Eating

- Eating

## Drinking & Nightlife

- Drinking & Nightlife
- Cafe

## Entertainment

- Entertainment

## Shopping

- Shopping

## Information

- Bank
- Embassy/Consulate
- Hospital/Medical
- Internet
- Police
- Post Office
- Telephone
- Toilet
- Tourist Information
- Other Information

## Geographic

- Beach
- Gate
- Hut/Shelter
- Lighthouse
- Lookout
- Mountain/Volcano
- Oasis
- Park
- Pass
- Picnic Area
- Waterfall

## Population

- Capital (National)
- Capital (State/Province)
- City/Large Town
- Town/Village

## Transport

- Airport
- Border crossing
- Bus
- Cable car/Funicular
- Cycling
- Ferry
- Metro/MTR/MRT station
- Monorail
- Parking
- Petrol station
- Skytrain/Subway station
- Taxi
- Train station/Railway
- Tram
- Underground station
- Other Transport

## Routes

- Tollway
- Freeway
- Primary
- Secondary
- Tertiary
- Lane
- Unsealed road
- Road under construction
- Plaza/Mall
- Steps
- Tunnel
- Pedestrian overpass
- Walking Tour
- Walking Tour detour
- Path/Walking Trail

## Boundaries

- International
- State/Province
- Disputed
- Regional/Suburb
- Marine Park
- Cliff
- Wall

## Hydrography

- River, Creek
- Intermittent River
- Canal
- Water
- Dry/Salt/Intermittent Lake
- Reef

## Areas

- Airport/Runway
- Beach/Desert
- Cemetery (Christian)
- Cemetery (Other)
- Glacier
- Mudflat
- Park/Forest
- Sight (Building)
- Sportsground
- Swamp/Mangrove

Note: Not all symbols displayed above appear on the maps in this book



**Kate Morgan**

**Kyoto** Having worked for Lonely Planet for over a decade now, Kate has been fortunate enough to cover plenty of ground working as a travel writer on destinations such as Shanghai, Japan, India, Zimbabwe, the Philippines and Phuket. She has done stints living in London, Paris and Osaka but these days is based in one of her favourite regions in the world – Victoria, Australia. In between travelling the world and writing about it, Kate enjoys spending time at home working as a

freelance editor.



**Simon Richmond**

**Tokyo** Journalist and photographer Simon Richmond has specialised as a travel writer since the early 1990s and first worked for Lonely Planet in 1999 on their *Central Asia* guide. He's long since stopped counting the number of guidebooks he's researched and written for the company, but countries covered including Australia, China, India, Iran, Japan, Korea, Malaysia, Mongolia, Myanmar (Burma), Russia, Singapore, South Africa and Turkey. For Lonely Planet's website he's

penned features on topics from the world's best swimming pools to the joys of Urban Sketching - follow him on Instagram to see some of his photos and sketches.



**Tom Spurling**

**Northern Honshū** Tom Spurling is an Australian travel writer and high school teacher who has worked on 13 travel guides for Lonely Planet. His titles include *Australia, Turkey, Central America, China, India and South Africa*. On his second Japan guide he covered the mythical northeast where the wild things roam but the shinkansen Green Car still runs. He is looking forward to returning in winter to attempt to ski where he once trod.



**Phillip Tang**

**Hiroshima & Around, Okayama & Around** Phillip Tang grew up on typically Australian pho and fish'n'chips. A degree in Chinese- and Latin-American cultures launched him into travel and writing about it for Lonely Planet's *Canada, China, Japan, Korea, Mexico, Peru and Vietnam* guides. More pics and words: philliptang.co.uk. Phillip has made his home in Sydney, Melbourne, London and Mexico City. His travels include most countries in Europe, much of Asia

and Latin America, as well as the greatest hits of North America.



**Benedict Walker**

**The Japan Alps & Central Honshū, Matsue & Around, Tottori & Around, Yamaguchi & Around** Born in Newcastle, Australia, notions of the beach are core to Ben's idea of self, having travelled hundreds of thousands of kilometres from the sandy shores of home. Ben was given his first Lonely Planet guide (*Japan*) when he was 12. Two decades later, he'd write chapters for the same publication: a dream come true. A communications graduate and travel agent by trade, Ben whittled away his

twenties gallivanting around the globe. He speaks fluent Japanese and has contributed to LP's Japan guide, twice. Ben thinks the best thing about travel isn't as much about where you go as who you meet: living vicariously through the stories of kind strangers enriches one's own experience. Ben has also written and directed a play, toured Australia managing the travel logistics for top-billing music festivals and is experimenting with a return to his original craft of photography and film-making.



