

- How to pack for any trip -

Method: rolling

Join the jet set. Regular travellers swear by the rolling method for its space-saving, crease-free advantages.

For coats, jackets, T-shirts, jumpers, shirts, blouses, dresses

Step 1: Hold up the garment with the front facing you, then pinch the shoulders halfway along between your thumb and forefinger, bringing your other fingers to the front. If the garment has a hood, flip it back.

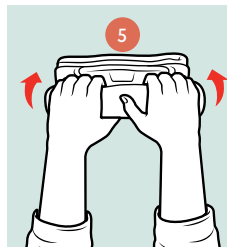
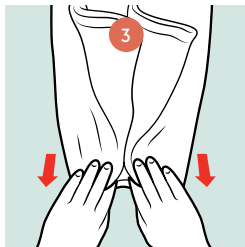
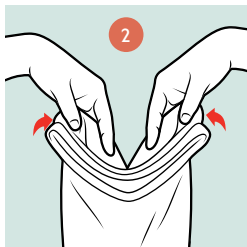
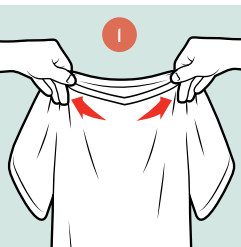
Step 2: Twist your wrists inwards to turn the sleeves to the back, bringing the outer edges of the sleeves to touch each other.

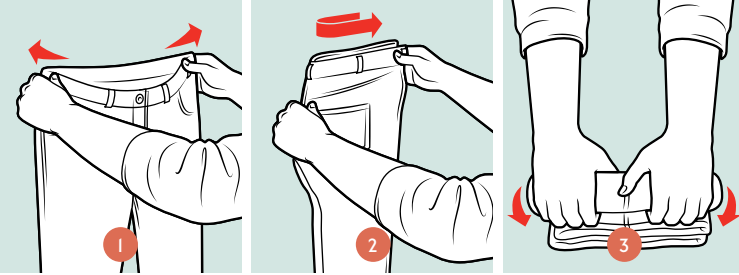
Step 3: For ease, lay the garment on a flat surface, front down, with the neck/waistband towards you. Flatten out the sleeves. Bring the

neck down to the base of the garment.

Step 4: Tuck your fingers in the fold of the sleeves and tidy the garment into a neat rectangle.

Step 5: Tightly roll up the garment. Next!





For trousers, shorts, tube dresses, straight skirts

Step 1: Hold up the item with the front facing you.

Step 2: Fold the garment in half vertically – follow the tailoring. Trousers, for example, can fold at the crotch or along the centre crease of the leg.

Step 3: Tightly roll up the garment to the hem.

Variation: Alternatively, don't fold the garment in half, just tightly roll it from the collar/waistband to its hem.

👍 **Saves space, avoids creases.**

🔪 **Technique needs mastering for speed. Must fully unpack at destination.**

★ **Best for: trolley cases, large suitcases, holdalls, backpacks.**

- How to be a packing maestro -

Packing rolled clothing

Step 1: Pack the rolled items tightly, side by side, to cover the bottom of your bag or case.

Step 2: Create layers depending on the depth of your luggage.