**Wendy Yanagihara**

**Around Tokyo, Okinawa & the Southwest Islands** Wendy serendipitously landed her dream job of writing for Lonely Planet in 2003, and has since spent the intervening years contributing to titles including *Southeast Asia on a Shoestring, Vietnam, Japan, Mexico, Costa Rica, Indonesia, and Grand Canyon National Park*. In the name of research, she has hiked remote valleys of West Papua, explored the tiny nooks and alleys of Tokyo sprawl, trekked on a Patagonian glacier, and rafted Colorado River whitewater. Wendy has also written for BBC Travel, the *Guardian, Lonely Planet Magazine, lonelyplanet.com*, and intermittently freelances as a graphic designer, illustrator, and visual artist.

Instagram: @wendyyanagihara





## OUR STORY

A beat-up old car, a few dollars in the pocket and a sense of adventure. In 1972 that's all Tony and Maureen Wheeler needed for the trip of a lifetime – across Europe and Asia overland to Australia. It took several months, and at the end – broke but inspired – they sat at their kitchen table writing and stapling together their first travel guide, *Across Asia on the Cheap*. Within a week they'd sold 1500 copies. Lonely Planet was born.

Today, Lonely Planet has offices in Franklin, London, Melbourne, Oakland, Dublin, Beijing and Delhi, with more than 600 staff and writers. We share Tony's belief that 'a great guidebook should do three things: inform, educate and amuse'.

## OUR WRITERS



### Rebecca Milner

**Curator, Tokyo, Hokkaido, Osaka** California born. Longtime Tokyo resident (14 years and counting!). Co-author of Lonely Planet guides to Tokyo, Japan, Korea and China. Freelance writer covering travel, food & culture. Published in the *Guardian*, the *Independent*, the *Sunday Times Travel Magazine*, the *Japan Times* and more. After spending the better part of my twenties working to travel – doing odd jobs in Tokyo to make money so I could spend months at a time backpacking around Asia – I was

fortunate enough to turn the tables in 2010, joining the Lonely Planet team of freelance authors.



### Ray Bartlett

**Kyushu** Ray Bartlett has been travel writing for nearly two decades, bringing Japan, Korea, Mexico and many parts of the United States to life in rich detail for top-industry publishers, newspapers and magazines. His acclaimed debut novel, *Sunsets of Tulum*, was a *Midwest Book Review 2016* Fiction pick. Among other pursuits, he surfs regularly and is an accomplished Argentine tango dancer. Follow him on Facebook, Twitter, Instagram, or contact him for questions or motivational

speaking opportunities via [www.kaisora.com](http://www.kaisora.com), his website. Ray Bartlett currently divides his time between homes in the USA, Japan and Mexico.



### Andrew Bender

**Kansai** Andrew is a native New Englander who worked in the financial industry in Tokyo and the film industry in Los Angeles before setting out to pursue his dream of travelling and writing about it. He has since authored more than three dozen LP titles as varied as Japan, Korea, Taiwan, Norway, Amsterdam, Germany and his current home of Southern California. He also writes the *Seat 1A* travel site for *Forbes.com*, and contributes to the *Los Angeles Times* and airline magazines. Catch his

work at [www.wheres-andy-now.com](http://www.wheres-andy-now.com).



### Craig McLachlan

**Hiking in Japan, Skiing in Japan, Shikoku** Craig has covered destinations all over the globe for Lonely Planet for two decades. Based in Queenstown, New Zealand, for half the year, he runs an outdoor activities company and a sake brewery, then moonlights overseas for the other half, leading tours and writing for Lonely Planet. Describing himself as a 'freelance anything', Craig has an MBA from the University of Hawai'i and is also a Japanese interpreter, pilot, photographer, hiking guide, tour

leader, karate instructor and budding novelist. Check out [www.craigmclachlan.com](http://www.craigmclachlan.com).

OVER MORE  
PAGE WRITERS

Published by Lonely Planet Global Limited

CRN 554153

15th edition – Aug 2017

ISBN 978 1 78657 035 2

© Lonely Planet 2017 Photographs © as indicated 2017

10 9 8 7 6 5 4 3 2 1

Printed in Singapore

All rights reserved. No part of this publication may be copied, stored in a retrieval system, or transmitted in any form by any means, electronic, mechanical, recording or otherwise, except brief extracts for the purpose of review, and no part of this publication may be sold or hired, without the written permission of the publisher. Lonely Planet and the Lonely Planet logo are trademarks of Lonely Planet and are registered in the US Patent and Trademark Office and in other countries. Lonely Planet does not allow its name or logo to be appropriated by commercial establishments, such as retailers, restaurants or hotels. Please let us know of any misuses: [lonelyplanet.com/ip](http://lonelyplanet.com/ip).

Although the authors and Lonely Planet have taken all reasonable care in preparing this book, we make no warranty about the accuracy or completeness of its content and, to the maximum extent permitted, disclaim all liability arising from its use.

© Lonely Planet Publications Pty Ltd. To make it easier for you to use, access to this chapter is not digitally restricted. In return, we think it's fair to ask you to use it for personal, non-commercial purposes only. In other words, please don't upload this chapter to a peer-to-peer site, mass email it to everyone you know, or resell it. See the terms and conditions on our site for a longer way of saying the above - 'Do the right thing with our content.'